

## Charlotte Victoria Farewell, Ph.D., MPH

### CURRENT POSITION

Assistant Professor  
University of Colorado- Anschutz Medical Campus  
13001 East 17<sup>th</sup> Place, Building 500, Room E3353  
Aurora, Colorado 80045  
Charlotte.Farewell@cuanschutz.edu  
609-937-4241

### EDUCATION

2004-2008     **Bachelor of Science**     *University of Richmond, Richmond, VA*  
Biology, Spanish

2010-2012     **Master of Public Health**     *Tulane School of Public Health, New Orleans, LA*  
Maternal and Child Health

2014-2019     **Doctor of Philosophy**     *University of Colorado, Denver, CO*  
Health and Behavioral Sciences  
*Dissertation: Critical periods of maternal stress exposure and early childhood obesity: Exploring risk and protective factors in New Zealand*

### ACADEMIC APPOINTMENTS

2019-     **Department of Community and Behavioral Health, University of Colorado**  
*Senior Research Instructor, Aurora, Colorado*

2020-     **Colorado School of Public Health, University of Colorado**  
*Concentration Director, Population Mental Health and Wellbeing (PMHW) program*

2020-     **Department of Community and Behavioral Health, University of Colorado**  
*Assistant Professor, Aurora, Colorado*

### PROFESSIONAL POSITIONS

2010-2011     **Louisiana State Department, Office of Public Health**  
*Partners for Healthy Babies Research Assistant, New Orleans, Louisiana*

2011     **Universidad Peruana Cayetano Heredia**  
*Research Assistant, Lima, Peru*

2012     **Colorado Center for Community Development**  
*SPARK Research Assistant, Denver, Colorado*

2015     **Healthy Childcare Makes a Healthy Start, Denver Environmental Health**  
*Consultant, Denver, Colorado*

2017 **FNV Campaign, Partnership for a Healthier America**  
*Evaluation Consultant, Denver, Colorado*

2012-2019 **Rocky Mountain Prevention Research Center, University of Colorado**  
*Senior Professional Research Assistant, Aurora, Colorado*

### **HONORS AND AWARDS**

1. *Maternal and Child Health Leadership Training Scholar (MCHLT)*, Tulane University, New Orleans, Louisiana (2010- 2012)
2. *Emerging Scholar Award*, Seventh International Conference on Health, Wellness, and Society, Denver, Colorado (2017)
3. *Health and Behavioral Sciences Fellowship Award*, University of Colorado, Denver, Colorado (2017)
4. *National Leadership Academy for the Public's Health (NLAPH) Cohort Fellow*, Center for Health Leadership and Practice, Center for Disease Control and Prevention, Atlanta, Georgia (2018)
5. *Outstanding Contribution by a Staff Member Award*, University of Colorado-Anschutz Medical Campus, Aurora, Colorado (*nominee*) (2018)
6. *Emerging Leader in Public Health*, Colorado Public Health Association (*nominee*) (2020)

### **PROFESSIONAL AFFILIATIONS**

2014-2020 American Public Health Association (APHA)

2018-2019 Human Biology Association

### **PROFESSIONAL LEADERSHIP AND SERVICES**

#### **Departmental**

2015 Member, Admissions Committee, Rocky Mountain Prevention Research Center

2016 Member, Admissions Committee, Rocky Mountain Prevention Research Center

2020 Member, Admissions Committee, Rocky Mountain Prevention Research Center

2020 Reviewer, Work in Progress (WIP) Committee, Community and Behavioral Health

2020 Concentration Director, Population Mental Health and Wellbeing Program

#### **Local**

2016- Member, Alliance for Kids Early Childhood Council Health and Well-Being Committee

2016-2019 Member, Jefferson County Head Start Health Committee

2017- Member, Healthy Community Collaborative (organized by El Paso County Public Health)

#### **State**

2015- Member, Early Childhood Obesity Prevention in Early Care and Education Setting External Advisory Committee (organized by Colorado Department of Public Health and Environment)

2017- Member, Early Care and Education Working Group (organized by NOPREN)

- 2020- Member, Perinatal Action Network (PAN) (organized by Maternal Mental Health Collaborative)
- 2020- Member, Pregnancy-Related Depression State Advisory Committee (organized by Colorado Department of Public Health and Environment)

**REVIEW, REFEREE AND EDITORIAL ACTIVITIES**

**Ad hoc reviewer**

- 2017- American Journal of Human Biology
- 2018- Health Promotion Practice
- 2018 International Journal of Health Equity
- 2019- Maternal and Child Health Journal
- 2020- Journal of Primary Care and Community Health
- 2020- Journal of Psychosomatic Obstetrics & Gynecology

**INVITED PRESENTATIONS, WORKSHOPS, PRESS EVENTS**

**Local**

- 2016 “Critical periods of Maternal Stress Exposure and Early Childhood Obesity: Exploring risk and protective factors in New Zealand” presented at the College of Liberal Arts and Sciences Faculty Panel, University of Colorado Denver, March 30, 2016
- 2018 “Healthy Environment Project” presented at the Alliance for Kids Early Childhood Council Health and Wellbeing Committee, May 23, 2018
- 2019 “Safety and Health Innovation in Preschools (SHIP)” presented at the Center for Health Work and Environment - Total Worker Health External Advisory Committee Annual Meeting, May 22, 2019
- 2020 “Coronavirus Is Stressing Pregnant Women and New Mothers Out. These Researchers Are Trying to Understand How to Help” interview with Colorado Public Radio, May 5, 2020
- 2021 “Fostering Resilience Among Mothers Early” presented at Community and Behavioral Health Research and Practice Innovation Exchange, April 7, 2021
- 2021 “Population Mental Health and Early Intervention” presented at the Colorado School of Public Health Accepted Students Day, April 9, 2021

**Regional**

- 2016 “Healthy Practices for Preschools to Prevent Childhood Obesity Webinar” presented for online audience, June 23, 2016
- 2018 “Making Policy, System and Environmental Changes to Promote Staff Wellness in ECE Settings” presented at the Annual Early Childhood Obesity Prevention Meeting, September 12, 2018
- 2016-2019 “The Culture of Wellness in Preschools Policy System and Environment (PSE) Change Process: An evidence-based tool to promote healthy behaviors in Early Childhood Education Settings” presented at approximately 10 ECE centers/year
- 2021 “Development of a Dissemination and Implementation Framework for an Early Childhood Obesity Prevention Program” presented at Robert Wood Johnson

Foundation's Healthy Eating Research (HER) and the Centers for Disease Control and Prevention's (CDC) Nutrition and Obesity Policy Research and Evaluation Network (NOPREN) Early Childhood Workgroup, January 25<sup>th</sup>, 2021

### **International**

2018 "Maternal Stress and Early Childhood Obesity: Exploring risk and protective factors in New Zealand" presented at the University of Auckland Centre Seminar Series, New Zealand, November 26, 2018

### **TEACHING RECORD**

2016 Teaching Assistant, PBHL 4099 Capstone Experience in Public Health  
Department of Health and Behavioral Sciences, University of Colorado Denver

2017 Teaching Assistant, PBHL 3070 Global Public Health  
Department of Health and Behavioral Sciences, University of Colorado Denver

2018 Teaching Assistant, CBHS 6637 Applied Quantitative Data Analysis  
Colorado School of Public Health, University of Colorado Denver at Anschutz Medical Campus

2020 Instructor, PMHW 6621 Mental Health and Wellbeing Promotion  
Colorado School of Public Health, University of Colorado Denver at Anschutz Medical Campus

### **Course Development**

2020 Adapted PMHW 6621 Mental Health and Wellbeing Promotion to be delivered asynchronously online in an 8-week format, Colorado School of Public Health, University of Colorado Denver at Anschutz Medical Campus

### **Invited Lectures**

2018 "Introduction to REDCap," CBHS 6637 Applied Quantitative Data Analysis (Dr. Jini Puma), Department of Community and Behavioral Health, Colorado School of Public Health, University of Colorado Denver at Anschutz Medical Campus, March 6, 2018

2018 "Maternal Stress and Early Childhood Obesity: Exploring risk and protective factors in New Zealand," HBSC 7051 Qualitative Research Design and Methods (Dr. Jean Scandlyn), Health and Behavioral Sciences, University of Colorado Denver, November 13, 2018

2019 "Maternal Stress in New Zealand: A qualitative analysis," PMHW 6621 Mental Health and Wellbeing Promotion (Dr. Jenn Leiferman), Department of Community and Behavioral Health, Colorado School of Public Health, University of Colorado Denver at Anschutz Medical Campus, October 9, 2019.

2020 "Promoting the mental health of moms with young children in New Zealand: The importance of context" HSMP 6618 Comparative Health Systems (Dr. Meredith Fort), Department of Community and Behavioral Health, Colorado School of Public Health, University of Colorado Denver at Anschutz Medical Campus, February 25, 2020.

2020 "Perinatal Mental Health" CBHS 6621 Introduction to Maternal and Child Health (Dr. Elizabeth Greenwell), Department of Community and Behavioral Health,

Colorado School of Public Health, University of Colorado Denver at Anschutz  
Medical Campus, November 11<sup>th</sup>, 2020.

**Advising**

***MPH (2020-2021)***

*Sarah Beary*

*Alyssa Dalen*

*Alexa Hansen*

*Sarah Grey*

*Emily Holcomb*

*Lara Kirkbride-Romeo*

*Selena Josefa Leon*

*Teresa Mescher*

*Lauren Phillips*

*Sunita Ramocan*

*Terra Rosten*

*Elizabeth Sealy*

*Daniel Snell*

*Jonah Stoller*

*Jessica Walls*

*Meagan Watson*

***Capstone/Practicum***

*Rachael Lacy*- MPH student, Global Community and Behavioral Health, University of Colorado  
Role: Advisor for Practicum Project, Fall 2019

*Rachael Lacy*- MPH Student, Global Community and Behavioral Health, University of Colorado  
Role: Advisor for Capstone Project, Spring 2020

*Alexa Hansen*- MPH Student, Population Mental Health and Wellbeing, University of Colorado  
Role: Advisor for Capstone Project, Fall 2020

*Megan Jansson*- MPH Student, Health and Exercise Science, Colorado State University  
Role: Advisor for Capstone Project, Fall 2020

*Laura Zdon*- MPH Student, Community and Behavioral Health, University of Colorado  
Role: Advisor for Capstone Project, Spring 2021

*Lauren Phillips*-MPH Student, Population Mental Health and Wellbeing, University of Colorado  
Role: Advisor for Capstone Project, Spring 2021

*Jessica Walls*- MPH Student, Population Mental Health and Wellbeing, University of Colorado  
Role: Advisor for Capstone Project, Spring 2021

***PhD***

*Jamie Powers*- PhD Student, Research Methods and Statistics, University of Denver  
Role: Practicum Supervisor, Fall 2020

**RESEARCH RECORD**

***Active Grants***

**BREATHE-Q: Adaptation of a Mindfulness-Based Intervention for LGBTQ+ Adolescents**

(01/15/21-01/14/22) - \$30,0000

Colorado School of Public Health Pilot Grant (Quirk, PI)

Supports key stakeholder focus groups, community engagement, and development and pilot testing of a mindfulness-based intervention tailored for LGBTQ+ adolescents

Role: Co-Investigator, .01 FTE

**Mindful Moms to Be** (9/1/20-8/31/21) - Total Cost: \$25,000

Center for Women's Health Junior Faculty Development Award (**Farewell, PI**)

The objective of this project is to investigate the feasibility and preliminary efficacy of remote facilitation of a mindfulness-based intervention among a sample of low-income pregnant women living in Colorado.

Role: Principal Investigator, .10 FTE

**Fostering Resilience Among Mothers Early (FRAME)** (7/1/20-6/31/22) - Total Cost: \$40,000

Lorna Grindlay Moore Faculty Launch Award Program (**Farewell, PI**)

The FRAME project will use data from the Growing Up in New Zealand study to investigate developmental trajectories between maternal depression and childhood body mass index from the prenatal period through middle childhood, and to explore patterns of protective factors that may confer resilience.

Role: Principal Investigator, .25 FTE

**Fostering Resilience in Early Educators (FREE): Family, Friend, and Neighbor Caregivers**

(06/01/20-05/31/22) - Total Cost: \$275,000

The Colorado Health Foundation (**Farewell, Co-PI**)

The FREE program is an early childhood education intervention focused on bolstering supports for informal caregivers to improve their mental health and well-being, in turn promoting high quality relationships with the children in their care and fostering resilience.

Role: Co-Principal Investigator, .10 FTE

**Fostering Resilience in Early Educators (FREE): Southeast Colorado** (05/01/20-04/30/22) -

Total Cost: \$75,000

Temple Hoyne Buell Foundation (**Farewell, Co-PI**)

The FREE program is an early childhood education intervention focused on bolstering supports for formal caregivers to improve their mental health and well-being, in turn promoting high quality relationships with the children in their care and fostering resilience.

Role: Co-Principal Investigator, .075 FTE

**Fostering Resilience in Early Educators (FREE): Colorado Springs** (05/01/20-04/30/22) -

Total Cost: \$232,177

Colorado Springs Health Foundation- (**Farewell, Co-PI**)

The FREE program is an early childhood education intervention focused on bolstering supports for formal caregivers to improve their mental health and well-being, in turn promoting high quality relationships with the children in their care and fostering resilience.

Role: Co-Principal Investigator, .075 FTE

**Perinatal Mental Health and Resilience: Exploring the Role of Mindfulness** (03/01/20-8/31/21) - Total Cost: \$10,000

UCHealth Integrative Medicine Center- (**Farewell, PI**)

The primary aim of this project is to evaluate a 6-week Mindfulness-based Intervention facilitated by two clinical psychologists and designed to help women stay well during pregnancy.  
Role: Principal Investigator, .05 FTE

**My Baby My Move+: A Community Wellness Intervention (8/2019-8/2021)- Total Cost: \$456,778**

National Institutes of Health – **(Leiferman, PI)**

The MBMM+ is a peer-led wellness intervention developed to reduce excessive gestational weight gain by targeting prenatal physical activity, mood, and sleep quality.

Role: Co-Investigator, .10 FTE

### ***Completed Grants***

**Culture of Wellness in Preschools (2/15/2015-6/30/2020) – Total Cost: \$2,336,378**

The Colorado Health Foundation; Colorado Department of Health and Human Services (**Puma, PI**)

The Culture of Wellness in Preschools (COWP) program focuses on promoting positive physical development, in addition to cognitive, language, and social-emotional development for preschool-aged children, as well as caregiver physical and mental health and wellbeing.

Role: Program Manager, .5-1.0 FTE

**Evaluation to Understand Characteristics to Making Successful Health-Promoting Changes in Early Childhood Education Settings (1/1/2019-1/31/2020)- Total Cost: \$65,662**

Temple Hoyne Buell Foundation – **(Farewell, Co-PI)**

Dissemination and Implementation frameworks were used to evaluate the implementation and sustainability of health-promoting policy, system and environmental changes in early childhood education centers in 13 counties throughout Colorado.

Role: Co-Principal Investigator, .20 FTE

**Safety and Health Innovation in Preschools (SHIP) (9/1/2018-8/31/2019) - Total Cost: \$30,853.16**

National Institute for Occupational Safety and Health (NIOSH)- Center for Health, Work & Environment (CHWE) - **(Farewell, PI)**

The goal of this pilot project was to adapt a strategic planning process tool to implement policy, system and environmental changes that promote caregiver mental health and well-being in childhood education centers.

Role: Principal Investigator, .05 FTE

**Critical periods of Maternal Stress Exposure and Early Childhood Obesity: Exploring Risk and Protective Factors in New Zealand (3/1/2018-2/28/2019) - Total Cost: \$19,903**

National Science Foundation – **(Farewell, PI)**

The primary objective of this Doctoral Dissertation Research Improvement Grant in Biological Anthropology was to use a mixed-methods approach to explore the lived experience of stress and to understand risk and protective pathways between maternal stress exposure in early life and the development of childhood obesity at 54-months.

Role: Principal Investigator

**Healthy Environment Project** (1/1/2018-4/30/18) - Total Cost: \$153,851

Colorado Springs Health Foundation, Temple Hoyne Buell Foundation – (**Puma, PI**)

The goal of these grants was to implement professional development trainings for early childhood education providers to make health-promoting center-based PSE changes in El Paso and Teller Counties, Colorado.

Role: Program Manager, .10 FTE

**Healthy Childcare Makes a Healthy Start** (8/1/2014-5/31/2015) - Total Cost: \$150,000

Conference of Mayors and the American Beverage Association (PI on sub-contract for ~\$30,000)

This project supported 6 childcare settings (2 center and 4 home) to make environment and policy changes to promote healthy eating and physical activity.

Role: Trainer and Evaluator

## PUBLICATIONS

1. **Farewell C.V.**, Thayer Z., Puma, J., & Morton, S. (2017). “Exploring the Timing and Duration of Maternal Stress Exposure: Impacts on Early Childhood BMI.” *Early Human Development*, 117, 15-19.
2. **Farewell, C.V.**, Puma, J. Powers, J., & Belansky, E. (2018). “Assess. Identify. Make it Happen (AIM): A Tool to Decrease Early Childhood Obesity.” *Health Promotion Practice*, 19(6), 935-945.
3. **Farewell, C.V.**, Thayer, Z. Tracer, D. & Morton, S. (2018). “Prenatal Stress Exposure and Early Childhood BMI: Exploring Associations in a New Zealand Context” *American Journal of Human Biology*, e23116.
4. **Farewell, C.V.**, Puma, J., Mason, M., Shimomura, M., Peirce, P., & Harms, M. (2018). “Training Child Care Inspectors to Deliver Health Messaging: A Quality Improvement Pilot Project”. *Health Promotion Practice*, 1524839918786952.
5. Leiferman, J., **Farewell, C.V.**, Lee-Win, A., Paulson, J., & Ulrickson, C. (2019). “Management of Prenatal Depression: Effectiveness of an Online Training Module across Health Care Disciplines” *Journal of Continuing Education in the Health Professions*. 39(3), 178-184.
6. Powers, J., **Farewell, C.V.**, Maiurro, E., & Puma, J. (2019). The Impact of a Workplace Wellness Program on Provider Health in Early Childhood Education Settings. *Workplace Health and Safety*, 68(2), 65-72.
7. Melnick, E.M., Thomas, K. **Farewell, C.V.**, Quinlan, J., Laflamme, D., Brogden, D., Scarbro, S., & Puma, J.E. (2020). Impact of a nutrition education programme on preschool children’s willingness to consume fruits and vegetables. *Public Health Nutrition*. doi:10.1017/S1368980019005032
8. **Farewell, C.V.**, Powers, J., & Puma, J. (2020). Safety and Health Innovation in Preschools (SHIP): A Total Worker Health Approach. *Journal of Environmental and Occupational Medicine*, 62(5).
9. Leiferman, J., **Farewell, C.V.** Ulrickson, C., Lee-Win, A., Undis, G., & Huberty, J. (2020). “Identification and Management of Maternal Depression: Differences across health care disciplines.” *Case Reports In Obstetrics, Gynecology & Reproductive*.



10. **Farewell, C. V.**, Powers, J. N., Maiurro, E., Scarbro, S., Quinlan, J., & Puma, J. (2020). Implementation of policy, system and environment changes in early childhood education settings. *International Journal of Child Care and Education Policy*, 14, 1-12.
11. **Farewell, C.V.**, Jewell, J., Walls, J.\*, & Leiferman, J. (2020). A Mixed-Methods Pilot Study of Perinatal Risk and Resilience during COVID-19. *Journal of Primary Care and Community Health*, 11, 2150132720944074.
12. Bergling, E., **Farewell, C.V.**, & Puma, J. (2020). Development of a Dissemination and Implementation Framework for a Multi-Level Obesity Prevention Program in Early Childhood. *Journal of Nutrition Education and Behavior*.
13. Jewell, J. **Farewell, C.V.**, Welton-Mitchell, C., Walls, J.\*, Lee-Win, A., & Leiferman, J. (2020). Mental Health During the COVID-19 Pandemic: An Online Survey with a US Sample. *JMIR Formative Research*.
14. **Farewell, C.V.**, Puma, J., Bergling, E., Webb, J., Quinlan, J., Shah, P., & Maiurro, E. (2020). An exploration of constructs related to dissemination and implementation of an early childhood systems-level intervention. *Health Education Research*.
15. **Farewell, C.V.**, Quinlan, J., Melnick, E., Powers, J., & Puma, J. (2020). Demands and Resources experienced by the Early Childcare Workforce serving High Need Populations. *Early Childhood Education Journal*.
16. **Farewell, C.V.**, Maiurro, E., Powers, J., & Puma, J. (2020). The Healthy Environment Project: Promoting Sustainable Changes in Early Childcare Education Settings. *Health Education Journal*.
17. **Farewell, C.V.**, Thayer, Z., Puma, J., & Morton, S. (2021). Prenatal Stress and Early Childhood Body Mass Index: A Path Analysis Approach. *Maternal and Child Health Journal*.
18. Leiferman, J., **Farewell, C.V.**, Jewell, J., Lacy, R.\*, Walls, J.\*, & Paulson, J. (2021). Anxiety Among Fathers During the Prenatal and Postpartum Period: A meta-analysis. *Journal of Psychosomatic Obstetrics & Gynecology*.
19. **Farewell, C.V.**, Melnick, E., & Leiferman, J. (2021). Maternal Mental Health and Early Childhood Development: Exploring critical periods and unique sources of support. *Journal of Infant Mental Health*.

#### **Under Review**

1. **Farewell, C.V.**, Thayer, Z., Quinlan, J., & Leiferman, J. (2021). Social and Cultural Processes that impact Wellbeing of New Zealand moms with young children. *International Journal of Behavioral Medicine*. (revise and resubmit)
2. **Farewell, C.V.**, Bergling, E., Maiurro, E., & Puma, J. (2021). Application of an Implementation Framework using Mixed-Methods in Preschool Settings. *Health Promotion Practice*. (revise and resubmit)
3. **Farewell, C.V.**, Quinlan, J., Melnick, E., Lacy, R.\*, Kauie, M., Thayer, Z., & Leiferman, J. (2021). Resiliency in New Zealand moms with young children: Exploring cultural variations in protective factors. *Health Promotion Practice*.
4. Jewell, J., **Farewell, C.V.**, Walls, J.\*, Brooks-Russell, A., Dempsey, A., Leiferman, J. (2021). Parents' mental health experiences during the perinatal transition: A qualitative study. *Journal of Infant Mental Health*.
5. Hansen, A.\*, **Farewell, C.V.**, Jewell, J., Leiferman, J. (2021). Exploring Predictors of Social Distancing Compliance in the United States during the COVID-19 Pandemic. *Disaster Medicine and Public Health Preparedness*.

6. Jansson, M.\*, **Farewell, C.V.**, Gonzales, L., & Puma, J. (2021). Qualitative Investigation of Factors that Impact the Well-being of Formal and Informal Early Childhood Education Caregivers. *Early Childhood Education Journal*.

\*denotes graduate student

## TECHNICAL REPORTS

1. **Farewell, C.** & Puma, J. FNV Final Formative Evaluation Report. Prepared for the Partnership for Healthier America. October 2017.

## PUBLISHED ABSTRACTS AND CONFERENCE PRESENTATIONS

1. **Farewell, C.** & Puma, J. (November 2014). *Assess, Identify, Make it Happen for Preschools (AIM-P): A Strategic Planning Process to Make Environment and Policy Changes to Increase Physical Activity and Healthy Eating in Preschool Settings*. Poster presented at American Public Health Association Conference. New Orleans, LA.
2. **Farewell, C.** & Puma, J. (October 2014). *Using the AIM Method (Assess, Investigate, Make it Happen!) to Make Evidence-Based Healthy Eating and Physical Activity Changes*. Oral presentation at the Rocky Mountain Early Childhood Conference. Denver, CO.
3. Shimomura, M., Straight, L., Mason, M., Puma, J., & **Farewell, C.** (September 2015). *Beyond Inspections: Partnering for Healthy Eating and Active Living (HEAL) in Child Care Centers and Homes*. Poster presented at Public Health of the Rockies. Vail, CO.
4. **Farewell, C.**, & Puma, J. (January 2016). *Assess, Identify and Make It Happen for Preschools (AIM-P): A Strategic Planning Process to Increase Physical Activity and Healthy Eating among Children and Staff in Preschool Settings*. Poster presented at the Active Living Research Conference 2016. Clearwater, FL.
5. **Farewell, C.**, Puma, J., Peirce, P., Mason, M., & Shimamura, M. (September 2016). *Healthy Childcare Makes a Healthy Start. Public Health in the Rockies*. Poster presented at the Public Health of the Rockies. Vail, CO.
6. Puma, J., Richardson, G., LaFlamme, D., **Farewell, C.**, & Doig, T. (September 2016). *Culture of Wellness in Preschools: A Comprehensive Approach to Early Childhood Obesity Prevention*. Oral presentation at the Public Health in the Rockies. Vail, CO.
7. **Farewell, C.** & Puma, J. (September 2016). *The Sustainability of Policy, System and Environment Changes AIMed at Increasing Healthy Eating and Physical Activity in Low-Income Preschools*. Poster presented at the Public Health in the Rockies. Vail, CO.
8. **Farewell, C.**, & Puma, J. (October 2016). *Assess, Identify, Make it Happen for Preschools (AIM-P): Sustainability of Environment and Policy Changes Related to Healthy Eating and Active Living in Preschool Settings*. Poster presented at the American Public Health Association Annual Meeting. Denver, CO.
9. Puma, J., Richardson, G., LaFlamme, D., **Farewell, C.**, & Doig, T. (October 2016). *Culture of Wellness in Preschools: A Comprehensive Approach to Early Childhood Obesity Prevention*. Poster presented at the American Public Health Association Annual Meeting. Denver, CO.
10. Leiferman, J. & **Farewell, C.** (October 2016). *Effect of Online Training on the Management of Maternal Depression*. Poster presented at the 143rd American Public Health Association Annual Meeting. Denver, CO.

11. **Farewell, C.** & Thayer, Z. (February 2017). *Maternal Stress and Early Childhood Obesity: Exploring associations in a New Zealand context*. Oral presentation at the Seventh International Conference on Health, Wellness, and Society. Denver, CO.
12. Powers, J. & **Farewell, C.** (March 2018). *Evaluating Policy, System, and Environment Changes Implemented in Early Childhood Education Settings*. Oral presentation at the Evaluating Better Together Conference. Denver, Co.
13. Melnick, E., Thomas, K. Puma, J., **Farewell, C.** & LaFlamme, D., (September 2018). *A Nutrition Education Program in Preschool Settings Increases Children's Willingness to try Fruits and Vegetables*. Poster presented at the Public Health in the Rockies Conference. Breckenridge, CO.
14. Puma, J. & **Farewell, C.** (February 2019). *A School-Based PSE Change-Making Strategy that Works: How to Implement and Evaluate It*. Oral presentation at Association for SNAP-Ed Nutrition Education Administrators (ASNNA) Conference. Arlington, VA.
15. **Farewell, C.**, Powers, J., & Puma, J. (March 2019). *Safety and Health Innovation in Preschools*. Poster presented at the Mountain & Plains Education and Research Center (MAP ERC) Annual Research Symposium. Broomfield, CO.
16. **Farewell, C.** & Thayer, Z. (April 2019). *Critical Periods of Maternal Stress Exposure and Early Childhood Obesity: Exploring Risk and Protective Factors in New Zealand*. Poster presented at the Human Biology Association (HBA). Cleveland, OH.
17. **Farewell, C.**, & Puma, J. (July 2019). *Sustainability of Health-Promoting Best Practices in Early Childcare Centers*. Poster presented at the 10th Biennial Childhood Obesity Conference. Anaheim, CA.
18. **Farewell, C.**, Puma, J., & Leiferman, J. (November 2019). *Promoting Mental Health and Wellbeing in Early Childhood: The role of community-based interventions. A Population Mental Health Roundtable: Lessons from Creating a Healthy Nation from the Lancet Report on Global Mental Health and Sustainable Development*. Roundtable presentation at the American Public Health Association meeting. Philadelphia, PA.
19. **Farewell, C.**, & Powers, J. (November 2019). *Safety and Health Innovation in Preschools: A Total Worker Health Approach*. Oral presentation at the Work, Stress, and Health Conference. Philadelphia, PA.
20. Powers, J., **Farewell, C.**, & Puma, J. (March 2020). *Fostering Resilience in Early Education (FREE): Quality of Worklife, Mental Health, and Well-being Disparities*. Oral presentation presented at the Mountain & Plains Education and Research Center (MAP ERC) Annual Research Symposium. Broomfield, CO.
21. Bergling, E., **Farewell, C.**, Puma, J. (August 2020). *Development of a Dissemination and Implementation Framework for an Early Childhood Obesity Prevention Program*. Poster presented at the Colorado Pragmatic Research in Health Conference (COPRHcon). Virtual Conference.
22. Melnick, E., Maiurro, E., **Farewell, C.**, Quinlan, J., & Puma, J. (August 2020). *Fostering Resilience in Early Education: Promoting the quality of worklife and wellbeing of early childhood education providers in Colorado*. Oral presentation Public Health in the Rockies. Virtual Conference.
23. Bergling E., **Farewell C.**, Puma J. (August 2020). *Development of a Dissemination and Implementation Framework for an Early Childhood Obesity Prevention Program*. Poster presented at Colorado Pragmatic Research in Health Conference. Virtual Conference.

24. **Farewell, C.**, Leiferman, J., Thayer, Z., & Puma, J. (October 2020). *Associations between perinatal mental health and early childhood obesity in a multi-ethnic pregnancy cohort study*. Oral presentation presented at the American Public Health Association meeting. Virtual Conference.
25. **Farewell, C.**, Puma, J., Melnick, E., Quinlan, J., & Powers, J. (October 2020). *Quality of worklife, mental health and wellbeing among the early childcare workforce serving high need populations*. Poster presented at the American Public Health Association meeting. Virtual Conference.
26. Bergling, E., Puma, J., **Farewell, C.V.**, Pendleton, D., LaFlamme, D. (February 2021). *Using Dissemination and Implementation (D&I) Science Frameworks to Better Evaluate SNAP-Ed Interventions and Promote Equity*. Association of SNAP Nutrition Education Administrators. Virtual Conference.
27. Maiurro, E., **Farewell, C.**, & Puma, J. (March 2021). *Fostering Resilience in Early Education*. Rocky Mountain Early Childhood Conference. Virtual Conference.
28. Walls, J.\*, **Farewell, C.V.** (March 2021). *A Mixed-methods Pilot Study of Perinatal Risk and Resilience During COVID-19*. Society of Behavioral Medicine's 2021 Annual Meeting & Scientific Sessions. Virtual Conference.
29. Melnick, E., & **Farewell, C.V.** (April 2021). *Maternal Mental Health and Early Childhood Development: Exploring Critical Periods and Sources of Support*. Society for Research in Child Development 2021 Annual Meeting. Virtual Conference.
30. **Farewell, C.V.**, Quinlan, J., Puma, J., et al. (April 2021). *COVID-19 and the Early Childhood Workforce: Analysis of Risk, Wellbeing, Resilience, and Modified Teaching Modalities*. Society for Research in Child Development Annual Meeting. Virtual Conference.
31. **Farewell, C.V.** (April 2021). *The impacts of COVID-19 on the mental health and job-related demands and resources of the Early Childhood Workforce*. Center for Health, Work, and Environment Virtual Research Day Symposium 2021. Virtual Meeting.
32. **Farewell, C.V.**, Walls, J.\*, Leiferman, J. (May 2021). *Perinatal Mental Health and Resilience during COVID-19: Exploring the Role of Mindfulness*. Association of Maternal and Child Health Programs (AMCHP) 2021 Annual Conference. Virtual Conference.