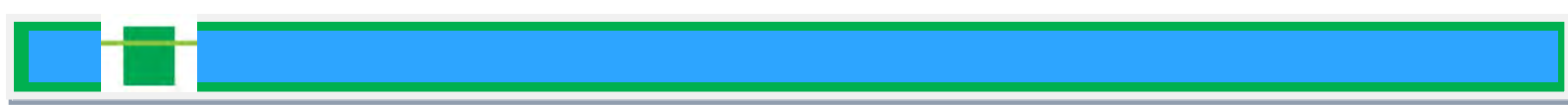


Achieving a State of Healthy Weight: 2012 Update



June 2013



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In *Achieving a State of Healthy Weight: A National Assessment of Obesity Prevention Terminology in Child Care Regulations 2010* (ASHW 2010), the National Resource Center for Health and Safety in Child Care and Early Education (NRC) established a baseline for tracking states' child care regulatory changes that promote healthy nutrition and physical activity practices in three regulated child care types: centers, large/group family homes; and small family child care homes. The current report, *Achieving a State of Healthy Weight: 2012 Update*, is the second annual update to the baseline assessment. All three ASHW studies to date, the baseline 2010 assessment and the 2011 and 2012 updates, were supported by US Department of Health and Human Services (DHHS), Health Resources and Services Administration (HRSA), Maternal and Child Health Bureau (MCHB).

The ASHW study variables for all three assessments were the 47 high-impact components of the best practice guidelines published in *Preventing Childhood Obesity in Early Care and Education Programs: Selected Standards from Caring for Our Children: National Health and Safety Performance Standards (PCO)* (American Academy of Pediatrics, American Public Health Association, and National Resource Center for Health and Safety in Child Care and Early Education, 2010). In 2010 and 2011, child care licensing regulations either did not address or only partially addressed many of these healthy weight variables,

especially those in the domain of physical activity/screen time.

2012 State-Level Changes

Twelve states enacted child care licensing regulations that included new or revised text related to obesity prevention in 2012. The states were California, Colorado, Florida, Iowa, Kansas, Maryland, Nevada, New Mexico, North Carolina, Texas, Washington, and Wyoming.

- States' changes yielded a total of 121 ratings, distributed across 24 variables and the three child care types: 89% strengthened licensing regulations and 11% weakened regulations.
- Washington, North Carolina, Nevada, Wyoming, and Iowa made the greatest number of positive changes (i.e., improved ratings) of the 12 states. However, the absolute numbers of changes within states were all small.
- All 12 states made some improvements, although decrements in ratings also resulted from new or revised text (a single rating for Washington, some for Wyoming and, several for Nevada).
- Washington's improvements elevated the state's standing to the third highest in the nation, following Arizona and Delaware, in terms of changes that partially or fully addressed 74% of the ASHW variables.

Also Reported

Two changes in the US Department of Agriculture Food and Nutrition Child and Adult Care Food Program (CACFP) program requirements were made effective in the last quarter of 2011. The CACFP changes, pertaining to milk fat levels and availability of water, affected ratings for two related ASHW variables. The CACFP improvements resulted in positive, automatic changes for many states that require some or all licensed child care programs to adhere to CACFP guidelines. The CACFP changes affected 30 states for one variable (milk) and 25 for the second variable (water). When states' rating were adjusted in the ASHW national database, the two strengthened CACFP program requirements accounted for more positive change than all state-specific regulatory changes combined in 2012 report.

Status of All the States in 2012

As a result of CACFP changes that affected many states, as well as the new and revised regulations introduced by the 12 states above, the ranking of states across the nation was updated in 2012. Seven states completely addressed more than 20% of the ASHW variables by achieving the maximum value consistently in each of the three child care types. The states were Mississippi, Delaware, Florida, and South Dakota, and new in 2012, North Carolina, Alaska, and North Dakota.

Five states all addressed more than 70% of ASHW variables to some extent (partially or

fully) in at least one type of child care the states regulate (center-based programs, large/group and small family child care homes). The states were Arizona, Delaware, Washington, Mississippi and Virginia.

States that addressed the most variables in the three major content areas, either partially or fully, in at least one care type, include, for:

- *Infant feeding* - Delaware, Arizona, Colorado, Massachusetts, Michigan, Mississippi, and Washington
- *Nutrition* – Arizona, West Virginia, Illinois, and Mississippi
- *Physical Activity/Screen Time* - Arkansas, Delaware, Virginia, and Washington

Treatment of Specific Content Across All States

Of the 47 ASHW variables, those that states most often fully addressed (achieving the maximum rating value) in at least one care type were:

- Space for active play (in all states, which includes the District of Columbia)
- Make water available indoors and outside (42 states)

- Feed children developmentally-appropriate sized servings (41 states)
- Feed infants on cue (40 states)
- Serve 100% juice (39 states)
- Serve skim or 1% pasteurized fat milk to children two years if age and older (34 states)
- Serve no cow's milk to children younger than one year (31 states)

There are 16 ASHW variables for which fewer than half the states have applicable text in their regulations. *Physical Activity/Screen Time* is disproportionately represented among them, as 9 of the 16 variables fall in that domain.

In 2012, the overall effect of the state-level changes in new and revised text remains very modest but positive in its potential impact upon prevention of childhood obesity and development of healthy weight habits. Although the 2011 CACFP introduction of new program requirements affected only two ASHW variables, the impact was noticeable in the 2012 dataset, particularly when combined with state changes.

A significant revision of the CACFP program requirements and Meal Patterns for child care is underway at the USDA FNS and is expected to take effect in 2014. Based on the NRC's review of the 2011 recommendations for CACFP revision, the program will earn improved ratings for several ASHW variables.

Consequently, when the CACFP revision is enacted, states that require some or all licensed child care program types to adhere to CACFP should see an improvement in several nutrition and infant feeding ASHW variables. The degree of improvement will depend on the final form of the CACFP revision and the content of related state-specific regulations. In addition, states seeking to implement strategic efforts to bring child care regulations into consistent alignment with the *PCO2/CFO3* healthy weight standards may refer to the NRC's recent release of the ASHW rating scales to review how their text may be strengthened. States are encouraged to do so especially in regard to the Physical Activity and Screen Time domain, which remains the least often addressed component of development of healthy habits in child care regulations.

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Introduction

Achieving a State of Healthy Weight: 2012 Update (ASHW 2012) is the annual report of the National Resource Center for Health and Safety in Child Care and Early Education (NRC) on the status of obesity prevention terminology in the States' child care licensing regulations. NRC published the baseline study in 2010, *Achieving a State of Healthy Weight: A National Assessment of Obesity Prevention Terminology in Child Care Regulations 2010 (ASHW 2010)*.¹ A subsequent 2011 update examined rules enacted January 1 through December 31, 2011.² ASHW assessments are funded and conducted as part of the cooperative agreement for the NRC between the University of Colorado, College of Nursing and the Maternal and Child Health Bureau (MCHB), Health Resources and Services Administration (HRSA), U.S. Department of Health and Human Services. (See frequently used acronyms in Appendix A.)

The purpose of the ASHW reports is to examine child care regulations for text related to 47 high impact healthy weight variables, that is, practices expected to reduce childhood obesity if implemented in child care and early education settings. The variables were drawn from the nutrition, infant feeding, and physical activity/screen time standards first published in 2010 in *Preventing Childhood Obesity in Early Care and Education Programs: Selected Standards from Caring for Our Children: National Health and Safety Performance Standards; Guidelines for Early Care and Education Programs, 3rd Edition (PCO)*.^{3, 4} The healthy weight standards of PCO

subsequently were included in the comprehensive volume *Caring for Our Children: National Health and Safety Performance Standards; Guidelines for Out-of-Home Child Care Programs, Third Edition (CFOC3)*.⁵ The PCO/CFOC3-based ASHW variables are aligned substantially with the child care elements of the 2011 Institute of Medicine recommendations for policies promoting early childhood obesity prevention.⁶ (PCO was updated in 2012 and is referred to hereafter as PCO2.)

ASHW 2010 reported the detailed methodology (including rating scale development and rating procedures) and the results of the examination of the child care licensing regulations in effect in all 50 states and the District of Columbia as of December 31, 2010. The care types examined were center-based care, large or group family child care homes, and small child care family homes. The 2010 findings established a baseline for tracking in ensuing years changes to regulations that relate to obesity prevention in licensed child care programs. *Achieving a State of Healthy Weight: 2011 Update (ASHW 2011)* was the first followup. The *Synopsis of 2010 and 2011 Findings* reveals that, at the 2010 baseline, many of the PCO2/CFOC3 Healthy Weight Standards for obesity prevention in child care programs were not reflected in child care regulations nationwide. In 2011, with only three states, Arizona, Arkansas, and North Dakota, making pertinent regulatory changes, there was minimal progress in strengthening early care regulations to help prevent childhood obesity.

Synopsis of 2010 and 2011 Findings

2010 Baseline Findings

No, or insufficient, obesity prevention terminology was detected in more than half of the ratings performed on states' child care regulations.

Language fully supportive of high impact obesity variables was indicated in only 13% of the ratings performed.

No one type of child care assessed--center-based care, large or group family homes, and small family child care homes--was better regulated in terms of obesity prevention.

2011 Update

Documents (revised or previously unrated) from four states regulations were reviewed in 2011:

Arizona

A 2011 revision of Child Care Group Homes yielded mixed results but added new rules that slightly strengthened obesity the state's prevention regulations, so that Arizona remained in the upper tier of states that fully met criteria for obesity prevention in at least 20% of the study variables for at least one care type.

Arkansas

Three revised documents (one per child care type rated) yielded the most positive changes in 2011, primarily improving the state's physical activity and screen time rules.

North Dakota

Three revised documents (one per child care type) especially strengthened nutrition and infant feeding rules. In 2011, North Dakota fully and consistently addressed standards across all three child care types for 8 of 47 variables (compared to only one in 2010).

Virginia

A previously unrated document for large and small family child care homes yielded 20 ratings that were higher than those reported in 2010.

Nationally, the relatively small number of regulations examined in 2011 had little overall impact on the national profile, so that:

- Nutrition remained the most often addressed content area, followed by Infant Feeding. Physical Activity and Screen Time continued to be largely unaddressed across the nation.
- The highest quality childhood obesity prevention regulations continued to be those of Delaware and Mississippi.
- Delaware, Florida, Mississippi, and South Dakota had the most regulations that fully met the standards across *all three child care types* assessed in ASHW (center-based care, large/group family homes, *and* small family child care homes).
- Arkansas, Florida, Illinois, Maryland, Massachusetts, Michigan, Minnesota, New Mexico, North Carolina, North Dakota, Oregon, South Carolina, Virginia, West Virginia, and Wisconsin all ranked highly in at least one topic (Nutrition, Infant Feeding, or Physical Activity/Screen Time) for at least one child care type.

The current update examined changes in documents produced by 12 states during 2012. The states were: California, Colorado, Florida, Iowa, Kansas, Maryland, Nevada, New Mexico, North Carolina, Texas, Washington, and Wyoming. In addition, the US Department of Agriculture (USDA) Food and Nutrition Service (FNS) Child and Adult

Care Food Program (CACFP), which establishes minimum nutritional standards for enrolled programs serving low income individuals, introduced two program requirements in 2011. Participating child care programs were expected to be in full compliance with the new requirements during the last quarter of the year. These CACFP changes had

implications for two variables in the ASHW assessments. The CACFP improvements resulted in favorable rating adjustments for many states that require one or more types of regulated care to adhere to CACFP guidelines. These improved ratings are reflected in the *Findings* reported later.

Identification of Child Care Regulations Rated for the 2012 Update

Several steps were undertaken to identify new and revised child care regulations for rating in the 2012 update. NRC staff contacted the licensing office of each state and the District of Columbia by phone and/or email at least twice during 2012. In addition, each child care licensing website was monitored at least three times for this report, with the final check performed during early 2013.⁷ The monitoring process revealed that more than 20 states made changes to child care licensing regulations that were effective during the period January 1 - December 31, 2012. Seventy-two new or revised documents were then screened, revealing 39 that had some content relevant to the ASHW variables. Brief documents were visually scanned for relevant text. Longer new documents were examined for key search terms. Revised documents were compared electronically with the previous versions to detect new and/or deleted relevant text. The vast majority of searches, to identify pertinent content for document inclusion/exclusion, and for identification of text for rating, were conducted using advanced Boolean search methods in Adobe® Reader® X. Of the 39 documents that were searched, 17 documents contained new and revised regulatory text, which was then rated. These 17

documents were rules issued by 12 states: California,⁸ Colorado, Florida, Iowa, Kansas, Maryland, New Mexico, Nevada, North Carolina, Texas, Washington,⁹ and Wyoming. (See Appendix B.)

Rating Procedures and Generation of Results

The rating methodology to assess child care regulations issued in 2012 was based upon procedures used in the 2010 and 2011 ASHW assessments. That is, the screened 2012 documents were examined for text related to the 47 ASHW variables. Ratings are based on a four point rating schema:

- 1 = contradicts the intent (/requirements) of the standard
- 2 = no content related to (the requirements of) the standard
- 3 = partially meets (the requirements of) the standard
- 4 = fully meets (the requirements of) the standard

To achieve consistently high inter-rater reliability ($r_s \geq .90$), there are 47 variable-specific 4-point rating scales, each of which defines the type of terminology that must be - *present in a state's document to earn each rating value, '1' through '4' (see Appendix C).¹⁰ New documents were rated on all 47 variables. Revised documents were rated only on changed text (i.e., additional, deleted or modified text). (See Appendix D for additional information about the ASHW variables.)

Raters for the 2012 update included the NRC's Chief Research Assistant (and 2012 Healthy Weight Project Leader), a second experienced rater from the 2011 team, and

a new rater. Following training in ASHW search and rating procedures, the new rater assessed all 47 components for three child care types in one state that was rated in *ASHW 2010*, while blinded to the results of the baseline study. The ratings then were compared to the 2010 results and discrepancies were discussed to achieve consistent ratings. Each 2012 document was rated by at least two raters. As part of the reliability check, discrepancies were resolved in a meeting of the rating team with the NRC Evaluator (who led the 2010 and 2011 processes).

Raters entered the 2012 data into a Microsoft Access database. At the end of the rating process and reliability check, results were output to Microsoft Excel to generate tables and figures reported under *Findings*.

CACFP and Related Food Guidance Programs

The Child and Adult Care Food Program (CACFP) Meal Patterns of the Food and Nutrition Service (FNS), US Department of Agriculture (USDA), establish appropriate foods and age-specific serving sizes for good nutrition in child and adult care programs that are enrolled and eligible for reimbursement for meals served to low income individuals. Many states require licensed child care programs to adhere to the CACFP food guidance, whether or not the programs participate in CACFP. As in previous ASHW assessments, the NRC assigned to such states predetermined scores for ASHW nutrition and infant feeding variables, based on

NRC’s rating of the CACFP Meal Patterns. Supplemental state-specific text may raise or lower the state’s rating on a variable relative to the rating of CACFP for that variable. (See Appendix E for the ratings assigned by the NRC to the Meal Patterns.)

In late 2011, the USDA FNS issued two new CACFP program requirements: a) that only skim or 1% pasteurized milk be served to children aged two years and older, and b) that water be available to children throughout the day and upon request. These new CACFP program requirements are in full alignment with the related Standards of PCO2 and CFOC3, and therefore raised the ratings of CACFP for the related two ASHW variables (NA5 and ND1, respectively in the tables that follow below) to ‘4’ (fully meeting the requirements of

the standard). The current report reflects the improved ratings of these variables for many states. The changes are reflected in the charts, tables and figures throughout this report and Appendix F.

In 2010, using a process similar to that for CACFP, the NRC also rated the USDA MyPyramid Food Guidance System and applied ratings to selected ASHW nutrition and physical activity variables consistent with NRC ratings of the food guidance.¹¹ However, MyPyramid was replaced in mid-2011 by the MyPlate icon and program.¹² Choose MyPlate is consumer guidance to the federally approved program on healthy nutrition presented in the Dietary Guidelines for Americans, 2010.¹³ PCO2 and CFOC3 promote MyPlate as the successor to MyPyramid, as a valuable consumer education

tool. However, there is no CFOC3 standard specific to the MyPlate recommendations, and ASHW scores are not assigned for states’ references to the MyPlate program.

ASHW Content Areas

The 47 ASHW variables were categorized into three major content areas to facilitate reporting of findings: 1) Infant Feeding, 2) Nutrition, and 3) Physical Activity and Screen Time. The set of variables assigned to each major content area and the alpha numeric code assigned to each are presented in the following three tables. These tables may serve as a reference, as the alphanumeric codes are used throughout the report of Findings.

INFANT FEEDING: Variables and Description
IA1 - Encourage and support breastfeeding and feeding of breast milk by making arrangements for mothers to feed their children comfortably on-site.
IA2 - Serve human milk or infant formula to at least age 12 months, not cow's milk, unless written exception is provided by primary care provider and parent/guardian.
IB1 - Feed infants on cue.
IB2 - Do not feed infants beyond satiety; AND, Allow infant to stop the feeding.
IB3 - Hold infants while bottle feeding; AND, Position an infant for bottle feeding in the caregiver/teacher's arms or sitting up on the caregiver/teacher's lap.
IC1 - Develop a plan for introducing age-appropriate solid foods (complementary foods) in consultation with the child's parent/guardian and primary care provider.
IC2 - Introduce age-appropriate solid foods no sooner than 4 months of age, and preferably around 6 months of age.
IC3 - Introduce breastfed infants gradually to iron-fortified foods no sooner than 4 months of age, but preferably around 6 months to complement the human milk.
ID1 - Do not feed an infant formula mixed with cereal, fruit juice or other foods unless the primary care provider provides written instruction.
ID2 - Serve whole fruits, mashed or pureed, for infants 7 months up to 1 year of age.
ID3 - Serve no fruit juice to children younger than 12 months of age.

NUTRITION: Variables and Description
NA1 - Limit oils by choosing monounsaturated and polyunsaturated fats (such as olive oil or safflower oil) and avoiding trans fats, saturated fats, and fried foods.
NA2 - Serve meats and/or beans - chicken, fish, lean meat, and/or legumes (such as dried peas, beans), avoiding fried meats.
NA3 - Serve other milk equivalent products such as yogurt and cottage cheese, using low-fat varieties for children 2 years of age and older.
NA4 - Serve whole pasteurized milk to 12- to 24-month old children who are not on human milk or prescribed formula, or serve reduced fat (2%) pasteurized milk to those who are at risk for hypercholesterolemia or obesity.
NA5 - Serve skim or 1% pasteurized milk to children 2 years of age and older.
NB1 - Serve whole grain breads, cereals, and pastas.
NB2 - Serve vegetables, specifically, dark green, orange, deep yellow vegetables; and root vegetables, such as potatoes and viandas.
NB3 - Serve fruits of several varieties, especially whole fruits.
NC1 - Use only 100% juice with no added sweeteners, and offer only during meal times.
NC2 - Use only 100% juice with no added sweeteners, and offer only during meal times.
NC3 - Serve no more than 4 to 6 oz juice/day for children 1-6 years of age.
NC4 - Serve no more than 8 to 12 oz juice/day for children 7-12 years of age.
ND1 - Make water available both inside and outside.
NE1 - Teach children about appropriate portion sizes. AND, Teach children appropriate portion size by using plates, bowls, and cups that are developmentally appropriate to their nutritional needs.
NE2 - Require adults eating meals with children to eat items that meet nutrition standards.
NF1 - Serve small-sized, age-appropriate portions.
NF2 - Permit children to have one or more additional servings of the nutritious foods that are low in fat, sugar, and sodium as needed to meet the caloric needs of the individual child. AND, Teach children who require limited portions about portion size and monitor their portions. (Combined component)
NG1 - Limit salt by avoiding salty foods such as chips and pretzels. (Selected to complete the food groups)
NG2 - Avoid sugar, including concentrated sweets such as candy, sodas, sweetened drinks, fruit nectars, and flavored milk.
NH1 - Do not force or bribe children to eat.
NH2 - Do not use food as a reward or punishment.

PHYSICAL ACTIVITY/SCREEN TIME: Variables and Description
PA1 - Provide children with adequate space for both inside and outside play.
PA2 - Provide orientation and annual training opportunities for caregivers/teachers to learn about age-appropriate gross motor activities and games that promote children's physical activity.
PA3 - Develop written policies on the promotion of physical activity and the removal of potential barriers to physical activity participation.
PA4 - Require caregivers/teachers to promote children's active play, and participate in children's active games at times when they can safely do so.
PA5 - Do not withhold active play from children who misbehave, although out-of-control behavior may require five minutes or less calming periods to help the child settle down before resuming cooperative play or activities.
PB1 - Do not utilize media (television, video, and DVD) viewing and computers with children younger than 2 years.
PB2 - Limit total media time for children 2 years and older to not more than 30 minutes once a week.
PB3 - Use media only for educational purposes or physical activity.
PB4 - Do not utilize TV, video, or DVD viewing during meal or snack time.
PC1 - Provide daily for all children, birth to 6 years, two to three occasions of active play outdoors, weather permitting.
PC2 - Allow toddlers 60 to 90 minutes per eight-hour day for vigorous physical activity.
PC3 - Allow preschoolers 90 to 120 minutes per eight-hour day for vigorous physical activity
PD1 - Provide daily for all children, birth to 6 years, two or more structured or caregiver/teacher/adult-led activities or games that promote movement over the course of the day—indoor or outdoor; AND, Require caregivers/teachers to lead structured activities to promote children's activities two or more times per day. (One rating is assigned.)
PE1 - Ensure that infants have supervised tummy time every day when they are awake.
PE2 - Use infant equipment such as swings, stationary activity centers (ex. exersaucers), infant seats (ex. bouncers), molded seats, etc. only for short periods of time if at all.

This update reports the status of child care licensing regulations as of December 31, 2012. The data set for this report consists of ratings for all 50 states and the District of Columbia (for convenience hereafter, *the states*) of 47 ASHW variables for each of three major types of child care programs (i.e., center-based care, large/group family care, and/or small family child care homes) the state may regulate. (Some states regulate fewer than three child care types, and some states regulate additional care types not rated in ASHW studies.) The data set includes the 2010 baseline ratings, updated where appropriate to incorporate 2011 and 2012 ratings derived from new or revised state documents, as well as improved ratings associated with 2011 CACFP program requirements, as described earlier (NA5: *serve skim or 1% pasteurized milk to children age two years and older*; and ND1: *Make water available both inside and outside*) (see preceding section, *Method: 2012*).

The findings are presented in the following order: 2012 New and Revised Child Care Regulations, Status of Obesity Prevention in Child Care Nationally in 2012, 2012 Status of All States, Variable-Level Analysis.

2012 New and Revised Child Care Regulations

Twelve states made changes in child care licensing regulations that were pertinent to obesity prevention in 2012: California, Colorado, Florida, Iowa, Kansas, Maryland, New Mexico, Nevada, North Carolina, Texas, Washington,

and Wyoming. The number of ASHW variables impacted in each state was small, ranging from as few as one and up to seven ASHW variables.

Table 1 presents a synopsis of the 2012 changes. The table is coded to provide substantial information. (See sidebar on following page for detailed explanation of Table 1).

Twelve states made changes in child care licensing regulations that were pertinent to obesity prevention in 2012: California, Colorado, Florida, Iowa, Kansas, Maryland, New Mexico, Nevada, North Carolina, Texas, Washington, and Wyoming.

Table 1 shows that there were 121 total ratings changes to different types of regulated care in the 12 states, of which 89% were improved ratings, and 11% were decrements. The greatest numbers of positive changes were seen in: Washington (14), North Carolina (13), Nevada (12), Wyoming (13), and Iowa (10). However, mixed results were obtained, in that Nevada also had 9 decrements in ratings, Wyoming, 3, and Washington, 1. Other 2012 states had fewer changes.

In later analyses in which states are ranked, 2012 data changes are evaluated in the context of each state's full set of regulatory documents. The comparisons among states utilize the highest rating for each care type for each ASHW variable, under the assumption that caregivers are responsible to meet the all the

requirements in their state, so that the highest standard prevails. Considering the 12 states in light of their full complement of regulatory documents, the changes made in 2012 advance Washington's standing in the nation. Cumulatively, Washington regulations as of 2012 earned ratings of '3' or '4' in 74% of the ASHW variables, that is, at

least partially addressing key guidelines of the *PCO2/CFOC3* healthy weight standards. Among the 12 making 2012 revisions, other states that addressed at least half the ASHW variables, partially or fully, include: Colorado (68% of the variables), North Carolina (64%), Florida and New Mexico (62% each), Maryland (60%), Iowa (57%), California (55%), and Texas (53%). In addition, as of 2012, the states among these 12 with the most content that fully aligns with *POCO/CFOC3* healthy weight standards (is rated '4') were: Florida (40 ratings), North Carolina (35), Washington (33), Colorado and New Mexico (27 each), Maryland (25), Texas (24), and Iowa (23).

The 121 changes were distributed among 22 ASHW variables. The variables that were most changed were the

two affected by the 2011 CACFP program requirements, NA5: *Serve skim or 1% pasteurized milk to children 2 years of age and older* [abbreviated *low fat > 2y/o*] and ND1: *Make water available indoors and outside*. Twenty-four positive changes (among care types) were seen in eight of the 12 states for these two variables. Although these changes were largely driven by the CACFP improvements, state text also was a factor in some changes. Considering new state text only, the variable IA1 (*support breastfeeding*) was the only variable that had double digit (11) improved ratings (across the care types in Iowa, Nevada, Texas, and Washington). In a few instances, negative changes were observed for five variables: IB1 (*feed infants on cue*), IB3 (*hold infants to feed*), NA5 (*low fat milk for 2 y/o*), NF2 (*provide healthy seconds*), and NH1 (*food use: no force/as bribe*).

Table 1 Description

The following guides interpretation of the material displayed in the Table regarding: *Individual ratings* by variable and by state; *Totals* (cumulative changes a) by variable, b) by state and c) by ratings = 4; and *Color coding* in the table.

Individual ratings. Each ASHW variable is listed in the two far left columns (column 1 = alphanumeric variable code, column 2 = abbreviated variable description). The 12 states with 2012 changes are listed alphabetically in the following columns across the page. Under each state name, three columns are embedded to report changes by care types (C = center, L = large or group family homes, S = small family child care homes). An improved rating in 2012 is indicated by a plus sign (+) and a lowered rating by a minus sign (-) in each cell. Cells without either symbol indicate unchanged ratings.

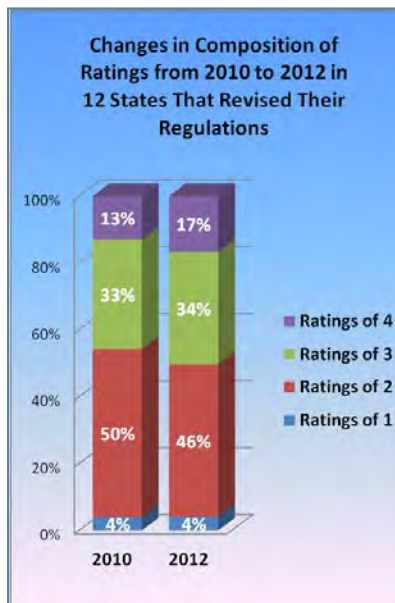
Totals. Information is also summarized by variable and by state. The final columns at the right of the Table (adjacent to Wyoming's ratings) display 2012 outcomes *by variable* (across the 12 states): for each variable the sum of positive changes (+), negative changes (-), and total number of ratings = '4' (4s) across care types, in the 12 states as of 2012. Rows at the bottom of the table report similar *state totals*, tallying within each state and each care type within the state, across all 47 variables, the following sums: a) *Total Increase* (+) or positive rating changes, b) *Total Decrease* (-) or negative changes, and c) *Total Rating = 4* (i.e., the sum of instances of the best possible rating value). The final three rows present summaries across care types for each state states: a) # *Pos/Neg Changes* (total number of positive/negative), and in the last two rows b), the # and % (number and percentage) *4s per State*, or the number of ratings of '4' across all care types and all variables in the state.

Color coding. Throughout the table, pink-shaded cells are indicative of ratings of '4' in the 12 states, including newly rated '4s' as of this report (a shaded cell that contains the plus sign, '+') and pre-existing '4s' (a shaded cell with no symbol). Furthermore, if a state requires licensed programs to follow CACFP guidelines, the state name is highlighted: in yellow, if all care types must adhere to CACFP; or in blue, if only particular types of care must comply. Green shaded cells, located in the final column to the right, titled "4's", and the row titled "# Pos/Neg Changes", indicate *Top Performers*. Top Performers in 2012 were: a) variables with 20 or more ratings (across states) = 4 (full alignment with PCO2/CFO3 healthy weight guidelines); and b) states that received 10 or more improved ratings.

For example, inspection of Table 1 reveals that as of 2012, Texas has 8 variables with ratings = 4, consistent across the three child care types (24 pink shaded cells). However, only one variable, IA1, support breastfeeding, received the new ratings of '4' (indicated by the '+'s in the pink cells). North Carolina shows a mixture of pink-shaded cells with and without pluses, as well as 2012 improvements to variable PA4 (play with children). The plus sign in the un-shaded cell for PA4 indicates that, while improved, North Carolina text did not fully meet the criterion for a rating = 4. Nevada had preexisting ratings = 4 for two variables (ND1 and NH2), whereas 2012 changes were a mixture of decrements (indicated by the minus sign) and improvements (rated less than '4') throughout their columns.

To summarize, states' changes to regulatory text were overwhelmingly positive (at 89%) but small in number in 2012. Improved CACFP program requirements effected the most consistent, positive change in the 12 states. Figure 1 shows the full data (all 47 variables, all care types) for the 12 states combined. The stacked bar chart depicts the decline in ratings of 2 (no relevant content) and increases in ratings of 3 (partially) and 4 (fully meeting the criterion for healthy weight) from 2010 to 2012 in these states. (See Appendix F for the full final ratings for the 2012 states and all other states.)

Figure 1. 2010-2012 Comparison - 12 States



Status of Obesity Prevention in Child Care Nationally in 2012

In addition to the changes made by the 12 states with new and revised regulatory documents, the national database also was affected by the CACFP improvements in two program requirements, which enrolled programs were expected to make effective by the last quarter of 2011.

All but one of the changed ratings for these two variables was positive (the exception, a result of new, contradictory language in California for one care type for NA5). Of the 137 rating changes for the two variables, 127 were straightforward improvements driven entirely by the CACFP changes. Ten other changes were the results of: state-specific text-only (Kansas), or articulation of the CACFP

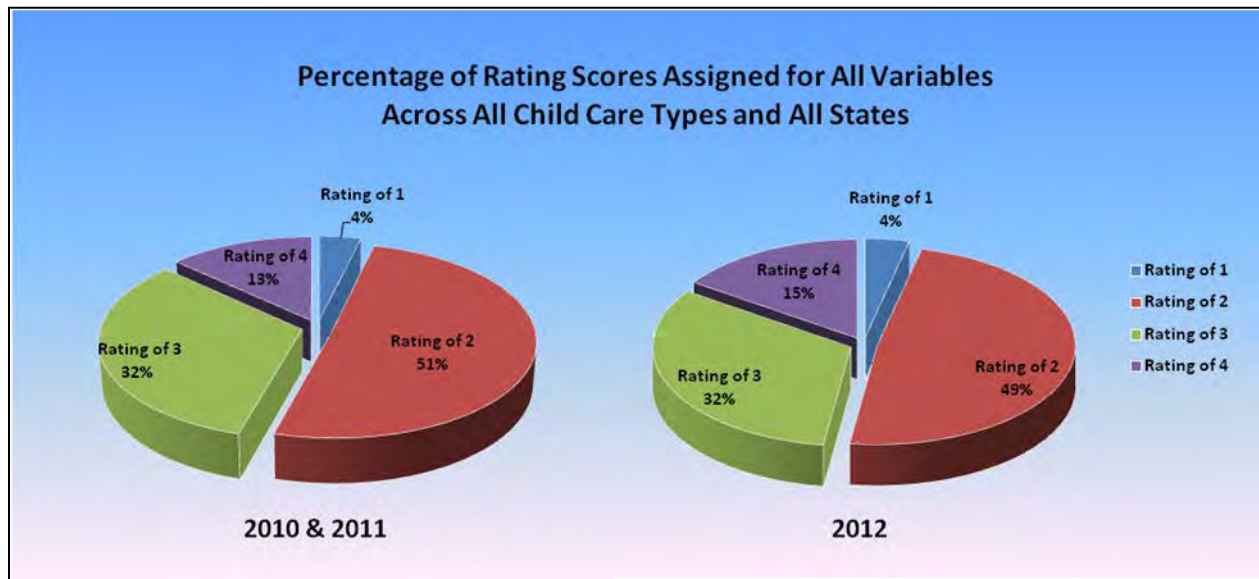
Cumulative improvements resulting from new and revised 2012 state text and the CACFP changes may be discerned in the national database.

As noted, these changes strengthened CACFP so that it received new ratings of '4' for both related ASHW variables. As applied to the states that require CACFP adherence for some or all of the care types regulated in the state, 29 states were affected by the change to NA5: *low fat milk >2 y/o*, and 25 by the change to ND1: *availability of water*. (Although more states require adherence to CACFP, some states already had state-specific text that earned the higher ratings in previous years).¹⁴ Together, the two variables accounted for 137 changed ratings across care types nationwide, nearly all CACFP-related.

changes with state text, which in a few cases earned a rating of '3' instead of a '4', as well as the single California rating, which earned a '1'.

Cumulative improvements resulting from new and revised 2012 state text and the CACFP changes may be discerned in the national data base, as displayed in Figure 2 (note that the CACFP changes are incorporated in the 2012 pie chart). The percentages of rating values ('1' through '4') apply nearly equally to the three care types: centers= 35% of ratings, large/group child care, and small family child care homes each =33% of the national ratings. That is, two percent more of the rated text applied to centers than the other care types.

Figure 2. National Data: 2010 & 2011 versus 2012



2012 Status of All States

The changes to the child care regulations of the 12 states and those states with CACFP changes affected changes in the comparative standing of states in 2012. As in previous years, the NRC sought various ways to acknowledge the states that are best promoting obesity prevention in child care regulations, as well as those states that are progressing toward this goal, by using two methods of determining the top ranking states. First, states were identified that consistently promote obesity prevention in each child care type they regulate (i.e., that had the most ASHW variables that were uniformly rated '4' across all regulated child care types). Second, states were identified that were addressing, partially or fully, the most ASHW variables, although not consistently across the care types (i.e., the most ratings of '3' or '4' in any care type/s).

In 2010, Delaware, Florida, Mississippi, and South Dakota had the highest number of regulations that fully met the standards consistently for all three child care types. They were joined in 2012 by Alaska, North Carolina, and North Dakota.

The map in Figure 3 shows the states that best met standards for obesity prevention in 2012. In 2010, four states, Delaware, Florida, Mississippi, and South Dakota, had the highest number of regulations that fully met the standards (ratings = 4) consistently for all three child care types, signified by stars on the map. They were joined in 2012 by three other starred states: Alaska, North Carolina, and North Dakota.

Where states are shaded in green, the darker the shading, the more closely the state's regulations met the standards for obesity prevention in at least one child care type. Dark green signifies the states that had high percentages of ratings of both '3' and '4' (partially or fully met standards): Delaware and Mississippi in 2010, along with Alaska and Virginia by 2012.

Medium green signifies the states in which at least 20% of the applicable regulations fully met the standards (ratings of '4'): in 2010, Arizona, Florida, and South Dakota, joined by 2012 by North Carolina, North Dakota, and Washington. Light green signifies the

states in which at least 40% of regulations partially met the standards (ratings of '3'). There were 13 such states in 2010: Alaska, Arkansas, Maryland, Massachusetts, Michigan, Minnesota, New Mexico, North Carolina, Oregon, South Carolina, Virginia, West Virginia, and

Wisconsin. By 2012, California joined this group, as two states, Virginia and Alaska moved to higher levels of alignment with *PCO2/CFOC3*, as described above. (Appendix G displays for each state the rating distribution across all study variables.)

Figure 3. States with the Most Regulations Partially to Fully Meeting Standards - 2012

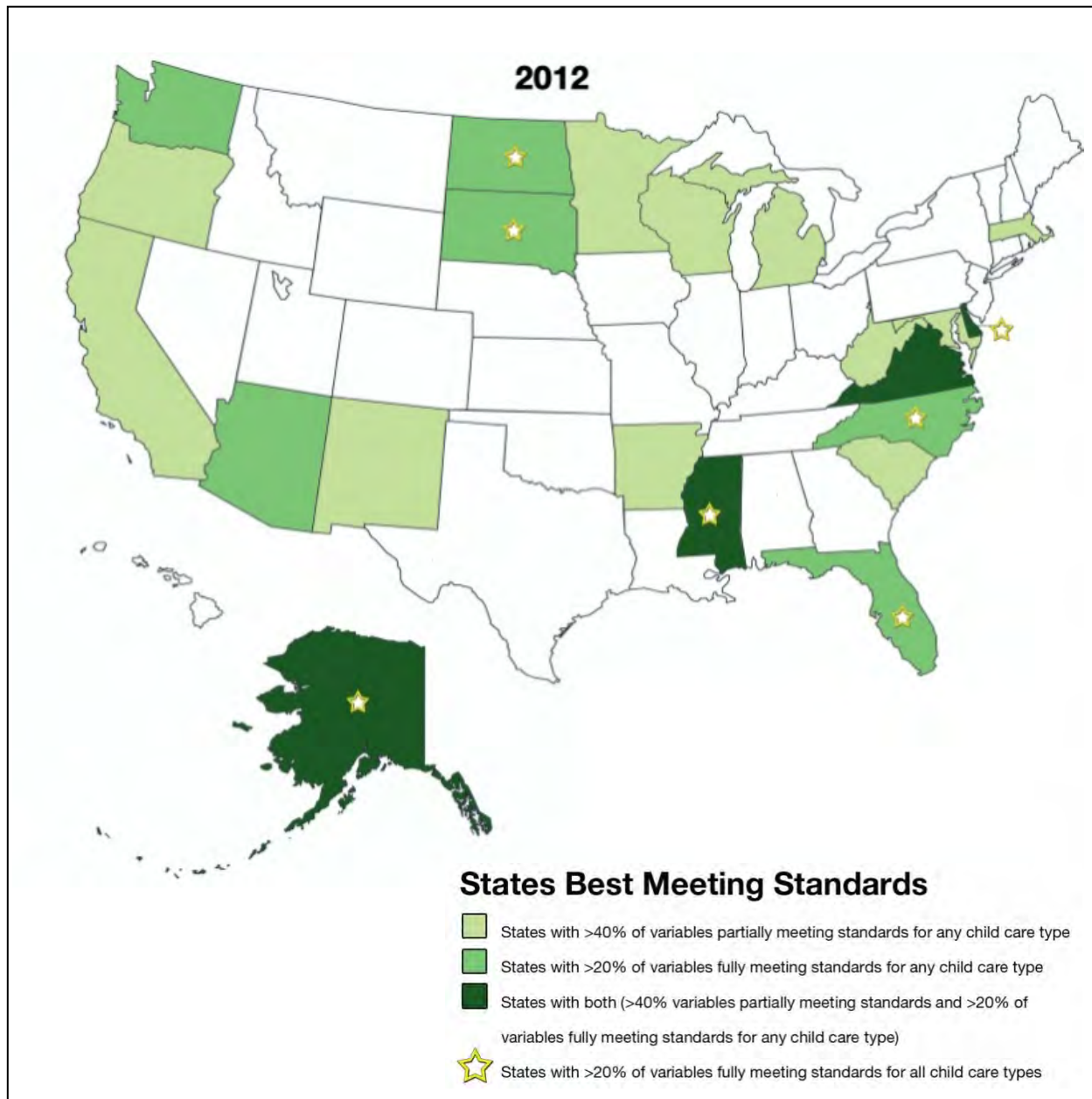


Table 2*. Consistent Use of Obesity Prevention Language across Child Care Types

State Names	No. Variables Rating = 4 All Regulated Child Care Types	Rank
MISSISSIPPI	15	1
DELAWARE	13	3
FLORIDA	13	
SOUTH DAKOTA	13	
NORTH CAROLINA	11	5
ALASKA	10	6.5
NORTH DAKOTA	10	
ALABAMA	9	8.5
NEW MEXICO	9	
CALIFORNIA	8	12.5
HAWAII	8	
LOUISIANA	8	
MASSACHUSETTS	8	
TEXAS	8	
WISCONSIN	8	
IOWA	7	18.5
MARYLAND	7	
MICHIGAN	7	
MONTANA	7	
OHIO	7	
VIRGINIA	7	25
ARKANSAS	6	
ILLINOIS	6	
MAINE	6	
NEW HAMPSHIRE	6	
OREGON	6	
SOUTH CAROLINA	6	
WASHINGTON	6	
MINNESOTA	5	29.5
MISSOURI	5	32.5
NEW YORK	4	
PENNSYLVANIA	4	
VERMONT	4	
WEST VIRGINIA	4	36.5
ARIZONA	3	
COLORADO	3	
KENTUCKY	3	
NEVADA	3	
CONNECTICUT	2	41.5
DISTRICT OF COLUMBIA	2	
GEORGIA	2	
OKLAHOMA	2	
RHODE ISLAND	2	
WYOMING	2	
KANSAS	1	46.5
NEBRASKA	1	
NEW JERSEY	1	
TENNESSEE	1	
IDAHO	0	50
INDIANA	0	
UTAH	0	
Total instances of variables rated '4' for all child care types.	289	
* Where two or more states had the same number of variables fully meeting the standard (center column), an average rank was computed and assigned to those states.		

Table 2* shows how each state ranked on the criterion of fully meeting the standards for each of three child care types (centers, large/group family, and small family). States that regulate only one or two types of child care do not meet the criterion for comprehensive regulation of all types of care.

The instances of variables being uniformly addressed across child care types in states are few but are improving. Whereas in 2010 and 2011, only four states had ratings = 4 for more than 20% of variables for all child care types (the starred states in Figure 3), there are seven in 2012 (Mississippi, Delaware, Florida, South Dakota, North Carolina, Alaska, and North Dakota).

*Table 2 corrected on 8-13-13 for data transposition error affecting Alabama and Utah.

The second ranking method, the *3-4 High Score*, identifies states that at least partially address obesity prevention (i.e., that earn either a '3' or a '4') in at least one, but not necessarily all three child care types (including states that do not regulate all three care types). In this method, for each variable, a state's ratings for all child care types regulated (varying from one to three types) are examined. The highest score among the care types regulated by the state is the high score for that variable.

If that value is either a '3' or a '4', the state receives credit for at least partially addressing the variable. The maximum total score a state could achieve for this method is 47,

**In 2010 and 2011, only four states had ratings = 4
for more than 20% of variables for
all child care types.**

attained by having at least one care type earn a rating of either a '3' or '4' for each of the 47 ASHW variables.

Table 3 ranks the states on their 3-4 High Scores, that is, on the number of variables for which their rules have some positive impact upon obesity prevention. In 2012, Arizona and Delaware led the nation, followed closely by Washington, Mississippi and Virginia, all of which addressed

at least 70% of ASHW variables to some extent (a score of '3' or '4') in at least one type of child care. In 2012, 34 states had 3-4 High Scores for more than half of the ASHW variables (a minimum of 24 variables). This is one more state than in 2011, with the 2012 addition of Connecticut. Appendix H shows the 3-4 High Score report for all 50 states and the District of Columbia.

Table 3. States with Frequent Obesity Prevention Language*

3-4 High Score Across All Variables (n=47 variables)					
State	Number Variables Fully Meet Standard (High Rating = 4)	Number Variables Partially Meet Standard (High Rating = 3)	Sum of 3 & 4 Ratings	Rank	Percent of Variables with High Scores at Least Partially Meeting Standards
ARIZONA	17	19	36	1.5	77%
DELAWARE	18	18	36		
WASHINGTON	14	21	35	3	74%
MISSISSIPPI	15	19	34	4.5	72%
VIRGINIA	14	20	34		
COLORADO	11	21	32	6.5	68%
WEST VIRGINIA	12	20	32		
ARKANSAS	10	21	31	9	66%
ILLINOIS	12	19	31		
RHODE ISLAND	11	20	31		
ALASKA	10	20	30	12.5	64%
NORTH CAROLINA	12	18	30		
OREGON	7	23	30		
WISCONSIN	10	20	30		
FLORIDA	14	15	29	17	62%
GEORGIA	9	20	29		
MASSACHUSETTS	8	21	29		
MICHIGAN	9	20	29		
NEW MEXICO	9	20	29		
ALABAMA	10	18	28	21	60%
MARYLAND	10	18	28		
NORTH DAKOTA	10	18	28		
IOWA	8	19	27	24.5	57%
MINNESOTA	7	20	27		
SOUTH CAROLINA	7	20	27		
TENNESSEE	9	18	27		
CALIFORNIA	9	17	26		
HAWAII	9	17	26	29	55%
MONTANA	8	18	26		
OHIO	9	17	26		
UTAH	7	19	26		
LOUISIANA	8	17	25	32.5	53%
TEXAS	8	17	25		
CONNECTICUT	8	16	24	34	51%

* Number of variables across child care types in each state receiving highest scores of fully meeting standard (rating = 4) and/or partially meeting standard (rating = 3). The percentages were calculated by dividing the sum of 3 & 4 ratings by 47, the number of variables.

**Where two or more states had the same sum of 3 & 4 ratings (center column), an average rank was computed and assigned to those states.

The following tables, Tables 4 – 6, report the states with the best (greatest number of) 3-4 High Scores for variables in each of the three major topic areas: Infant Feeding, Nutrition, and Physical Activity/Screen Time. In addition to state changes in 2012, the effects of the CACFP improvements were detected in the upward movement of some states in the domain of Nutrition. (Refer to Appendix H for the

complete rankings for all states in all three topic areas.)

Infant Feeding

Infant Feeding includes 11 variables. As shown in Table 4, Delaware continued in 2012 to maintain the highest rank, with ratings of ‘3’ or ‘4’ for at least one care type in 10 (91%) of the 11 Infant Feeding variables. In 2011, four states ranked in the second tier, with nine of 11 variables rated ‘3’ or ‘4’ in at least one child care type. That number rose to six

states in 2012, as Washington and Colorado rules were strengthened. In addition, 18 states comprised the third tier, addressing 73% of Infant Feeding variables at least partially, with Iowa’s entry into this tier in 2012. A total of 34 states (including those below), achieved 3-4 High Scores for more than 50% of the Infant Feeding variables. Two states had no rules that positively addressed obesity prevention in Infant Feeding. (See Appendix H for details.)

Table 4. States with Frequent Obesity Prevention Language in Infant Feeding*

3-4 High Score for Infant Feeding Variables (n=11 variables)					
State	Number Variables Fully Meet Standard (High Rating = 4)	Number Variables Partially Meet Standard (High Rating = 3)	Sum of 3 & 4 Ratings	Rank*	Percent of Variables with High Scores at Least Partially Meeting Standards
DELAWARE	6	4	10	1	91%
ARIZONA	6	3	9	4.5	82%
COLORADO	4	5	9		
MASSACHUSETTS	3	6	9		
MICHIGAN	4	5	9		
MISSISSIPPI	4	5	9		
WASHINGTON	6	3	9		
ALABAMA	3	5	8		
ALASKA	2	6	8		
CALIFORNIA	3	5	8		
GEORGIA	3	5	8		
HAWAII	3	5	8		
IOWA	3	5	8		
MARYLAND	3	5	8		
MONTANA	2	6	8		
NEW MEXICO	2	6	8		
NORTH CAROLINA	3	5	8		
NORTH DAKOTA	4	4	8		
OHIO	3	5	8		
OREGON	2	6	8		
RHODE ISLAND	2	6	8		
SOUTH CAROLINA	2	6	8		
UTAH	2	6	8		
VIRGINIA	4	4	8		
WISCONSIN	2	6	8		

*Where two or more states had the same sum of 3 & 4 ratings (center column), an average rank was computed and assigned to those states.

Fast Facts

Delaware remained ranked first in Infant Feeding, with Arizona, Massachusetts, Michigan, and Mississippi retaining very high (second tier) ranking. In 2012, Colorado and Washington improved regulations sufficiently to be included in the second tier, in which more than 80% of Infant Feeding variables were partially or fully addressed.

Nutrition

There are 21 variables in the topic area of Nutrition. Arizona was joined in the top ranking by West Virginia in 2012, a result of CACFP changes. In 2011, seven states had 3-4 High Scores for at least 75% of the Nutrition variables, whereas 12 states exceeded the 75% level in 2012, as shown in Table 5. This was a consequence of five new states rising into the third tier (rank of 8.5) to join Florida, Rhode Island, and South Dakota.

Arizona remained in the top tier and was joined in 2012 by West Virginia, with Illinois and Mississippi remaining alone in the second tier. Colorado, Delaware, Oregon, Virginia, and Washington all experienced improved ratings.

A total of 38 states (including the 12 below), achieved greater than 50% 3-4 High Scores in 2012. Changes made in 2012 by Colorado and Washington accounted for their upward movement, in conjunction with the

CACFP improvements that also affected other states. Two states had no regulatory language that promotes best practices in nutrition. (See Appendix H for details.)

Table 5. States with Frequent Obesity Prevention Language in Nutrition

3-4 High Score for Nutrition Variables (n=11 variables)					
State	Number Variables Fully Meet Standard (High Rating = 4)	Number Variables Partially Meet Standard (High Rating = 3)	Sum of 3 & 4 Ratings	Rank*	Percent of Variables with High Scores at Least Partially Meeting Standards
ARIZONA	8	10	18	1.5	86%
WEST VIRGINIA	7	11	18		
ILLINOIS	8	9	17	3.5	81%
MISSISSIPPI	9	8	17		
COLORADO	6	10	16	8.5	76%
DELAWARE	6	10	16		
FLORIDA	11	5	16		
OREGON	4	12	16		
RHODE ISLAND	7	9	16		
SOUTH DAKOTA	11	5	16		
VIRGINIA	5	11	16		
WASHINGTON	4	12	16		
*Where two or more states had the same sum of 3 & 4 ratings (center column), an average rank was computed and assigned to those states.					

Fast Facts

Arizona remained in the top tier and was joined in 2012 by West Virginia, with Illinois and Mississippi remaining alone in the second tier. Colorado, Delaware, Oregon, Virginia, and Washington all experienced improved ratings, as regulations in those states at least partially addressed more than 75% of Nutrition variables.

Physical Activity/Screen Time

As seen in Table 6, Physical Activity/Screen Time, with 15 variables, remained the least well-addressed topic area. The highest ranking states in 2011, Arkansas, Delaware, and Virginia, were joined in 2012 by Washington. Compared to the other two major content areas, the best regulations in the nation, those of these four states, addressed Physical Activity/Screen Time, partially or fully, for only two-thirds of the variables.

Washington and North Carolina, improved their child care regulations in 2012 such that they addressed more than half of the Physical Activity/Screen Time variables.

In the 2012 data for Infant Feeding and Nutrition, for which 34 and 38 states respectively achieved 3-4 High Scores for more than 70% of the variables. In contrast, only 15 states exceeded the 50% level for Physical Activity/Screen

Time variables. In addition to Washington's upward movement in 2012, North Carolina's improvements raised that state above the 50% level in this content area. (See Appendix H for details.)

Table 6. States with Frequent Obesity Prevention Language in Physical Activity/Screen Time

3-4 High Score for Physical Activity/Screen Time Variables (n=15 variables)					
State	Number Variables Fully Meet Standard (High Rating = 4)	Number Variables Partially Meet Standard (High Rating = 3)	Sum of 3 & 4 Ratings	Rank*	Percent of Variables with High Scores at Least Partially Meeting Standards
ARKANSAS	4	6	10	2.5	67%
DELAWARE	6	4	10		
VIRGINIA	5	5	10		
WASHINGTON	4	6	10		
ALASKA	4	5	9	8	60%
ARIZONA	3	6	9		
ILLINOIS	2	7	9		
INDIANA	3	6	9		
TENNESSEE	2	7	9		
TEXAS	3	6	9		
VERMONT	3	6	9		
MISSISSIPPI	2	6	8		
NEW JERSEY	1	7	8	13.5	53%
NORTH CAROLINA	4	4	8		
WISCONSIN	3	5	8		

*Where two or more states had the same sum of 3 & 4 ratings (center column), an average rank was computed and assigned to those states.

Fast Fact

Two states, Washington and North Carolina, improved their child care regulations in 2012 by addressing more than half of the Physical Activity/Screen Time variables.

Variable-Level Analysis

Variable-level analysis identifies individual best practices that were well-represented in child care regulations versus those that were addressed rarely or in a manner contrary to the intent of the PCO2/CFOC3 Healthy Weight standards. Tables 7-9 reveal variables on which half of the states did or did not address the PCO2/CFOC3 Healthy Weight standards expressed in ASHW variables. That is, Tables 7-9 list those variables for which at least half the states: in Table 7, solidly addressed the variable (received a rating

of '4'); in Table 8, partially addressed the variable (received a rating of '3' as their highest rating); and in Table 9, did not address the variable at all (received a rating of '2' as their highest rating). Table 10 lists all variables that received any rating = '1' (where any regulations contradict the content of the standard). Table 7 shows the seven variables that were best addressed in 2012. That is, at least half of the states had ratings = 4 for at least one care type. Variable PA1: *adequate space for play* is unique, as the only Physical

Activity/Screen Time variable on the list, as well as the only variable fully addressed consistently across all states. This is attributable to the building codes in each state that require adequate space per occupant in child care facilities. States' requirements for adherence to CACFP Meal Patterns were largely responsible for the high scores of the other five variables in this table. The two new CACFP program requirements were responsible for the addition of variables ND1 and NA5 on this list.

Table 7. Variables in Which Standards Were Fully Met by More than Half the States

Highest Ratings in Any Child Care Type = 4, Fully Met Standards		
Variable	Description	Number of States
PA1	Space for active play	51
ND1	Make water available	42
NF1	Appropriate servings	41
IB1	Feed infants on cue	40
NC1	100% juice	39
NA5	Low fat milk > 2 y/o	34
IA2	No cow's milk < 1yr	31

Fast Facts

ND1: *Make water available throughout the day both indoors and outside*, and NA5: *Serve skim or 1% pasteurized milk to children 2 years of age and older*, were newly identified among the most frequently, fully addressed variables, due to new CACFP program requirements.

Table 8 shows the 18 variables that received a rating of '3' (partially met the standard) in at least half of the states. These variables are components of Healthy Weight standards that are

addressed, but incompletely, by the states. Often regulations in this area approximate the desired terminology, but either some ambiguity, missing element or concurrent contradiction,

accounted for a lowered rating. There were 17 such variables in 2011. NB3, *serve a variety of whole fruits*, was added to the list in 2012.

Table 8. Variables in which Standards Were Partially Met by More than Half the States

Highest Ratings in Any Child Care Type = 3, Partially Met Standards		
Variable	Description	Number of States
PC1	Outdoor play occasions	44
NA2	Low fat meat/proteins	40
PC3	Preschool play time	39
PC2	Toddler play time	38
IC1	Plan solid introduction	37
NA3	Low fat milk equivalents	37
NF2	Healthy seconds	37
NB2	Variety of vegetables	36
NC4	Juice 8-12 oz. 7+ y/o	36
NH2	Food no reward/punish	36
NC3	Juice 4-6 oz. 1-6 y/o	35
IB3	Hold infant to feed	34
NB1	Whole grains	34
IC2	Intro solids @ 4-6 mo	33
IC3	Iron-Fort @ 4-6 mo	33
NB3	Variety of whole fruit	32
NH1	Food no force/bribe	31
IB2	Stop feed @ satiety	28

Fast Fact

States' new and revised child care regulations were strengthened in 2012 such that serving a variety of fruit (NB3) emerged among the variables at least partially addressed by more than half the states.

Table 9 shows the variables that were least often addressed nationwide (rating = 2). In Table 9, a position at the top is not desirable. In 2011, there were 17 such variables. In 2012, the number reduced to 16, as many states received ratings = 4 for the ASHW

variable NA5: *Serve skim or 1% pasteurized milk to children 2 years of age and older*, as result of CACFP changes.

It remained unchanged that nine of the least addressed variables are in the topic area

of Physical Activity/Screen Time (designated by the letter 'P' in the variable code). One variable, PB4, which prohibits *TV viewing while eating*, remained unaddressed nationwide.

Table 9. Variables in Which No Relevant Content Was Found in More than Half the States

Highest Ratings in Any Child Care Type = 2, No Related Content		
Variable	Description	Number of States
PB4	No TV w/meals	51
PA2	Training on activities	49
PA4	Play with children	48
NE2	Eat with children	47
ID1	Don't mix formula	45
NA1	Limit oils/fats	45
NC2	Juice only @ meals	45
NG1	Limit salt	45
PA3	Write activity policies	45
NE1	Teach portion sizes	43
PB3	Screen time purpose	42
PE1	Tummy time often	42
PD1	Structured play	40
NA4	Whole milk 1-2 y/o	38
PB2	Screen time 30 min/wk	27
PE2	Limit time infant equip.	26

Fast Facts

Physical Activity/Screen Time remained the least often addressed domain with 9 variables that were not or rarely addressed in child care regulations. A change to CACFP program requirements vaulted NA5: *Serve skim or 1% pasteurized milk to children 2 years of age and older* from the one of the least to one of the most addressed variables in the 2012 dataset.

As in Table 9, a top slot in Table 10 is equally undesirable. Table 10 shows all variables that were contradicted in any state's regulation. For most of the

12 variables listed, the instances of contradiction are few (5 or less). However, the top three variables, ID2, ID3, and NG2, are commonly contradicted, with

occurrences for at least one care type in more than half of the states. For example, ID2: *serve whole fruits, mashed or pureed, for infants 7 months up to 1 year of age* (ID2) is

commonly contradicted, often in regulations that specify an age earlier than 7 months, or by default to CACFP Meal Patterns, which allow serving fruit to infants

at 4 months of age. As explained in 2011, “Paradoxically, states that generally had stronger regulations were also most likely those that had

occasional scores of ‘1.’ That is to say, doing something results in more contradictory language than doing nothing.”

Table 10. Variables in Which Standards Were Contradicted in Any States

Any Ratings in Any Child Care Type = 1, Contradicted the Standards		
Variable	Description	Number of States
ID2	Whole fruit 7 m-1 yr	33
ID3	No juice < 12 mo	32
NG2	Avoid sugary foods	27
NF2	Healthy seconds	5
IA2	No cow’s milk < 1yr	2
PE2	Limit time infant equip.	2
IB1	Feed infants on cue	1
IB3	Hold infant to feed	1
IC2	Intro solids @ 4-6 mo	1
NA3	Low fat milk equivalents	1
NA5	Low fat milk > 2 y/o	2
NC1	100% juice	1

Fast Fact

Since the first ASHW report of 2010, CACFP adherence occasionally contributes to states receiving ratings of ‘1’, that is in a few instances the Meal Patterns (2010-2012) contradict the intent of PCO2/CFOC3 Healthy Weight standards.

Figure 4, on the following page, complements the preceding tables by graphically depicting the treatment of all variables in child care licensing regulations across the nation in 2012. Variables are presented in rank order by their mean ratings, across all child care types and

states. Individual rows are color coded to show the distribution of rating scores ‘1’-‘4’ for each variable.

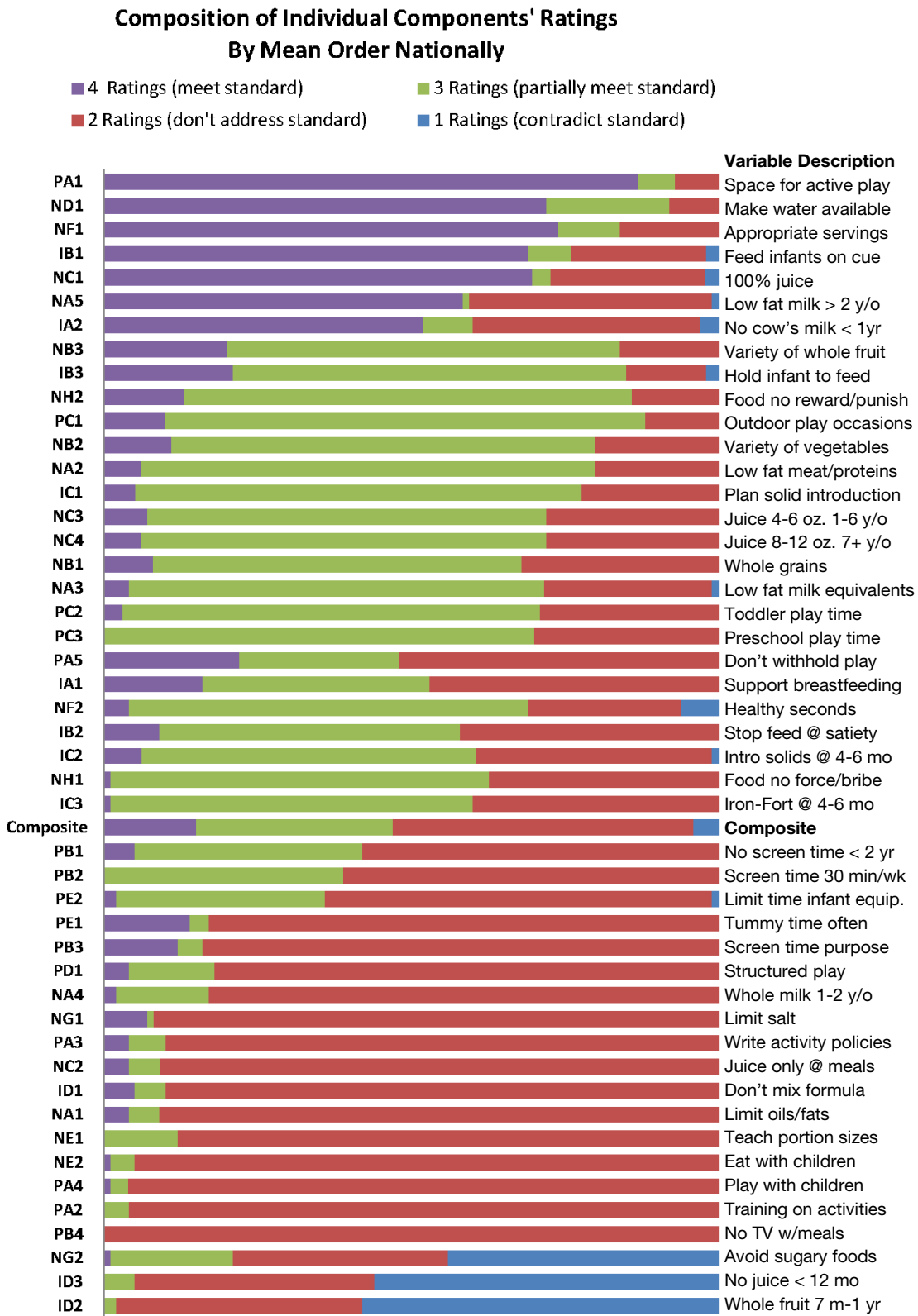
In 2012, the predominant single color remains red (representing ratings = 2), which signifies the extent to which the ASHW variables, as

key components of the PCO2/CFOC3 Healthy Weight standards, fail to be addressed in child care regulations. Appendix I presents more detail on the treatment of individual variables in states’ regulations.

Fast Fact

The most notable difference in treatment of individual variables in the 2012 national dataset is the re-positioning of ND1 and NA5 within the top six variables compared to earlier findings, a direct consequence of the new CACFP program requirements.

Figure 4*. Individual Variables



*Figure 4 corrected on 9-18-13 for label transposition errors affecting PA5, IA1, NF2, IB2, PA3, ID1, PA4 and PA2.

This is the second update to the ASHW 2010 baseline assessment by the National Resource Center for Health and Safety in Child Care and Early Education. It presents the cumulative changes that accrued from state-specific text in 2012 new and revised child care licensing regulations of 12 states and from the systemic improvements attributable to two strengthened program requirements of the Child and Adult Care Food Program. Together these improvements discernibly moved the needle slightly forward in reinforcing child care as a factor in prevention of childhood obesity and development of healthy weight habits.

The power of systemic change is evident in the effect of the two CACFP changes reported in the 2012 update. Introduction of the two new CACFP program requirements resulted in more changed ratings in the national data set than did all the state-specific changes of the 12 states combined. When the entire set of CACFP Meal Patterns is revised (as is expected in

2014), those states that require adherence to the CACFP guidelines for some or all regulated care types should experience a substantial effect on their ratings for several ASHW infant feeding and nutrition variables. (Some aspects of the Meal Patterns already are at the ceiling of a rating = 4). Furthermore, the way that states refer child caregivers to the CACFP guidelines may also impact states' ratings. States that refer caregivers directly to the USDA FNS CACFP website ensure access to the up-to-date Meal Patterns. Those that reproduce the Meal Patterns in their own documents will need to assure that their version is up to date or that caregivers are required to ensure the recency of the reproduced material.

The majority of 2012 changes attributable to state-specific text in new or revised child care licensing regulations were improvements, but the total number was modest across the 12 states that made changes related to PCO2/CFOC3 F healthy weight practices. States that

currently are planning or are engaged in strategic efforts to incorporate PCO2/CFOC3 healthy weight practices in child care licensing regulations now may refer to the NRC's recent release of *Achieving a State of Healthy Weight Rating Scales: Supporting Obesity Prevention Language in Child Care Licensing Regulations*. The document presents the rating scales and guidance for each of the 47 ASHW variables, including the type of text that earns the ratings '1' to '4.' States particularly are encouraged to refer to the scales, as well as PCO2 and CFOC3, to support promulgation of rules related to Physical Activity and Screen Time. The data reported in this update reaffirm that content area remains the least addressed of the three domains of child care regulations examined, and disproportionately so. Regulations in this domain are essential to support a balanced approach to development of healthy weight and healthy life course outcomes.

- ¹ National Resource Center for Health and Safety in Child Care and Early Education, University of Colorado Denver. 2011. *Achieving a state of healthy weight: A national assessment of obesity prevention terminology in child care regulations 2010*. Aurora, CO.
- ² National Resource Center for Health and Safety in Child Care and Early Education. 2012. *Achieving a state of healthy weight: 2011 update*. Aurora, CO: University of Colorado Denver.
- ³ Accelerated standards-revision for creation of *Preventing Childhood Obesity in Child Care and Early Education Programs: Selected Standards from Caring for Our Children: National Health and Safety Performance Standards; Guidelines for Early Care and Education Programs*, 3rd Edition, was made possible by support of the U.S. Department of Health and Human Services, Health Resources and Services Administration, Maternal and Child Health Bureau and the Administration for Children and Families, Child Care Bureau (now Office of Child Care).
- ⁴ American Academy of Pediatrics, American Public Health Association, and National Resource Center for Health and Safety in Child Care and Early Education. 2012. *Preventing childhood obesity in early care and education: Selected standards from caring for our children: National health and safety performance standards; Guidelines for early care and education programs*, 3rd edition. http://nrckids.org/CFOC3/PDFVersion/preventing_obesity.pdf
- ⁵ American Academy of Pediatrics, American Public Health Association, National Resource Center for Health and Safety in Child Care and Early Education. 2011. *Caring for our children: National health and safety performance standards; Guidelines for early care and education programs*, 3rd edition. Elk Grove Village, IL: American Academy of Pediatrics; Washington, DC: American Public Health Association. Also available at <http://nrckids.org>.
- ⁶ Institute of Medicine (IOM). 2011. *Early childhood obesity prevention policies*. Washington, DC: The National Academies Press.
- ⁷ In addition to the 2012 NRC rating team, the NRC gratefully acknowledge the technical assistance of former research assistant Mitchell Johnson, BS, particularly in supporting accuracy of the NRC web site pages on states' child care licensing regulations.
- ⁸ The California document was dated 2011, although the regulations took effect in 2012.
- ⁹ In ASHW 2011, it was reported that a 2011 document from the state of Washington had been uncovered too late to include in the report. Further investigation revealed that the document actually was not made effective until 2012. The document, *Chapter 170-296A WAC: Licensed Family Home Child Care Standards*, was treated along with other 2012 documents in the current report.
- ¹⁰ See *Achieving a State of Healthy Weight Rating Scales* @ <http://nrckids.org/ASHW/index.html> to view the variables-specific scales and guidance for rating.
- ¹¹ MyPyramid did not address children under age two years.
- ¹² In PCO2, references to MyPyramid made in the first edition were replaced with references to MyPlate. MyPlate may be viewed at <http://www.choosemyplate.gov/>.
- ¹³ See the Dietary Guidelines for Americans, 2010 @ <http://www.cnpp.usda.gov/dietaryguidelines.htm>
- ¹⁴ In a few instances, in states that do not require all child care types to adhere to CACFP guidelines, the state's own text accounted for the change. In one case, new state text conflicted with the CACFP program requirement, resulting in a lower rating for a care type.

Appendix A. Frequently Used Acronyms

Appendix B. State Documents Searched: 2012

Appendix C. Sample Rating Scales

Appendix D. Source of ASHW Variables in PCO2/CFOC3 Standards

Appendix E. CACFP Rating Rules and Explanation

Appendix F. Individual State Data

Appendix G. Degree to Which States Address Variables: By State

Appendix H. Ranking of All States by All Variables and by Topic Areas

Appendix I. Degree to Which States Address Variables: By Variable

Appendix A. Frequently Used Acronyms

ASHW	<i>Achieving a State of Healthy Weight: A National Assessment of Obesity Prevention Terminology in Child Care Regulations 2010, 2011</i>
CACFP	Child and Adult Care Food Program, US Department of Agriculture, Food and Nutrition Service
CFOC2	<i>Caring for Our Children: National Health and Safety Performance Standards; Guidelines for Out-of-Home Child Care Programs, 2nd Edition</i>
CFOC3	<i>Caring for Our Children: National Health and Safety Performance Standards; Guidelines for Out-of-Home Child Care Programs, 3rd Edition</i>
DHHS	US Department of Health and Human Services
FNS	US Department of Agriculture Food and Nutrition Service
HRSA	Health Resources and Service Administration
MCHB	Maternal and Child Health Bureau
NRC	National Resource Center for Health and Safety in Child Care and Early Education
PCO(PCO2)	<i>Preventing Childhood Obesity in Early Care and Education Programs: Selected Standards from Caring for Our Children: National Health and Safety Performance Standards; Guidelines for Early Care and Education Programs, 3rd Edition</i>
USDA	US Department of Agriculture

Appendix B. State Documents Searched: 2012

Although the NRC makes extensive efforts to discover new and revised documents each year through website searches and calls to state child care licensing agencies, a new regulation may go undiscovered and unrated in the year it is made effective. In such a case, the document will be examined and rated as appropriate for inclusion in the ASHW report for year it is discovered. If state licensing personnel are aware of any such documents in their state's regulatory set, please inform the NRC at info@nrckids.org.

STATE	DOCUMENT TITLE	New Document	Revised Document		Child care types covered by document			New/revised pertinent content
		Date	Date	previous version	C	L	S	
CA	California							
rated	<u>Community Care Licensing Division Child Care Update - Winter/Spring 2011</u>	Winter/Spring 2011			X	X	X	X
CO	Colorado							
rated	<u>Rules Regulating Family Child Care Homes</u>	6/1/2012				X	X	X
rated	<u>Rules Regulating Child Care Centers (Less than 24 hrs)</u>	7/1/2012			X	X		X
	<u>General Rules for Child Care Facilities</u>		6/1/2012	8/7/2006	X	X	X	
FL	Florida							
rated	<u>2012 Florida Child Care Statutes Section 402</u>	2012			X	X	X	X
GA	Georgia							
	<u>Child Care Learning Centers</u>		1/1/2012	1/1/2010	X	X	X	
	<u>Group Day Care Homes</u>		1/1/2012	1/1/2010		X		
IA	Iowa							
rated	<u>Chapter 109: Child Care Centers</u>		5/1/2012	6/1/2010	X	X		X
KS	Kansas							
rated	<u>Regulations for Licensing Preschools and Child Care Centers</u>		2/3/2012	7/11/2008	X			X
rated	<u>Regulations for Licensing Day Care Homes and Group Day Care Homes</u>		2/3/2012	7/8/2011		X	X	X

STATE	DOCUMENT TITLE	New Document	Revised Document		Child care types covered by document			New/revised pertinent content
		Date	Date	previous version	C	L	S	
LA	Louisiana							
	<u>Class A Child Day Care Center</u>		1/1/2012	11/1/2003	X			
	<u>Class B Child Day Care Center</u>		1/1/2012	10/1/2000	X			
MD	Maryland							
rated	<u>COMAR 13A.18.- Large Family Child Care Homes</u>	2/6/2012				X		X
MT	Montana							
	<u>Licensing Requirements for Child Day Care Centers</u>		7/1/2012	9/1/2006	X			
	<u>Requirements for Registration of Family and Group Day Care Homes</u>		7/1/2012	9/1/2006		X	X	
NC	North Carolina							
rated	Chapter 110- Article 7		8/1/2012	7/1/2010	X	X	X	X
rated	Requirements for Family Child Care Homes		12/1/2012	9/1/2012		X	X	X
	<u>Chapter 9- Child Care Rules</u>		2/1/2012	8/1/2010	X	X	X	
NM	New Mexico							
rated	<u>Title 8 Social Services Chapter 16 Part 2- Child Care Centers, Before and After School Programs Family Child Care Homes and Other Early Care and Education Programs</u>		11/30/2012	6/1/2010	X	X	X	X
NV	Nevada							
rated	<u>Chapter 432A Services and Facilities for Care of Children</u>		8/1/2012	1/1/2010	X	X	X	X
TX	Texas							
rated	<u>Chapter 746: Minimum Standard Rules For Licensed Child-Care Centers (replacement pages)</u>		3/1/2012	3/1/2008	X	X	X	X
rated	<u>Chapter 747: Minimum Standard Rules for Registered and Licensed Child-Care Homes (replacement pages)</u>		3/1/2012	6/1/2008		X	X	X
UT	Utah							

STATE	DOCUMENT TITLE	New Document	Revised Document		Child care types covered by document			New/ revised pertinent content
		Date	Date	previous version	C	L	S	
	<u>R430-50 Residential Certificate Child Care Standards</u>		5/1/2012	2/1/2011			X	
	<u>R430-100 Child Care Centers</u>		5/2/2012	7/1/2099	X			
	<u>R430-90 Licensed Family Child Care</u>		5/3/2012	2/1/2011		X		
VA	Virginia							
	<u>Standards for Licensed Child Day Centers</u>		11/1/2012	3/6/2008	X			
WA	Washington							
	<u>Chapter 170-295 WAC Minimum requirements for child care centers</u>		4/17/2012	5/31/2008	X			
rated	<u>Chapter 170-296A Licensed family home child care standards</u>		5/8/2012	5/31/2008		X	X	X
WV	West Virginia							
	<u>Title 78, Series 18, Family Child Care Facility Licensing Requirements</u>		5/10/2012	7/1/2007		X		
	<u>Title 78, Series 19, Family Child Care Home Registration Requirements</u>		5/10/2012	7/1/2007			X	
WY	Wyoming							
	<u>Chapter 1- Administrative Rules</u>		4/1/2012	9/1/2008	X	X	X	
	<u>Chapter 2- Administrative Rules</u>		4/1/2012	9/1/2008	X	X	X	
	<u>Chapter 3- Administrative Rules</u>		4/1/2012	9/1/2008	X	X	X	
	<u>Chapter 4- Administrative Rules</u>		4/1/2012	9/1/2008	X	X	X	
	<u>Chapter 5- Administrative Rules</u>		4/1/2012	9/1/2008	X	X	X	
	<u>Chapter 8- Administrative Rules</u>		4/1/2012	9/1/2008	X	X	X	
	<u>Chapter 9- Administrative Rules</u>		4/1/2012	9/1/2008	X	X	X	

STATE	DOCUMENT TITLE	New Document	Revised Document		Child care types covered by document			New/revised pertinent content
		Date	Date	previous version	C	L	S	
rated	<u>Chapter 6 Administrative Rules for Certification of Child Care facilities Rules relating specifically to Family Child Care Homes</u>		4/1/2012	9/1/2008	X	X	X	X
rated	<u>Chapter 7 Administrative Rules for Certification of Child Care facilities Rules relating specifically to Family Child Care Centers</u>		4/1/2012	9/1/2008	X	X	X	X

Appendix C. Sample Rating Scales

Figure A. Sample Rating Scale for an Uncomplicated Study Variable

(From the Physical Activity/Screen Time Topic Area) Develop written policies on the promotion of physical activity and the removal of potential barriers to physical activity participation.

Assign ratings as follows for state rules that:

1 =Contradict the standard component

2 =Do not mention policies on promotion of physical activity or on removal of barriers to activity (Raters: Both promotion and removal of barriers are absent.)

3 =State one of the following (but not both):

-Require/recommend policies on the promotion of physical activity

OR

-Require/recommend policies on removal of potential barriers to physical activity participation

4 = State both of the following:

-Require/recommend written policies on the promotion of physical activity

AND

-Require/recommend written policies on removal of potential barriers to physical activity participation

Figure B. Sample Rating Scale for a Complicated Study Variable with Additional Rating Rules

(From the Infant Feeding Topic Area) Serve human milk or infant formula to at least age 12 months, not cow's milk, unless written exception is provided by primary care provider and parent/guardian.

Assign ratings as follows for state rules that:

1 =Permit cow's milk for infants under 12 months (explicitly), without primary care provider and parent/guardian written exception

2 =Do not mention prohibiting cow's milk nor serving only human milk or infant formula for infants less than 12 months of age

3 =State one or both of the following with some limitation/contradictory statement in either or both (other than written exception by primary care provider and parent/guardian):

-Prohibit cow's milk until at least 12 months of age

-Require/recommend human milk and/or formula for infants until at least 12 months of age

4 =State one or both of the following:

-Prohibit cow's milk until at least 12 months of age, unless written exception by primary care provider and parent/guardian

AND/OR

-Require human milk or formula for infants until at least 12 months of age

NOTE: If a state refers to CACFP* without additional pertinent text, the rating = 4 because the Meal Plan requires human milk or formula for children under the age of 12 months.

* **CACFP** refers to the Meal Patterns of the U.S. Department of Agriculture Food and Nutrition Service Child and Adult Care Food Program. Many states require adherence to the Meal Patterns. CFOC and PCO include standards that refer to these requirements/recommendations, as well. The CACFP Meal Patterns were scored on the study variables to inform ratings of states that require them.

Appendix D. Source of ASHW Variables in PCO2/CFOC3 Standards

The following table displays the source standards in PCO2 and CFOC3 from which the ASHW study variables were derived. The link to the NRC's searchable CFOC3 data base (<http://cfoc.nrckids.org/index.cfm>) enables viewing the complete standard(s), rationale, references and related standards for each study variable. The page numbers of source standards in the print copies of PCO2 and CFOC3 also are provided.

Multiple source variables. The concepts captured in some ASHW variables are present in different contexts in more than one PCO2/CFOC3 standard. For example, the Infant Feeding variable IB2: do not feed beyond satiety, is a core concept that is addressed slightly differently in two standards: Standard 4.3.1.2 - Feeding Infants on Cue by a Consistent Caregiver/Teacher ("observing satiety cues can limit overfeeding") and Standard 4.3.1.8 - Techniques for Bottle Feeding ("Allow infant to stop the feeding"). The table below identifies those ASHW variables that were informed by more than one standard, including the numbers and names of the standards.

Supplementary components. The ASHW 2010 baseline report described the empirical process by which high impact variables were identified in the expert workgroup convened in the NRC 2010 Healthy Weight Meeting. When, as detailed in ASHW 2010, selection criteria were applied to data generated by the workgroup, a few gaps in representation of age ranges and constructs emerged. NRC staff addressed these gaps by adding supplementary components to create full coverage of all ages and parallel constructs across content areas (in general, supplementary components were quite close to the statistical cut-off point for variable selection). These supplementary components are identified in the table below where an ASHW variable number (listed in the first column in the table below) is followed by the symbol "❖." The rationale for addition of the supplementary component is also provided.

INFANT FEEDING

ASHW Variable #	ASHW Variable Text	2010 Healthy Weight Advisors High Impact Components (component #)	Source of Variable in CFOC3 Standards:	Print copy pg #	
				PCO2	CFOC3
IA1	Encourage and support breastfeeding and feeding of breast milk by making arrangements for mothers to feed their children comfortably on-site.	Encourage and support breastfeeding and feeding of breast milk by making arrangements for mothers to feed their children comfortably on-site (# 64)	4.3.1.1 - General Plan for Feeding Infants	26	162
IA2	Serve human milk or infant formula to at least age 12 months, not cow's milk, unless written exception is provided by primary care provider and parent/guardian.	Serve human milk or infant formula to at least age 12 months, not cow's milk, unless written exception is provided by primary care provider and parent/guardian (#15)	4.3.1.7 - Feeding Cow's Milk & 4.2.0.4 - Categories of Foods	39 & 18	169 & 155
IB1	Feed infants on cue.	Feed infants on cue (#68)	4.3.1.2 - Feeding Infants on Cue by a Consistent Caregiver/Teacher & 4.3.1.8 - Techniques for Bottle Feeding	27 & 33	164 & 170
IB2	Do not feed infants beyond satiety; Allow infant to stop the feeding.	Do not feed infants beyond satiety; & Allow infant to stop the feeding (#s70 & 101)	4.3.1.2 - Feeding Infants on Cue by a Consistent Caregiver/Teacher & 4.3.1.8 - Techniques for Bottle Feeding	27 & 33	164 & 170
IB3	Hold infants while bottle feeding; Position an infant for bottle feeding in the caregiver/teacher's arms or sitting up on the caregiver/teacher's lap.	Hold infants while bottle feeding; & Position an infant for bottle feeding in the caregiver/teacher's arms or sitting up on the caregiver/teacher's lap (#s100 & 101)	4.3.1.8 - Techniques for Bottle Feeding	33	170

INFANT FEEDING

ASHW Variable #	ASHW Variable Text	2010 Healthy Weight Advisors High Impact Components (component #)	Source of Variable in CFOC3 Standards:	Print copy pg #	
				PCO2	CFOC3
IC1	Develop a plan for introducing age-appropriate solid foods (complementary foods) in consultation with the child's parent/guardian and primary care provider.	Develop a plan for introducing age-appropriate solid foods (complementary foods) in consultation with the child's parent/guardian and primary care provider (#127)	4.3.1.11 - Introduction of Age-Appropriate Solid Foods to Infants	35	172
IC2	Introduce age-appropriate solid foods (128 a) no sooner than 4 months of age, and preferably around 6 months of age.	Introduce age-appropriate solid foods no sooner than 4 months of age, and preferably around 6 months of age, and as indicated by the individual child's nutritional and developmental needs in consultation with child's parent/guardian and primary care provider (#128)	4.3.1.11 - Introduction of Age-Appropriate Solid Foods to Infants	35	172
IC3	Introduce breastfed infants gradually to iron-fortified foods no sooner than four months of age, but preferably around six months to complement the human milk.	Introduce breastfed infants gradually to iron-fortified foods no sooner than four months of age, but preferably around six months to complement the human milk (#129)	4.3.1.11 - Introduction of Age-Appropriate Solid Foods to Infants	35	172
ID1	Do not feed an infant formula mixed with cereal, fruit juice or other foods unless the primary care provider provides written instruction.	Do not feed an infant formula mixed with cereal, fruit juice or other foods unless the primary care provider provides written instruction (#96)	4.3.1.5 - Preparing, Feeding, and Storing Infant Formula	31	167
ID2	Serve whole fruits, mashed or pureed, for infants 7 months up to one year of age.	Serve whole fruits, mashed or pureed, for infants 7 months up to one year of age (#11)	4.2.0.4 - Categories of Foods	18	155

INFANT FEEDING					
ASHW Variable #	ASHW Variable Text	2010 Healthy Weight Advisors High Impact Components (component #)	Source of Variable in CFOC3 Standards:	Print copy pg #	
				PCO2	CFOC3
ID3	Serve no fruit juice to children younger than 12 months of age.	Serve no fruit juice to children younger than 12 months of age (#12)	4.2.0.4 - Categories of Foods & 4.2.0.7 - 100% Fruit Juice	18 & 21	155 & 157

NUTRITION					
ASHW Variable #	ASHW Variable Text	2010 Healthy Weight Advisors High Impact Components (component #)	Source of Variable in CFOC3 Standards:	Print copy pg #	
				PCO2	CFOC3
NA1	Limit oils by choosing monounsaturated and polyunsaturated fats (such as olive oil or safflower oil) and avoiding trans fats, saturated fats and fried foods.	Limit oils by choosing monounsaturated and polyunsaturated fats (such as olive oil or safflower oil) and avoiding trans fats, saturated fats and fried foods. (#20)	4.2.0.4 - Categories of Foods	18	155
NA2	Serve meats and/or beans - chicken, fish, lean meat, and/or legumes (such as dried peas, beans), avoiding fried meats.	Serve meats and/or beans - chicken, fish, lean meat, and/or legumes (such as dried peas, beans), avoiding fried meats. (#19)	4.2.0.4 - Categories of Foods	18	155
NA3	Serve other milk equivalent products such as yogurt and cottage cheese, using low-fat varieties for children 2 years of age and older.	Serve other milk equivalent products such as yogurt and cottage cheese, using low-fat varieties for children 2 years of age and older. (#18)	4.2.0.4 - Categories of Foods	18	155
NA4	Serve whole pasteurized milk to twelve to twenty-four month old children who are not on human milk or prescribed formula, or serve reduced fat (2%) pasteurized milk to those who are at risk for hypercholesterolemia or obesity	Serve whole pasteurized milk to twelve to twenty-four month old children who are not on human milk or prescribed formula, or serve reduced fat (2%) pasteurized milk to those who are at risk for hypercholesterolemia or obesity. (#152)	4.3.2.3 - Encouraging Self-Feeding by Older Infants and Toddlers	39	175

NUTRITION					
ASHW Variable #	ASHW Variable Text	2010 Healthy Weight Advisors High Impact Components (component #)	Source of Variable in CFOC3 Standards:	Print copy pg #	
				PCO2	CFOC3
NA5	Serve skim or 1% pasteurized milk to children two years of age and older.	Serve skim or 1% pasteurized milk to children two years of age and older. (#153)	4.3.2.3 - Encouraging Self-Feeding by Older Infants and Toddlers	39	175
NB1	Serve whole grain breads, cereals, and pastas.	Serve whole grain breads, cereals, and pastas. (#8)	4.2.0.4 - Categories of Foods	18	155
NB2	Serve vegetables, specifically, dark green, orange, deep yellow vegetables; and root vegetables, such as potatoes and viandas.	Serve vegetables, specifically, dark green, orange, deep yellow vegetables; and root vegetables, such as potatoes and viandas. (#9)	4.2.0.4 - Categories of Foods	18	155
NB3	Serve fruits of several varieties, especially whole fruits.	Serve fruits of several varieties, especially whole fruits. (#10)	4.2.0.4 - Categories of Foods	18	155
NC1	Use only 100% juice with no added sweeteners.	Use only 100% juice with no added sweeteners, and offer only during meal times. (#39a)	4.2.0.7 - 100% Fruit Juice	21	157
NC2	Offer juice only during meal times.	Use only 100% juice with no added sweeteners; and offer only during meal times. (#39b)	4.2.0.7 - 100% Fruit Juice	21	157
NC3	Serve no more than 4 to 6 oz juice/day for children 1-6 years of age.	Serve no more than 4 to 6 oz juice/day for children 1-6 years of age. (#13)	4.2.0.4 - Categories of Foods & 4.2.0.7 - 100% Fruit Juice	17 & 21	155 & 157
NC4	Serve no more than 8 to 12 oz juice/day for children 7-12 years of age.	Serve no more than 8 to 12 oz juice/day for children 7-12 years of age. (#14)	4.2.0.4 - Categories of Foods & 4.2.0.7 - 100% Fruit Juice	18 & 21	155 & 157

NUTRITION					
ASHW Variable #	ASHW Variable Text	2010 Healthy Weight Advisors High Impact Components (component #)	Source of Variable in CFOC3 Standards:	Print copy pg #	
				PCO2	CFOC3
ND1 [♦]	Make water available both inside and outside.	Make water available inside and outside. (#34) Supplementary Component Rationale: Completed coverage of beverage content, given restrictions on juice and elimination of sweetened beverages, water is beverage of default (after infancy).	4.2.0.6 - Availability of Drinking Water	20	157
NE1	Teach children appropriate portion size by using plates, bowls and cups that are developmentally appropriate to their nutritional needs.	Teach children appropriate portion size by using plates, bowls and cups that are developmentally appropriate to their nutritional needs; & Teach children about appropriate portion sizes. (#s 147 & 205)	4.3.2.2 - Serving Size for Toddlers and Preschoolers & 4.7.0.1 - Nutrition Learning Experiences for Children	38 & 46	174 & 183
NE2	Require adults eating meals with children to eat items that meet nutrition standards.	Require adults eating meals with children to eat items that meet nutrition standards. (#163)	4.5.0.4 - Socialization During Meals	41	179
NF1	Serve small-sized, age-appropriate portions.	Serve small-sized, age-appropriate portions. (#144)	4.3.2.2 - Serving Size for Toddlers and Preschoolers	38	174
NF2 NF2	Permit children to have one or more additional servings of the nutritious foods that are low in fat, sugar, and sodium as needed to meet the caloric needs of the individual child; Teach children who require limited portions about portion size and monitor their portions.	Permit children to have one or more additional servings of the nutritious foods that are low in fat, sugar, and sodium as needed to meet the caloric needs of the individual child; & Teach children who require limited portions about portion size and monitor their portions. (#s 145 & 168)	4.3.2.2 - Serving Size for Toddlers and Preschoolers & 4.5.0.4 - Socialization During Meals	38 & 41	174 & 179

NUTRITION					
ASHW Variable #	ASHW Variable Text	2010 Healthy Weight Advisors High Impact Components (component #)	Source of Variable in CFOC3 Standards:	Print copy pg #	
				PCO2	CFOC3
NG1 ♦	Limit salt by avoiding salty foods such as chips and pretzels.	Limit salt by avoiding salty foods such as chips and pretzels. (#22) Supplementary Component Rationale: Completed Nutrition content--foods to limit/avoid	4.2.0.4 - Categories of Foods	18	155
NG2	Avoid sugar, including concentrated sweets such as candy, sodas, sweetened drinks, fruit nectars, and flavored milk.	Avoid sugar, including concentrated sweets such as candy, sodas, sweetened drinks, fruit nectars, and flavored milk. (#21)	4.2.0.4 - Categories of Foods	18	155
NH1	Do not force or bribe children to eat.	Do not force or bribe children to eat. (#183)	4.5.0.11 - Prohibited Uses of Food	43	182
NH2	Do not use food as a reward or punishment.	Do not use food as a reward or punishment. (#184)	4.5.0.11 - Prohibited Uses of Food	43	182

PHYSICAL ACTIVITY/SCREEN TIME					
ASHW Variable #	ASHW Variable Text	2010 Healthy Weight Advisors High Impact Components (component #)	Source of Variable in CFOC3 Standards:	Print copy pg #	
				PCO2	CFOC3
PA1	Provide children with adequate space for both inside and outside play.	Provide children with adequate space for both inside and outside play. (#237)	3.1.3.1 - Active Opportunities for Physical Activity	51	90
PA2	Provide orientation and annual training opportunities for caregivers/teachers to learn about age-appropriate gross motor activities and games that promote children's physical activity.	Provide orientation and annual training opportunities for caregivers/teachers to learn about age-appropriate gross motor activities and games that promote children's physical activity. (#256)	3.1.3.4 - Caregivers'/Teachers' Encouragement of Physical Activity	57	95

PHYSICAL ACTIVITY/SCREEN TIME					
ASHW Variable #	ASHW Variable Text	2010 Healthy Weight Advisors High Impact Components (component #)	Source of Variable in CFOC3 Standards:	Print copy pg #	
				PCO2	CFOC3
PA3	Develop written policies on the promotion of physical activity and the removal of potential barriers to physical activity participation.	Develop written policies on the promotion of physical activity and the removal of potential barriers to physical activity participation. (#258)	9.2.3.1 - Policies and Practices that Promote Physical Activity	58	353
PA4	Require caregivers/teachers to promote children’s active play, and participate in children’s active games at times when they can safely do so.	Require caregivers/teachers to promote children’s active play, and participate in children’s active games at times when they can safely do so. (#250)	3.1.3.4 - Caregivers'/Teachers' Encouragement of Physical Activity	57	95
PA5 [♦]	Do not withhold active play from children who misbehave, although out-of-control behavior may require five minutes or less calming periods to help the child settle down before resuming cooperative play or activities.	Do not withhold active play from children who misbehave, although out-of-control behavior may require five minutes or less calming periods to help the child settle down before resuming cooperative play or activities. (#233) Supplementary Component Rationale: Addresses prohibited uses of physical activity; theoretical equivalent of prohibited use of food.	3.1.3.1 - Active Opportunities for Physical Activity	51	90
PB1 [♦]	Do not utilize media (television [TV], video, and DVD) viewing and computers with children younger than two years.	Do not utilize media (television [TV], video, and DVD) viewing and computers with children younger than two years. (#269) Supplementary Component Rationale: Completed age range coverage	2.2.0.3 - Limiting Screen Time – Media, Computer Time	59	66

PHYSICAL ACTIVITY/SCREEN TIME					
ASHW Variable #	ASHW Variable Text	2010 Healthy Weight Advisors High Impact Components (component #)	Source of Variable in CFOC3 Standards:	Print copy pg #	
				PCO2	CFOC3
PB2	Limit total media time for children two years and older to not more than 30 minutes once a week; Limit screen time (TV, DVD, computer time).	Limit total media time for children two years and older to not more than 30 minutes once a week; Limit screen time (TV, DVD, computer time). (#s 270a & 257)	2.2.0.3 - Limiting Screen Time – Media, Computer Time & 3.1.3.4 - Caregivers'/Teachers' Encouragement of Physical Activity	59 & 57	66 & 95
PB3	Use screen media with children age two years and older only for educational purposes or physical activity.	Use [screen media] only for educational purposes or physical activity; Limit screen time) (#s 270 b & 257)	2.2.0.3 - Limiting Screen Time – Media, Computer Time	59	66
PB4	Do not utilize TV, video, or DVD viewing during meal or snack time.	Do not utilize TV, video, or DVD viewing during meal or snack time. (#271)	2.2.0.3 - Limiting Screen Time – Media, Computer Time	59	66
PC1	Provide daily for all children, birth to six years, two to three occasions of active play outdoors, weather permitting.	Provide daily for all children, birth to six years, two to three occasions of active play outdoors, weather permitting. (#221)	3.1.3.1 - Active Opportunities for Physical Activity	51	90
PC2	Allow toddlers sixty to ninety minutes per eight-hour day for vigorous physical activity.	Allow toddlers sixty to ninety minutes per eight-hour day for vigorous physical activity. (#226)	3.1.3.1 - Active Opportunities for Physical Activity	51	90
PC3	Allow preschoolers ninety to one-hundred and twenty minutes per eight-hour day for vigorous physical activity.	Allow preschoolers ninety to one-hundred and twenty minutes per eight-hour day for vigorous physical activity. (# 227)	3.1.3.1 - Active Opportunities for Physical Activity	52	90

PHYSICAL ACTIVITY/SCREEN TIME

ASHW Variable #	ASHW Variable Text	2010 Healthy Weight Advisors High Impact Components (component #)	Source of Variable in CFOC3 Standards:	Print copy pg #	
				PCO2	CFOC3
PD1	Provide daily for all children, birth to six years, two or more structured or caregiver/ teacher/ adult-led activities or games that promote movement over the course of the day—indoor or outdoor.	Provide daily for all children, birth to six years, two or more structured or caregiver/teacher/adult-led activities or games that promote movement over the course of the day—indoor or outdoor; & Require caregivers/teachers to lead structured activities to promote children’s activities two or more times per day. (#s 222 & 251; 222 entirely encompasses 251)	3.1.3.1 - Active Opportunities for Physical Activity & 3.1.3.4 - Caregivers'/Teachers' Encouragement of Physical Activity	51 & 57	90 & 95
PE1 ♦	Ensure that infants have supervised tummy time every day when they are awake.	Ensure that infants have supervised tummy time every day when they are awake. (#228) Supplementary Components Rationale: Completed Physical Activity coverage of age ranges (infants), with 235 (below)	3.1.3.1 - Active Opportunities for Physical Activity	51	90
PE2 ♦	Use infant equipment such as swings, stationary activity centers (ex. exersaucers), infant seats (ex. bouncers), molded seats, etc. only for short periods of time if at all.	Use infant equipment such as swings, stationary activity centers (ex. exersaucers), infant seats (ex. bouncers), molded seats, etc. only for short periods of time if at all. (#235) Supplementary Components Rationale: Completed Physical Activity coverage of age ranges (infants), with 228 (above)	3.1.3.1 - Active Opportunities for Physical Activity	51	90

Appendix E. CACFP Rating Rules and Explanation (NRC revised 2012)

This appendix includes:

- Table 1 - listing ASHW Nutrition and Infant Feeding variables and the associated CACFP ratings, as well as the explanation of the ratings;
- Table 2 - listing states that require some or all licensed child care types to adhere to CACFP guidelines (see end of table for My Pyramid note); and,
- Table 3 – listing states with changed ratings for 2011/12 for ASHW variables NA5 and ND1, associated with 2011 CACFP program requirements regarding milk and water, and/or state-specific text.

Table 1. Ratings of CACFP on ASHW Variables

Code	Variable Description	CACFP Rating	Explanation of CACFP Rating
Nutrition			
NA1	Limit oils by choosing monounsaturated and polyunsaturated fats (such as olive oil or safflower oil) and avoiding trans fats, saturated fats and fried foods.	2	The rating Oils and fats are not addressed in the CACFP Meal Pattern. The state receives this rating if they refer to CACFP without additional text.
NA2	Serve meats and/or beans - chicken, fish, lean meat, and/or legumes (such as dried peas, beans), avoiding fried meats.	3	Lean meats and/or beans are recommended in the CACFP Meal Pattern, but the avoidance of fried meats is not stated specifically. The state receives this rating if they refer to CACFP without additional or contradicting text.
NA3	Serve other milk equivalent products such as yogurt and cottage cheese , using low-fat varieties for children 2 years of age and older.	3	CACFP Meal Pattern does not specify recommended milk fat content. The state receives this rating if they refer to CACFP without additional or contradicting text pertinent to milk equivalents.
NA4	Serve whole pasteurized milk to twelve to twenty-four month old children who are not on human milk or prescribed formula, or serve reduced fat (2%) pasteurized milk to those who are at risk for hypercholesterolemia or obesity.	2	CACFP Meal Pattern does not specify recommended milk fat content for this age range. The state receives this rating if they refer to CACFP without additional text pertinent to fat content.
NA5	Serve skim or 1% pasteurized milk to children two years of age and older.	4	CACFP 2011 program requirements specifies serving skim or 1% pasteurized milk to children 2 years of age and older. The state receives this rating if they refer to CACFP without additional contradictory text.
NB1	Serve whole grain breads, cereals, and pastas.	3	CACFP Meal Pattern includes whole grain breads, but also allows choice of serving enriched grain products. They do not specify all or a percentage that must be whole grain. The state receives this rating if they refer to CACFP without additional or contradicting text.
NB2	Serve vegetables , specifically, dark green, orange, deep yellow vegetables, and root	3	CACFP recommends vegetables, but does not provide specification on variety and/or

Code	Variable Description	CACFP Rating	Explanation of CACFP Rating
	vegetables , such as potatoes and viandas.		type. The state receives this rating if they refer to CACFP without additional or contradicting text.
NB3	Serve fruits of several varieties, especially whole fruits .	3	CACFP recommends fruits, but does not provide specification on variety and/or wholeness. The state receives this rating if they refer to CACFP without additional or contradicting text.
NC1	Use only 100% juice with no added sweeteners (and NC2 (rated later) and offer only during meal time).	4	CACFP recommends full strength (that is, 100%) fruit juice. The state receives this rating if they refer to CACFP without additional or contradicting text.
NC2	(NC1 (rated above) Use only 100% juice with no added sweeteners”, and) offer only during meal times .	2	CACFP does not prohibit serving fruit juice at non-meal times. The state receives this rating if they refer to CACFP without additional text.
NC3	Serve no more than 4 to 6 oz juice/day for children 1-6 years of age.	3	CACFP sets limits per meal or snack, which may exceed CFOC daily limit over the course of a day. The state receives this rating if they refer to CACFP without additional or contradicting text.
NC4	Serve no more than 8 to 12 oz juice/day for children 7-12 years of age .	3	CACFP sets limits per meal or snack, which may exceed CFOC daily limit over the course of a day. The state receives this rating if they refer to CACFP without additional or contradicting text.
ND1	Make water available both inside and outside.	4	CACFP 2011 program requirements specify making water available throughout the day and upon request. Upon request is interpreted as covering all locations, indoors and outside. The state receives this rating if they refer to CACFP without additional, contradictory text.
NE1	Teach children about appropriate portion sizes ; AND, Teach children appropriate portion size by using plates, bowls and cups that are developmentally appropriate to their nutritional needs.	2	CACFP Meal Pattern does not address teaching, nor does it address tableware (except the term “cup” as a measure). The state receives this rating if they refer to CACFP without additional text pertinent to “teaching”.
NE2	Require adults eating meals with children to eat items that meet nutrition standards.	2	CACFP Meal Pattern does not mention adults eating meals with children. The state receives this rating if they refer to CACFP without additional text pertinent to adults eating with children.
NF1	Serve small-sized, age-appropriate portions .	4	CACFP recommends portion sizes based on age.

Code	Variable Description	CACFP Rating	Explanation of CACFP Rating
			The state receives this rating if they refer to CACFP without additional or contradicting text.
NF2	Permit children to have one or more additional servings of the nutritious foods that are low in fat, sugar, and sodium as needed to meet the caloric needs of the individual child ; AND, Teach children who require limited portions about portion size and monitor their portions. (Controlling Portions/Portion Size)	3	CACFP sets minimums for all children and allows additional portions for infants as needed and for older children (does not address limiting portions or individual caloric need overall). The state receives this rating if they refer to CACFP without additional or contradicting text.
NG1	Limit salt by avoiding salty foods such as chips and pretzels.	2	Salt content of foods is not addressed the CACFP Meal Pattern. The state receives this rating if they refer to CACFP without additional text pertinent to limiting salt.
NG2	Avoid sugar , including concentrated sweets such as candy, sodas, sweetened drinks, fruit nectars, and flavored milk.	1	CACFP Meal Pattern allows sweetened yogurt. The state receives this rating if they refer to CACFP without additional text pertinent to sugar and sweets.
NH1	Do not force or bribe children to eat.	2	CACFP Meal Pattern does not mention force or bribery related to eating. The state receives this rating if they refer to CACFP without additional text pertinent to forcing or bribing a child to eat.
NH2	Do not use food as a reward or punishment .	2	CACFP Meal Pattern does not mention using food as a reward or punishment. The state receives this rating if they refer to CACFP without additional text pertinent to using food as a punishment or reward.
Infant Feeding Components			
IA1	Encourage and support breastfeeding and feeding of breast milk by making arrangements for mothers to feed their children comfortably on-site.	3	“Breast milk” is recommended in the CACFP Meal Pattern, but arrangements for breastfeeding are not mentioned. The state receives this rating if they refer to CACFP without additional text or contradicting.
IA2	Serve human milk or infant formula to at least age 12 months , not cow’s milk, unless written exception is provided by primary care provider and parent/guardian .	4	CACFP Meal Plan requires human milk or formula for children under the age of 12 months. The state receives this rating if they refer to CACFP without additional or contradicting text.
IB1	Feed infants on cue .	4	CACFP Meal Pattern includes language that implies responsiveness to infant cues. ¹ The state receives this rating if they refer to

¹ **From CACFP Meal Pattern Infant charts:** “For some breastfed infants who regularly consume less than the minimum amount of breastmilk per feeding, a serving of less than the minimum amount of breastmilk may be offered, with additional breastmilk offered if the infant is still hungry.”

Code	Variable Description	CACFP Rating	Explanation of CACFP Rating
			CACFP without additional or contradicting text.
IB2	Do not feed infants beyond satiety; AND, Allow infant to stop the feeding.	3	CACFP Meal Pattern includes language that implies responsiveness to infant cues to stop feeding, but only addresses some infants eating breastmilk. ² The state receives this rating if they refer to CACFP without additional or contradicting text.
IB3	Hold infants while bottle feeding, AND, Position an infant for bottle feeding in the caregiver/teacher's arms or sitting up on the caregiver/teacher's lap.	2	CACFP Meal Pattern does not mention bottle feeding positions. The state receives this rating if they refer to CACFP without additional text.
IC1	Develop a plan for introducing age-appropriate solid foods (complementary foods) in consultation with the child's parent/guardian and primary care provider.	3	CACFP Meal Pattern constitutes a plan for introduction and includes the language regarding developmental readiness for solid foods. The state receives this rating if they refer to CACFP without additional or contradicting text.
IC2	Introduce age-appropriate solid foods no sooner than 4 months of age, and preferably around 6 months of age.	3	CACFP Meal Pattern allows for the introduction of solid foods between the ages of 4-7 months. The state receives this rating if they refer to CACFP without additional or contradicting text.
IC3	Introduce breastfed infants gradually to iron-fortified foods no sooner than four months of age, but preferably around six months to complement the human milk.	3	CACFP Meal Pattern allows for the introduction of iron-fortified foods between the ages of 4-7 months. The state receives this rating if they refer to CACFP without additional or contradicting text.
ID1	Do not feed an infant formula mixed with cereal, fruit juice or other foods unless the primary care provider provides written instruction.	2	CACFP Meal Plan lists human milk or formula and cereal as meal and snack components for infant ages 4 months up, but does not specify the means of preparation of cereal or formula (i.e., no "mixing" or "combining" language). The state receives this rating if they refer to CACFP without additional text.
ID2	Serve whole fruits, mashed or pureed , for infants 7 months up to one year of age.	1	CACFP Meal Pattern allows fruit to be served at the age of 4-7 months, "when the infant is developmentally ready to accept it." The state receives this rating if they refer to CACFP without additional text.
ID3	Serve no fruit juice to children younger than 12 months of age.	1	CACFP Meal Pattern allows for the serving of fruit juice at ages 8-11 months.

² **From CACFP Meal Pattern Infant charts:** "For some breastfed infants who regularly consume less than the minimum amount of breastmilk per feeding, a serving of less than the minimum amount of breastmilk may be offered, with additional breastmilk offered if the infant is still hungry."

Code	Variable Description	CACFP Rating	Explanation of CACFP Rating
			The state receives this rating if they refer to CACFP without additional text.

Table 2. States that Require Adherence to CACFP Guidelines

CACFP Required			CACFP is Optional
Alabama	Maryland	Ohio	Kentucky
Alaska	Massachusetts	Oregon	New York
Arizona*	Maine	Rhode	Tennessee
California*	Michigan	Island*	Texas
Colorado*	Minnesota	South	
Connecticut*	Mississippi	Carolina	
Delaware	Montana	Utah*	
Georgia*	Nebraska*	Virginia	
Hawaii	New Mexico	Washington*	
Iowa	North Dakota*	West	
Louisiana	North Carolina	Virginia**	
		Wisconsin*	

* States that do not require CACFP for all care types.

** West Virginia does not require CACFP guidelines for infant feeding in all documents.

MyPyramid Notes:

States that Required My Pyramid in 2010: Florida and South Dakota

MyPyramid was phased out in mid 2011. It was replaced by Choose MyPlate. There is no PCO2/CFOC3 standard requiring adherence to MyPlate and it is not scored for the ASHW assessments.

Table 3. States with Changed NA5 and ND1 Ratings: 2011/12

This table is split into two parts to show states making changes in each of the two variables affected by CACFP changes in 2011 or state document changes in 2012. States are not shown in this table if they previously had text for which they received a rating of 4 for these two variables in 2010 or 2011. A state name highlighted in blue indicates the state does not uniformly require CACFP for all child care types. A rating highlighted in yellow indicates the rating change was due to text in a state's document rather than their reference to CACFP. Pink boxes with 'X' in them indicate the pattern of changed ratings for the state.

States which received rating changes for variable NA5: Serve lowfat milk to children > 2 years old.							
State	2010 Ratings			2011/12 Ratings			Changes
	Centers	Lg. Family	Sm. Family	Centers	Lg. Family	Sm. Family	
ALABAMA	2	2	2	4	4	4	X X X
ALASKA	2	2	2	4	4	4	X X X
CALIFORNIA	2			4	4	4	X X X
COLORADO	2	2	2	2	4	4	X X
CONNECTICUT	2	2	2	4	4	2	X X
DELAWARE	2	2	2	4	4	4	X X X
GEORGIA	2	2	2	4	4	2	X X
HAWAII	2	2	2	4	4	4	X X X
IOWA	2	2	2	4	4	4	X X X
KANSAS	2	2	2	2	4	4	X X
LOUISIANA	2			4			X
MAINE	2	2	2	4	4	4	X X X
MARYLAND	2	2	2	4	4	4	X X X
MASSACHUSETTS	2	2	2	4	4	4	X X X
MICHIGAN	2	2	2	4	4	4	X X X
MINNESOTA	2	2	2	4	4	4	X X X
MONTANA	2	2	2	4	4	4	X X X
NEBRASKA	2	2	2	4	2	2	X
NEW MEXICO	3	3	3	4	4	4	X X X
NORTH CAROLINA	2	2	2	4	4	4	X X X
NORTH DAKOTA	2	2	2	4	4	4	X X X
OHIO	2	2	2	4	4	4	X X X
OREGON	2	2	2	4	4	4	X X X
RHODE ISLAND	2	3	3	2	4	4	X X
SOUTH CAROLINA	2	2		4	4		X X
UTAH	2	2	2	4	4	2	X X
VIRGINIA	2			4	4	4	X X X
WASHINGTON	2	2	2	1	4	4	x X X
WEST VIRGINIA	2	2	2	4	3	4	X X X
WISCONSIN	2	2	2	2	4	4	X X

States which received rating changes for variable ND1: Make water available.									
State	2010 Ratings			2011/12 Ratings			Changes		
	Centers	Lg. Family	Sm. Family	Centers	Lg. Family	Sm. Family			
ALABAMA	3	2	2	4	4	4	X	X	X
ALASKA	2	2	2	4	4	4	X	X	X
ARKANSAS	3	3	4	3	4	4		X	
CALIFORNIA	4			4	3	3		X	X
DELAWARE	4	2	2	4	4	4		X	X
GEORGIA	3	3	2	4	4	2	X	X	
HAWAII	3	3	3	4	4	4	X	X	X
IOWA	3	2	2	4	4	4	X	X	X
KANSAS	4	2	2	4	3	3		X	X
MAINE	3	3	2	4	4	4	X	X	X
MARYLAND	3	3	2	4	4	4	X	X	X
MASSACHUSETTS	3	3	3	4	4	4	X	X	X
MICHIGAN	2	4	4	4	4	4	X		
MINNESOTA	3	3	3	4	4	4	X	X	X
MISSISSIPPI	3	3	3	4	4	4	X	X	X
MONTANA	3	3	3	4	4	4	X	X	X
NEBRASKA	3	3	3	4	3	3	X		
NEW MEXICO	3	3	3	4	4	4	X	X	X
NORTH CAROLINA	3	3	3	4	4	4	X	X	X
NORTH DAKOTA	3	2	2	4	4	4	X	X	X
OREGON	3	3	2	4	4	4	X	X	X
UTAH	3	3	3	4	4	3	X	X	
VIRGINIA	4			4	4	4		X	X
WEST VIRGINIA	4	2	4	4	3	4		X	
WISCONSIN	4	4	2	4	4	4			X

Appendix F. Individual State Data

Explanation of State Data Pages

This appendix includes detailed reports for each state and the District of Columbia (for convenience, the states). States may review these pages to see where their child care licensing regulations have strong terminology to promote childhood obesity prevention and to identify areas they may wish to improve.

The reports are presented alphabetically by state name and may be one or two pages in length. States that have two-page reports experienced rating revisions as a result of: a) the state's introduction since the baseline 2010 ASHW assessment of new or revised regulations with content pertinent to ASHW variables, or b) the NRC assigning new ratings to two ASHW variables (NA5 and ND1) associated with 2011 CACFP program requirements (the updated ratings are incorporated in the 2012 data). States for which ratings have remained stable since 2010 have single page reports.

The state data report includes a listing of the state's ratings for each variable by child care type (center-based, large/group and small child care family homes) for 2010, and, if applicable, revised ratings for 2011 and/or 2012 in additional columns. The ratings in this list are the final rating per variable per care type the state regulates. In states that use multiple documents to regulate a care type, the final rating is the single highest rating for that care type for that variable attained among the documents. (Lower ratings may have been assigned for the variable in another document; however, the NRC assumes caregivers are required to observe all regulations, including those that are more stringent than a similar regulation in a different document.) Final ratings are those the NRC uses to determine states' comparative rankings in the annual ASHW report. In states with columns for 2011 or 2012 updates, changes from the 2012 baseline are highlighted; improved ratings in green, decreased ratings in magenta. The legend for rating values is presented below the listing. Pie charts and bar graphs also are presented to provide more information about the whole of the state's data. (Additional explanatory information accompanies these graphics.)

State Abbreviations and Order of Pages		Last Update	State Abbreviations and Order of Pages		Last Update
AL	Alabama	2012	MT	Montana	2012
AK	Alaska	2012	NE	Nebraska	2012
AZ	Arizona	2012	NV	Nevada	2012
AR	Arkansas	2011	NH	New Hampshire	
CA	California	2012	NJ	New Jersey	
CO	Colorado	2012	NM	New Mexico	2012
CT	Connecticut	2012	NY	New York	
DE	Delaware	2012	NC	North Carolina	2012
D.C.	District of Columbia		ND	North Dakota	2012
FL	Florida	2012	OH	Ohio	2012
GA	Georgia	2012	OK	Oklahoma	
HI	Hawaii	2012	OR	Oregon	2012
ID	Idaho		PA	Pennsylvania	
IL	Illinois		RI	Rhode Island	2012
IN	Indiana		SC	South Carolina	2012
IA	Iowa	2012	SD	South Dakota	
KS	Kansas	2012	TN	Tennessee	
KY	Kentucky		TX	Texas	2012
LA	Louisiana	2012	UT	Utah	2012
ME	Maine	2012	VT	Vermont	
MD	Maryland	2012	VA	Virginia	2012
MA	Massachusetts	2012	WA	Washington	2012
MI	Michigan	2012	WV	West Virginia	2012
MN	Minnesota	2012	WI	Wisconsin	2012
MS	Mississippi	2012	WY	Wyoming	2012
MO	Missouri				

Alabama

State Overall Ratings

Key to Changes

Improved Rating
Lowered Rating

Assessment Year		2010			2012		
		Child Care Center	Large Family Home	Small Family Home	Child Care Center	Large Family Home	Small Family Home
Components by Topic Area							
Infant Feeding							
IA1	Support breastfeeding	3	3	3	3	3	3
IA2	No cow's milk < 1yr	4	4	4	4	4	4
IB1	Feed infants on cue	4	4	4	4	4	4
IB2	Stop feed @ satiety	3	3	3	3	3	3
IB3	Hold infant to feed	4	4	4	4	4	4
IC1	Plan solid introduction	3	3	3	3	3	3
IC2	Intro solids @ 4-6 mo	3	3	3	3	3	3
IC3	Iron-Fort @ 4-6 mo	3	3	3	3	3	3
ID1	Don't mix formula	2	2	2	2	2	2
ID2	Whole fruit 7 m-1 yr	1	1	1	1	1	1
ID3	No juice < 12 mo	1	1	1	1	1	1
Average Rating Per CC Type		2.82	2.82	2.82	2.82	2.82	2.82
Nutrition							
NA1	Limit oils/fats	2	2	2	2	2	2
NA2	Low fat meat/proteins	3	3	3	3	3	3
NA3	Low fat milk equivalents	3	3	3	3	3	3
NA4	Whole milk 1-2 y/o	2	2	2	2	2	2
NA5	Low fat milk > 2 y/o	2	2	2	4	4	4
NB1	Whole grains	3	3	3	3	3	3
NB2	Variety of vegetables	3	3	3	3	3	3
NB3	Variety of whole fruit	3	3	3	3	3	3
NC1	100% juice	4	4	4	4	4	4
NC2	Juice only @ meals	2	2	2	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3	3	3
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3	3	3
ND1	Make water available	3	2	2	4	4	4
NE1	Teach portion sizes	2	2	2	2	2	2
NE2	Eat with children	2	2	2	2	2	2
NF1	Appropriate servings	4	4	4	4	4	4
NF2	Healthy seconds	3	3	3	3	3	3
NG1	Limit salt	2	2	2	2	2	2
NG2	Avoid sugary foods	1	1	1	1	1	1
NH1	Food no force/bribe	3	3	3	3	3	3
NH2	Food no reward/punish	4	3	3	4	3	3
Average Rating Per CC Type		2.71	2.62	2.62	2.86	2.81	2.81
Physical Activity							
PA1	Space for active play	4	4	4	4	4	4
PA2	Training on activities	2	2	2	2	2	2
PA3	Write activity policies	2	2	2	2	2	2
PA4	Play with children	2	2	2	2	2	2
PA5	Don't withhold play	2	2	2	2	2	2
PB1	No screen time < 2 yr	3	2	2	3	2	2
PB2	Screen time 30 min/wk	2	2	2	2	2	2
PB3	Screen time purpose	2	2	2	2	2	2
PB4	No TV w/meals	2	2	2	2	2	2
PC1	Outdoor play occasions	3	3	3	3	3	3
PC2	Toddler play time	3	3	3	3	3	3
PC3	Preschool play time	3	3	3	3	3	3
PD1	Structured play	2	2	2	2	2	2
PE1	Tummy time often	4	4	4	4	4	4
PE2	Limit time infant equip.	2	2	2	2	2	2
Average Rating Per CC Type		2.53	2.47	2.47	2.53	2.47	2.47

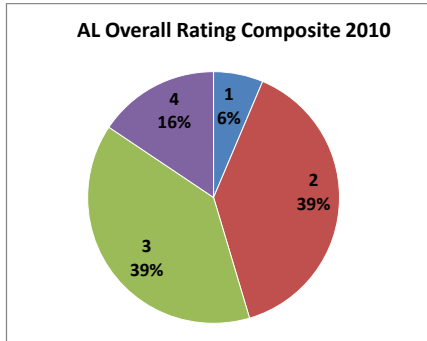
What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets standard
- 4 Regulation fully meets standard

Alabama

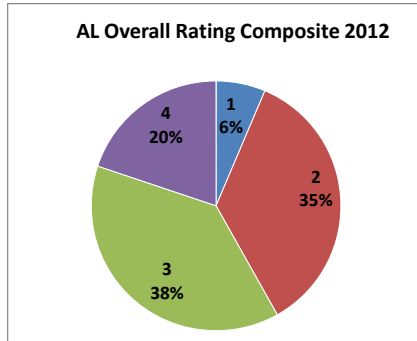
State Overall Ratings

2010

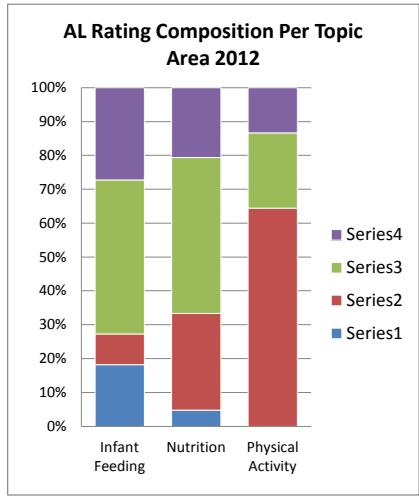
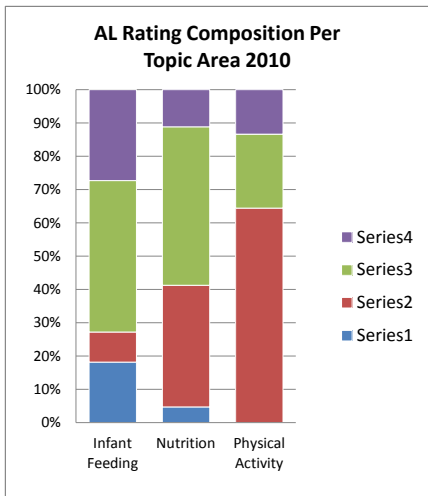


Ratings	1	2	3	4
I - Count	6	3	15	9
N-Count	3	23	30	7
P-Count	0	29	10	6

2012



Ratings	1	2	3	4
I - Count	6	3	15	9
N-Count	3	18	29	13
P-Count	0	29	10	6



Understanding and Using This page

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Alaska

State Overall Ratings

Key to Changes

Improved Rating
Lowered Rating

Components by Topic Area	Assessment Year	2010			2012		
		Child Care Center	Large Family	Small Family	Child Care Center	Large Family	Small Family
			Child Care Home	Child Care Home		Child Care Home	Child Care Home
Infant Feeding							
IA1	Support breastfeeding	3	3	3	3	3	3
IA2	No cow's milk < 1yr	4	4	4	4	4	4
IB1	Feed infants on cue	4	4	4	4	4	4
IB2	Stop feed @ satiety	3	3	3	3	3	3
IB3	Hold infant to feed	3	3	3	3	3	3
IC1	Plan solid introduction	3	3	3	3	3	3
IC2	Intro solids @ 4-6 mo	3	3	3	3	3	3
IC3	Iron-Fort @ 4-6 mo	3	3	3	3	3	3
ID1	Don't mix formula	2	2	2	2	2	2
ID2	Whole fruit 7 m-1 yr	1	1	1	1	1	1
ID3	No juice < 12 mo	1	1	1	1	1	1
Average Rating Per CC Type		2.73	2.73	2.73	2.73	2.73	2.73
Nutrition							
NA1	Limit oils/fats	2	2	2	2	2	2
NA2	Low fat meat/proteins	3	3	3	3	3	3
NA3	Low fat milk equivalents	3	3	3	3	3	3
NA4	Whole milk 1-2 y/o	2	2	2	2	2	2
NA5	Low fat milk > 2 y/o	2	2	2	4	4	4
NB1	Whole grains	3	3	3	3	3	3
NB2	Variety of vegetables	3	3	3	3	3	3
NB3	Variety of whole fruit	3	3	3	3	3	3
NC1	100% juice	4	4	4	4	4	4
NC2	Juice only @ meals	2	2	2	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3	3	3
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3	3	3
ND1	Make water available	2	2	2	4	4	4
NE1	Teach portion sizes	2	2	2	2	2	2
NE2	Eat with children	2	2	2	2	2	2
NF1	Appropriate servings	4	4	4	4	4	4
NF2	Healthy seconds	3	3	3	3	3	3
NG1	Limit salt	2	2	2	2	2	2
NG2	Avoid sugary foods	1	1	1	1	1	1
NH1	Food no force/bribe	3	3	3	3	3	3
NH2	Food no reward/punish	2	2	2	2	2	2
Average Rating Per CC Type		2.57	2.57	2.57	2.76	2.76	2.76
Physical Activity							
PA1	Space for active play	4	4	4	4	4	4
PA2	Training on activities	2	2	2	2	2	2
PA3	Write activity policies	2	2	2	2	2	2
PA4	Play with children	2	2	2	2	2	2
PA5	Don't withhold play	3	3	3	3	3	3
PB1	No screen time < 2 yr	3	3	3	3	3	3
PB2	Screen time 30 min/wk	3	3	3	3	3	3
PB3	Screen time purpose	2	2	2	2	2	2
PB4	No TV w/meals	2	2	2	2	2	2
PC1	Outdoor play occasions	4	4	4	4	4	4
PC2	Toddler play time	3	3	3	3	3	3
PC3	Preschool play time	3	3	3	3	3	3
PD1	Structured play	4	4	4	4	4	4
PE1	Tummy time often	2	2	2	2	2	2
PE2	Limit time infant equip.	4	4	4	4	4	4
Average Rating Per CC Type		2.87	2.87	2.87	2.87	2.87	2.87

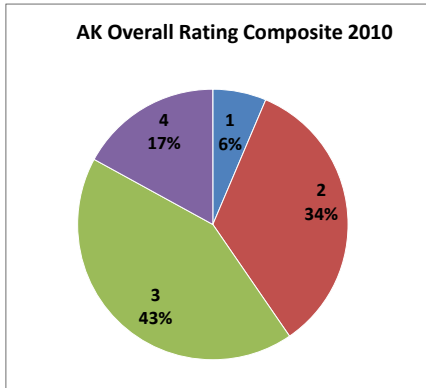
What Ratings Mean

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Alaska

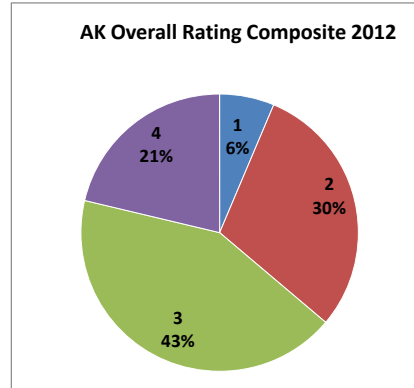
State Overall Ratings

2010

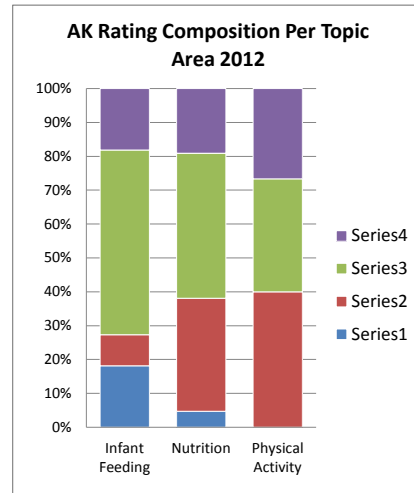
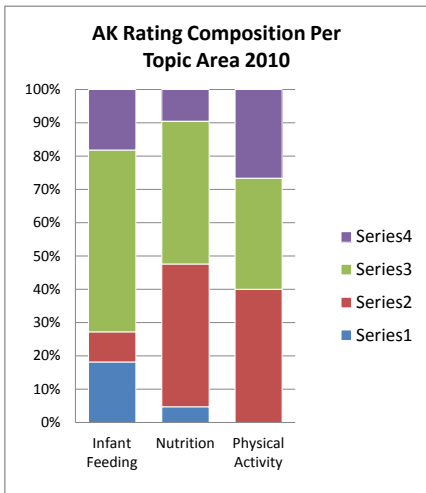


Ratings	1	2	3	4
I - Count	6	3	18	6
N-Count	3	27	27	6
P-Count	0	18	15	12

2012



Ratings	1	2	3	4
I - Count	6	3	18	6
N-Count	3	21	27	12
P-Count	0	18	15	12



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Arizona

State Overall Ratings

Key to Changes

Improved Rating
Lowered Rating

Components by Topic Area	Assessment Year 2010			2012			
		Large Family	Small Family		Large Family	Small Family	
	Child Care Center	Child Care Home	Child Care Home	Child Care Center	Child Care Home	Child Care Home	
Infant Feeding							
IA1	Support breastfeeding	4	4	4	4	4	
IA2	No cow's milk < 1yr	3	3	4	4	4	
IB1	Feed infants on cue	2	2	4	4	4	
IB2	Stop feed @ satiety	2	2	3	4	3	
IB3	Hold infant to feed	3	4	4	4	4	
IC1	Plan solid introduction	4	4	3	4	3	
IC2	Intro solids @ 4-6 mo	2	2	3	2	3	
IC3	Iron-Fort @ 4-6 mo	2	2	3	2	3	
ID1	Don't mix formula	3	3	3	3	3	
ID2	Whole fruit 7 m-1 yr	2	2	1	2	1	
ID3	No juice < 12 mo	2	2	1	2	1	
Average Rating Per CC Type		2.64	2.73	3.00	2.64	3.18	3.00
Nutrition							
NA1	Limit oils/fats	2	3	2	2	2	
NA2	Low fat meat/proteins	3	3	3	3	3	
NA3	Low fat milk equivalents	3	3	3	3	3	
NA4	Whole milk 1-2 y/o	2	2	2	3	2	
NA5	Low fat milk > 2 y/o	4	4	2	4	2	
NB1	Whole grains	3	3	3	3	3	
NB2	Variety of vegetables	3	3	3	4	3	
NB3	Variety of whole fruit	4	4	3	4	3	
NC1	100% juice	4	4	4	4	4	
NC2	Juice only @ meals	2	2	2	2	2	
NC3*	Juice 4-6 oz. 1-6 y/o	4	4	3	4	3	
NC4	Juice 8-12 oz. 7+ y/o	4	4	3	4	3	
ND1	Make water available	4	4	2	4	2	
NE1	Teach portion sizes	2	2	2	2	2	
NE2	Eat with children	3	3	2	3	2	
NF1	Appropriate servings	4	4	4	4	4	
NF2	Healthy seconds	1	1	3	1	3	
NG1	Limit salt	2	2	2	2	2	
NG2	Avoid sugary foods	3	3	1	3	1	
NH1	Food no force/bribe	3	3	3	3	3	
NH2	Food no reward/punish	3	3	3	3	3	
Average Rating Per CC Type		3.00	3.05	2.62	3.00	3.14	2.62
Physical Activity							
PA1	Space for active play	4	4	2	4	2	
PA2	Training on activities	2	2	2	2	2	
PA3	Write activity policies	2	2	2	3	2	
PA4	Play with children	2	2	2	2	2	
PA5	Don't withhold play	3	4	4	3	4	
PB1	No screen time < 2 yr	2	2	2	2	2	
PB2	Screen time 30 min/wk	2	2	2	2	2	
PB3	Screen time purpose	2	2	2	2	2	
PB4	No TV w/meals	2	2	2	2	2	
PC1	Outdoor play occasions	3	3	3	3	3	
PC2	Toddler play time	3	3	3	3	3	
PC3	Preschool play time	3	3	3	3	3	
PD1	Structured play	3	3	3	3	3	
PE1	Tummy time often	4	4	2	4	2	
PE2	Limit time infant equip.	3	3	1	3	1	
Average Rating Per CC Type		2.67	2.73	2.33	2.67	2.80	2.33

* Rating highlighted blue indicates correction of baseline data.

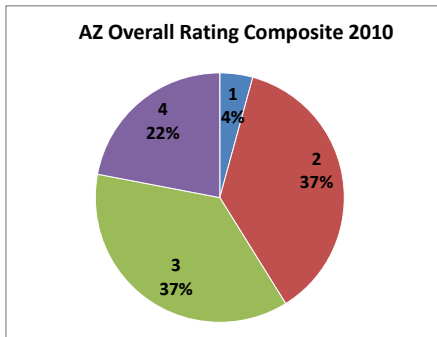
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Arizona

State Overall Ratings

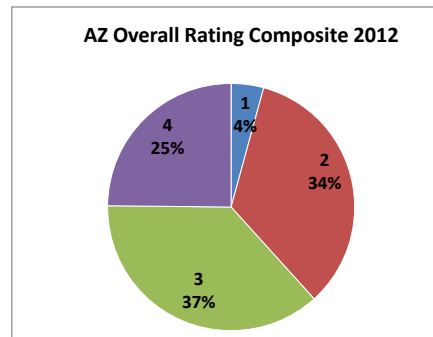
2010



Tally of Each Rating Per Topic Area 2010

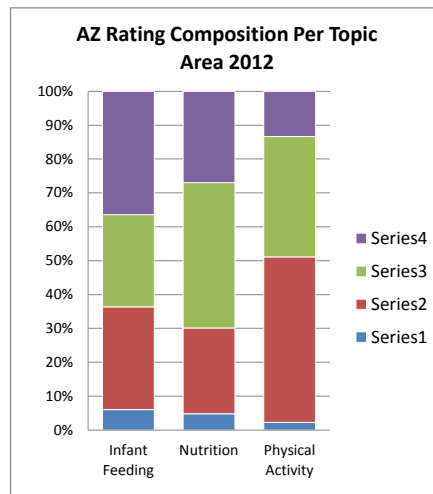
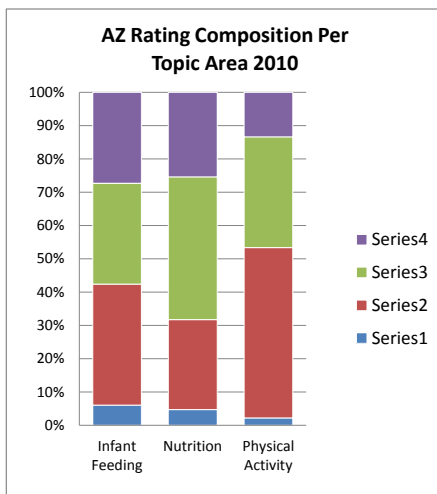
Ratings	1	2	3	4
I - Count	2	12	10	9
N-Count	3	17	27	16
P-Count	1	23	15	6

2012



Tally of Each Rating Per Topic Area 2012

Ratings	1	2	3	4
I - Count	2	10	9	12
N-Count	3	16	27	17
P-Count	1	22	16	6



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Arkansas

State Overall Ratings

Key to Changes

Improved Rating
Lowered Rating

Assessment Year		2010			2011		
		Child Care Center	Large Family Child Care Home	Small Family Child Care Home	Child Care Center	Large Family Child Care Home	Small Family Child Care Home
Components by Topic Area							
Infant Feeding							
IA1	Support breastfeeding	2	2	2	2	2	2
IA2	No cow's milk < 1yr	4	4	4	4	4	4
IB1	Feed infants on cue	4	4	4	4	4	4
IB2	Stop feed @ satiety	3	3	3	4	4	4
IB3	Hold infant to feed	3	3	3	3	3	3
IC1	Plan solid introduction	3	3	3	3	3	3
IC2	Intro solids @ 4-6 mo	3	3	3	3	3	3
IC3	Iron-Fort @ 4-6 mo	3	3	3	3	3	3
ID1	Don't mix formula	2	2	2	2	2	2
ID2	Whole fruit 7 m-1 yr	1	1	1	1	1	1
ID3	No juice < 12 mo	1	1	1	1	1	1
Average Rating Per CC Type		2.64	2.64	2.64	2.73	2.73	2.73
Nutrition							
NA1	Limit oils/fats	2	2	2	2	2	2
NA2	Low fat meat/proteins	3	3	3	3	3	3
NA3	Low fat milk equivalents	3	3	3	3	3	3
NA4	Whole milk 1-2 y/o	2	2	2	2	2	2
NA5	Low fat milk > 2 y/o	2	2	2	2	2	2
NB1	Whole grains	3	3	3	3	3	3
NB2	Variety of vegetables	3	3	3	3	3	3
NB3	Variety of whole fruit	3	3	3	3	3	3
NC1	100% juice	4	4	4	4	4	4
NC2	Juice only @ meals	2	2	2	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3	3	3
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3	3	3
ND1	Make water available	3	3	4	3	4	4
NE1	Teach portion sizes	2	2	2	2	2	2
NE2	Eat with children	2	2	2	3	2	2
NF1	Appropriate servings	4	4	4	4	4	4
NF2	Healthy seconds	3	3	3	3	3	3
NG1	Limit salt	2	2	2	2	2	2
NG2	Avoid sugary foods	1	1	1	1	1	1
NH1	Food no force/bribe	2	3	3	2	3	3
NH2	Food no reward/punish	3	3	3	3	3	3
Average Rating Per CC Type		2.62	2.67	2.71	2.67	2.71	2.71
Physical Activity							
PA1	Space for active play	4	4	2	4	4	2
PA2	Training on activities	2	2	2	2	2	2
PA3	Write activity policies	2	2	2	3	3	3
PA4	Play with children	2	2	2	4	2	2
PA5	Don't withhold play	4	4	4	3	4	4
PB1	No screen time < 2 yr	2	2	2	3	2	2
PB2	Screen time 30 min/wk	2	2	2	3	3	3
PB3	Screen time purpose	2	2	2	4	4	4
PB4	No TV w/meals	2	2	2	2	2	2
PC1	Outdoor play occasions	3	3	3	3	3	3
PC2	Toddler play time	3	3	3	3	3	3
PC3	Preschool play time	3	3	3	3	3	3
PD1	Structured play	2	2	2	2	2	2
PE1	Tummy time often	2	2	2	2	2	2
PE2	Limit time infant equip.	2	2	2	2	2	2
Average Rating Per CC Type		2.47	2.47	2.33	2.87	2.73	2.60

What Ratings Mean

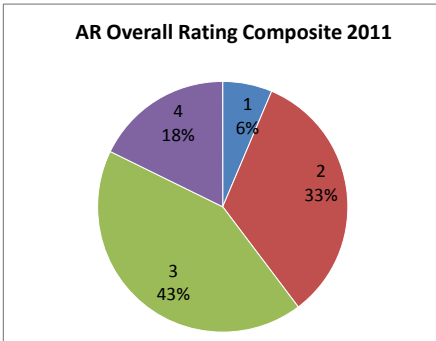
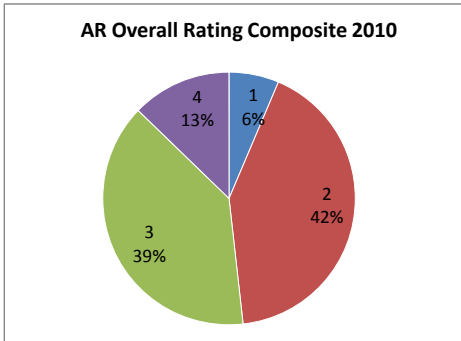
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Arkansas

State Overall Ratings

2010

2011

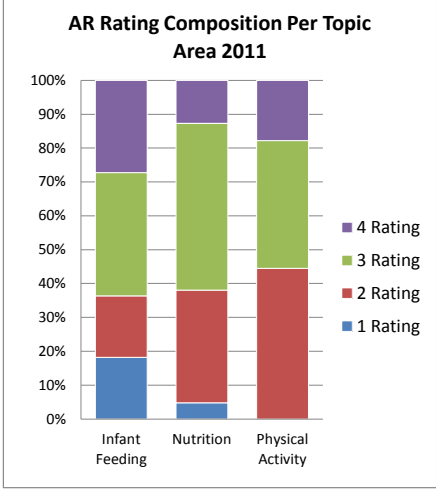
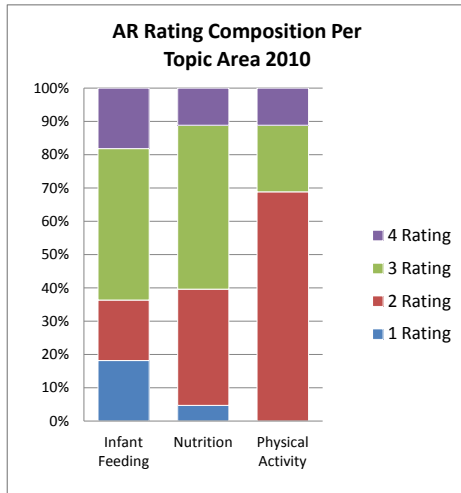


Tally of Each Rating Per Topic Area 2010

Ratings	1	2	3	4
I - Count	6	6	15	6
N-Count	3	22	31	7
P-Count	0	31	9	5

Tally of Each Rating Per Topic Area 2011

Ratings	1	2	3	4
I - Count	6	6	12	9
N-Count	3	21	31	8
P-Count	0	20	17	8



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To the right of the ratings table are two types of charts and tables. The pie charts at the top show the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table below each pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar charts show the percentage of ratings of 1- 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

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California

State Overall Ratings

Key to Changes

Improved Rating
Lowered Rating

Components by Topic Area	Assessment Year 2010			Assessment Year 2012			
	Child Care Center	Large Family Child Care Home	Small Family Child Care Home	Child Care Center	Large Family Child Care Home	Small Family Child Care Home	
	Infant Feeding						
IA1	Support breastfeeding	4	N/A	N/A	4	N/A	N/A
IA2	No cow's milk < 1yr	4	N/A	N/A	4	N/A	N/A
IB1	Feed infants on cue	4	N/A	N/A	4	N/A	N/A
IB2	Stop feed @ satiety	3	N/A	N/A	3	N/A	N/A
IB3	Hold infant to feed	3	N/A	N/A	3	N/A	N/A
IC1	Plan solid introduction	3	N/A	N/A	3	N/A	N/A
IC2	Intro solids @ 4-6 mo	3	N/A	N/A	3	N/A	N/A
IC3	Iron-Fort @ 4-6 mo	3	N/A	N/A	3	N/A	N/A
ID1	Don't mix formula	2	N/A	N/A	2	N/A	N/A
ID2	Whole fruit 7 m-1 yr	1	1	1	1	1	1
ID3	No juice < 12 mo	1	N/A	N/A	1	N/A	N/A
Average Rating Per CC Type		2.82	1.00	1.00	2.82	1.00	1.00
Nutrition							
NA1	Limit oils/fats	2	N/A	N/A	2	N/A	N/A
NA2	Low fat meat/proteins	3	N/A	N/A	3	N/A	N/A
NA3	Low fat milk equivalents	3	N/A	N/A	3	N/A	N/A
NA4	Whole milk 1-2 y/o	2	N/A	N/A	2	N/A	N/A
NA5	Low fat milk > 2 y/o	2	N/A	N/A	4	4	4
NB1	Whole grains	3	N/A	N/A	3	N/A	N/A
NB2	Variety of vegetables	3	N/A	N/A	3	N/A	N/A
NB3	Variety of whole fruit	4	N/A	N/A	4	N/A	N/A
NC1	100% juice	4	N/A	N/A	4	N/A	N/A
NC2	Juice only @ meals	2	N/A	N/A	2	N/A	N/A
NC3	Juice 4-6 oz. 1-5 y/o	3	N/A	N/A	3	3	3
NC4	Juice 8-12 oz. 7+ y/o	3	N/A	N/A	3	3	3
ND1	Make water available	4	N/A	N/A	4	3	3
NE1	Teach portion sizes	2	N/A	N/A	2	N/A	N/A
NE2	Eat with children	2	N/A	N/A	2	N/A	N/A
NF1	Appropriate servings	4	N/A	N/A	4	N/A	N/A
NF2	Healthy seconds	3	N/A	N/A	3	N/A	N/A
NG1	Limit salt	2	N/A	N/A	2	N/A	N/A
NG2	Avoid sugary foods	1	N/A	N/A	1	N/A	N/A
NH1	Food no force/bribe	2	N/A	N/A	2	N/A	N/A
NH2	Food no reward/punish	3	N/A	N/A	3	N/A	N/A
Average Rating Per CC Type		2.71	N/A	N/A	2.81	3.25	3.25
Physical Activity							
PA1	Space for active play	4	N/A	N/A	4	N/A	N/A
PA2	Training on activities	2	N/A	N/A	2	N/A	N/A
PA3	Write activity policies	2	N/A	N/A	2	N/A	N/A
PA4	Play with children	2	N/A	N/A	2	N/A	N/A
PA5	Don't withhold play	2	N/A	N/A	2	N/A	N/A
PB1	No screen time < 2 yr	2	N/A	N/A	2	N/A	N/A
PB2	Screen time 30 min/wk	2	N/A	N/A	2	N/A	N/A
PB3	Screen time purpose	2	N/A	N/A	2	N/A	N/A
PB4	No TV w/meals	2	N/A	N/A	2	N/A	N/A
PC1	Outdoor play occasions	3	N/A	N/A	3	N/A	N/A
PC2	Toddler play time	3	N/A	N/A	3	N/A	N/A
PC3	Preschool play time	3	N/A	N/A	3	N/A	N/A
PD1	Structured play	3	N/A	N/A	3	N/A	N/A
PE1	Tummy time often	2	N/A	N/A	2	N/A	N/A
PE2	Limit time infant equip.	2	N/A	N/A	2	N/A	N/A
Average Rating Per CC Type		2.40	N/A	N/A	2.40	3.25	3.25

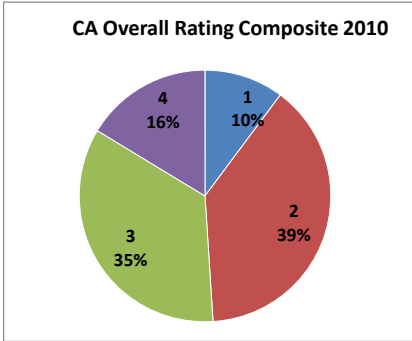
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- 4 Regulation fully meets standard

California

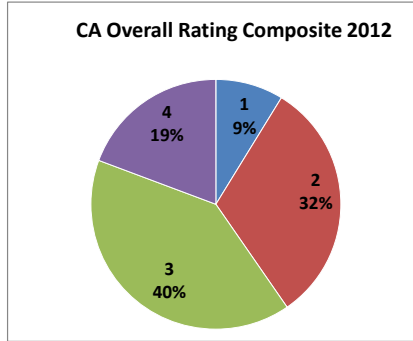
State Overall Ratings

2010

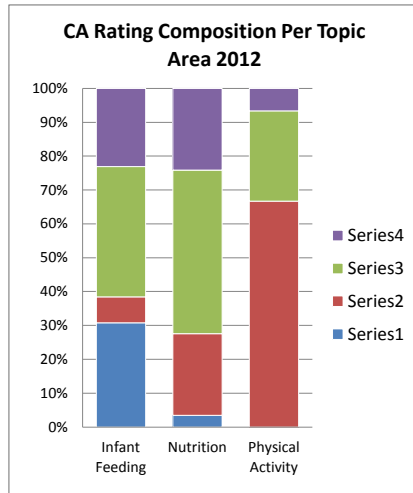
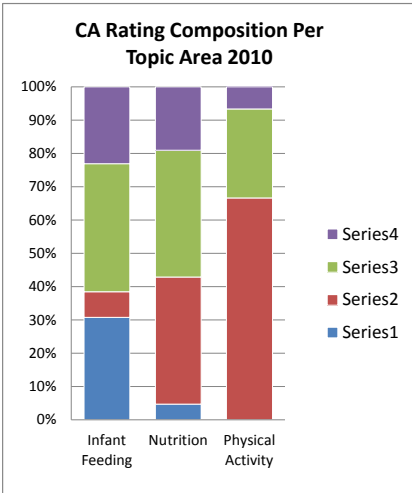


Tally of Each Rating Per Topic Area 2010				
Ratings	1	2	3	4
I - Count	4	1	5	3
N-Count	1	8	8	4
P-Count	0	10	4	1

2012



Tally of Each Rating Per Topic Area 2012				
Ratings	1	2	3	4
I - Count	4	1	5	3
N-Count	1	7	14	7
P-Count	0	10	4	1



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Colorado

State Overall Ratings

Key to Changes

Improved Rating
Lowered Rating

		Assessment Year 2010			2012		
		Child Care Center	Large Family Child Care Home	Small Family Child Care Home	Child Care Center	Large Family Child Care Home	Small Family Child Care Home
Components by Topic Area							
Infant Feeding							
IA1	Support breastfeeding	2	4	4	2	4	4
IA2	No cow's milk < 1yr	2	4	4	2	4	4
IB1	Feed infants on cue	4	4	4	4	4	4
IB2	Stop feed @ satiety	2	3	3	2	3	3
IB3	Hold infant to feed	3	3	3	3	3	3
IC1	Plan solid introduction	2	3	3	2	4	4
IC2	Intro solids @ 4-6 mo	2	3	3	2	3	3
IC3	Iron-Fort @ 4-6 mo	2	3	3	2	3	3
ID1	Don't mix formula	2	2	2	3	3	2
ID2	Whole fruit 7 m-1 yr	2	1	1	2	1	1
ID3	No juice < 12 mo	2	1	1	2	1	1
Average Rating Per CC Type		2.27	2.82	2.82	2.36	3.00	2.91
Nutrition							
NA1	Limit oils/fats	2	3	3	2	3	3
NA2	Low fat meat/proteins	2	3	3	2	3	3
NA3	Low fat milk equivalents	2	3	3	2	3	3
NA4	Whole milk 1-2 y/o	2	2	2	2	2	2
NA5	Low fat milk > 2 y/o	2	2	2	2	4	4
NB1	Whole grains	2	3	3	2	3	3
NB2	Variety of vegetables	2	3	3	2	3	3
NB3	Variety of whole fruit	2	3	3	2	3	3
NC1	100% juice	2	4	4	2	4	4
NC2	Juice only @ meals	2	2	2	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	2	4	4	2	4	4
NC4	Juice 8-12 oz. 7+ y/o	2	4	4	2	4	4
ND1	Make water available	2	4	4	2	4	4
NE1	Teach portion sizes	2	2	2	2	2	2
NE2	Eat with children	2	2	2	2	2	2
NF1	Appropriate servings	4	4	4	4	4	4
NF2	Healthy seconds	2	3	3	2	3	3
NG1	Limit salt	2	2	2	2	2	2
NG2	Avoid sugary foods	2	3	3	2	3	3
NH1	Food no force/bribe	3	3	3	3	3	3
NH2	Food no reward/punish	3	3	3	3	3	3
Average Rating Per CC Type		2.19	2.95	2.95	2.19	3.05	3.05
Physical Activity							
PA1	Space for active play	4	4	4	4	4	4
PA2	Training on activities	2	2	2	2	2	2
PA3	Write activity policies	2	2	2	2	2	2
PA4	Play with children	2	2	2	2	2	2
PA5	Don't withhold play	3	3	3	3	3	3
PB1	No screen time < 2 yr	3	3	3	3	3	3
PB2	Screen time 30 min/wk	2	2	2	2	2	2
PB3	Screen time purpose	2	2	2	2	2	2
PB4	No TV w/meals	2	2	2	2	2	2
PC1	Outdoor play occasions	3	3	3	3	3	3
PC2	Toddler play time	3	3	3	3	3	3
PC3	Preschool play time	3	3	3	3	3	3
PD1	Structured play	2	2	2	2	2	2
PE1	Tummy time often	2	2	2	2	2	2
PE2	Limit time infant equip.	3	3	3	3	3	3
Average Rating Per CC Type		2.53	2.53	2.53	2.53	2.53	2.53

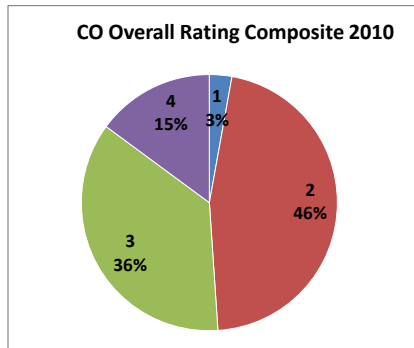
What Ratings Mean

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- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets standard
- 4 Regulation fully meets standard

Colorado

State Overall Ratings

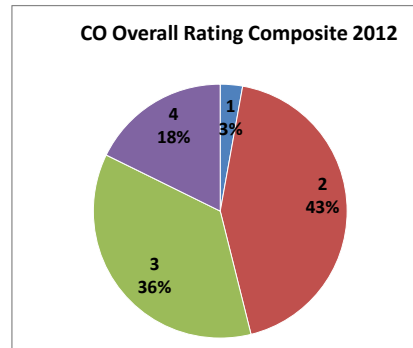
2010



Tally of Each Rating Per Topic Area 2010

Ratings	1	2	3	4
I - Count	4	11	11	7
N-Count	0	30	22	11
P-Count	0	24	18	3

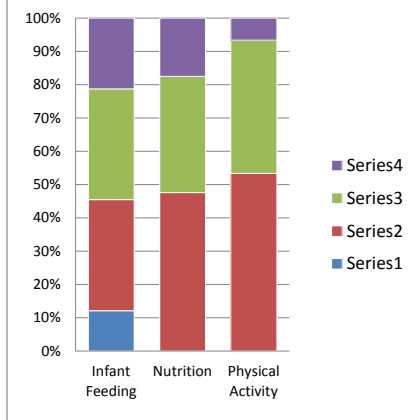
2012



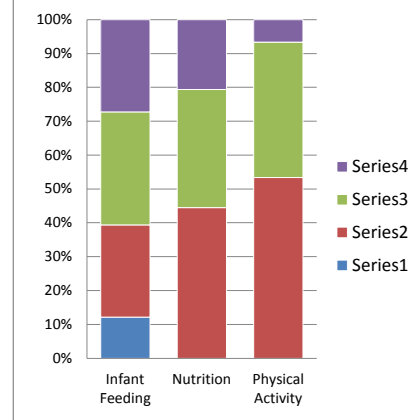
Tally of Each Rating Per Topic Area 2012

Ratings	1	2	3	4
I - Count	4	9	11	9
N-Count	0	28	22	13
P-Count	0	24	18	3

CO Rating Composition Per Topic Area 2010



CO Rating Composition Per Topic Area 2012



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Connecticut

State Overall Ratings

Key to Changes

Improved Rating
Lowered Rating

Components by Topic Area	Assessment Year 2010			2012		
		Large Family	Small Family		Large Family	Small Family
	Child Care Center	Child Care Home	Child Care Home	Child Care Center	Child Care Home	Child Care Home
Infant Feeding						
IA1	Support breastfeeding	2	2	2	2	2
IA2	No cow's milk < 1yr	4	4	2	4	2
IB1	Feed infants on cue	4	4	2	4	2
IB2	Stop feed @ satiety	3	3	2	3	2
IB3	Hold infant to feed	4	4	2	4	2
IC1	Plan solid introduction	3	3	2	3	2
IC2	Intro solids @ 4-6 mo	3	3	2	3	2
IC3	Iron-Fort @ 4-6 mo	3	3	2	3	2
ID1	Don't mix formula	2	2	2	2	2
ID2	Whole fruit 7 m-1 yr	1	1	2	1	2
ID3	No juice < 12 mo	1	1	2	1	2
Average Rating Per CC Type		2.73	2.73	2.00	2.73	2.00
Nutrition						
NA1	Limit oils/fats	2	2	2	2	2
NA2	Low fat meat/proteins	3	3	2	3	2
NA3	Low fat milk equivalents	3	3	2	3	2
NA4	Whole milk 1-2 y/o	2	2	2	2	2
NA5	Low fat milk > 2 y/o	2	2	2	4	4
NB1	Whole grains	3	3	2	3	2
NB2	Variety of vegetables	3	3	2	3	2
NB3	Variety of whole fruit	3	3	2	3	2
NC1	100% juice	4	4	2	4	2
NC2	Juice only @ meals	2	2	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	3	3	2	3	2
NC4	Juice 8-12 oz. 7+ y/o	3	3	2	3	2
ND1	Make water available	4	4	4	4	4
NE1	Teach portion sizes	2	2	2	2	2
NE2	Eat with children	2	2	2	2	2
NF1	Appropriate servings	4	4	2	4	2
NF2	Healthy seconds	3	3	2	3	2
NG1	Limit salt	2	2	2	2	2
NG2	Avoid sugary foods	1	1	2	1	2
NH1	Food no force/bribe	2	2	2	2	2
NH2	Food no reward/punish	2	2	2	2	2
Average Rating Per CC Type		2.62	2.62	2.10	2.71	2.10
Physical Activity						
PA1	Space for active play	4	4	4	4	4
PA2	Training on activities	2	2	2	2	2
PA3	Write activity policies	2	2	2	2	2
PA4	Play with children	2	2	2	2	2
PA5	Don't withhold play	2	2	2	2	2
PB1	No screen time < 2 yr	2	2	2	2	2
PB2	Screen time 30 min/wk	2	2	2	2	2
PB3	Screen time purpose	2	2	2	2	2
PB4	No TV w/meals	2	2	2	2	2
PC1	Outdoor play occasions	3	3	2	3	2
PC2	Toddler play time	3	3	3	3	3
PC3	Preschool play time	3	3	3	3	3
PD1	Structured play	2	2	2	2	2
PE1*	Tummy time often	3	3	2	3	2
PE2	Limit time infant equip.	2	2	2	2	2
Average Rating Per CC Type		2.40	2.40	2.27	2.40	2.27

* Rating highlighted blue indicates correction of baseline data.

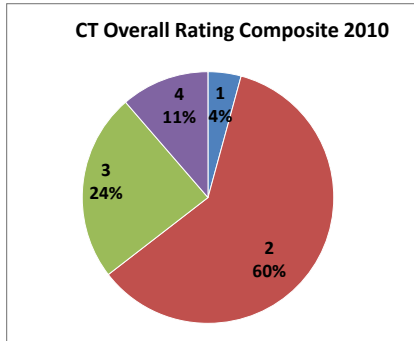
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Connecticut

State Overall Ratings

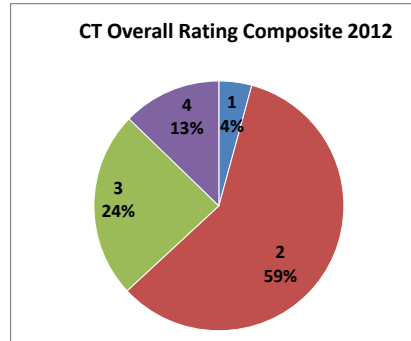
2010



Tally of Each Rating Per Topic Area 2010

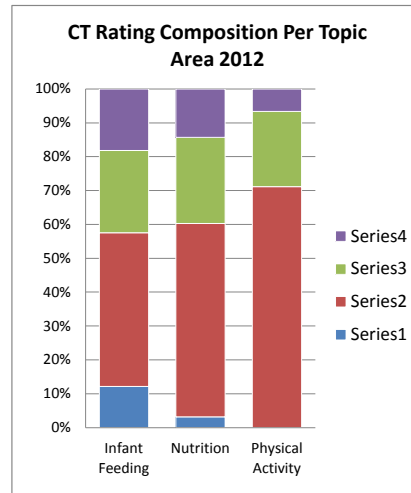
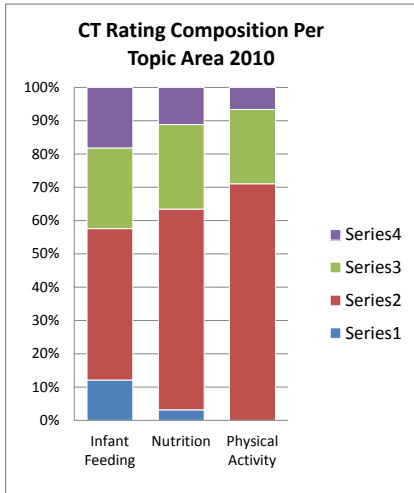
Ratings	1	2	3	4
I - Count	4	15	8	6
N-Count	2	38	16	7
P-Count	0	32	10	3

2012



Tally of Each Rating Per Topic Area 2012

Ratings	1	2	3	4
I - Count	4	15	8	6
N-Count	2	36	16	9
P-Count	0	32	10	3



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Delaware

State Overall Ratings

Key to Changes

Improved Rating
Lowered Rating

		Assessment Year 2010			2012		
		Child Care Center	Large Family Child Care Home	Small Family Child Care Home	Child Care Center	Large Family Child Care Home	Small Family Child Care Home
Components by Topic Area							
Infant Feeding							
IA1	Support breastfeeding	4	4	4	4	4	4
IA2	No cow's milk < 1yr	4	4	4	4	4	4
IB1	Feed infants on cue	4	4	4	4	4	4
IB2	Stop feed @ satiety	3	3	3	3	3	3
IB3	Hold infant to feed	4	4	4	4	4	4
IC1	Plan solid introduction	3	3	3	3	3	3
IC2	Intro solids @ 4-6 mo	4	4	4	4	4	4
IC3	Iron-Fort @ 4-6 mo	3	3	3	3	3	3
ID1	Don't mix formula	4	4	4	4	4	4
ID2	Whole fruit 7 m-1 yr	1	1	1	1	1	1
ID3	No juice < 12 mo	3	3	3	3	3	3
Average Rating Per CC Type		3.36	3.36	3.36	3.36	3.36	3.36
Nutrition							
NA1	Limit oils/fats	2	2	2	2	2	2
NA2	Low fat meat/proteins	3	3	3	3	3	3
NA3	Low fat milk equivalents	3	3	3	3	3	3
NA4	Whole milk 1-2 y/o	3	2	2	3	2	2
NA5	Low fat milk > 2 y/o	2	2	2	4	4	4
NB1	Whole grains	3	3	3	3	3	3
NB2	Variety of vegetables	4	4	3	4	4	3
NB3	Variety of whole fruit	4	4	4	4	4	4
NC1	100% juice	4	4	4	4	4	4
NC2	Juice only @ meals	2	2	2	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3	3	3
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3	3	3
ND1	Make water available	4	2	2	4	4	4
NE1	Teach portion sizes	3	3	3	3	3	3
NE2	Eat with children	2	2	2	2	2	2
NF1	Appropriate servings	4	4	4	4	4	4
NF2	Healthy seconds	3	3	3	3	3	3
NG1	Limit salt	2	2	2	2	2	2
NG2	Avoid sugary foods	1	1	1	1	1	1
NH1	Food no force/bribe	3	3	3	3	3	3
NH2	Food no reward/punish	3	3	3	3	3	3
Average Rating Per CC Type		2.90	2.76	2.71	3.00	2.95	2.90
Physical Activity							
PA1	Space for active play	4	4	3	4	4	3
PA2	Training on activities	2	2	2	2	2	2
PA3	Write activity policies	2	2	2	2	2	2
PA4	Play with children	2	2	2	2	2	2
PA5	Don't withhold play	4	4	4	4	4	4
PB1	No screen time < 2 yr	4	3	3	4	3	3
PB2	Screen time 30 min/wk	3	3	3	3	3	3
PB3	Screen time purpose	4	4	4	4	4	4
PB4	No TV w/meals	2	2	2	2	2	2
PC1	Outdoor play occasions	4	3	3	4	3	3
PC2	Toddler play time	3	3	3	3	3	3
PC3	Preschool play time	3	3	3	3	3	3
PD1	Structured play	4	3	3	4	3	3
PE1	Tummy time often	2	2	2	2	2	2
PE2	Limit time infant equip.	3	3	3	3	3	3
Average Rating Per CC Type		3.07	2.87	2.80	3.07	2.87	2.80

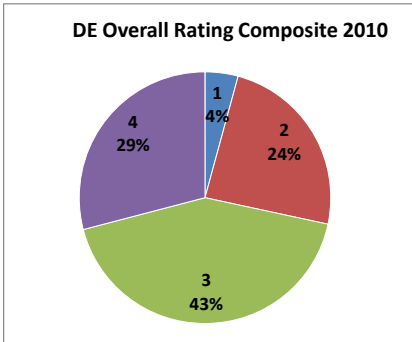
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Delaware

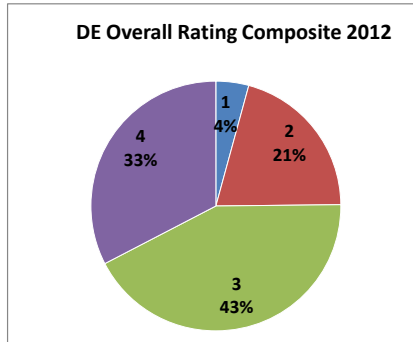
State Overall Ratings

2010

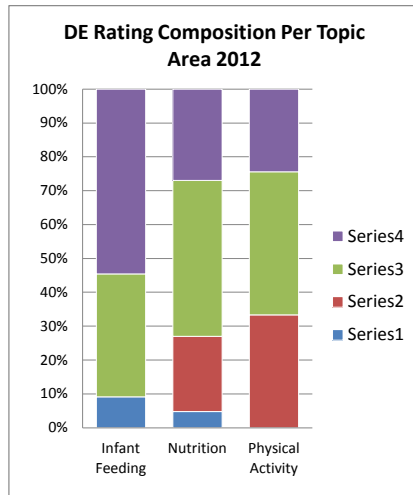
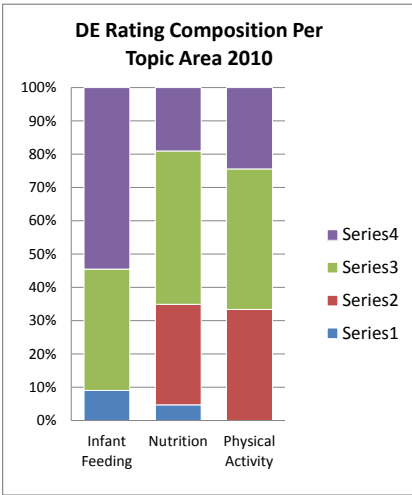


Ratings	1	2	3	4
I - Count	3	0	12	18
N-Count	3	19	29	12
P-Count	0	15	19	11

2012



Ratings	1	2	3	4
I - Count	3	0	12	18
N-Count	3	14	29	17
P-Count	0	15	19	11



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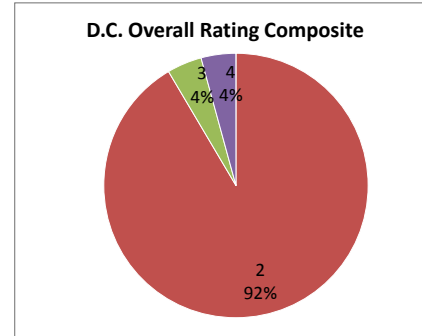
District of Columbia

State Overall Ratings

Components by Topic Area		Child Care Center	Large Family Child Care Home	Small Family Child Care Home	Average Rating Per Component
Infant Feeding					
IA1	Appropriate fluids	2	N/A	2	2.00
IA2		2	N/A	2	2.00
IB1	How to feed fluids	2	N/A	2	2.00
IB2		2	N/A	2	2.00
IB3		2	N/A	2	2.00
IC1	Introducing solids	2	N/A	2	2.00
IC2		2	N/A	2	2.00
IC3		2	N/A	2	2.00
ID1	Appropriate complementary foods	2	N/A	2	2.00
ID2		2	N/A	2	2.00
ID3		2	N/A	2	2.00
Average Rating Per CC Type		2.00	n/a	2.00	2.00
Nutrition					
NA1	Limit dietary fats	2	N/A	2	2.00
NA2		2	N/A	2	2.00
NA3		2	N/A	2	2.00
NA4		2	N/A	2	2.00
NA5		2	N/A	2	2.00
NB1	Serve nutrient-dense whole foods	2	N/A	2	2.00
NB2		2	N/A	2	2.00
NB3		2	N/A	2	2.00
NC1	Wholeness & quantity of juice	2	N/A	2	2.00
NC2		2	N/A	2	2.00
NC3		2	N/A	2	2.00
NC4		2	N/A	2	2.00
ND1	Water availability	2	N/A	2	2.00
NE1	Nutrition instruction by word & example	2	N/A	2	2.00
NE2		2	N/A	2	2.00
NF1	Age and individual nutritional requirements	2	N/A	2	2.00
NF2		2	N/A	2	2.00
NG1	Limit sugar and salt	2	N/A	2	2.00
NG2		2	N/A	2	2.00
NH1	Misuse of food	2	N/A	2	2.00
NH2		2	N/A	2	2.00
Average Rating Per CC Type		2.00	n/a	2.00	2.00
Physical Activity					
PA1	General promotion of activity	4	N/A	4	4.00
PA2		2	N/A	2	2.00
PA3		2	N/A	2	2.00
PA4		2	N/A	2	2.00
PA5		2	N/A	2	2.00
PB1	Screen time	2	N/A	2	2.00
PB2		2	N/A	2	2.00
PB3		2	N/A	2	2.00
PB4		2	N/A	2	2.00
PC1	Age-specific activity	4	N/A	4	4.00
PC2		3	N/A	3	3.00
PC3		3	N/A	3	3.00
PD1	Caregiver/teacher involvement	2	N/A	2	2.00
PE1	Infant-specific activity	2	N/A	2	2.00
PE2		2	N/A	2	2.00
Average Rating Per CC Type		2.40	n/a	2.40	2.40
Grand Average for Care Types & Components		2.13	n/a	2.13	2.13

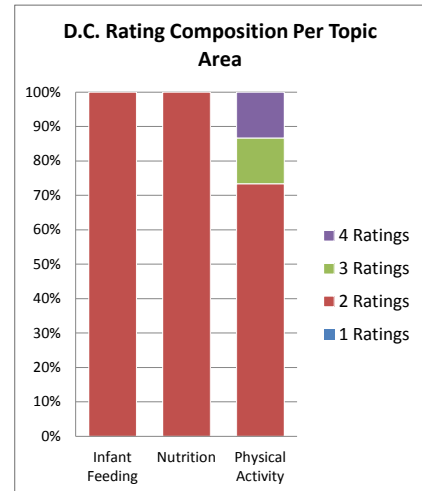
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Tally of Each Rating Per Topic Area

Ratings	1	2	3	4
I - Count	0	22	0	0
N-Count	0	42	0	0
P-Count	0	22	4	4



Florida

State Overall Ratings

Key to Changes

Improved Rating
Lowered Rating

		Assessment Year 2010			2012		
		Child Care Center	Large Family Child Care Home	Small Family Child Care Home	Child Care Center	Large Family Child Care Home	Small Family Child Care Home
Components by Topic Area							
Infant Feeding							
IA1	Support breastfeeding	2	3	3	2	3	3
IA2	No cow's milk < 1yr	2	2	2	2	2	2
IB1	Feed infants on cue	4	2	2	4	2	2
IB2	Stop feed @ satiety	3	3	3	3	3	3
IB3	Hold infant to feed	3	2	2	3	2	2
IC1	Plan solid introduction	3	3	3	3	3	3
IC2	Intro solids @ 4-6 mo	3	3	3	3	3	3
IC3	Iron-Fort @ 4-6 mo	3	3	3	3	3	3
ID1	Don't mix formula	2	2	2	2	2	2
ID2	Whole fruit 7 m-1 yr	1	1	1	1	1	1
ID3	No juice < 12 mo	1	1	1	1	1	1
Average Rating Per CC Type		2.45	2.27	2.27	2.45	2.27	2.27
Nutrition							
NA1	Limit oils/fats	4	4	4	4	4	4
NA2	Low fat meat/proteins	4	4	4	4	4	4
NA3	Low fat milk equivalents	4	4	4	4	4	4
NA4	Whole milk 1-2 y/o	2	2	2	2	2	2
NA5	Low fat milk > 2 y/o	4	4	4	4	4	4
NB1	Whole grains	4	4	4	4	4	4
NB2	Variety of vegetables	4	4	4	4	4	4
NB3	Variety of whole fruit	4	4	4	4	4	4
NC1	100% juice	4	4	4	4	4	4
NC2	Juice only @ meals	2	2	2	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3	3	3
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3	3	3
ND1	Make water available	4	4	4	4	4	4
NE1	Teach portion sizes	2	2	2	2	2	2
NE2	Eat with children	2	2	2	2	2	2
NF1	Appropriate servings	4	4	4	4	4	4
NF2	Healthy seconds	3	3	3	3	3	3
NG1	Limit salt	4	4	4	4	4	4
NG2	Avoid sugary foods	3	3	3	3	3	3
NH1	Food no force/bribe	2	2	2	2	2	2
NH2	Food no reward/punish	3	3	3	3	3	3
Average Rating Per CC Type		3.29	3.29	3.29	3.29	3.29	3.29
Physical Activity							
PA1	Space for active play	4	4	4	4	4	4
PA2	Training on activities	2	2	2	3	3	3
PA3	Write activity policies	2	2	2	4	4	4
PA4	Play with children	2	2	2	2	2	2
PA5	Don't withhold play	2	2	2	2	2	2
PB1	No screen time < 2 yr	2	2	2	2	2	2
PB2	Screen time 30 min/wk	2	2	2	2	2	2
PB3	Screen time purpose	2	2	2	2	2	2
PB4	No TV w/meals	2	2	2	2	2	2
PC1	Outdoor play occasions	3	3	3	3	3	3
PC2	Toddler play time	3	3	3	3	3	3
PC3	Preschool play time	3	3	3	3	3	3
PD1	Structured play	2	2	2	2	2	2
PE1	Tummy time often	2	2	2	2	2	2
PE2	Limit time infant equip.	2	2	2	2	2	2
Average Rating Per CC Type		2.33	2.33	2.33	2.53	2.53	2.53

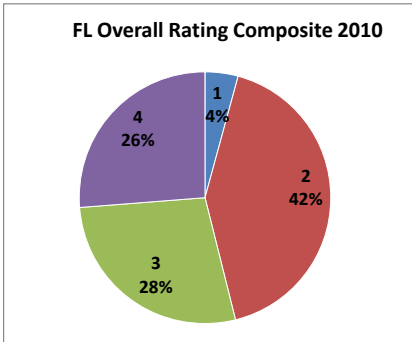
What Ratings Mean

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Florida

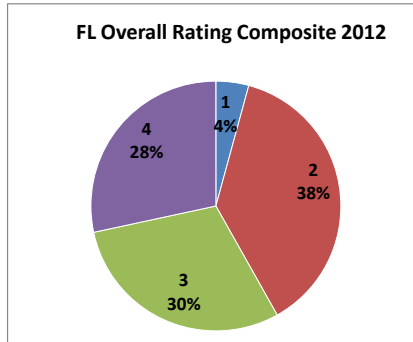
State Overall Ratings

2010

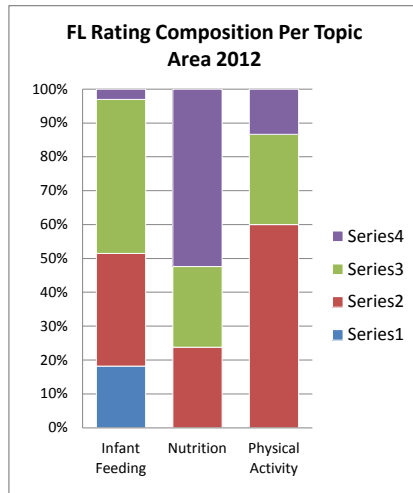
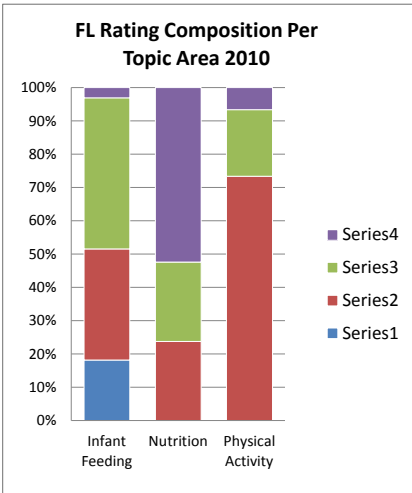


Tally of Each Rating Per Topic Area 2010				
Ratings	1	2	3	4
I - Count	6	11	15	1
N-Count	0	15	15	33
P-Count	0	33	9	3

2012



Tally of Each Rating Per Topic Area 2012				
Ratings	1	2	3	4
I - Count	6	11	15	1
N-Count	0	15	15	33
P-Count	0	27	12	6



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Georgia

State Overall Ratings

Key to Changes

Improved Rating
Lowered Rating

		Assessment Year 2010			2012		
		Child Care Center	Large Family Child Care Home	Small Family Child Care Home	Child Care Center	Large Family Child Care Home	Small Family Child Care Home
Components by Topic Area							
Infant Feeding							
IA1	Support breastfeeding	4	3	2	4	3	2
IA2	No cow's milk < 1yr	4	4	2	4	4	2
IB1	Feed infants on cue	4	4	2	4	4	2
IB2	Stop feed @ satiety	3	3	2	3	3	2
IB3	Hold infant to feed	3	3	3	3	3	3
IC1	Plan solid introduction	3	3	2	3	3	2
IC2	Intro solids @ 4-6 mo	3	3	2	3	3	2
IC3	Iron-Fort @ 4-6 mo	3	3	2	3	3	2
ID1	Don't mix formula	2	2	2	2	2	2
ID2	Whole fruit 7 m-1 yr	1	1	2	1	1	2
ID3	No juice < 12 mo	1	1	2	1	1	2
Average Rating Per CC Type		2.82	2.73	2.09	2.82	2.73	2.09
Nutrition							
NA1	Limit oils/fats	2	2	2	2	2	2
NA2	Low fat meat/proteins	3	3	3	3	3	3
NA3	Low fat milk equivalents	3	3	3	3	3	3
NA4	Whole milk 1-2 y/o	2	2	2	2	2	2
NA5	Low fat milk > 2 y/o	2	2	2	4	4	2
NB1	Whole grains	3	3	2	3	3	2
NB2	Variety of vegetables	3	3	3	3	3	3
NB3	Variety of whole fruit	3	3	3	3	3	3
NC1	100% juice	4	4	2	4	4	2
NC2	Juice only @ meals	2	2	2	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	3	3	2	3	3	2
NC4	Juice 8-12 oz. 7+ y/o	3	3	2	3	3	2
ND1	Make water available	3	3	2	4	4	2
NE1	Teach portion sizes	2	2	2	2	2	2
NE2	Eat with children	2	2	2	2	2	2
NF1	Appropriate servings	4	4	4	4	4	4
NF2	Healthy seconds	3	3	2	3	3	2
NG1	Limit salt	2	2	2	2	2	2
NG2	Avoid sugary foods	3	3	2	3	3	2
NH1	Food no force/bribe	3	3	3	3	3	3
NH2	Food no reward/punish	4	4	4	4	4	4
Average Rating Per CC Type		2.81	2.81	2.43	2.95	2.95	2.43
Physical Activity							
PA1	Space for active play	4	4	3	4	4	3
PA2	Training on activities	2	2	2	2	2	2
PA3	Write activity policies	2	2	2	2	2	2
PA4	Play with children	2	2	2	2	2	2
PA5	Don't withhold play	2	2	2	2	2	2
PB1	No screen time < 2 yr	2	2	2	2	2	2
PB2	Screen time 30 min/wk	3	3	3	3	3	3
PB3	Screen time purpose	2	2	2	2	2	2
PB4	No TV w/meals	2	2	2	2	2	2
PC1	Outdoor play occasions	3	3	3	3	3	3
PC2	Toddler play time	3	3	3	3	3	3
PC3	Preschool play time	3	3	3	3	3	3
PD1	Structured play	2	2	2	2	2	2
PE1	Tummy time often	2	2	2	2	2	2
PE2	Limit time infant equip.	3	3	2	3	3	2
Average Rating Per CC Type		2.47	2.47	2.33	2.47	2.47	2.33

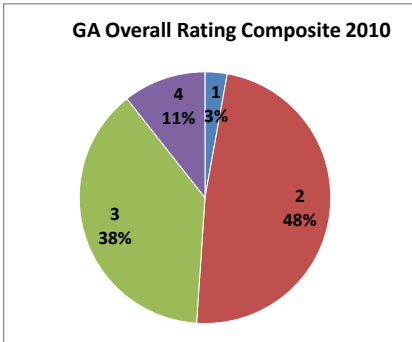
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Georgia

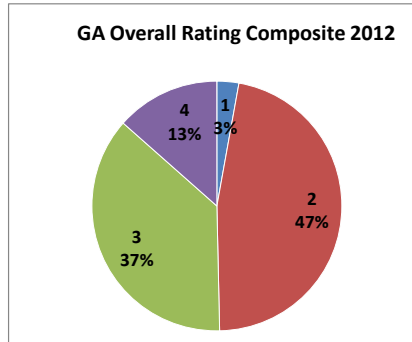
State Overall Ratings

2010

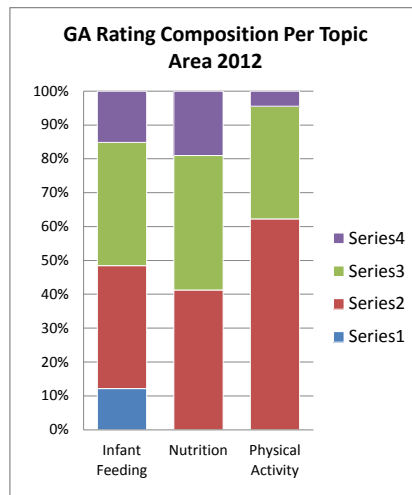
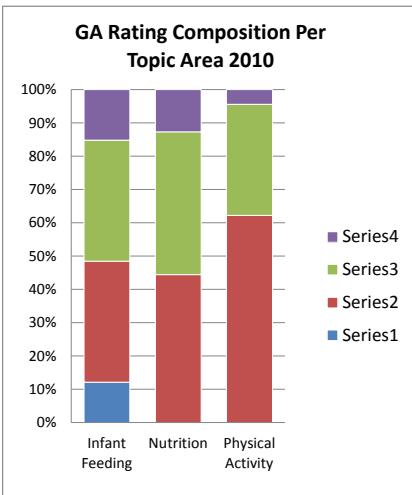


Ratings	1	2	3	4
I - Count	4	12	12	5
N-Count	0	28	27	8
P-Count	0	28	15	2

2012



Ratings	1	2	3	4
I - Count	4	12	12	5
N-Count	0	26	25	12
P-Count	0	28	15	2



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Hawaii

State Overall Ratings

Key to Changes

Improved Rating
Lowered Rating

		Assessment Year 2010			2012		
		Child Care Center	Large Family Child Care Home	Small Family Child Care Home	Child Care Center	Large Family Child Care Home	Small Family Child Care Home
Components by Topic Area							
Infant Feeding							
IA1	Support breastfeeding	3	3	3	3	3	3
IA2	No cow's milk < 1yr	4	4	4	4	4	4
IB1	Feed infants on cue	4	4	4	4	4	4
IB2	Stop feed @ satiety	3	3	3	3	3	3
IB3	Hold infant to feed	4	2	3	4	2	3
IC1	Plan solid introduction	3	3	3	3	3	3
IC2	Intro solids @ 4-6 mo	3	3	3	3	3	3
IC3	Iron-Fort @ 4-6 mo	3	3	3	3	3	3
ID1	Don't mix formula	2	2	2	2	2	2
ID2	Whole fruit 7 m-1 yr	1	1	1	1	1	1
ID3	No juice < 12 mo	1	1	1	1	1	1
Average Rating Per CC Type		2.82	2.64	2.73	2.82	2.64	2.73
Nutrition							
NA1	Limit oils/fats	2	2	2	2	2	2
NA2	Low fat meat/proteins	3	3	3	3	3	3
NA3	Low fat milk equivalents	3	3	3	3	3	3
NA4	Whole milk 1-2 y/o	2	2	2	2	2	2
NA5	Low fat milk > 2 y/o	2	2	2	4	4	4
NB1	Whole grains	3	3	3	3	3	3
NB2	Variety of vegetables	3	3	3	3	3	3
NB3	Variety of whole fruit	3	3	3	3	3	3
NC1	100% juice	4	4	4	4	4	4
NC2	Juice only @ meals	2	2	2	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3	3	3
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3	3	3
ND1	Make water available	3	3	3	4	4	4
NE1	Teach portion sizes	2	2	2	2	2	2
NE2	Eat with children	2	2	2	2	2	2
NF1	Appropriate servings	4	4	4	4	4	4
NF2	Healthy seconds	3	3	3	3	3	3
NG1	Limit salt	2	2	2	2	2	2
NG2	Avoid sugary foods	1	1	1	1	1	1
NH1	Food no force/bribe	3	3	3	3	3	3
NH2	Food no reward/punish	4	4	4	4	4	4
Average Rating Per CC Type		2.71	2.71	2.71	2.86	2.86	2.86
Physical Activity							
PA1	Space for active play	4	4	4	4	4	4
PA2	Training on activities	2	2	2	2	2	2
PA3	Write activity policies	2	2	2	2	2	2
PA4	Play with children	2	2	2	2	2	2
PA5	Don't withhold play	2	2	2	2	2	2
PB1	No screen time < 2 yr	2	2	2	2	2	2
PB2	Screen time 30 min/wk	2	2	2	2	2	2
PB3	Screen time purpose	2	2	2	2	2	2
PB4	No TV w/meals	2	2	2	2	2	2
PC1	Outdoor play occasions	3	3	3	3	3	3
PC2	Toddler play time	3	3	3	3	3	3
PC3	Preschool play time	3	3	3	3	3	3
PD1	Structured play	2	2	2	2	2	2
PE1	Tummy time often	2	2	2	2	2	2
PE2	Limit time infant equip.	2	2	2	2	2	2
Average Rating Per CC Type		2.33	2.33	2.33	2.33	2.33	2.33

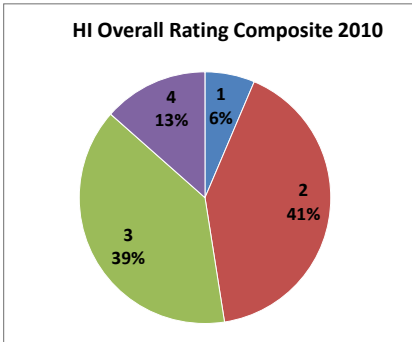
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Hawaii

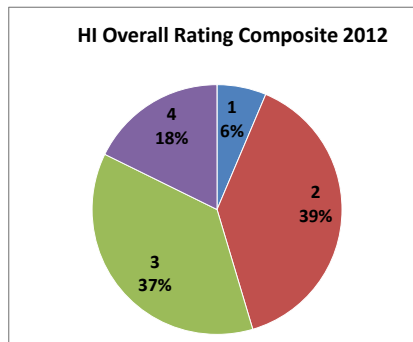
State Overall Ratings

2010

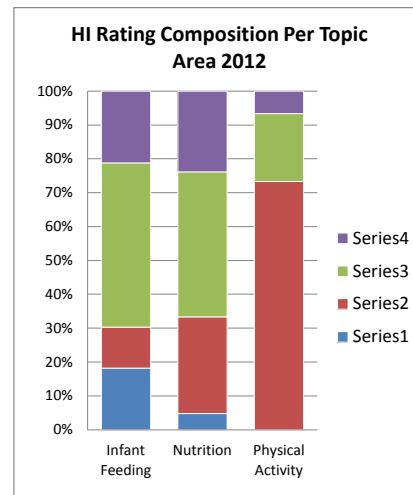
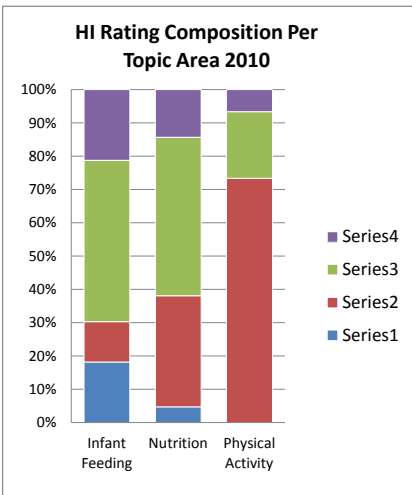


Ratings	1	2	3	4
I - Count	6	4	16	7
N-Count	3	21	30	9
P-Count	0	33	9	3

2012



Ratings	1	2	3	4
I - Count	6	4	16	7
N-Count	3	18	27	15
P-Count	0	33	9	3



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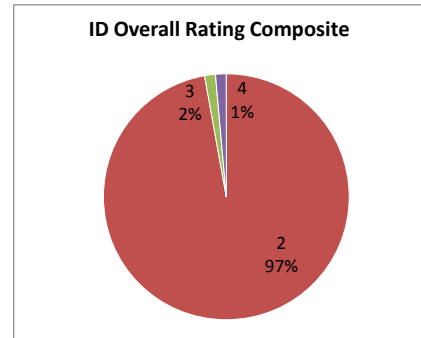
Idaho

State Overall Ratings

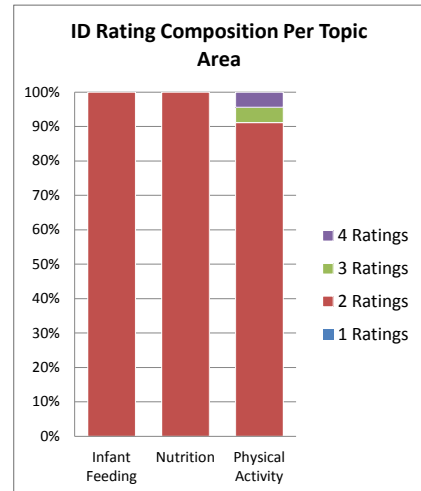
Components by Topic Area		Child Care Center	Large Family Child Care Home	Small Family Child Care Home	Average Rating Per Component
Infant Feeding					
IA1	Appropriate fluids	2	2	2	2.00
IA2		2	2	2	2.00
IB1	How to feed fluids	2	2	2	2.00
IB2		2	2	2	2.00
IB3		2	2	2	2.00
IC1	Introducing solids	2	2	2	2.00
IC2		2	2	2	2.00
IC3		2	2	2	2.00
ID1	Appropriate complementary foods	2	2	2	2.00
ID2		2	2	2	2.00
ID3		2	2	2	2.00
Average Rating Per CC Type		2.00	2.00	2.00	2.00
Nutrition					
NA1	Limit dietary fats	2	2	2	2.00
NA2		2	2	2	2.00
NA3		2	2	2	2.00
NA4		2	2	2	2.00
NA5		2	2	2	2.00
NB1	Serve nutrient-dense whole foods	2	2	2	2.00
NB2		2	2	2	2.00
NB3		2	2	2	2.00
NC1	Wholeness & quantity of juice	2	2	2	2.00
NC2		2	2	2	2.00
NC3		2	2	2	2.00
NC4		2	2	2	2.00
ND1	Water availability	2	2	2	2.00
NE1	Nutrition instruction by word & example	2	2	2	2.00
NE2		2	2	2	2.00
NF1	Age and individual nutritional requirements	2	2	2	2.00
NF2		2	2	2	2.00
NG1	Limit sugar and salt	2	2	2	2.00
NG2		2	2	2	2.00
NH1	Misuse of food	2	2	2	2.00
NH2		2	2	2	2.00
Average Rating Per CC Type		2.00	2.00	2.00	2.00
Physical Activity					
PA1	General promotion of activity	2	4	4	3.33
PA2		2	2	2	2.00
PA3		2	3	3	2.67
PA4		2	2	2	2.00
PA5		2	2	2	2.00
PB1	Screen time	2	2	2	2.00
PB2		2	2	2	2.00
PB3		2	2	2	2.00
PB4		2	2	2	2.00
PC1	Age-specific activity	2	2	2	2.00
PC2		2	2	2	2.00
PC3		2	2	2	2.00
PD1	Caregiver/teacher involvement	2	2	2	2.00
PE1	Infant-specific activity	2	2	2	2.00
PE2		2	2	2	2.00
Average Rating Per CC Type		2.00	2.20	2.20	2.13
Grand Average for Care Types & Components		2.00	2.06	2.06	2.04

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Ratings	1	2	3	4
I - Count	0	33	0	0
N - Count	0	63	0	0
P - Count	0	41	2	2



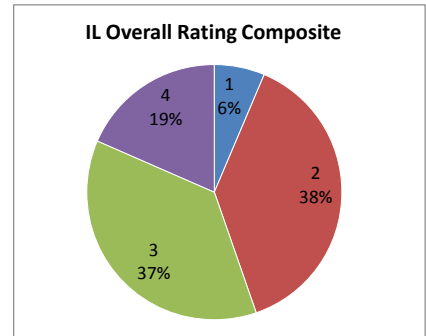
Illinois

State Overall Ratings

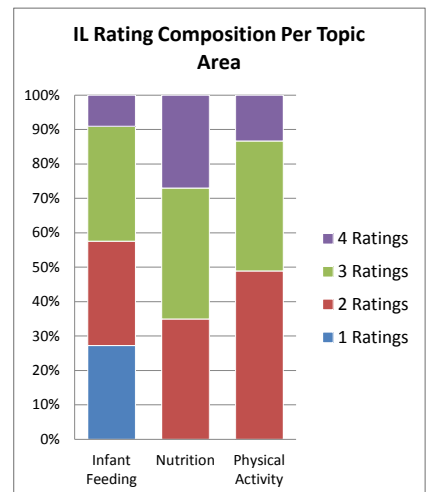
Components by Topic Area		Child Care Center	Large Family Child Care Home	Small Family Child Care Home	Average Rating Per Component
Infant Feeding					
IA1	Appropriate fluids	2	2	2	2.00
IA2		1	1	1	1.00
IB1	How to feed fluids	2	4	4	3.33
IB2		2	2	2	2.00
IB3		3	3	3	3.00
IC1	Introducing solids	3	3	3	3.00
IC2		4	3	3	3.33
IC3		3	3	3	3.00
ID1	Appropriate complementary foods	2	2	2	2.00
ID2		1	1	1	1.00
ID3		1	1	1	1.00
Average Rating Per CC Type		2.18	2.27	2.27	2.24
Nutrition					
NA1	Limit dietary fats	2	2	2	2.00
NA2		3	3	3	3.00
NA3		3	3	3	3.00
NA4		3	2	2	2.33
NA5		3	2	2	2.33
NB1	Serve nutrient-dense whole foods	3	3	3	3.00
NB2		3	4	3	3.33
NB3		4	4	4	4.00
NC1	Wholeness & quantity of juice	4	4	4	4.00
NC2		2	2	2	2.00
NC3		3	4	4	3.67
NC4		4	4	4	4.00
ND1	Water availability	3	3	3	3.00
NE1	Nutrition instruction by word & example	3	2	2	2.33
NE2		2	2	2	2.00
NF1	Age and individual nutritional requirements	4	4	4	4.00
NF2		3	2	2	2.33
NG1	Limit sugar and salt	2	2	2	2.00
NG2		3	2	2	2.33
NH1	Misuse of food	4	3	3	3.33
NH2		4	3	3	3.33
Average Rating Per CC Type		3.10	2.86	2.81	2.92
Physical Activity					
PA1	General promotion of activity	4	4	4	4.00
PA2		2	2	2	2.00
PA3		2	2	2	2.00
PA4		2	2	2	2.00
PA5		3	3	3	3.00
PB1	Screen time	3	2	2	2.33
PB2		3	2	2	2.33
PB3		2	2	2	2.00
PB4		2	2	2	2.00
PC1	Age-specific activity	3	3	3	3.00
PC2		3	3	3	3.00
PC3		3	3	3	3.00
PD1	Caregiver/teacher involvement	3	3	3	3.00
PE1	Infant-specific activity	4	4	4	4.00
PE2		2	2	2	2.00
Average Rating Per CC Type		2.73	2.60	2.60	2.64
Grand Average for Care Types & Components		2.77	2.64	2.62	2.67

What Ratings Mean

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Ratings	1	2	3	4
I - Count	9	10	11	3
N-Count	0	22	24	17
P-Count	0	22	17	6



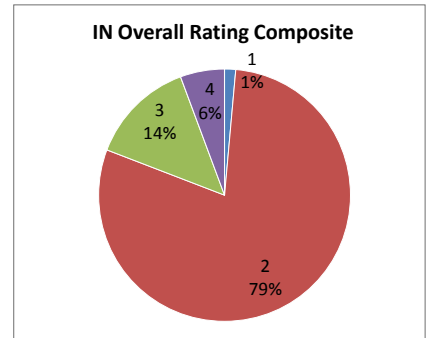
Indiana

State Overall Ratings

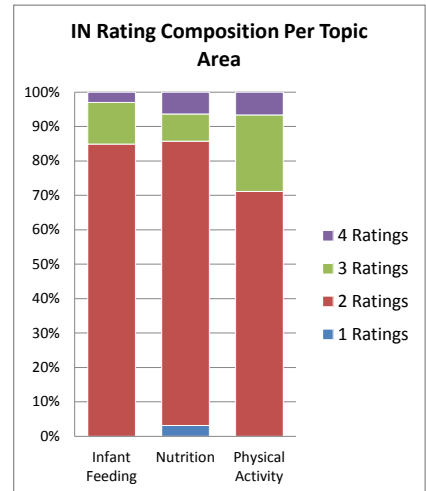
Components by Topic Area		Child Care Center	Large Family Child Care Home	Small Family Child Care Home	Average Rating Per Component
Infant Feeding					
IA1	Appropriate fluids	3	2	2	2.33
IA2		2	2	2	2.00
IB1	How to feed fluids	3	2	2	2.33
IB2		2	2	2	2.00
IB3		4	3	3	3.33
IC1	Introducing solids	2	2	2	2.00
IC2		2	2	2	2.00
IC3		2	2	2	2.00
ID1	Appropriate complementary foods	2	2	2	2.00
ID2		2	2	2	2.00
ID3		2	2	2	2.00
Average Rating Per CC Type		2.36	2.09	2.09	2.18
Nutrition					
NA1	Limit dietary fats	2	2	2	2.00
NA2		2	2	2	2.00
NA3		2	2	2	2.00
NA4		3	2	2	2.33
NA5		1	2	2	1.67
NB1	Serve nutrient-dense whole foods	2	2	2	2.00
NB2		2	2	2	2.00
NB3		2	2	2	2.00
NC1	Wholeness & quantity of juice	4	2	2	2.67
NC2		2	2	2	2.00
NC3		2	2	2	2.00
NC4		2	2	2	2.00
ND1	Water availability	3	2	4	3.00
NE1	Nutrition instruction by word & example	3	2	2	2.33
NE2		2	2	2	2.00
NF1	Age and individual nutritional requirements	2	2	4	2.67
NF2		1	2	2	1.67
NG1	Limit sugar and salt	2	2	2	2.00
NG2		3	2	2	2.33
NH1	Misuse of food	2	2	2	2.00
NH2		4	2	3	3.00
Average Rating Per CC Type		2.29	2.00	2.24	2.17
Physical Activity					
PA1	General promotion of activity	4	2	3	3.00
PA2		2	2	2	2.00
PA3		2	2	2	2.00
PA4		2	2	2	2.00
PA5		3	2	2	2.33
PB1	Screen time	4	2	2	2.67
PB2		2	2	2	2.00
PB3		4	2	2	2.67
PB4		2	2	2	2.00
PC1	Age-specific activity	3	2	3	2.67
PC2		3	2	3	2.67
PC3		3	2	3	2.67
PD1	Caregiver/teacher involvement	3	2	2	2.33
PE1	Infant-specific activity	2	2	2	2.00
PE2		3	2	2	2.33
Average Rating Per CC Type		2.80	2.00	2.27	2.36
Grand Average for Care Types & Components		2.47	2.02	2.21	2.23

What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets standard
- 4 Regulation fully meets standard



Ratings	1	2	3	4
I - Count	0	28	4	1
N-Count	2	52	5	4
P-Count	0	32	10	3



Iowa

State Overall Ratings

Key to Changes

Improved Rating
Lower Rating

		Assessment Year			Assessment Year		
		2010			2012		
Components by Topic Area		Child Care	Large Family	Small Family	Child Care	Large Family	Small Family
		Center	Child Care Home	Child Care Home	Center	Child Care Home	Child Care Home
Infant Feeding							
IA1	Support breastfeeding	2	2	2	3	3	2
IA2	No cow's milk < 1yr	4	4	4	4	4	4
IB1	Feed infants on cue	4	4	4	4	4	4
IB2	Stop feed @ satiety	3	3	3	4	4	3
IB3	Hold infant to feed	3	2	2	3	2	2
IC1	Plan solid introduction	3	3	3	3	3	3
IC2	Intro solids @ 4-6 mo	3	3	3	3	3	3
IC3	Iron-Fort @ 4-6 mo	3	3	3	3	3	3
ID1	Don't mix formula	2	2	2	2	2	2
ID2	Whole fruit 7 m-1 yr	1	1	1	1	1	1
ID3	No juice < 12 mo	1	1	1	1	1	1
Average Rating Per CC Type		2.64	2.55	2.55	2.82	2.73	2.55
Nutrition							
NA1	Limit oils/fats	2	2	2	2	2	2
NA2	Low fat meat/proteins	3	3	3	3	3	3
NA3	Low fat milk equivalents	3	3	3	3	3	3
NA4	Whole milk 1-2 y/o	3	2	2	3	2	2
NA5	Low fat milk > 2 y/o	2	2	2	4	4	4
NB1	Whole grains	3	3	3	3	3	3
NB2	Variety of vegetables	3	3	3	3	3	3
NB3	Variety of whole fruit	3	3	3	3	3	3
NC1	100% juice	4	4	4	4	4	4
NC2	Juice only @ meals	2	2	2	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3	3	3
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3	3	3
ND1	Make water available	3	2	2	4	4	4
NE1	Teach portion sizes	2	2	2	2	2	2
NE2	Eat with children	2	2	2	2	2	2
NF1	Appropriate servings	4	4	4	4	4	4
NF2	Healthy seconds	3	3	3	3	3	3
NG1	Limit salt	2	2	2	2	2	2
NG2	Avoid sugary foods	1	1	1	1	1	1
NH1	Food no force/bribe	2	2	2	2	2	2
NH2	Food no reward/punish	3	3	3	3	3	3
Average Rating Per CC Type		2.67	2.57	2.57	2.81	2.76	2.76
Physical Activity							
PA1	Space for active play	4	4	4	4	4	4
PA2	Training on activities	2	2	2	2	2	2
PA3	Write activity policies	2	2	2	2	2	2
PA4	Play with children	2	2	2	2	2	2
PA5	Don't withhold play	2	2	2	2	2	2
PB1	No screen time < 2 yr	2	2	2	2	2	2
PB2	Screen time 30 min/wk	2	2	2	2	2	2
PB3	Screen time purpose	2	2	2	2	2	2
PB4	No TV w/meals	2	2	2	2	2	2
PC1	Outdoor play occasions	3	2	2	3	2	2
PC2	Toddler play time	3	3	3	3	3	3
PC3	Preschool play time	3	3	3	3	3	3
PD1	Structured play	3	3	3	3	3	3
PE1	Tummy time often	2	2	2	2	2	2
PE2	Limit time infant equip.	2	2	2	2	2	2
Average Rating Per CC Type		2.40	2.33	2.33	2.40	2.33	2.33

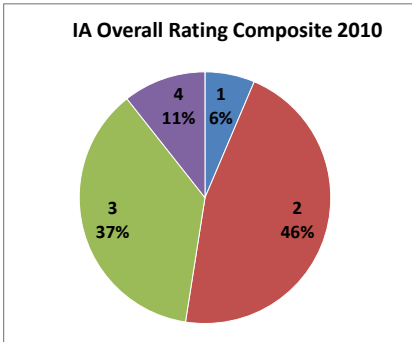
What Ratings Mean

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- 4 Regulation fully meets standard

Iowa

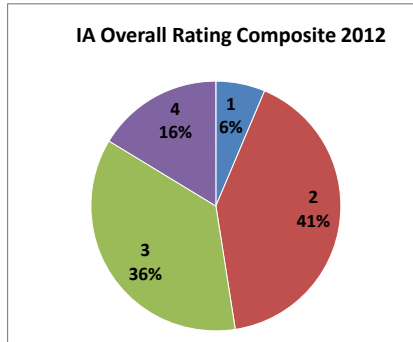
State Overall Ratings

2010

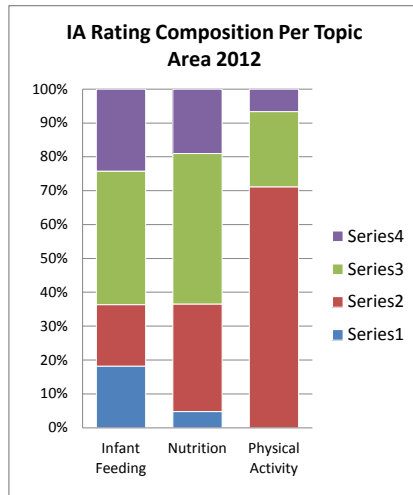
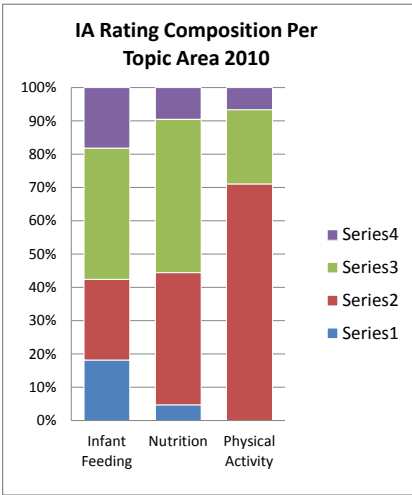


Tally of Each Rating Per Topic Area 2010				
Ratings	1	2	3	4
I - Count	6	8	13	6
N-Count	3	25	29	6
P-Count	0	32	10	3

2012



Tally of Each Rating Per Topic Area 2012				
Ratings	1	2	3	4
I - Count	6	6	13	8
N-Count	3	20	28	12
P-Count	0	32	10	3



Understanding and Using This page

On this page are two types of charts and tables based on data from the table on the previous page. The pie charts at the top show the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table below each pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar charts show the percentage of ratings of 1- 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

It is suggested that the state reviews this page for analysis of its regulations, to see where terminology is strong and to identify those areas in which terminology may be improved in its child care regulations that have implications for childhood obesity prevention. This page reports the state's ratings for each variable by child care type, so that all final ratings per child care facility type are shown.

Kansas

State Overall Ratings

Key to Changes

Improved Rating
Lowered Rating

		Assessment Year 2010			2012		
		Child Care Center	Large Family Child Care Home	Small Family Child Care Home	Child Care Center	Large Family Child Care Home	Small Family Child Care Home
Components by Topic Area							
Infant Feeding							
IA1	Support breastfeeding	2	2	2	2	2	2
IA2	No cow's milk < 1yr	2	2	2	2	2	2
IB1	Feed infants on cue	2	2	2	2	2	2
IB2	Stop feed @ satiety	2	2	2	2	2	2
IB3	Hold infant to feed	3	3	3	3	3	3
IC1	Plan solid introduction	3	3	3	3	3	3
IC2	Intro solids @ 4-6 mo	2	2	2	2	2	2
IC3	Iron-Fort @ 4-6 mo	2	2	2	2	2	2
ID1	Don't mix formula	2	2	2	2	2	2
ID2	Whole fruit 7 m-1 yr	2	2	2	2	2	2
ID3	No juice < 12 mo	2	2	2	2	2	2
Average Rating Per CC Type		2.18	2.18	2.18	2.18	2.18	2.18
Nutrition							
NA1	Limit oils/fats	2	2	2	2	2	2
NA2	Low fat meat/proteins	3	3	3	3	3	3
NA3	Low fat milk equivalents	3	3	3	3	3	3
NA4	Whole milk 1-2 y/o	2	2	2	2	2	2
NA5	Low fat milk > 2 y/o	2	2	2	2	4	4
NB1	Whole grains	2	2	2	2	2	2
NB2	Variety of vegetables	3	3	3	3	3	3
NB3	Variety of whole fruit	3	3	3	3	3	3
NC1	100% juice	4	4	4	4	4	4
NC2	Juice only @ meals	2	2	2	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	2	2	2	2	2	2
NC4	Juice 8-12 oz. 7+ y/o	2	2	2	2	2	2
ND1	Make water available	4	2	2	4	3	3
NE1	Teach portion sizes	2	2	2	2	2	2
NE2	Eat with children	2	2	2	2	2	2
NF1	Appropriate servings	2	2	2	2	2	2
NF2	Healthy seconds	1	1	1	1	1	1
NG1	Limit salt	2	2	2	2	2	2
NG2	Avoid sugary foods	2	2	2	2	2	2
NH1	Food no force/bribe	3	2	2	3	2	2
NH2	Food no reward/punish	3	2	2	3	2	2
Average Rating Per CC Type		2.43	2.24	2.24	2.43	2.38	2.38
Physical Activity							
PA1	Space for active play	4	3	3	4	3	3
PA2	Training on activities	2	2	2	2	2	2
PA3	Write activity policies	2	2	2	2	2	2
PA4	Play with children	2	2	2	2	2	2
PA5	Don't withhold play	2	2	2	2	2	2
PB1	No screen time < 2 yr	3	3	3	3	3	3
PB2	Screen time 30 min/wk	2	2	2	2	2	2
PB3	Screen time purpose	2	2	2	2	2	2
PB4	No TV w/meals	2	2	2	2	2	2
PC1	Outdoor play occasions	3	3	3	3	3	3
PC2	Toddler play time	3	3	3	3	4	4
PC3	Preschool play time	3	3	3	3	3	3
PD1	Structured play	3	2	2	3	2	2
PE1	Tummy time often	2	2	2	2	2	2
PE2	Limit time infant equip.	3	2	2	3	2	2
Average Rating Per CC Type		2.53	2.33	2.33	2.53	2.40	2.40

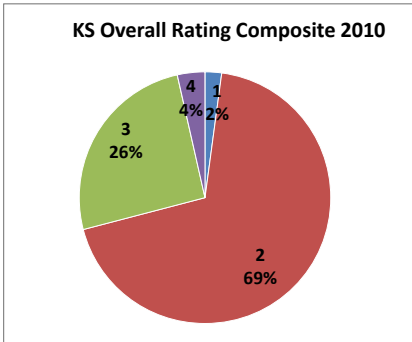
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Kansas

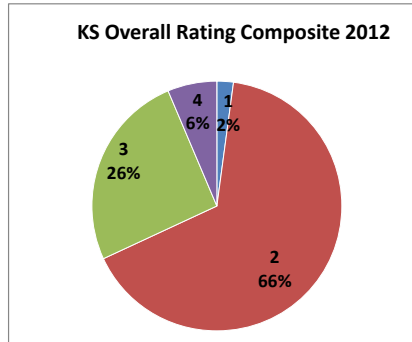
State Overall Ratings

2010

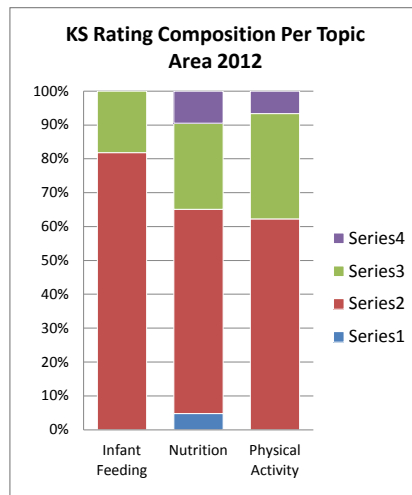
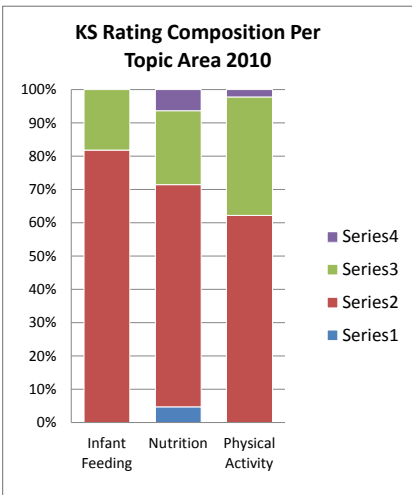


Ratings	1	2	3	4
I - Count	0	27	6	0
N-Count	3	42	14	4
P-Count	0	28	16	1

2012



Ratings	1	2	3	4
I - Count	0	27	6	0
N-Count	3	38	16	6
P-Count	0	28	14	3



Understanding and Using This page

On this page are two types of charts and tables based on data from the table on the previous page. The pie charts at the top show the composition of all the ratings for the state by percentage of 1, 2, 3 and 4 ratings, which affords an overall view of the state's ratings. The small table below each pie chart shows the frequency (number) of each rating of 1, 2, 3 and 4 for each topic area: I=Infant Feeding, N=Nutrition, and P=Physical Activity. The stacked bar charts show the percentage of ratings of 1- 4 for each topic area. Ratings of 1 are at the base of the columns and ratings of 4 are at the top.

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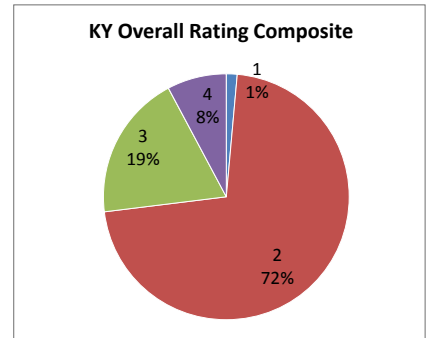
Kentucky

State Overall Ratings

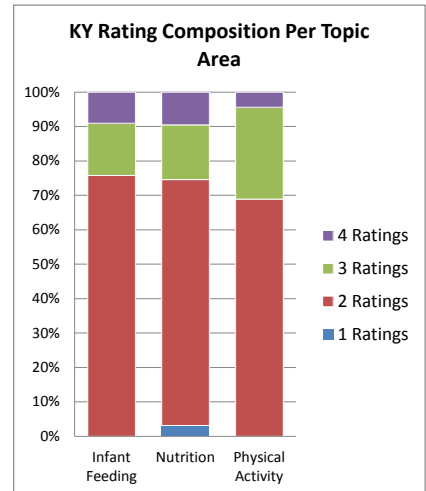
Components by Topic Area		Child Care Center	Large Family Child Care Home	Small Family Child Care Home	Average Rating Per Component
Infant Feeding					
IA1	Appropriate fluids	2	2	2	2.00
IA2		2	2	2	2.00
IB1	How to feed fluids	2	2	2	2.00
IB2		3	3	3	3.00
IB3		4	4	4	4.00
IC1	Introducing solids	2	2	3	2.33
IC2		2	2	3	2.33
IC3		2	2	2	2.00
ID1	Appropriate complementary foods	2	2	2	2.00
ID2		2	2	2	2.00
ID3		2	2	2	2.00
Average Rating Per CC Type		2.27	2.27	2.45	2.33
Nutrition					
NA1	Limit dietary fats	2	2	2	2.00
NA2		2	2	2	2.00
NA3		2	2	2	2.00
NA4		2	2	2	2.00
NA5		2	2	2	2.00
NB1	Serve nutrient-dense whole foods	2	2	2	2.00
NB2		3	3	3	3.00
NB3		3	3	3	3.00
NC1	Wholeness & quantity of juice	4	4	4	4.00
NC2		2	2	2	2.00
NC3		2	2	2	2.00
NC4		2	2	2	2.00
ND1	Water availability	3	3	2	2.67
NE1	Nutrition instruction by word & example	2	2	2	2.00
NE2		2	2	2	2.00
NF1	Age and individual nutritional requirements	4	4	4	4.00
NF2		1	1	2	1.33
NG1	Limit sugar and salt	2	2	2	2.00
NG2		2	2	2	2.00
NH1	Misuse of food	2	2	2	2.00
NH2		3	3	2	2.67
Average Rating Per CC Type		2.33	2.33	2.29	2.32
Physical Activity					
PA1	General promotion of activity	4	4	3	3.67
PA2		2	2	2	2.00
PA3		2	2	2	2.00
PA4		2	2	2	2.00
PA5		2	2	2	2.00
PB1	Screen time	2	2	3	2.33
PB2		2	2	3	2.33
PB3		2	2	2	2.00
PB4		2	2	2	2.00
PC1	Age-specific activity	3	3	3	3.00
PC2		3	3	3	3.00
PC3		3	3	3	3.00
PD1	Caregiver/teacher involvement	2	2	2	2.00
PE1	Infant-specific activity	2	2	2	2.00
PE2		2	2	2	2.00
Average Rating Per CC Type		2.33	2.33	2.40	2.36
Grand Average for Care Types & Components		2.32	2.32	2.36	2.33

What Ratings Mean

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Ratings	1	2	3	4
I - Count	0	25	5	3
N - Count	2	45	10	6
P - Count	0	31	12	2



Louisiana

State Overall Ratings

Key to Changes

Improved Rating
Lowered Rating

Components by Topic Area	Assessment Year 2010			Assessment Year 2012		
	Child Care Center	Large Family Child Care Home	Small Family Child Care Home	Child Care Center	Large Family Child Care Home	Small Family Child Care Home
	Infant Feeding					
IA1 Support breastfeeding	3	N/A	N/A	3	N/A	N/A
IA2 No cow's milk < 1yr	1	N/A	N/A	1	N/A	N/A
IB1 Feed infants on cue	4	N/A	N/A	4	N/A	N/A
IB2 Stop feed @ satiety	3	N/A	N/A	3	N/A	N/A
IB3 Hold infant to feed	4	N/A	N/A	4	N/A	N/A
IC1 Plan solid introduction	3	N/A	N/A	3	N/A	N/A
IC2 Intro solids @ 4-6 mo	3	N/A	N/A	3	N/A	N/A
IC3 Iron-Fort @ 4-6 mo	3	N/A	N/A	3	N/A	N/A
ID1 Don't mix formula	2	N/A	N/A	2	N/A	N/A
ID2 Whole fruit 7 m-1 yr	1	N/A	N/A	1	N/A	N/A
ID3 No juice < 12 mo	1	N/A	N/A	1	N/A	N/A
Average Rating Per CC Type	2.55	N/A	N/A	2.55	N/A	N/A
Nutrition						
NA1 Limit oils/fats	2	N/A	N/A	2	N/A	N/A
NA2 Low fat meat/proteins	3	N/A	N/A	3	N/A	N/A
NA3 Low fat milk equivalents	3	N/A	N/A	3	N/A	N/A
NA4 Whole milk 1-2 y/o	2	N/A	N/A	2	N/A	N/A
NA5 Low fat milk > 2 y/o	2	N/A	N/A	4	N/A	N/A
NB1 Whole grains	3	N/A	N/A	3	N/A	N/A
NB2 Variety of vegetables	3	N/A	N/A	3	N/A	N/A
NB3 Variety of whole fruit	4	N/A	N/A	4	N/A	N/A
NC1 100% juice	4	N/A	N/A	4	N/A	N/A
NC2 Juice only @ meals	2	N/A	N/A	2	N/A	N/A
NC3 Juice 4-6 oz. 1-6 y/o	3	N/A	N/A	3	N/A	N/A
NC4 Juice 8-12 oz. 7+ y/o	3	N/A	N/A	3	N/A	N/A
ND1 Make water available	4	N/A	N/A	4	N/A	N/A
NE1 Teach portion sizes	2	N/A	N/A	2	N/A	N/A
NE2 Eat with children	2	N/A	N/A	2	N/A	N/A
NF1 Appropriate servings	4	N/A	N/A	4	N/A	N/A
NF2 Healthy seconds	1	N/A	N/A	1	N/A	N/A
NG1 Limit salt	2	N/A	N/A	2	N/A	N/A
NG2 Avoid sugary foods	1	N/A	N/A	1	N/A	N/A
NH1 Food no force/bribe	2	N/A	N/A	2	N/A	N/A
NH2 Food no reward/punish	3	N/A	N/A	3	N/A	N/A
Average Rating Per CC Type	2.62	N/A	N/A	2.71	N/A	N/A
Physical Activity						
PA1 Space for active play	4	N/A	N/A	4	N/A	N/A
PA2 Training on activities	2	N/A	N/A	2	N/A	N/A
PA3 Write activity policies	2	N/A	N/A	2	N/A	N/A
PA4 Play with children	2	N/A	N/A	2	N/A	N/A
PA5 Don't withhold play	3	N/A	N/A	3	N/A	N/A
PB1 No screen time < 2 yr	2	N/A	N/A	2	N/A	N/A
PB2 Screen time 30 min/wk	2	N/A	N/A	2	N/A	N/A
PB3 Screen time purpose	2	N/A	N/A	2	N/A	N/A
PB4 No TV w/meals	2	N/A	N/A	2	N/A	N/A
PC1 Outdoor play occasions	3	N/A	N/A	3	N/A	N/A
PC2 Toddler play time	3	N/A	N/A	3	N/A	N/A
PC3 Preschool play time	3	N/A	N/A	3	N/A	N/A
PD1 Structured play	2	N/A	N/A	2	N/A	N/A
PE1 Tummy time often	2	N/A	N/A	2	N/A	N/A
PE2 Limit time infant equip.	3	N/A	N/A	3	N/A	N/A
Average Rating Per CC Type	2.47	N/A	N/A	2.47	N/A	N/A

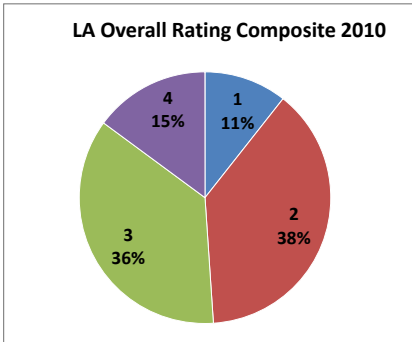
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Louisiana

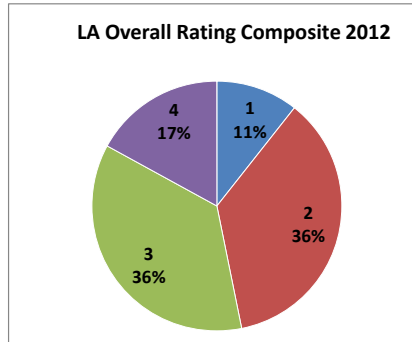
State Overall Ratings

2010

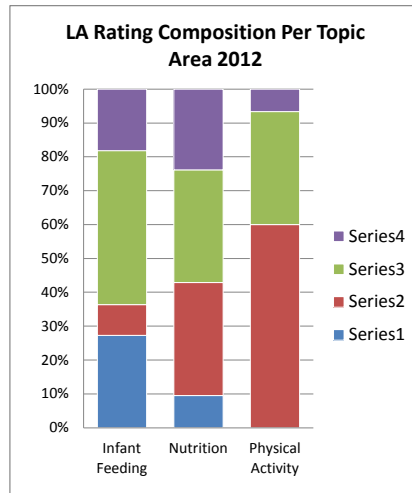
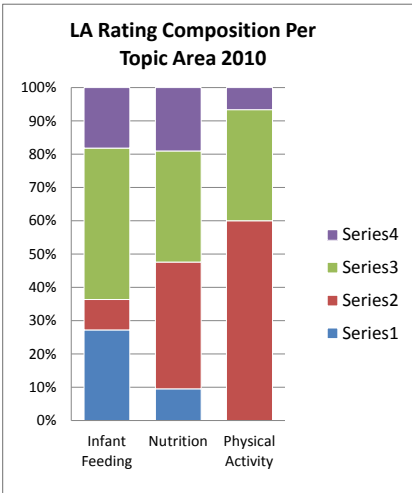


Ratings	1	2	3	4
I - Count	3	1	5	2
N-Count	2	8	7	4
P-Count	0	9	5	1

2012



Ratings	1	2	3	4
I - Count	3	1	5	2
N-Count	2	7	7	5
P-Count	0	9	5	1



Understanding and Using This page

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Maine

State Overall Ratings

Key to Changes

Improved Rating
Lowered Rating

		Assessment Year 2010			2012		
		Child Care Center	Large Family Child Care Home	Small Family Child Care Home	Child Care Center	Large Family Child Care Home	Small Family Child Care Home
Components by Topic Area							
Infant Feeding							
IA1	Support breastfeeding	2	2	2	2	2	2
IA2	No cow's milk < 1yr	2	2	2	2	2	2
IB1	Feed infants on cue	4	4	4	4	4	4
IB2	Stop feed @ satiety	2	2	2	2	2	2
IB3	Hold infant to feed	4	4	3	4	4	3
IC1	Plan solid introduction	2	2	2	2	2	2
IC2	Intro solids @ 4-6 mo	2	2	2	2	2	2
IC3	Iron-Fort @ 4-6 mo	2	2	2	2	2	2
ID1	Don't mix formula	2	2	2	2	2	2
ID2	Whole fruit 7 m-1 yr	2	2	2	2	2	2
ID3	No juice < 12 mo	2	2	2	2	2	2
Average Rating Per CC Type		2.36	2.36	2.27	2.36	2.36	2.27
Nutrition							
NA1	Limit oils/fats	2	2	2	2	2	2
NA2	Low fat meat/proteins	3	3	2	3	3	2
NA3	Low fat milk equivalents	3	3	2	3	3	2
NA4	Whole milk 1-2 y/o	2	2	2	2	2	2
NA5	Low fat milk > 2 y/o	2	2	2	4	4	4
NB1	Whole grains	2	2	2	2	2	2
NB2	Variety of vegetables	3	3	2	3	3	2
NB3	Variety of whole fruit	3	3	2	3	3	2
NC1	100% juice	2	2	2	2	2	2
NC2	Juice only @ meals	2	2	2	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	2	2	2	2	2	2
NC4	Juice 8-12 oz. 7+ y/o	2	2	2	2	2	2
ND1	Make water available	3	3	2	4	4	4
NE1	Teach portion sizes	2	2	2	2	2	2
NE2	Eat with children	2	2	2	2	2	2
NF1	Appropriate servings	3	3	2	3	3	2
NF2	Healthy seconds	2	2	2	2	2	2
NG1	Limit salt	2	2	2	2	2	2
NG2	Avoid sugary foods	2	2	2	2	2	2
NH1	Food no force/bribe	3	3	3	3	3	3
NH2	Food no reward/punish	3	3	3	3	3	3
Average Rating Per CC Type		2.38	2.38	2.10	2.52	2.52	2.29
Physical Activity							
PA1	Space for active play	4	4	4	4	4	4
PA2	Training on activities	2	2	2	2	2	2
PA3	Write activity policies	2	2	2	2	2	2
PA4	Play with children	2	2	2	2	2	2
PA5	Don't withhold play	2	2	2	2	2	2
PB1	No screen time < 2 yr	3	3	3	3	3	3
PB2	Screen time 30 min/wk	3	3	2	3	3	2
PB3	Screen time purpose	4	4	4	4	4	4
PB4	No TV w/meals	2	2	2	2	2	2
PC1	Outdoor play occasions	4	4	4	4	4	4
PC2	Toddler play time	3	3	3	3	3	3
PC3	Preschool play time	3	3	3	3	3	3
PD1	Structured play	2	2	2	2	2	2
PE1	Tummy time often	2	2	2	2	2	2
PE2	Limit time infant equip.	2	2	2	2	2	2
Average Rating Per CC Type		2.67	2.67	2.60	2.67	2.67	2.60

What Ratings Mean

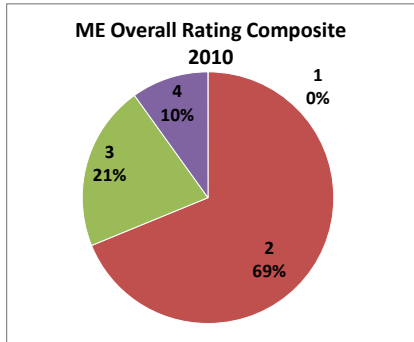
- 1 Regulation contradicts the standard
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- 4 Regulation fully meets standard

ME Page 1 of 2

Maine

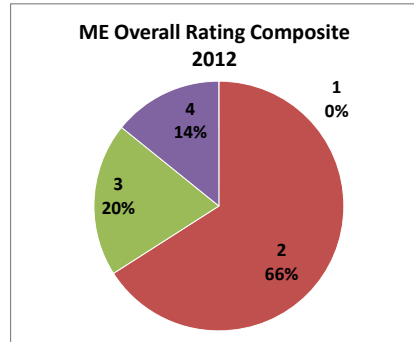
State Overall Ratings

2010

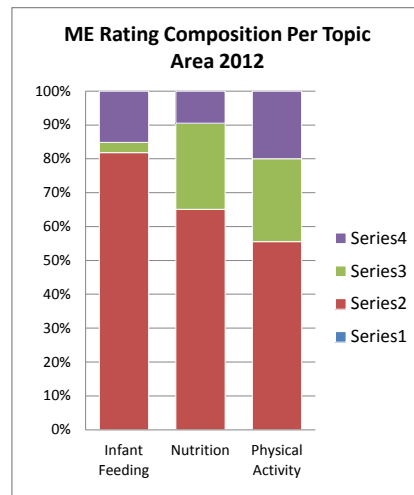
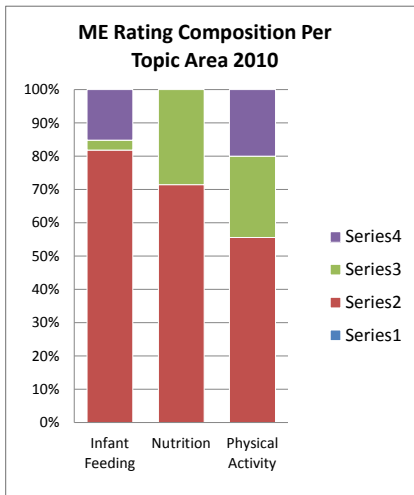


Ratings	1	2	3	4
I - Count	0	27	1	5
N-Count	0	45	18	0
P-Count	0	25	11	9

2012



Ratings	1	2	3	4
I - Count	0	27	1	5
N-Count	0	41	16	6
P-Count	0	25	11	9



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Maryland

State Overall Ratings

Key to Changes

Improved Rating
Lowered Rating

Components by Topic Area	Assessment Year 2010			Assessment Year 2012			
	Child Care Center	Large Family Child Care Home	Small Family Child Care Home	Child Care Center	Large Family Child Care Home	Small Family Child Care Home	
Infant Feeding							
IA1	Support breastfeeding	3	3	3	3	3	
IA2	No cow's milk < 1yr	4	4	4	4	4	
IB1	Feed infants on cue	4	4	4	4	4	
IB2	Stop feed @ satiety	3	3	3	3	3	
IB3	Hold infant to feed	3	3	2	3	2	
IC1	Plan solid introduction	3	3	3	3	3	
IC2	Intro solids @ 4-6 mo	3	3	3	3	3	
IC3	Iron-Fort @ 4-6 mo	3	3	3	3	3	
ID1	Don't mix formula	2	2	2	2	2	
ID2	Whole fruit 7 m-1 yr	1	1	1	1	1	
ID3	No juice < 12 mo	1	1	1	1	1	
Average Rating Per CC Type		2.73	2.73	2.64	2.73	2.82	2.64
Nutrition							
NA1	Limit oils/fats	2	2	2	2	2	
NA2	Low fat meat/proteins	3	3	3	3	3	
NA3	Low fat milk equivalents	3	3	3	3	3	
NA4	Whole milk 1-2 y/o	2	2	2	2	2	
NA5	Low fat milk > 2 y/o	2	2	2	4	4	
NB1	Whole grains	3	3	3	3	3	
NB2	Variety of vegetables	3	3	3	3	3	
NB3	Variety of whole fruit	3	3	3	3	3	
NC1	100% juice	4	4	4	4	4	
NC2	Juice only @ meals	2	2	2	2	2	
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3	3	
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3	3	
ND1	Make water available	3	3	2	4	4	
NE1	Teach portion sizes	2	2	2	2	2	
NE2	Eat with children	2	2	2	2	2	
NF1	Appropriate servings	4	4	3	4	3	
NF2	Healthy seconds	3	3	3	3	3	
NG1	Limit salt	2	2	2	2	2	
NG2	Avoid sugary foods	1	1	1	1	1	
NH1	Food no force/bribe	3	3	3	3	3	
NH2	Food no reward/punish	3	3	3	3	3	
Average Rating Per CC Type		2.67	2.67	2.57	2.81	2.90	2.76
Physical Activity							
PA1	Space for active play	4	4	4	4	4	
PA2	Training on activities	2	2	2	2	2	
PA3	Write activity policies	2	2	2	2	2	
PA4	Play with children	2	2	2	2	2	
PA5	Don't withhold play	2	2	2	2	2	
PB1	No screen time < 2 yr	2	2	2	2	2	
PB2	Screen time 30 min/wk	2	2	2	2	2	
PB3	Screen time purpose	2	2	2	2	2	
PB4	No TV w/meals	2	2	2	2	2	
PC1	Outdoor play occasions	4	4	4	4	4	
PC2	Toddler play time	3	3	3	3	3	
PC3	Preschool play time	3	3	3	3	3	
PD1	Structured play	3	3	3	3	3	
PE1	Tummy time often	2	2	2	2	2	
PE2	Limit time infant equip.	2	2	2	2	2	
Average Rating Per CC Type		2.47	2.47	2.47	2.47	2.47	

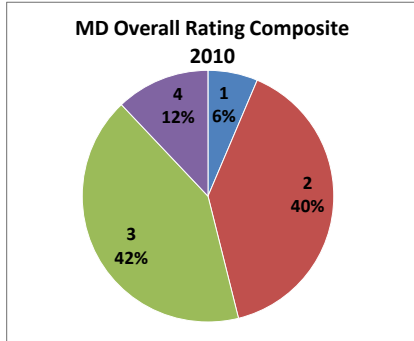
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Maryland

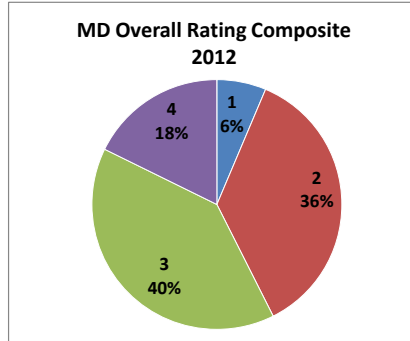
State Overall Ratings

2010

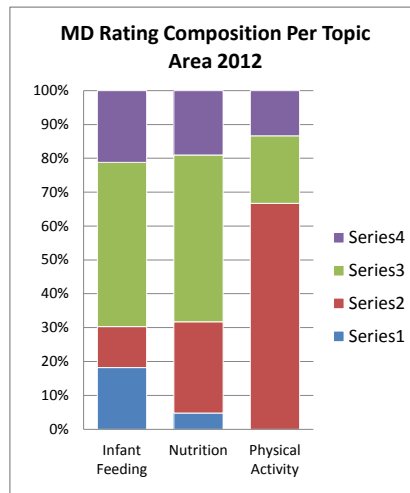
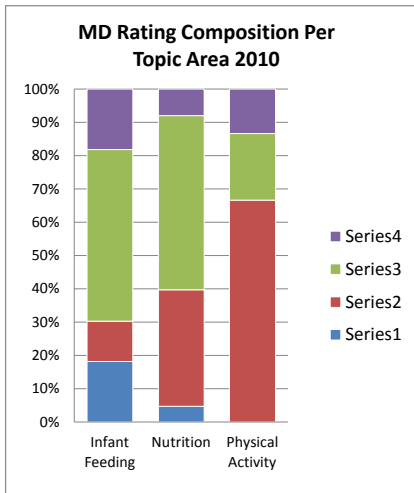


Ratings	1	2	3	4
I - Count	6	4	17	6
N-Count	3	22	33	5
P-Count	0	30	9	6

2012



Ratings	1	2	3	4
I - Count	6	4	16	7
N-Count	3	17	31	12
P-Count	0	30	9	6



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Massachusetts

State Overall Ratings

Key to Changes

Improved Rating
Lowered Rating

		Assessment Year 2010			2012		
		Child Care Center	Large Family Child Care Home	Small Family Child Care Home	Child Care Center	Large Family Child Care Home	Small Family Child Care Home
Components by Topic Area							
Infant Feeding							
IA1	Support breastfeeding	3	3	3	3	3	3
IA2	No cow's milk < 1yr	4	4	4	4	4	4
IB1	Feed infants on cue	4	4	4	4	4	4
IB2	Stop feed @ satiety	3	3	3	3	3	3
IB3	Hold infant to feed	4	4	4	4	4	4
IC1	Plan solid introduction	3	3	3	3	3	3
IC2	Intro solids @ 4-6 mo	3	3	3	3	3	3
IC3	Iron-Fort @ 4-6 mo	3	3	3	3	3	3
ID1	Don't mix formula	2	2	2	2	2	2
ID2	Whole fruit 7 m-1 yr	3	3	3	3	3	3
ID3	No juice < 12 mo	1	1	1	1	1	1
Average Rating Per CC Type		3.00	3.00	3.00	3.00	3.00	3.00
Nutrition							
NA1	Limit oils/fats	2	2	2	2	2	2
NA2	Low fat meat/proteins	3	3	3	3	3	3
NA3	Low fat milk equivalents	3	3	3	3	3	3
NA4	Whole milk 1-2 y/o	2	2	2	2	2	2
NA5	Low fat milk > 2 y/o	2	2	2	4	4	4
NB1	Whole grains	3	3	3	3	3	3
NB2	Variety of vegetables	3	3	3	3	3	3
NB3	Variety of whole fruit	3	3	3	3	3	3
NC1	100% juice	4	4	4	4	4	4
NC2	Juice only @ meals	2	2	2	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3	3	3
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3	3	3
ND1	Make water available	3	3	3	4	4	4
NE1	Teach portion sizes	2	2	2	2	2	2
NE2	Eat with children	2	2	2	2	2	2
NF1	Appropriate servings	4	4	4	4	4	4
NF2	Healthy seconds	3	3	3	3	3	3
NG1	Limit salt	2	2	2	2	2	2
NG2	Avoid sugary foods	1	1	1	1	1	1
NH1	Food no force/bribe	3	3	3	3	3	3
NH2	Food no reward/punish	3	3	3	3	3	3
Average Rating Per CC Type		2.67	2.67	2.67	2.81	2.81	2.81
Physical Activity							
PA1	Space for active play	4	4	4	4	4	4
PA2	Training on activities	2	2	2	2	2	2
PA3	Write activity policies	2	2	2	2	2	2
PA4	Play with children	2	2	2	2	2	2
PA5	Don't withhold play	3	3	3	3	3	3
PB1	No screen time < 2 yr	2	2	2	2	2	2
PB2	Screen time 30 min/wk	2	2	2	2	2	2
PB3	Screen time purpose	2	2	2	2	2	2
PB4	No TV w/meals	2	2	2	2	2	2
PC1	Outdoor play occasions	3	3	3	3	3	3
PC2	Toddler play time	3	3	3	3	3	3
PC3	Preschool play time	3	3	3	3	3	3
PD1	Structured play	2	2	2	2	2	2
PE1	Tummy time often	2	2	2	2	2	2
PE2	Limit time infant equip.	3	3	3	3	3	3
Average Rating Per CC Type		2.47	2.47	2.47	2.47	2.47	2.47

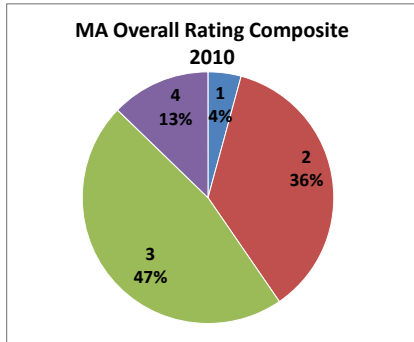
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Massachusetts

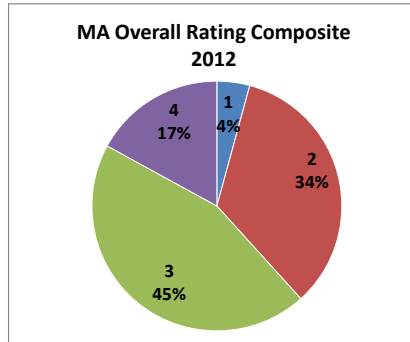
State Overall Ratings

2010

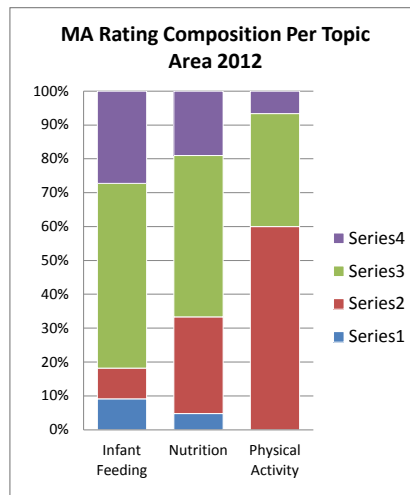
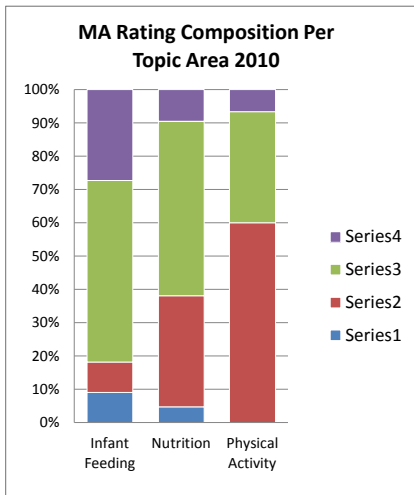


Tally of Each Rating Per Topic Area 2010				
Ratings	1	2	3	4
I - Count	3	3	18	9
N-Count	3	21	33	6
P-Count	0	27	15	3

2012



Tally of Each Rating Per Topic Area 2012				
Ratings	1	2	3	4
I - Count	3	3	18	9
N-Count	3	18	30	12
P-Count	0	27	15	3



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Michigan

State Overall Ratings

Key to Changes

Improved Rating
Lowered Rating

		Assessment Year 2010			2012		
		Child Care Center	Large Family Child Care Home	Small Family Child Care Home	Child Care Center	Large Family Child Care Home	Small Family Child Care Home
Components by Topic Area							
Infant Feeding							
IA1	Support breastfeeding	4	3	3	4	3	3
IA2	No cow's milk < 1yr	4	4	4	4	4	4
IB1	Feed infants on cue	4	4	4	4	4	4
IB2	Stop feed @ satiety	3	3	3	3	3	3
IB3	Hold infant to feed	3	2	2	3	2	2
IC1	Plan solid introduction	3	3	3	3	3	3
IC2	Intro solids @ 4-6 mo	3	3	3	3	3	3
IC3	Iron-Fort @ 4-6 mo	3	3	3	3	3	3
ID1	Don't mix formula	4	2	2	4	2	2
ID2	Whole fruit 7 m-1 yr	1	1	1	1	1	1
ID3	No juice < 12 mo	1	1	1	1	1	1
Average Rating Per CC Type		3.00	2.64	2.64	3.00	2.64	2.64
Nutrition							
NA1	Limit oils/fats	2	2	2	2	2	2
NA2	Low fat meat/proteins	3	3	3	3	3	3
NA3	Low fat milk equivalents	3	3	3	3	3	3
NA4	Whole milk 1-2 y/o	2	2	2	2	2	2
NA5	Low fat milk > 2 y/o	2	2	2	4	4	4
NB1	Whole grains	3	3	3	3	3	3
NB2	Variety of vegetables	3	3	3	3	3	3
NB3	Variety of whole fruit	3	3	3	3	3	3
NC1	100% juice	4	4	4	4	4	4
NC2	Juice only @ meals	2	2	2	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3	3	3
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3	3	3
ND1	Make water available	2	4	4	4	4	4
NE1	Teach portion sizes	2	2	2	2	2	2
NE2	Eat with children	2	2	2	2	2	2
NF1	Appropriate servings	4	4	4	4	4	4
NF2	Healthy seconds	3	3	3	3	3	3
NG1	Limit salt	2	2	2	2	2	2
NG2	Avoid sugary foods	1	1	1	1	1	1
NH1	Food no force/bribe	2	2	2	2	2	2
NH2	Food no reward/punish	3	3	3	3	3	3
Average Rating Per CC Type		2.57	2.67	2.67	2.76	2.76	2.76
Physical Activity							
PA1	Space for active play	4	4	4	4	4	4
PA2	Training on activities	2	2	2	2	2	2
PA3	Write activity policies	2	2	2	2	2	2
PA4	Play with children	2	2	2	2	2	2
PA5	Don't withhold play	2	2	2	2	2	2
PB1	No screen time < 2 yr	3	3	3	3	3	3
PB2	Screen time 30 min/wk	3	3	3	3	3	3
PB3	Screen time purpose	3	3	3	3	3	3
PB4	No TV w/meals	2	2	2	2	2	2
PC1	Outdoor play occasions	3	3	3	3	3	3
PC2	Toddler play time	3	3	3	3	3	3
PC3	Preschool play time	3	3	3	3	3	3
PD1	Structured play	2	2	2	2	2	2
PE1	Tummy time often	2	2	2	2	2	2
PE2	Limit time infant equip.	2	2	2	2	2	2
Average Rating Per CC Type		2.53	2.53	2.53	2.53	2.53	2.53

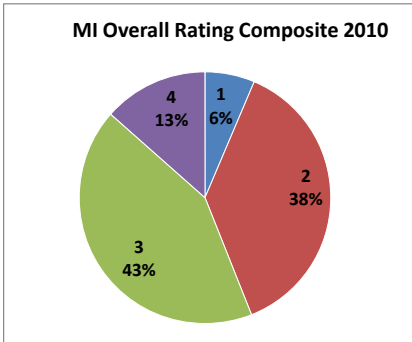
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Michigan

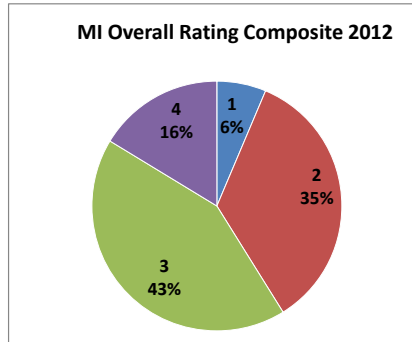
State Overall Ratings

2010

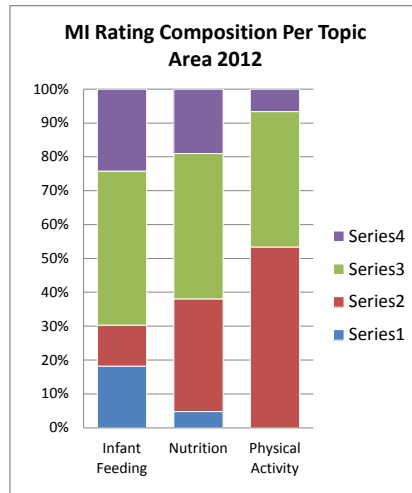
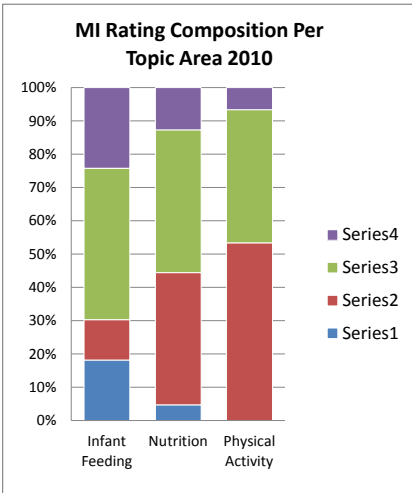


Ratings	1	2	3	4
I - Count	6	4	15	8
N-Count	3	25	27	8
P-Count	0	24	18	3

2012



Ratings	1	2	3	4
I - Count	6	4	15	8
N-Count	3	21	27	12
P-Count	0	24	18	3



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Minnesota

State Overall Ratings

Key to Changes

Improved Rating
Lowered Rating

		Assessment Year 2010			2012		
		Child Care Center	Large Family Child Care Home	Small Family Child Care Home	Child Care Center	Large Family Child Care Home	Small Family Child Care Home
Components by Topic Area							
Infant Feeding							
IA1	Support breastfeeding	2	2	2	2	2	2
IA2	No cow's milk < 1yr	3	4	4	3	4	4
IB1	Feed infants on cue	3	4	4	3	4	4
IB2	Stop feed @ satiety	3	3	3	3	3	3
IB3	Hold infant to feed	2	3	3	2	3	3
IC1	Plan solid introduction	3	3	3	3	3	3
IC2	Intro solids @ 4-6 mo	3	3	3	3	3	3
IC3	Iron-Fort @ 4-6 mo	3	3	3	3	3	3
ID1	Don't mix formula	2	2	2	2	2	2
ID2	Whole fruit 7 m-1 yr	1	1	1	1	1	1
ID3	No juice < 12 mo	1	1	1	1	1	1
Average Rating Per CC Type		2.36	2.64	2.64	2.36	2.64	2.64
Nutrition							
NA1	Limit oils/fats	2	2	2	2	2	2
NA2	Low fat meat/proteins	3	3	3	3	3	3
NA3	Low fat milk equivalents	3	3	3	3	3	3
NA4	Whole milk 1-2 y/o	2	2	2	2	2	2
NA5	Low fat milk > 2 y/o	2	2	2	4	4	4
NB1	Whole grains	3	3	3	3	3	3
NB2	Variety of vegetables	3	3	3	3	3	3
NB3	Variety of whole fruit	3	3	3	3	3	3
NC1	100% juice	4	4	4	4	4	4
NC2	Juice only @ meals	2	2	2	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3	3	3
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3	3	3
ND1	Make water available	3	3	3	4	4	4
NE1	Teach portion sizes	2	2	2	2	2	2
NE2	Eat with children	2	2	2	2	2	2
NF1	Appropriate servings	4	4	4	4	4	4
NF2	Healthy seconds	3	3	3	3	3	3
NG1	Limit salt	2	2	2	2	2	2
NG2	Avoid sugary foods	1	1	1	1	1	1
NH1	Food no force/bribe	2	2	2	2	2	2
NH2	Food no reward/punish	3	3	3	3	3	3
Average Rating Per CC Type		2.62	2.62	2.62	2.76	2.76	2.76
Physical Activity							
PA1	Space for active play	4	4	4	4	4	4
PA2	Training on activities	2	2	2	2	2	2
PA3	Write activity policies	2	2	2	2	2	2
PA4	Play with children	2	2	2	2	2	2
PA5	Don't withhold play	3	3	3	3	3	3
PB1	No screen time < 2 yr	2	2	2	2	2	2
PB2	Screen time 30 min/wk	2	2	2	2	2	2
PB3	Screen time purpose	2	2	2	2	2	2
PB4	No TV w/meals	2	2	2	2	2	2
PC1	Outdoor play occasions	3	3	3	3	3	3
PC2	Toddler play time	3	3	3	3	3	3
PC3	Preschool play time	3	3	3	3	3	3
PD1	Structured play	3	3	3	3	3	3
PE1	Tummy time often	2	2	2	2	2	2
PE2	Limit time infant equip.	3	2	2	3	2	2
Average Rating Per CC Type		2.53	2.47	2.47	2.53	2.47	2.47

What Ratings Mean

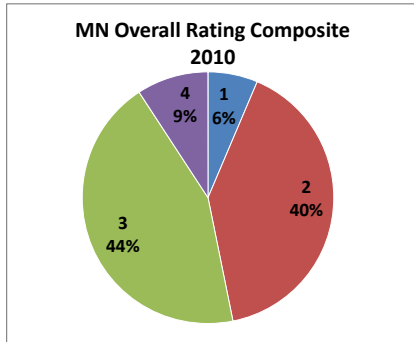
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MN Page 1 of 2

Minnesota

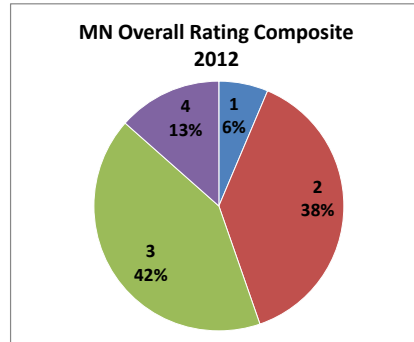
State Overall Ratings

2010

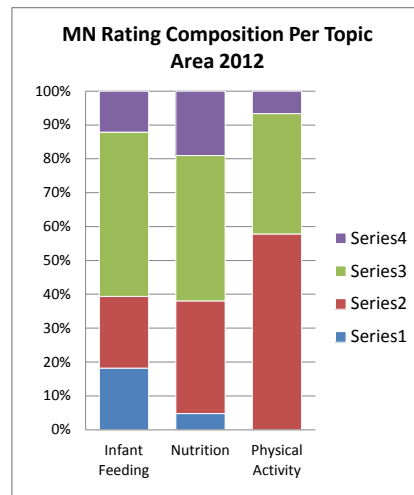
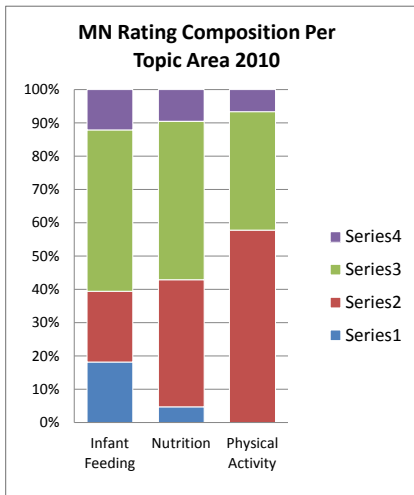


Tally of Each Rating Per Topic Area 2010				
Ratings	1	2	3	4
I - Count	6	7	16	4
N-Count	3	24	30	6
P-Count	0	26	16	3

2012



Tally of Each Rating Per Topic Area 2012				
Ratings	1	2	3	4
I - Count	6	7	16	4
N-Count	3	21	27	12
P-Count	0	26	16	3



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Mississippi

State Overall Ratings

Key to Changes

Improved Rating
Lowered Rating

		Assessment Year 2010			2012		
		Child Care Center	Large Family Child Care Home	Small Family Child Care Home	Child Care Center	Large Family Child Care Home	Small Family Child Care Home
Components by Topic Area							
Infant Feeding							
IA1	Support breastfeeding	4	4	4	4	4	4
IA2	No cow's milk < 1yr	4	4	4	4	4	4
IB1	Feed infants on cue	4	4	4	4	4	4
IB2	Stop feed @ satiety	3	2	2	3	2	2
IB3	Hold infant to feed	4	4	4	4	4	4
IC1	Plan solid introduction	3	3	3	3	3	3
IC2	Intro solids @ 4-6 mo	3	3	3	3	3	3
IC3	Iron-Fort @ 4-6 mo	3	3	3	3	3	3
ID1	Don't mix formula	2	2	2	2	2	2
ID2	Whole fruit 7 m-1 yr	1	1	1	1	1	1
ID3	No juice < 12 mo	3	3	3	3	3	3
Average Rating Per CC Type		3.09	3.00	3.00	3.09	3.00	3.00
Nutrition							
NA1	Limit oils/fats	3	3	3	3	3	3
NA2	Low fat meat/proteins	4	4	4	4	4	4
NA3	Low fat milk equivalents	3	3	3	3	3	3
NA4	Whole milk 1-2 y/o	3	3	3	3	3	3
NA5	Low fat milk > 2 y/o	4	4	4	4	4	4
NB1	Whole grains	4	4	4	4	4	4
NB2	Variety of vegetables	4	4	4	4	4	4
NB3	Variety of whole fruit	4	4	4	4	4	4
NC1	100% juice	1	1	1	1	1	1
NC2	Juice only @ meals	2	2	2	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3	3	3
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3	3	3
ND1	Make water available	3	3	3	4	4	4
NE1	Teach portion sizes	2	2	2	2	2	2
NE2	Eat with children	2	2	2	2	2	2
NF1	Appropriate servings	4	4	4	4	4	4
NF2	Healthy seconds	3	3	3	3	3	3
NG1	Limit salt	4	4	4	4	4	4
NG2	Avoid sugary foods	3	3	3	3	3	3
NH1	Food no force/bribe	3	3	3	3	3	3
NH2	Food no reward/punish	4	4	4	4	4	4
Average Rating Per CC Type		3.14	3.14	3.14	3.19	3.19	3.19
Physical Activity							
PA1	Space for active play	4	4	4	4	4	4
PA2	Training on activities	2	2	2	2	2	2
PA3	Write activity policies	2	2	2	2	2	2
PA4	Play with children	2	2	2	2	2	2
PA5	Don't withhold play	3	3	3	3	3	3
PB1	No screen time < 2 yr	3	3	3	3	3	3
PB2	Screen time 30 min/wk	3	3	3	3	3	3
PB3	Screen time purpose	4	4	4	4	4	4
PB4	No TV w/meals	2	2	2	2	2	2
PC1	Outdoor play occasions	3	3	3	3	3	3
PC2	Toddler play time	3	3	3	3	3	3
PC3	Preschool play time	3	3	3	3	3	3
PD1	Structured play	2	2	2	2	2	2
PE1	Tummy time often	2	2	2	2	2	2
PE2	Limit time infant equip.	2	2	2	2	2	2
Average Rating Per CC Type		2.67	2.67	2.67	2.67	2.67	2.67

What Ratings Mean

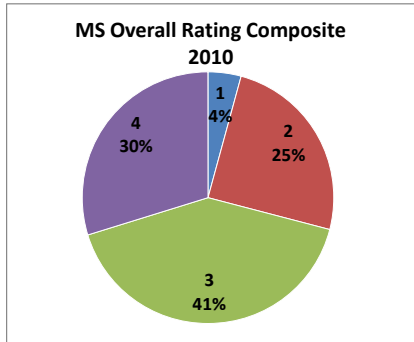
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MS Page 1 of 2

Mississippi

State Overall Ratings

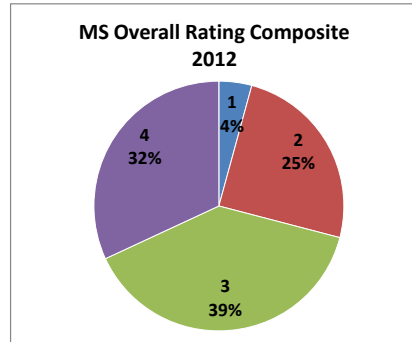
2010



Tally of Each Rating Per Topic Area 2010

Ratings	1	2	3	4
I - Count	3	5	13	12
N-Count	3	9	27	24
P-Count	0	21	18	6

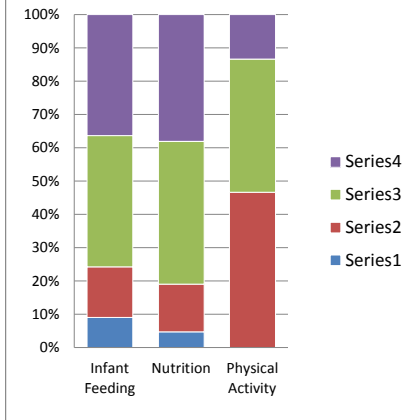
2012



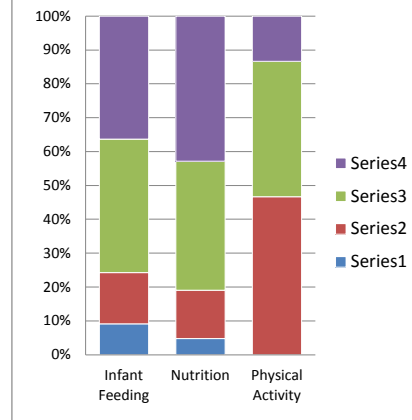
Tally of Each Rating Per Topic Area 2012

Ratings	1	2	3	4
I - Count	3	5	13	12
N-Count	3	9	24	27
P-Count	0	21	18	6

MS Rating Composition Per Topic Area 2010



MS Rating Composition Per Topic Area 2012



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Missouri

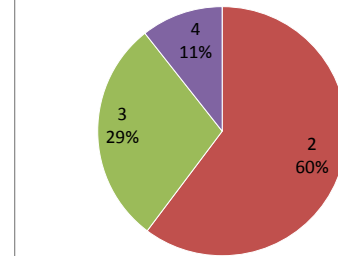
State Overall Ratings

Components by Topic Area		Child Care Center	Large Family Child Care Home	Small Family Child Care Home	Average Rating Per Component
Infant Feeding					
IA1	Appropriate fluids	2	2	2	2.00
IA2		2	2	2	2.00
IB1	How to feed fluids	3	3	2	2.67
IB2		2	2	2	2.00
IB3		3	3	3	3.00
IC1	Introducing solids	3	3	3	3.00
IC2		2	2	2	2.00
IC3		2	2	2	2.00
ID1	Appropriate complementary foods	2	2	2	2.00
ID2		2	2	2	2.00
ID3		2	2	2	2.00
Average Rating Per CC Type		2.27	2.27	2.18	2.24
Nutrition					
NA1	Limit dietary fats	2	2	2	2.00
NA2		3	3	3	3.00
NA3		3	3	3	3.00
NA4		2	2	2	2.00
NA5		2	2	2	2.00
NB1	Serve nutrient-dense whole foods	2	2	2	2.00
NB2		2	2	2	2.00
NB3		4	4	4	4.00
NC1	Wholeness & quantity of juice	4	4	4	4.00
NC2		2	2	2	2.00
NC3		3	3	3	3.00
NC4		3	3	3	3.00
ND1	Water availability	3	3	3	3.00
NE1	Nutrition instruction by word & example	2	2	2	2.00
NE2		2	2	2	2.00
NF1	Age and individual nutritional requirements	4	4	4	4.00
NF2		2	2	2	2.00
NG1	Limit sugar and salt	2	2	2	2.00
NG2		2	2	2	2.00
NH1	Misuse of food	3	3	3	3.00
NH2		3	3	3	3.00
Average Rating Per CC Type		2.62	2.62	2.62	2.62
Physical Activity					
PA1	General promotion of activity	4	4	4	4.00
PA2		2	2	2	2.00
PA3		2	2	2	2.00
PA4		2	2	2	2.00
PA5		4	4	4	4.00
PB1	Screen time	2	2	2	2.00
PB2		2	2	2	2.00
PB3		2	2	2	2.00
PB4		2	2	2	2.00
PC1	Age-specific activity	3	3	3	3.00
PC2		3	3	3	3.00
PC3		3	3	3	3.00
PD1	Caregiver/teacher involvement	2	2	2	2.00
PE1	Infant-specific activity	2	2	2	2.00
PE2		3	3	3	3.00
Average Rating Per CC Type		2.53	2.53	2.53	2.53
Grand Average for Care Types & Components		2.51	2.51	2.49	2.50

What Ratings Mean

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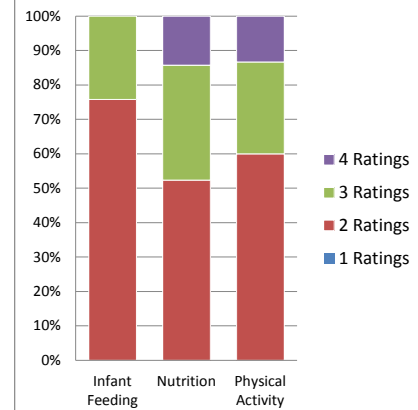
MO Overall Rating Composite



Tally of Each Rating Per Topic Area

Ratings	1	2	3	4
I - Count	0	25	8	0
N-Count	0	33	21	9
P-Count	0	27	12	6

MO Rating Composition Per Topic Area



Montana

State Overall Ratings

Key to Changes

Improved Rating
Lowered Rating

		Assessment Year 2010			2012		
		Child Care Center	Large Family Child Care Home	Small Family Child Care Home	Child Care Center	Large Family Child Care Home	Small Family Child Care Home
Components by Topic Area							
Infant Feeding							
IA1	Support breastfeeding	3	3	3	3	3	3
IA2	No cow's milk < 1yr	4	4	4	4	4	4
IB1	Feed infants on cue	4	4	4	4	4	4
IB2	Stop feed @ satiety	3	3	3	3	3	3
IB3	Hold infant to feed	3	3	3	3	3	3
IC1	Plan solid introduction	3	3	3	3	3	3
IC2	Intro solids @ 4-6 mo	3	3	3	3	3	3
IC3	Iron-Fort @ 4-6 mo	3	3	3	3	3	3
ID1	Don't mix formula	2	2	2	2	2	2
ID2	Whole fruit 7 m-1 yr	1	1	1	1	1	1
ID3	No juice < 12 mo	1	1	1	1	1	1
Average Rating Per CC Type		2.73	2.73	2.73	2.73	2.73	2.73
Nutrition							
NA1	Limit oils/fats	2	2	2	2	2	2
NA2	Low fat meat/proteins	3	3	3	3	3	3
NA3	Low fat milk equivalents	3	3	3	3	3	3
NA4	Whole milk 1-2 y/o	2	2	2	2	2	2
NA5	Low fat milk > 2 y/o	2	2	2	4	4	4
NB1	Whole grains	3	3	3	3	3	3
NB2	Variety of vegetables	3	3	3	3	3	3
NB3	Variety of whole fruit	3	3	3	3	3	3
NC1	100% juice	4	4	4	4	4	4
NC2	Juice only @ meals	4	2	2	4	2	2
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3	3	3
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3	3	3
ND1	Make water available	3	3	3	4	4	4
NE1	Teach portion sizes	2	2	2	2	2	2
NE2	Eat with children	2	2	2	2	2	2
NF1	Appropriate servings	4	4	4	4	4	4
NF2	Healthy seconds	3	3	3	3	3	3
NG1	Limit salt	2	2	2	2	2	2
NG2	Avoid sugary foods	1	1	1	1	1	1
NH1	Food no force/bribe	2	2	2	2	2	2
NH2	Food no reward/punish	2	2	2	2	2	2
Average Rating Per CC Type		2.67	2.57	2.57	2.81	2.71	2.71
Physical Activity							
PA1	Space for active play	4	4	4	4	4	4
PA2	Training on activities	2	2	2	2	2	2
PA3	Write activity policies	2	2	2	2	2	2
PA4	Play with children	2	2	2	2	2	2
PA5	Don't withhold play	2	2	2	2	2	2
PB1	No screen time < 2 yr	2	3	3	2	3	3
PB2	Screen time 30 min/wk	2	3	3	2	3	3
PB3	Screen time purpose	2	2	2	2	2	2
PB4	No TV w/meals	2	2	2	2	2	2
PC1	Outdoor play occasions	2	3	3	2	3	3
PC2	Toddler play time	2	2	2	2	2	2
PC3	Preschool play time	2	2	2	2	2	2
PD1	Structured play	2	2	2	2	2	2
PE1	Tummy time often	2	2	2	2	2	2
PE2	Limit time infant equip.	3	3	3	3	3	3
Average Rating Per CC Type		2.20	2.40	2.40	2.20	2.40	2.40

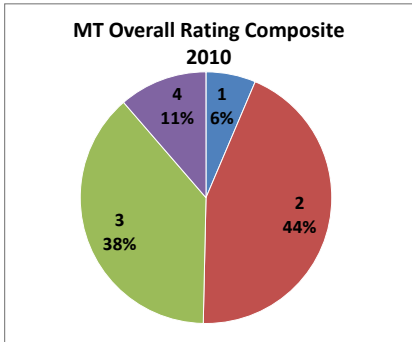
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Montana

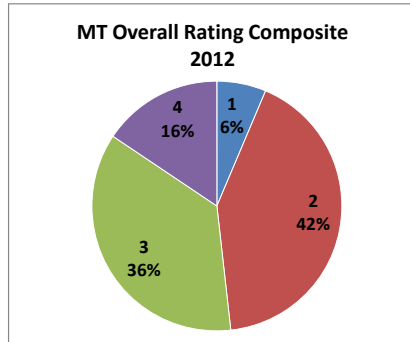
State Overall Ratings

2010

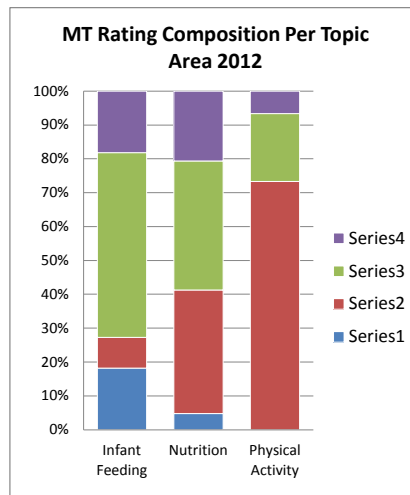
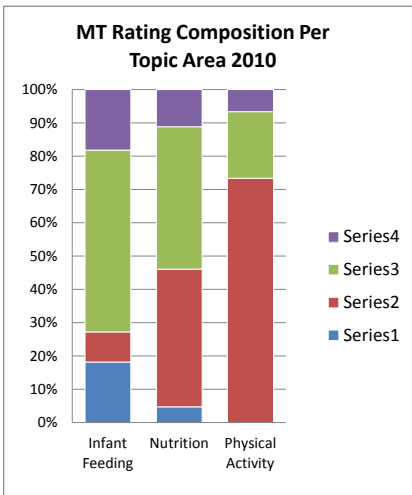


Ratings	1	2	3	4
I - Count	6	3	18	6
N-Count	3	26	27	7
P-Count	0	33	9	3

2012



Ratings	1	2	3	4
I - Count	6	3	18	6
N-Count	3	23	24	13
P-Count	0	33	9	3



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Nebraska

State Overall Ratings

Key to Changes

Improved Rating
Lowered Rating

		Assessment Year			Assessment Year		
		2010			2012		
Components by Topic Area		Child Care	Large Family	Small Family	Child Care	Large Family	Small Family
		Center	Child Care Home	Child Care Home	Center	Child Care Home	Child Care Home
Infant Feeding							
IA1	Support breastfeeding	2	2	2	2	2	2
IA2	No cow's milk < 1yr	4	2	2	4	2	2
IB1	Feed infants on cue	4	2	2	4	2	2
IB2	Stop feed @ satiety	3	2	2	3	2	2
IB3	Hold infant to feed	3	3	3	3	3	3
IC1	Plan solid introduction	3	3	3	3	3	3
IC2	Intro solids @ 4-6 mo	3	2	2	3	2	2
IC3	Iron-Fort @ 4-6 mo	3	2	2	3	2	2
ID1	Don't mix formula	2	2	2	2	2	2
ID2	Whole fruit 7 m-1 yr	1	2	2	1	2	2
ID3	No juice < 12 mo	1	2	2	1	2	2
Average Rating Per CC Type		2.64	2.18	2.18	2.64	2.18	2.18
Nutrition							
NA1	Limit oils/fats	2	2	2	2	2	2
NA2	Low fat meat/proteins	3	3	3	3	3	3
NA3	Low fat milk equivalents	3	2	2	3	2	2
NA4	Whole milk 1-2 y/o	2	2	2	2	2	2
NA5	Low fat milk > 2 y/o	2	2	2	4	2	2
NB1	Whole grains	3	2	2	3	2	2
NB2	Variety of vegetables	3	3	3	3	3	3
NB3	Variety of whole fruit	3	3	3	3	3	3
NC1	100% juice	4	2	2	4	2	2
NC2	Juice only @ meals	2	2	2	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	3	2	2	3	2	2
NC4	Juice 8-12 oz. 7+ y/o	3	2	2	3	2	2
ND1	Make water available	3	3	3	4	3	3
NE1	Teach portion sizes	2	2	2	2	2	2
NE2	Eat with children	2	2	2	2	2	2
NF1	Appropriate servings	3	2	2	3	2	2
NF2	Healthy seconds	3	2	2	3	2	2
NG1	Limit salt	2	2	2	2	2	2
NG2	Avoid sugary foods	1	2	2	1	2	2
NH1	Food no force/bribe	2	2	2	2	2	2
NH2	Food no reward/punish	3	3	3	3	3	3
Average Rating Per CC Type		2.57	2.24	2.24	2.71	2.24	2.24
Physical Activity							
PA1	Space for active play	4	4	4	4	4	4
PA2	Training on activities	2	2	2	2	2	2
PA3	Write activity policies	2	2	2	2	2	2
PA4	Play with children	2	2	2	2	2	2
PA5	Don't withhold play	2	2	2	2	2	2
PB1	No screen time < 2 yr	2	2	2	2	2	2
PB2	Screen time 30 min/wk	2	2	2	2	2	2
PB3	Screen time purpose	2	2	2	2	2	2
PB4	No TV w/meals	2	2	2	2	2	2
PC1	Outdoor play occasions	3	2	2	3	2	2
PC2	Toddler play time	2	2	2	2	2	2
PC3	Preschool play time	2	2	2	2	2	2
PD1	Structured play	2	2	2	2	2	2
PE1	Tummy time often	2	2	2	2	2	2
PE2	Limit time infant equip.	2	2	2	2	2	2
Average Rating Per CC Type		2.20	2.13	2.13	2.20	2.13	2.13

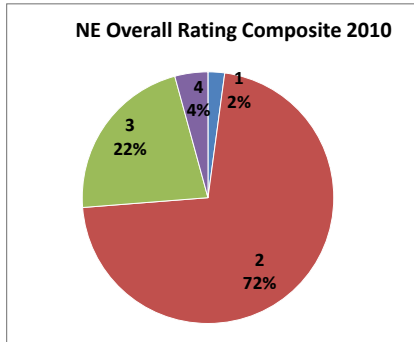
What Ratings Mean

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- 3 Regulation partially meets standard
- 4 Regulation fully meets standard

Nebraska

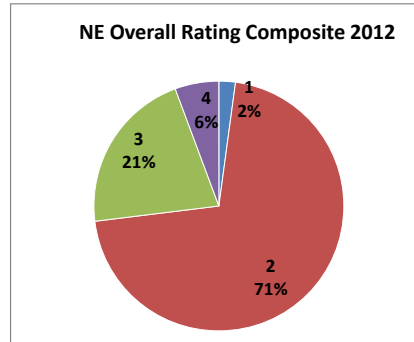
State Overall Ratings

2010

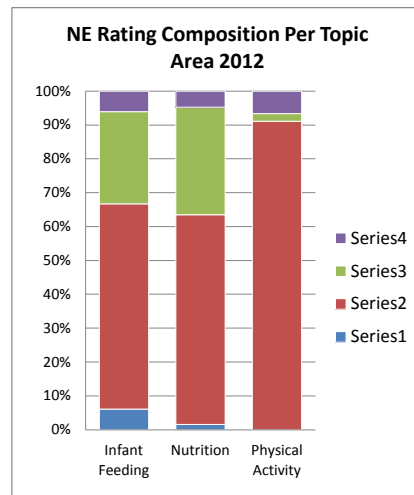
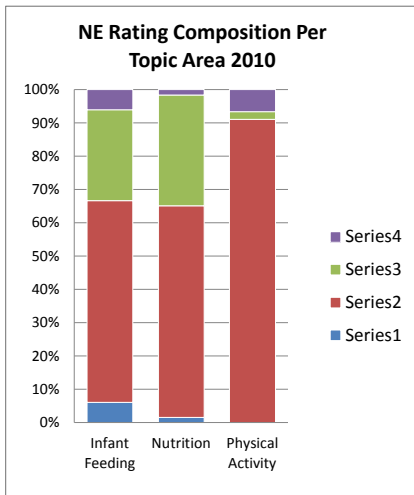


Ratings	1	2	3	4
I - Count	2	20	9	2
N-Count	1	40	21	1
P-Count	0	41	1	3

2012



Ratings	1	2	3	4
I - Count	2	20	9	2
N-Count	1	39	20	3
P-Count	0	41	1	3



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Nevada

State Overall Ratings

Key to Changes

Improved Rating
Lowered Rating

		Assessment Year			Assessment Year		
		2010			2012		
Components by Topic Area		Child Care	Large Family Child Care	Small Family Child Care	Child Care	Large Family Child Care	Small Family Child Care
		Center	Home	Home	Center	Home	Home
Infant Feeding							
IA1	Support breastfeeding	2	2	2	3	3	3
IA2	No cow's milk < 1yr	2	2	2	2	2	2
IB1	Feed infants on cue	2	2	2	1	1	1
IB2	Stop feed @ satiety	2	2	2	2	2	2
IB3	Hold infant to feed	3	3	3	1	1	1
IC1	Plan solid introduction	3	3	3	3	3	3
IC2	Intro solids @ 4-6 mo	2	2	2	2	2	2
IC3	Iron-Fort @ 4-6 mo	2	2	2	2	2	2
ID1	Don't mix formula	2	2	2	2	2	2
ID2	Whole fruit 7 m-1 yr	2	2	2	2	2	2
ID3	No juice < 12 mo	2	2	2	2	2	2
Average Rating Per CC Type		2.18	2.18	2.18	2.00	2.00	2.00
Nutrition							
NA1	Limit oils/fats	2	2	2	2	2	2
NA2	Low fat meat/proteins	2	2	2	2	2	2
NA3	Low fat milk equivalents	2	2	2	2	2	2
NA4	Whole milk 1-2 y/o	2	2	2	2	2	2
NA5	Low fat milk > 2 y/o	2	2	2	2	2	2
NB1	Whole grains	2	2	2	2	2	2
NB2	Variety of vegetables	2	2	2	2	2	2
NB3	Variety of whole fruit	2	2	2	2	2	2
NC1	100% juice	2	2	2	2	2	2
NC2	Juice only @ meals	2	2	2	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	2	2	2	2	2	2
NC4	Juice 8-12 oz. 7+ y/o	2	2	2	2	2	2
ND1	Make water available	4	4	4	4	4	4
NE1	Teach portion sizes	2	2	2	2	2	2
NE2	Eat with children	2	2	2	3	3	3
NF1	Appropriate servings	3	3	3	3	3	3
NF2	Healthy seconds	3	3	3	2	2	2
NG1	Limit salt	2	2	2	2	2	2
NG2	Avoid sugary foods	1	1	1	3	3	3
NH1	Food no force/bribe	3	3	3	3	3	3
NH2	Food no reward/punish	4	4	4	4	4	4
Average Rating Per CC Type		2.29	2.29	2.29	2.38	2.38	2.38
Physical Activity							
PA1	Space for active play	4	4	4	4	4	4
PA2	Training on activities	2	2	2	2	2	2
PA3	Write activity policies	2	2	2	2	2	2
PA4	Play with children	2	2	2	2	2	2
PA5	Don't withhold play	3	3	3	3	3	3
PB1	No screen time < 2 yr	2	2	2	2	2	2
PB2	Screen time 30 min/wk	2	2	2	2	2	2
PB3	Screen time purpose	2	2	2	2	2	2
PB4	No TV w/meals	2	2	2	2	2	2
PC1	Outdoor play occasions	3	3	3	3	3	3
PC2	Toddler play time	3	3	3	3	3	3
PC3	Preschool play time	2	2	2	3	3	3
PD1	Structured play	2	2	2	2	2	2
PE1	Tummy time often	2	2	2	2	2	2
PE2	Limit time infant equip.	3	3	3	3	3	3
Average Rating Per CC Type		2.40	2.40	2.40	2.47	2.47	2.47

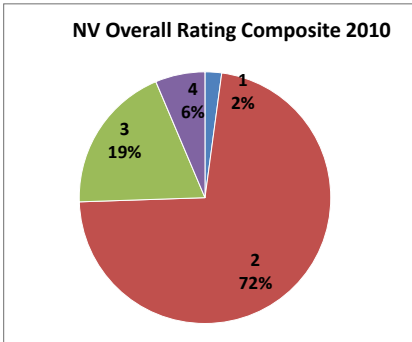
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Nevada

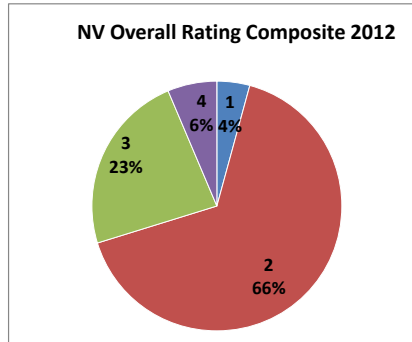
State Overall Ratings

2010

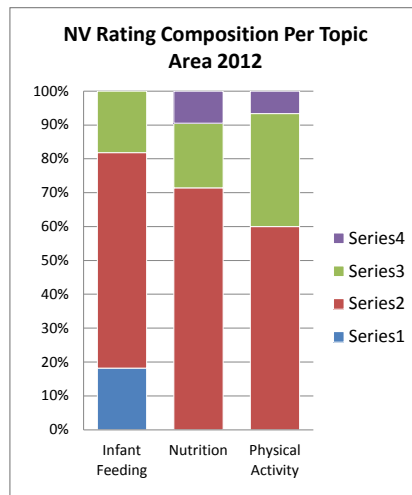
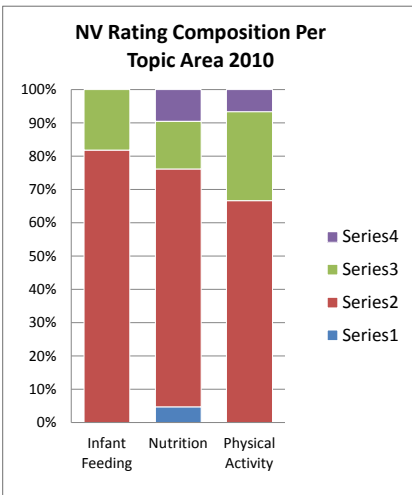


Ratings	1	2	3	4
I - Count	0	27	6	0
N-Count	3	45	9	6
P-Count	0	30	12	3

2012



Ratings	1	2	3	4
I - Count	6	21	6	0
N-Count	0	45	12	6
P-Count	0	27	15	3



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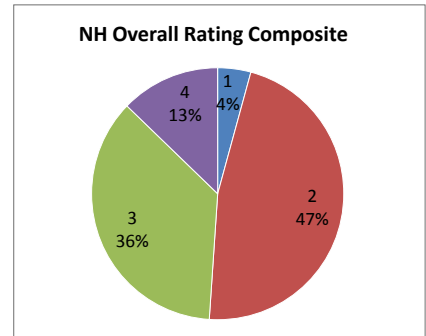
New Hampshire

State Overall Ratings

Components by Topic Area		Child Care Center	Large Family Child Care Home	Small Family Child Care Home	Average Rating Per Component
Infant Feeding					
IA1	Appropriate fluids	2	2	2	2.00
IA2		4	4	4	4.00
IB1	How to feed fluids	4	4	4	4.00
IB2		3	3	3	3.00
IB3		3	3	3	3.00
IC1	Introducing solids	3	3	3	3.00
IC2		3	3	3	3.00
IC3		3	3	3	3.00
ID1	Appropriate complementary foods	2	2	2	2.00
ID2		1	1	1	1.00
ID3		1	1	1	1.00
Average Rating Per CC Type		2.64	2.64	2.64	2.64
Nutrition					
NA1	Limit dietary fats	2	2	2	2.00
NA2		3	3	3	3.00
NA3		2	2	2	2.00
NA4		3	3	3	3.00
NA5		2	2	2	2.00
NB1	Serve nutrient-dense whole foods	2	2	2	2.00
NB2		3	3	3	3.00
NB3		3	3	3	3.00
NC1	Wholeness & quantity of juice	4	4	4	4.00
NC2		4	4	4	4.00
NC3		3	3	3	3.00
NC4		3	3	3	3.00
ND1	Water availability	3	3	3	3.00
NE1	Nutrition instruction by word & example	2	2	2	2.00
NE2		2	2	2	2.00
NF1	Age and individual nutritional requirements	4	4	4	4.00
NF2		2	2	2	2.00
NG1	Limit sugar and salt	2	2	2	2.00
NG2		2	2	2	2.00
NH1	Misuse of food	3	3	3	3.00
NH2		3	3	3	3.00
Average Rating Per CC Type		2.71	2.71	2.71	2.71
Physical Activity					
PA1	General promotion of activity	4	4	4	4.00
PA2		2	2	2	2.00
PA3		2	2	2	2.00
PA4		2	2	2	2.00
PA5		3	3	3	3.00
PB1	Screen time	2	2	2	2.00
PB2		2	2	2	2.00
PB3		2	2	2	2.00
PB4		2	2	2	2.00
PC1	Age-specific activity	3	3	3	3.00
PC2		2	2	2	2.00
PC3		2	2	2	2.00
PD1	Caregiver/teacher involvement	2	2	2	2.00
PE1	Infant-specific activity	2	2	2	2.00
PE2		3	3	3	3.00
Average Rating Per CC Type		2.33	2.33	2.33	2.33
Grand Average for Care Types & Components		2.57	2.57	2.57	2.57

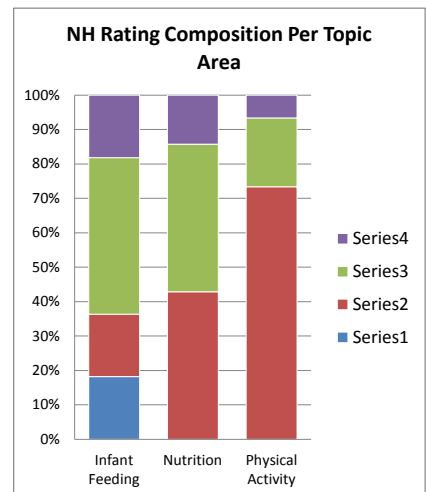
What Ratings Mean

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- 4 Regulation fully meets standard



Tally of Each Rating Per Topic Area

Ratings	1	2	3	4
I - Count	6	6	15	6
N-Count	0	27	27	9
P-Count	0	33	9	3



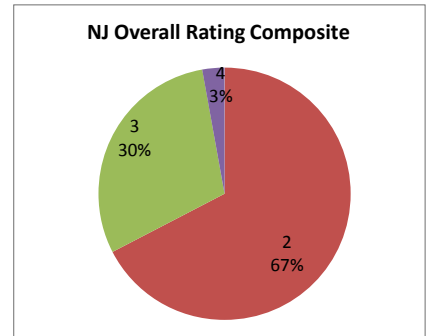
New Jersey

State Overall Ratings

Components by Topic Area		Child Care Center	Large Family Child Care Home	Small Family Child Care Home	Average Rating Per Component
Infant Feeding					
IA1	Appropriate fluids	2	2	2	2.00
IA2		2	2	2	2.00
IB1	How to feed fluids	2	2	2	2.00
IB2		2	2	2	2.00
IB3		3	3	2	2.67
IC1	Introducing solids	3	3	2	2.67
IC2		2	2	3	2.33
IC3		2	2	2	2.00
ID1	Appropriate complementary foods	2	2	2	2.00
ID2		2	2	2	2.00
ID3		2	2	2	2.00
Average Rating Per CC Type		2.18	2.18	2.09	2.15
Nutrition					
NA1	Limit dietary fats	2	2	2	2.00
NA2		3	3	2	2.67
NA3		2	2	2	2.00
NA4		2	2	2	2.00
NA5		2	2	2	2.00
NB1	Serve nutrient-dense whole foods	3	3	2	2.67
NB2		3	3	2	2.67
NB3		3	3	2	2.67
NC1	Wholeness & quantity of juice	3	3	2	2.67
NC2		2	2	2	2.00
NC3		2	2	2	2.00
NC4		2	2	2	2.00
ND1	Water availability	3	3	4	3.33
NE1	Nutrition instruction by word & example	2	2	2	2.00
NE2		2	2	2	2.00
NF1	Age and individual nutritional requirements	3	3	3	3.00
NF2		3	3	3	3.00
NG1	Limit sugar and salt	2	2	2	2.00
NG2		2	2	2	2.00
NH1	Misuse of food	3	3	3	3.00
NH2		3	3	3	3.00
Average Rating Per CC Type		2.48	2.48	2.29	2.41
Physical Activity					
PA1	General promotion of activity	4	4	4	4.00
PA2		2	2	2	2.00
PA3		2	2	2	2.00
PA4		2	2	2	2.00
PA5		3	3	2	2.67
PB1	Screen time	2	2	3	2.33
PB2		2	2	3	2.33
PB3		2	2	2	2.00
PB4		2	2	2	2.00
PC1	Age-specific activity	3	3	2	2.67
PC2		3	3	3	3.00
PC3		3	3	3	3.00
PD1	Caregiver/teacher involvement	2	2	2	2.00
PE1	Infant-specific activity	2	2	2	2.00
PE2		2	2	3	2.33
Average Rating Per CC Type		2.40	2.40	2.47	2.42
Grand Average for Care Types & Components		2.38	2.38	2.30	2.35

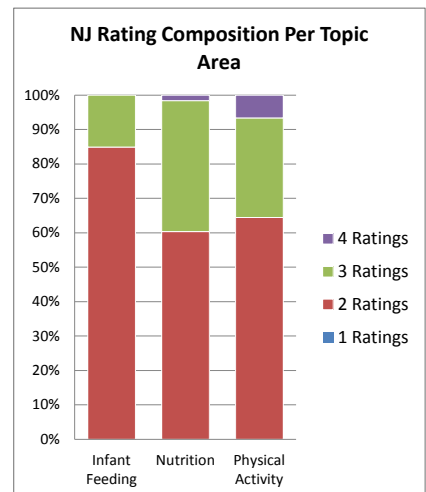
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Tally of Each Rating Per Topic Area

Ratings	1	2	3	4
I - Count	0	28	5	0
N-Count	0	38	24	1
P-Count	0	29	13	3



New Mexico

State Overall Ratings

Key to Changes

Improved Rating
Lowered Rating

		Assessment Year 2010			2012		
		Child Care Center	Large Family Child Care Home	Small Family Child Care Home	Child Care Center	Large Family Child Care Home	Small Family Child Care Home
Components by Topic Area							
Infant Feeding							
IA1	Support breastfeeding	3	3	3	3	3	3
IA2	No cow's milk < 1yr	4	4	4	4	4	4
IB1	Feed infants on cue	4	4	4	4	4	4
IB2	Stop feed @ satiety	3	3	3	3	3	3
IB3	Hold infant to feed	3	3	3	3	3	3
IC1	Plan solid introduction	3	3	3	3	3	3
IC2	Intro solids @ 4-6 mo	3	3	3	3	3	3
IC3	Iron-Fort @ 4-6 mo	3	3	3	3	3	3
ID1	Don't mix formula	2	2	2	2	2	2
ID2	Whole fruit 7 m-1 yr	1	1	1	1	1	1
ID3	No juice < 12 mo	1	1	1	1	1	1
Average Rating Per CC Type		2.73	2.73	2.73	2.73	2.73	2.73
Nutrition							
NA1	Limit oils/fats	2	2	2	2	2	2
NA2	Low fat meat/proteins	3	3	3	3	3	3
NA3	Low fat milk equivalents	3	3	3	3	3	3
NA4	Whole milk 1-2 y/o	3	3	3	3	3	3
NA5	Low fat milk > 2 y/o	3	3	3	4	4	4
NB1	Whole grains	3	3	3	3	3	3
NB2	Variety of vegetables	3	3	3	3	3	3
NB3	Variety of whole fruit	4	4	4	4	4	4
NC1	100% juice	3	3	3	3	3	3
NC2	Juice only @ meals	2	2	2	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3	3	3
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3	3	3
ND1	Make water available	3	3	3	4	4	4
NE1	Teach portion sizes	3	3	3	3	3	3
NE2	Eat with children	2	2	2	2	2	2
NF1	Appropriate servings	4	4	4	4	4	4
NF2	Healthy seconds	4	4	4	4	4	4
NG1	Limit salt	2	2	2	2	2	2
NG2	Avoid sugary foods	1	1	1	1	1	1
NH1	Food no force/bribe	2	2	2	2	2	2
NH2	Food no reward/punish	3	3	3	3	3	3
Average Rating Per CC Type		2.81	2.81	2.81	2.90	2.90	2.90
Physical Activity							
PA1	Space for active play	4	4	4	4	4	4
PA2	Training on activities	2	2	2	2	2	2
PA3	Write activity policies	2	2	2	2	2	2
PA4	Play with children	2	2	2	2	2	2
PA5	Don't withhold play	2	2	2	2	2	2
PB1	No screen time < 2 yr	3	3	3	4	4	4
PB2	Screen time 30 min/wk	3	3	3	3	3	3
PB3	Screen time purpose	2	2	2	2	2	2
PB4	No TV w/meals	2	2	2	2	2	2
PC1	Outdoor play occasions	3	3	3	3	3	3
PC2	Toddler play time	3	3	3	3	3	3
PC3	Preschool play time	3	3	3	3	3	3
PD1	Structured play	2	2	2	2	2	2
PE1	Tummy time often	2	2	2	2	2	2
PE2	Limit time infant equip.	2	2	2	2	2	2
Average Rating Per CC Type		2.47	2.47	2.47	2.53	2.53	2.53

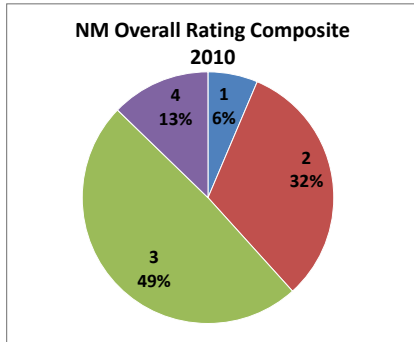
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New Mexico

State Overall Ratings

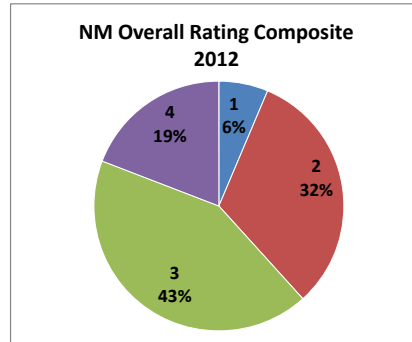
2010



Tally of Each Rating Per Topic Area 2010

Ratings	1	2	3	4
I - Count	6	3	18	6
N-Count	3	15	36	9
P-Count	0	27	15	3

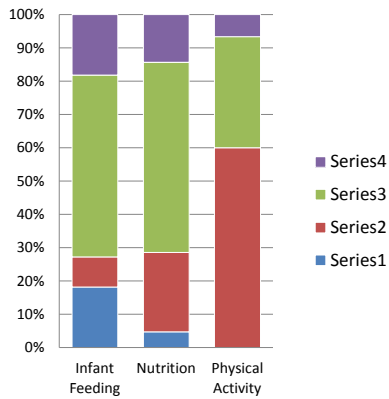
2012



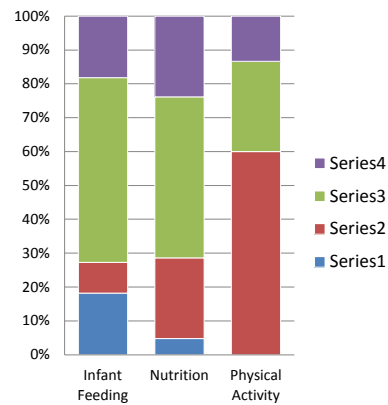
Tally of Each Rating Per Topic Area 2012

Ratings	1	2	3	4
I - Count	6	3	18	6
N-Count	3	15	30	15
P-Count	0	27	12	6

NM Rating Composition Per Topic Area 2010



NM Rating Composition Per Topic Area 2012



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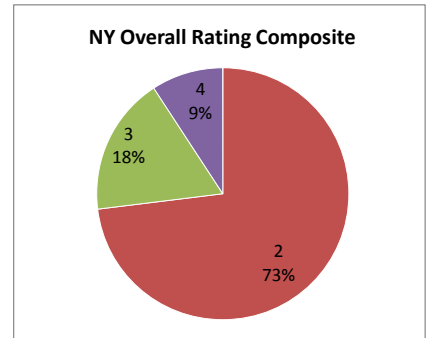
New York

State Overall Ratings

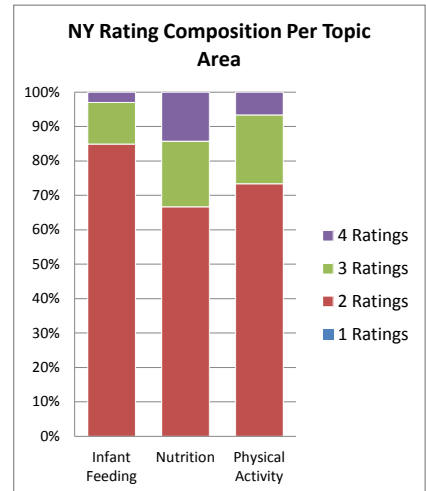
Components by Topic Area		Child Care Center	Large Family Child Care Home	Small Family Child Care Home	Average Rating Per Component
Infant Feeding					
IA1	Appropriate fluids	3	2	3	2.67
IA2		2	2	2	2.00
IB1	How to feed fluids	2	2	2	2.00
IB2		2	2	2	2.00
IB3		4	3	3	3.33
IC1	Introducing solids	2	2	2	2.00
IC2		2	2	2	2.00
IC3		2	2	2	2.00
ID1	Appropriate complementary foods	2	2	2	2.00
ID2		2	2	2	2.00
ID3		2	2	2	2.00
Average Rating Per CC Type		2.27	2.09	2.18	2.18
Nutrition					
NA1	Limit dietary fats	2	2	2	2.00
NA2		2	2	2	2.00
NA3		2	2	2	2.00
NA4		2	2	2	2.00
NA5		2	2	2	2.00
NB1	Serve nutrient-dense whole foods	2	2	2	2.00
NB2		2	2	2	2.00
NB3		2	2	2	2.00
NC1	Wholeness & quantity of juice	2	2	2	2.00
NC2		2	2	2	2.00
NC3		3	3	3	3.00
NC4		3	3	3	3.00
ND1	Water availability	4	4	4	4.00
NE1	Nutrition instruction by word & example	2	2	2	2.00
NE2		2	2	2	2.00
NF1	Age and individual nutritional requirements	4	4	4	4.00
NF2		4	4	4	4.00
NG1	Limit sugar and salt	2	2	2	2.00
NG2		2	2	2	2.00
NH1	Misuse of food	3	3	3	3.00
NH2		3	3	3	3.00
Average Rating Per CC Type		2.48	2.48	2.48	2.48
Physical Activity					
PA1	General promotion of activity	4	4	4	4.00
PA2		2	2	2	2.00
PA3		2	2	2	2.00
PA4		2	2	2	2.00
PA5		3	3	3	3.00
PB1	Screen time	2	2	2	2.00
PB2		2	2	2	2.00
PB3		2	2	2	2.00
PB4		2	2	2	2.00
PC1	Age-specific activity	3	3	3	3.00
PC2		2	2	2	2.00
PC3		2	2	2	2.00
PD1	Caregiver/teacher involvement	2	2	2	2.00
PE1	Infant-specific activity	2	2	2	2.00
PE2		3	3	3	3.00
Average Rating Per CC Type		2.33	2.33	2.33	2.33
Grand Average for Care Types & Components		2.38	2.34	2.36	2.36

What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets standard
- 4 Regulation fully meets standard



Ratings	1	2	3	4
I - Count	0	28	4	1
N-Count	0	42	12	9
P-Count	0	33	9	3



North Carolina

State Overall Ratings

Key to Changes

Improved Rating
Lowered Rating

Components by Topic Area	Assessment Year 2010			Assessment Year 2012		
	Child Care Center	Large Family Child Care Home	Small Family Child Care Home	Child Care Center	Large Family Child Care Home	Small Family Child Care Home
	Infant Feeding					
IA1 Support breastfeeding	4	4	4	4	4	4
IA2 No cow's milk < 1yr	4	4	4	4	4	4
IB1 Feed infants on cue	4	4	4	4	4	4
IB2 Stop feed @ satiety	3	3	3	3	3	3
IB3 Hold infant to feed	3	3	3	3	3	3
IC1 Plan solid introduction	3	3	3	3	3	3
IC2 Intro solids @ 4-6 mo	3	3	3	3	3	3
IC3 Iron-Fort @ 4-6 mo	3	3	3	3	3	3
ID1 Don't mix formula	2	2	2	2	2	2
ID2 Whole fruit 7 m-1 yr	1	1	1	1	1	1
ID3 No juice < 12 mo	1	1	1	1	1	1
Average Rating Per CC Type	2.82	2.82	2.82	2.82	2.82	2.82
Nutrition						
NA1 Limit oils/fats	2	2	2	2	2	2
NA2 Low fat meat/proteins	3	3	3	3	3	3
NA3 Low fat milk equivalents	3	3	3	3	3	3
NA4 Whole milk 1-2 y/o	2	2	2	2	2	2
NA5 Low fat milk > 2 y/o	2	2	2	4	4	4
NB1 Whole grains	3	3	3	3	3	3
NB2 Variety of vegetables	3	3	3	3	3	3
NB3 Variety of whole fruit	3	3	3	3	3	3
NC1 100% juice	4	4	4	4	4	4
NC2 Juice only @ meals	2	2	2	2	2	2
NC3 Juice 4-6 oz. 1-6 y/o	3	3	3	4	4	4
NC4 Juice 8-12 oz. 7+ y/o	3	3	3	3	3	3
ND1 Make water available	3	3	3	4	4	4
NE1 Teach portion sizes	2	2	2	2	2	2
NE2 Eat with children	2	2	2	2	2	2
NF1 Appropriate servings	4	4	4	4	4	4
NF2 Healthy seconds	3	3	3	3	3	3
NG1 Limit salt	2	2	2	2	2	2
NG2 Avoid sugary foods	3	1	1	3	1	1
NH1 Food no force/bribe	2	2	2	2	2	2
NH2 Food no reward/punish	3	3	3	3	3	3
Average Rating Per CC Type	2.71	2.62	2.62	2.90	2.81	2.81
Physical Activity						
PA1 Space for active play	4	4	4	4	4	4
PA2 Training on activities	2	2	2	2	2	2
PA3 Write activity policies	2	2	2	2	2	2
PA4 Play with children	2	2	2	2	3	3
PA5 Don't withhold play	2	2	2	2	2	2
PB1 No screen time < 2 yr	4	4	4	4	4	4
PB2 Screen time 30 min/wk	3	3	3	3	3	3
PB3 Screen time purpose	2	2	2	2	2	2
PB4 No TV w/meals	2	2	2	2	2	2
PC1 Outdoor play occasions	3	3	3	3	3	3
PC2 Toddler play time	3	3	3	3	4	4
PC3 Preschool play time	3	3	3	3	3	3
PD1 Structured play	2	2	2	2	2	2
PE1 Tummy time often	4	4	4	4	4	4
PE2 Limit time infant equip.	2	2	2	2	2	2
Average Rating Per CC Type	2.67	2.67	2.67	2.67	2.80	2.80

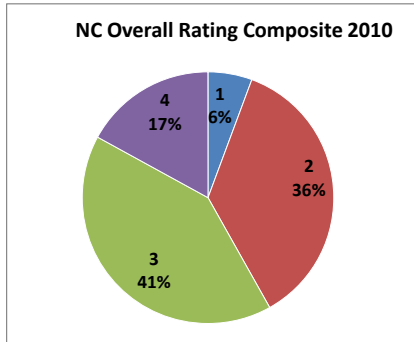
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North Carolina

State Overall Ratings

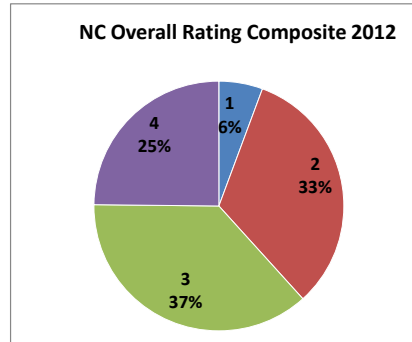
2010



Tally of Each Rating Per Topic Area 2010

Ratings	1	2	3	4
I - Count	6	3	15	9
N-Count	2	24	31	6
P-Count	0	24	12	9

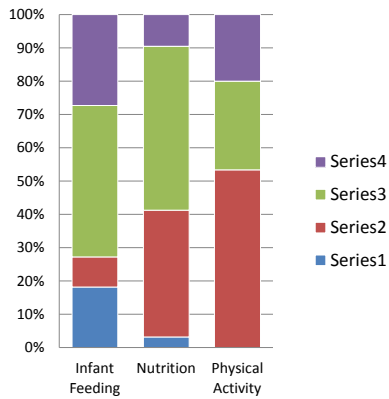
2012



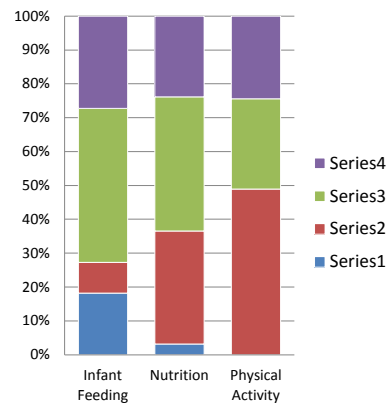
Tally of Each Rating Per Topic Area 2012

Ratings	1	2	3	4
I - Count	6	3	15	9
N-Count	2	21	25	15
P-Count	0	22	12	11

NC Rating Composition Per Topic Area 2010



NC Rating Composition Per Topic Area 2012



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North Dakota

State Overall Ratings

Key to Changes

Improved Rating
Lowered Rating

Assessment Year		2011			2012		
		Child Care Center	Large Family Child Care Home	Small Family Child Care Home	Child Care Center	Large Family Child Care Home	Small Family Child Care Home
Components by Topic Area							
Infant Feeding							
IA1	Support breastfeeding	2	2	2	2	2	2
IA2	No cow's milk < 1yr	3	4	1	3	3	3
IB1	Feed infants on cue	4	4	2	4	4	4
IB2	Stop feed @ satiety	3	3	2	4	4	4
IB3	Hold infant to feed	3	2	3	3	3	3
IC1	Plan solid introduction	3	3	2	3	3	3
IC2	Intro solids @ 4-6 mo	3	3	2	4	4	4
IC3	Iron-Fort @ 4-6 mo	3	3	2	3	3	3
ID1	Don't mix formula	3	3	2	4	4	4
ID2	Whole fruit 7 m-1 yr	1	1	2	1	1	1
ID3	No juice < 12 mo	1	1	2	1	1	1
Average Rating Per CC Type		2.64	2.64	2.00			
Nutrition							
NA1	Limit oils/fats	2	2	2	2	2	2
NA2	Low fat meat/proteins	3	3	2	3	3	3
NA3	Low fat milk equivalents	3	3	2	3	3	3
NA4	Whole milk 1-2 y/o	2	2	2	2	2	2
NA5	Low fat milk > 2 y/o	2	2	2	4	4	4
NB1	Whole grains	3	3	2	3	3	3
NB2	Variety of vegetables	3	3	2	3	3	3
NB3	Variety of whole fruit	3	3	2	3	3	3
NC1	100% juice	4	4	2	4	4	4
NC2	Juice only @ meals	2	2	2	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	3	3	2	3	3	3
NC4	Juice 8-12 oz. 7+ y/o	3	3	2	3	3	3
ND1	Make water available	3	2	2	4	4	4
NE1	Teach portion sizes	3	3	2	3	3	3
NE2	Eat with children	2	2	2	2	2	2
NF1	Appropriate servings	4	4	2	4	4	4
NF2	Healthy seconds	3	3	2	3	3	3
NG1	Limit salt	2	2	2	2	2	2
NG2	Avoid sugary foods	1	1	2	1	1	1
NH1	Food no force/bribe	3	3	3	3	3	3
NH2	Food no reward/punish	3	3	3	3	3	3
Average Rating Per CC Type		2.71	2.67	2.10			
Physical Activity							
PA1	Space for active play	4	4	4	4	4	4
PA2	Training on activities	2	2	2	2	2	2
PA3	Write activity policies	2	2	2	3	3	3
PA4	Play with children	2	2	2	3	3	2
PA5	Don't withhold play	3	3	3	4	4	4
PB1	No screen time < 2 yr	2	2	2	2	2	2
PB2	Screen time 30 min/wk	2	2	2	2	2	2
PB3	Screen time purpose	2	2	2	2	2	2
PB4	No TV w/meals	2	2	2	2	2	2
PC1	Outdoor play occasions	2	3	3	3	3	3
PC2	Toddler play time	2	2	2	2	2	2
PC3	Preschool play time	2	2	2	2	2	2
PD1	Structured play	2	2	2	2	2	2
PE1	Tummy time often	2	2	2	2	2	2
PE2	Limit time infant equip.	2	2	2	2	2	2
Average Rating Per CC Type		2.20	2.27	2.27			

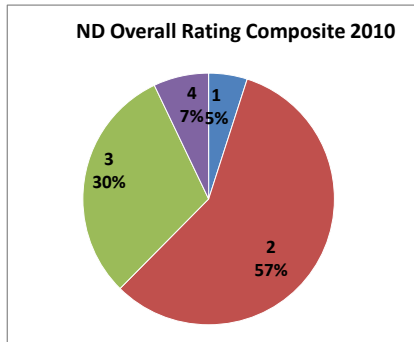
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North Dakota

State Overall Ratings

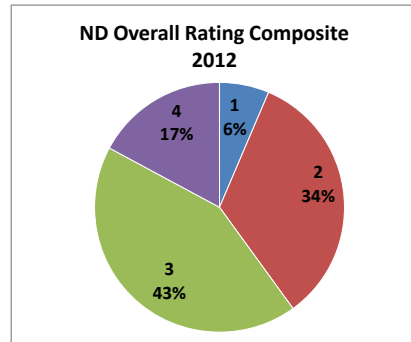
2010



Tally of Each Rating Per Topic Area 2010

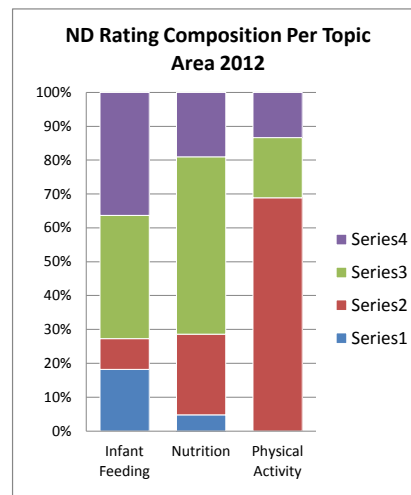
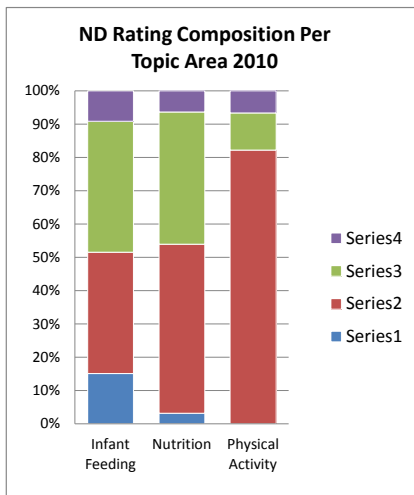
Ratings	1	2	3	4
I - Count	5	12	13	3
N-Count	2	32	25	4
P-Count	0	37	5	3

2012



Tally of Each Rating Per Topic Area 2012

Ratings	1	2	3	4
I - Count	6	3	12	12
N-Count	3	15	33	12
P-Count	0	31	8	6



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Ohio

State Overall Ratings

Key to Changes

Improved Rating
Lowered Rating

		Assessment Year 2010			2012		
		Child Care Center	Large Family Child Care Home	Small Family Child Care Home	Child Care Center	Large Family Child Care Home	Small Family Child Care Home
Components by Topic Area							
Infant Feeding							
IA1	Support breastfeeding	3	3	3	3	3	3
IA2	No cow's milk < 1yr	4	4	4	4	4	4
IB1	Feed infants on cue	4	4	4	4	4	4
IB2	Stop feed @ satiety	3	3	3	3	3	3
IB3	Hold infant to feed	3	3	3	3	3	3
IC1	Plan solid introduction	4	3	3	4	3	3
IC2	Intro solids @ 4-6 mo	3	3	3	3	3	3
IC3	Iron-Fort @ 4-6 mo	3	3	3	3	3	3
ID1	Don't mix formula	2	2	2	2	2	2
ID2	Whole fruit 7 m-1 yr	1	1	1	1	1	1
ID3	No juice < 12 mo	1	1	1	1	1	1
Average Rating Per CC Type		2.82	2.73	2.73	2.82	2.73	2.73
Nutrition							
NA1	Limit oils/fats	2	2	2	2	2	2
NA2	Low fat meat/proteins	3	3	3	3	3	3
NA3	Low fat milk equivalents	3	3	3	3	3	3
NA4	Whole milk 1-2 y/o	3	3	3	3	3	3
NA5	Low fat milk > 2 y/o	2	2	2	4	4	4
NB1	Whole grains	4	4	4	4	4	4
NB2	Variety of vegetables	3	3	3	3	3	3
NB3	Variety of whole fruit	3	3	3	3	3	3
NC1	100% juice	4	4	4	4	4	4
NC2	Juice only @ meals	2	2	2	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3	3	3
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3	3	3
ND1	Make water available	4	4	4	4	4	4
NE1	Teach portion sizes	3	3	2	3	3	2
NE2	Eat with children	2	2	2	2	2	2
NF1	Appropriate servings	4	4	3	4	4	3
NF2	Healthy seconds	3	3	3	3	3	3
NG1	Limit salt	2	2	2	2	2	2
NG2	Avoid sugary foods	1	1	1	1	1	1
NH1	Food no force/bribe	2	2	2	2	2	2
NH2	Food no reward/punish	3	3	3	3	3	3
Average Rating Per CC Type		2.81	2.81	2.71	2.90	2.90	2.81
Physical Activity							
PA1	Space for active play	4	4	4	4	4	4
PA2	Training on activities	2	2	2	2	2	2
PA3	Write activity policies	2	2	2	2	2	2
PA4	Play with children	2	2	2	2	2	2
PA5	Don't withhold play	3	2	3	3	2	3
PB1	No screen time < 2 yr	2	2	2	2	2	2
PB2	Screen time 30 min/wk	2	2	2	2	2	2
PB3	Screen time purpose	2	2	2	2	2	2
PB4	No TV w/meals	2	2	2	2	2	2
PC1	Outdoor play occasions	3	3	3	3	3	3
PC2	Toddler play time	2	2	2	2	2	2
PC3	Preschool play time	2	2	2	2	2	2
PD1	Structured play	2	2	2	2	2	2
PE1	Tummy time often	2	2	2	2	2	2
PE2	Limit time infant equip.	2	2	2	2	2	2
Average Rating Per CC Type		2.27	2.20	2.27	2.27	2.20	2.27

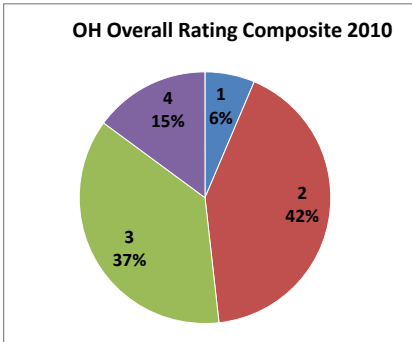
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Ohio

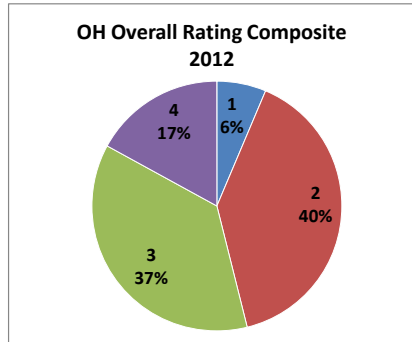
State Overall Ratings

2010

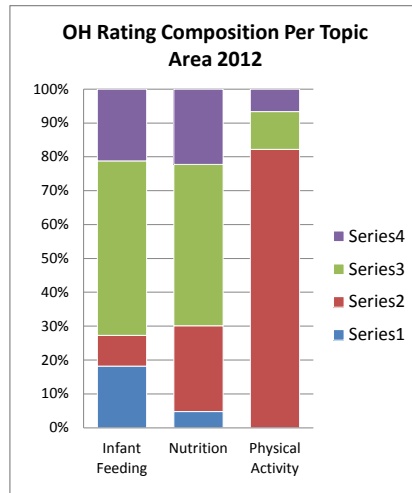
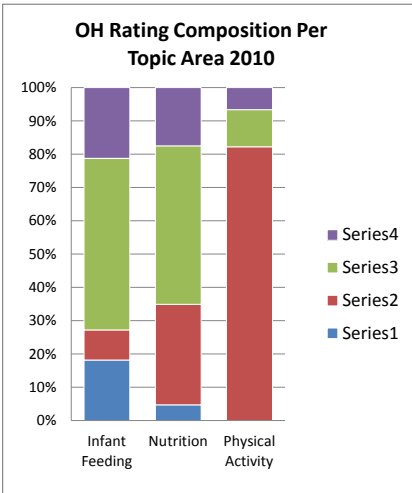


Tally of Each Rating Per Topic Area 2010				
Ratings	1	2	3	4
I - Count	6	3	17	7
N-Count	3	19	30	11
P-Count	0	37	5	3

2012



Tally of Each Rating Per Topic Area 2012				
Ratings	1	2	3	4
I - Count	6	3	17	7
N-Count	3	16	30	14
P-Count	0	37	5	3



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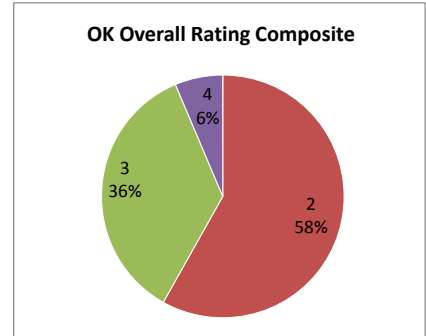
Oklahoma

State Overall Ratings

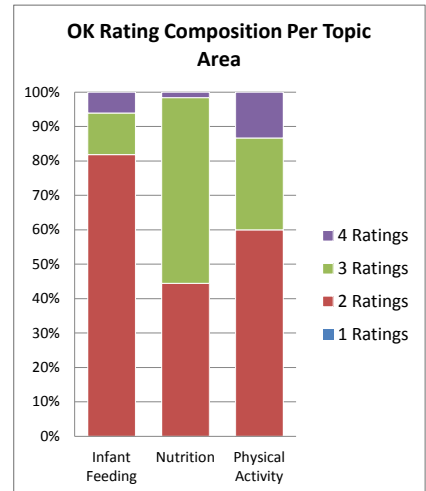
Components by Topic Area		Child Care Center	Large Family Child Care Home	Small Family Child Care Home	Average Rating Per Component
Infant Feeding					
IA1	Appropriate fluids	2	2	2	2.00
IA2		4	2	2	2.67
IB1	How to feed fluids	4	2	2	2.67
IB2		2	2	2	2.00
IB3		3	3	3	3.00
IC1	Introducing solids	3	2	2	2.33
IC2		2	2	2	2.00
IC3		2	2	2	2.00
ID1	Appropriate complementary foods	2	2	2	2.00
ID2		2	2	2	2.00
ID3		2	2	2	2.00
Average Rating Per CC Type		2.55	2.09	2.09	2.24
Nutrition					
NA1	Limit dietary fats	2	2	2	2.00
NA2		3	3	3	3.00
NA3		3	3	3	3.00
NA4		2	2	2	2.00
NA5		2	2	2	2.00
NB1	Serve nutrient-dense whole foods	3	3	3	3.00
NB2		3	3	3	3.00
NB3		3	3	3	3.00
NC1	Wholeness & quantity of juice	2	2	2	2.00
NC2		2	2	2	2.00
NC3		3	3	3	3.00
NC4		3	3	3	3.00
ND1	Water availability	4	3	3	3.33
NE1	Nutrition instruction by word & example	2	2	2	2.00
NE2		2	2	2	2.00
NF1	Age and individual nutritional requirements	3	3	3	3.00
NF2		3	3	3	3.00
NG1	Limit sugar and salt	2	2	2	2.00
NG2		2	2	2	2.00
NH1	Misuse of food	2	3	3	2.67
NH2		3	3	3	3.00
Average Rating Per CC Type		2.57	2.57	2.57	2.57
Physical Activity					
PA1	General promotion of activity	4	4	4	4.00
PA2		2	2	2	2.00
PA3		2	2	2	2.00
PA4		2	2	2	2.00
PA5		4	4	4	4.00
PB1	Screen time	3	3	3	3.00
PB2		3	3	3	3.00
PB3		2	2	2	2.00
PB4		2	2	2	2.00
PC1	Age-specific activity	3	3	3	3.00
PC2		2	2	2	2.00
PC3		2	2	2	2.00
PD1	Caregiver/teacher involvement	2	2	2	2.00
PE1	Infant-specific activity	2	2	2	2.00
PE2		3	3	3	3.00
Average Rating Per CC Type		2.53	2.53	2.53	2.53
Grand Average for Care Types & Components		2.55	2.45	2.45	2.48

What Ratings Mean

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- 2 Regulation does not mention the content of standard
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- 4 Regulation fully meets standard



Ratings	1	2	3	4
I - Count	0	27	4	2
N - Count	0	28	34	1
P - Count	0	27	12	6



Oregon

State Overall Ratings

Key to Changes

Improved Rating
Lowered Rating

		Assessment Year 2010			2012		
		Child Care Center	Large Family Child Care Home	Small Family Child Care Home	Child Care Center	Large Family Child Care Home	Small Family Child Care Home
Components by Topic Area							
Infant Feeding							
IA1	Support breastfeeding	2	3	3	2	3	3
IA2	No cow's milk < 1yr	4	4	4	4	4	4
IB1	Feed infants on cue	4	4	4	4	4	4
IB2	Stop feed @ satiety	3	3	3	3	3	3
IB3	Hold infant to feed	3	3	3	3	3	3
IC1	Plan solid introduction	3	3	3	3	3	3
IC2	Intro solids @ 4-6 mo	1	1	3	1	1	3
IC3	Iron-Fort @ 4-6 mo	3	3	3	3	3	3
ID1	Don't mix formula	2	2	2	2	2	2
ID2	Whole fruit 7 m-1 yr	1	1	1	1	1	1
ID3	No juice < 12 mo	1	1	1	1	1	1
Average Rating Per CC Type		2.45	2.55	2.73	2.45	2.55	2.73
Nutrition							
NA1	Limit oils/fats	2	2	2	2	2	2
NA2	Low fat meat/proteins	3	3	3	3	3	3
NA3	Low fat milk equivalents	3	3	3	3	3	3
NA4	Whole milk 1-2 y/o	2	2	2	2	2	2
NA5	Low fat milk > 2 y/o	2	2	2	4	4	4
NB1	Whole grains	3	3	3	3	3	3
NB2	Variety of vegetables	3	3	3	3	3	3
NB3	Variety of whole fruit	3	3	3	3	3	3
NC1	100% juice	4	4	4	4	4	4
NC2	Juice only @ meals	2	2	2	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3	3	3
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3	3	3
ND1	Make water available	3	3	2	4	4	4
NE1	Teach portion sizes	2	2	2	2	2	2
NE2	Eat with children	2	2	2	2	2	2
NF1	Appropriate servings	4	4	4	4	4	4
NF2	Healthy seconds	3	3	3	3	3	3
NG1	Limit salt	3	3	2	3	3	2
NG2	Avoid sugary foods	3	3	1	3	3	1
NH1	Food no force/bribe	3	3	2	3	3	2
NH2	Food no reward/punish	3	3	3	3	3	3
Average Rating Per CC Type		2.81	2.81	2.57	2.95	2.95	2.76
Physical Activity							
PA1	Space for active play	4	4	2	4	4	2
PA2	Training on activities	2	2	2	2	2	2
PA3	Write activity policies	2	2	2	2	2	2
PA4	Play with children	2	2	2	2	2	2
PA5	Don't withhold play	2	2	2	2	2	2
PB1	No screen time < 2 yr	2	3	3	2	3	3
PB2	Screen time 30 min/wk	2	3	3	2	3	3
PB3	Screen time purpose	2	2	2	2	2	2
PB4	No TV w/meals	2	2	2	2	2	2
PC1	Outdoor play occasions	3	3	3	3	3	3
PC2	Toddler play time	3	3	2	3	3	2
PC3	Preschool play time	3	3	2	3	3	2
PD1	Structured play	2	2	2	2	2	2
PE1	Tummy time often	2	2	2	2	2	2
PE2	Limit time infant equip.	2	2	2	2	2	2
Average Rating Per CC Type		2.33	2.47	2.20	2.33	2.47	2.20

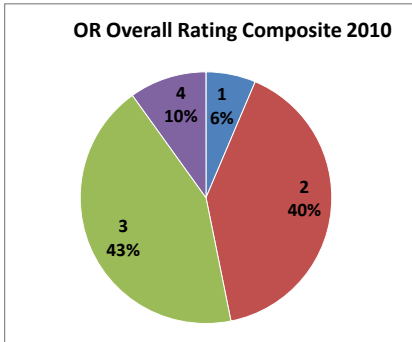
What Ratings Mean

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- 4 Regulation fully meets standard

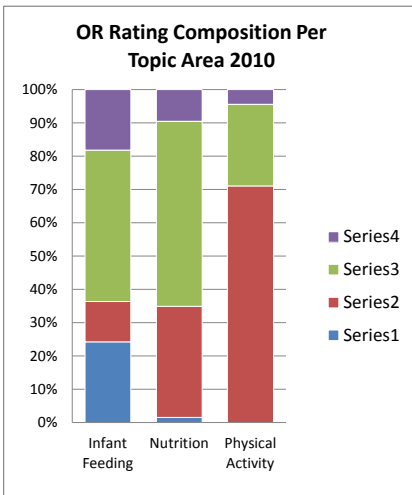
Oregon

State Overall Ratings

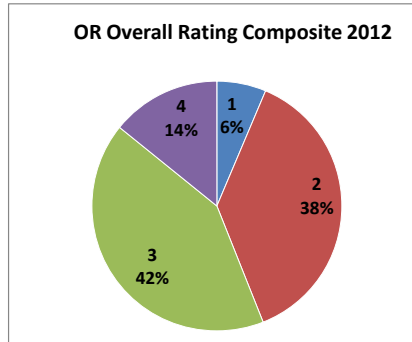
2010



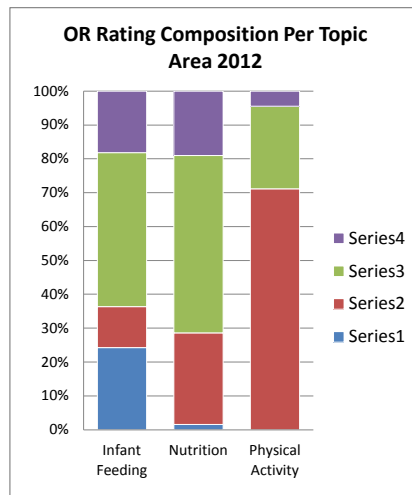
Ratings	1	2	3	4
I - Count	8	4	15	6
N-Count	1	21	35	6
P-Count	0	32	11	2



2012



Ratings	1	2	3	4
I - Count	8	4	15	6
N-Count	1	17	33	12
P-Count	0	32	11	2



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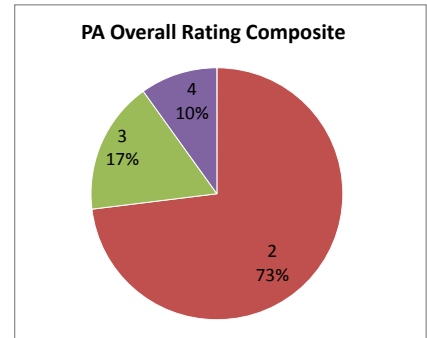
Pennsylvania

State Overall Ratings

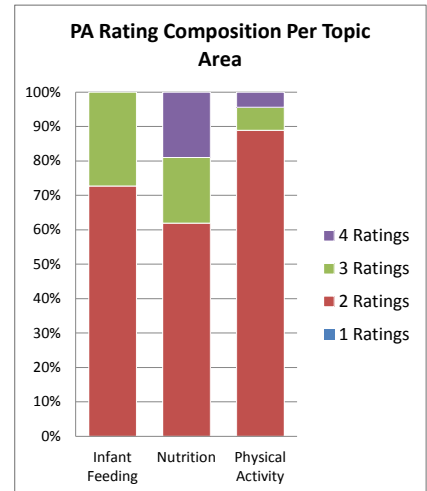
Components by Topic Area		Child Care Center	Large Family Child Care Home	Small Family Child Care Home	Average Rating Per Component
Infant Feeding					
IA1	Appropriate fluids	2	2	2	2.00
IA2		2	2	2	2.00
IB1	How to feed fluids	3	3	3	3.00
IB2		2	2	2	2.00
IB3		3	3	3	3.00
IC1	Introducing solids	3	3	3	3.00
IC2		2	2	2	2.00
IC3		2	2	2	2.00
ID1	Appropriate complementary foods	2	2	2	2.00
ID2		2	2	2	2.00
ID3		2	2	2	2.00
Average Rating Per CC Type		2.27	2.27	2.27	2.27
Nutrition					
NA1	Limit dietary fats	2	2	2	2.00
NA2		3	3	3	3.00
NA3		3	3	3	3.00
NA4		2	2	2	2.00
NA5		2	2	2	2.00
NB1	Serve nutrient-dense whole foods	3	3	3	3.00
NB2		4	4	4	4.00
NB3		4	4	4	4.00
NC1	Wholeness & quantity of juice	2	2	2	2.00
NC2		2	2	2	2.00
NC3		2	2	2	2.00
NC4		2	2	2	2.00
ND1	Water availability	4	4	4	4.00
NE1	Nutrition instruction by word & example	2	2	2	2.00
NE2		2	2	2	2.00
NF1	Age and individual nutritional requirements	4	4	4	4.00
NF2		3	3	3	3.00
NG1	Limit sugar and salt	2	2	2	2.00
NG2		2	2	2	2.00
NH1	Misuse of food	2	2	2	2.00
NH2		2	2	2	2.00
Average Rating Per CC Type		2.57	2.57	2.57	2.57
Physical Activity					
PA1	General promotion of activity	4	4	2	3.33
PA2		2	2	2	2.00
PA3		2	2	2	2.00
PA4		2	2	2	2.00
PA5		2	2	2	2.00
PB1	Screen time	2	2	2	2.00
PB2		2	2	2	2.00
PB3		2	2	2	2.00
PB4		2	2	2	2.00
PC1	Age-specific activity	3	3	3	3.00
PC2		2	2	2	2.00
PC3		2	2	2	2.00
PD1	Caregiver/teacher involvement	2	2	2	2.00
PE1	Infant-specific activity	2	2	2	2.00
PE2		2	2	2	2.00
Average Rating Per CC Type		2.20	2.20	2.07	2.16
Grand Average for Care Types & Components		2.38	2.38	2.34	2.37

What Ratings Mean

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- 3 Regulation partially meets standard
- 4 Regulation fully meets standard



Ratings	1	2	3	4
I - Count	0	24	9	0
N-Count	0	39	12	12
P-Count	0	40	3	2



Rhode Island

State Overall Ratings

Key to Changes

Improved Rating

Lowered Rating

		Assessment Year 2010			2012		
		Child Care Center	Large Family Child Care Home	Small Family Child Care Home	Child Care Center	Large Family Child Care Home	Small Family Child Care Home
Components by Topic Area							
Infant Feeding							
IA1	Support breastfeeding	2	3	3	2	3	3
IA2	No cow's milk < 1yr	3	4	4	3	4	4
IB1	Feed infants on cue	3	4	4	3	4	4
IB2	Stop feed @ satiety	2	3	3	2	3	3
IB3	Hold infant to feed	3	2	2	3	2	2
IC1	Plan solid introduction	3	3	3	3	3	3
IC2	Intro solids @ 4-6 mo	2	3	3	2	3	3
IC3	Iron-Fort @ 4-6 mo	2	3	3	2	3	3
ID1	Don't mix formula	2	2	2	2	2	2
ID2	Whole fruit 7 m-1 yr	2	1	1	2	1	1
ID3	No juice < 12 mo	2	1	1	2	1	1
Average Rating Per CC Type		2.36	2.64	2.64	2.36	2.64	2.64
Nutrition							
NA1	Limit oils/fats	2	2	2	2	2	2
NA2	Low fat meat/proteins	2	3	3	2	3	3
NA3	Low fat milk equivalents	2	3	3	2	3	3
NA4	Whole milk 1-2 y/o	2	3	3	2	3	3
NA5	Low fat milk > 2 y/o	2	3	3	2	4	4
NB1	Whole grains	2	3	3	2	3	3
NB2	Variety of vegetables	2	3	3	2	3	3
NB3	Variety of whole fruit	2	3	3	2	3	3
NC1	100% juice	2	4	4	2	4	4
NC2	Juice only @ meals	2	4	4	2	4	4
NC3	Juice 4-6 oz. 1-6 y/o	2	4	4	2	4	4
NC4	Juice 8-12 oz. 7+ y/o	2	4	4	2	4	4
ND1	Make water available	4	4	4	4	4	4
NE1	Teach portion sizes	2	2	2	2	2	2
NE2	Eat with children	2	2	2	2	2	2
NF1	Appropriate servings	2	4	4	2	4	4
NF2	Healthy seconds	2	3	3	2	3	3
NG1	Limit salt	2	2	2	2	2	2
NG2	Avoid sugary foods	2	3	3	2	3	3
NH1	Food no force/bribe	2	2	2	2	2	2
NH2	Food no reward/punish	3	3	3	3	3	3
Average Rating Per CC Type		2.14	3.05	3.05	2.14	3.10	3.10
Physical Activity							
PA1	Space for active play	4	4	4	4	4	4
PA2	Training on activities	2	2	2	2	2	2
PA3	Write activity policies	2	2	2	2	2	2
PA4	Play with children	2	2	2	2	2	2
PA5	Don't withhold play	2	4	4	2	4	4
PB1	No screen time < 2 yr	2	3	3	2	3	3
PB2	Screen time 30 min/wk	2	3	3	2	3	3
PB3	Screen time purpose	2	2	2	2	2	2
PB4	No TV w/meals	2	2	2	2	2	2
PC1	Outdoor play occasions	2	3	3	2	3	3
PC2	Toddler play time	3	3	3	3	3	3
PC3	Preschool play time	3	3	3	3	3	3
PD1	Structured play	2	2	2	2	2	2
PE1	Tummy time often	2	2	2	2	2	2
PE2	Limit time infant equip.	2	2	2	2	2	2
Average Rating Per CC Type		2.27	2.60	2.60	2.27	2.60	2.60

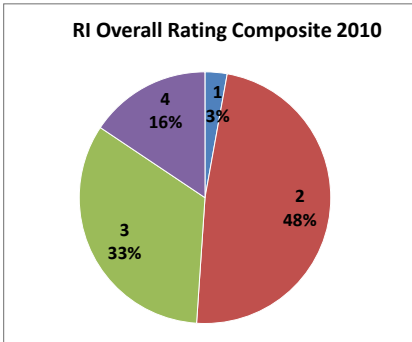
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Rhode Island

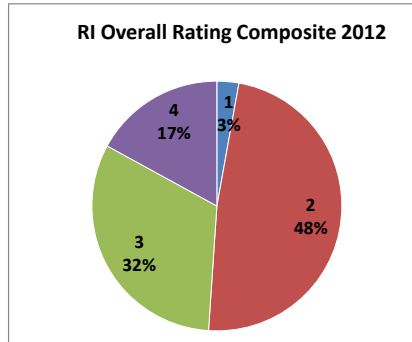
State Overall Ratings

2010

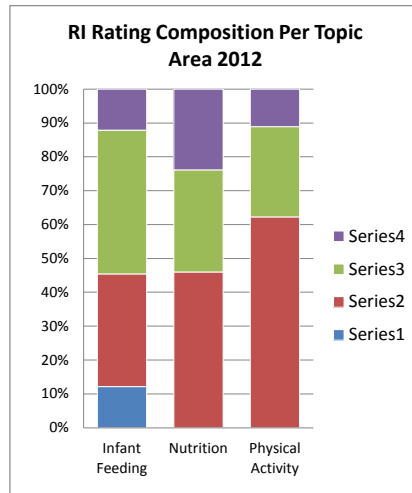
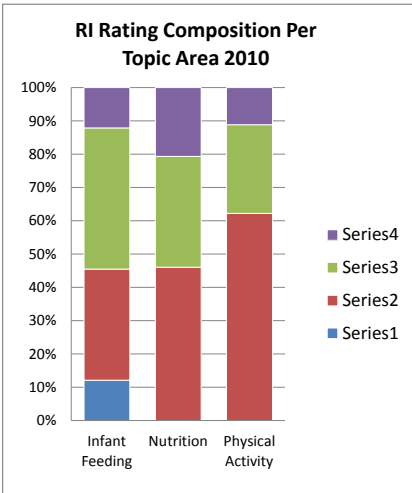


Ratings	1	2	3	4
I - Count	4	11	14	4
N-Count	0	29	21	13
P-Count	0	28	12	5

2012



Ratings	1	2	3	4
I - Count	4	11	14	4
N-Count	0	29	19	15
P-Count	0	28	12	5



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South Carolina

State Overall Ratings

Key to Changes

Improved Rating

Lowered Rating

Components by Topic Area	Assessment Year 2010			Assessment Year 2012			
		Large Family Child Care Center	Small Family Child Care Home		Large Family Child Care Home	Small Family Child Care Home	
		Center	Home	Center	Home	Home	
Infant Feeding							
IA1	Support breastfeeding	3	3	N/A	3	3	N/A
IA2	No cow's milk < 1yr	4	4	N/A	4	4	N/A
IB1	Feed infants on cue	4	4	N/A	4	4	N/A
IB2	Stop feed @ satiety	3	3	N/A	3	3	N/A
IB3	Hold infant to feed	3	3	N/A	3	3	N/A
IC1	Plan solid introduction	3	3	N/A	3	3	N/A
IC2	Intro solids @ 4-6 mo	3	3	N/A	3	3	N/A
IC3	Iron-Fort @ 4-6 mo	3	3	N/A	3	3	N/A
ID1	Don't mix formula	2	2	N/A	2	2	N/A
ID2	Whole fruit 7 m-1 yr	1	1	N/A	1	1	N/A
ID3	No juice < 12 mo	1	1	N/A	1	1	N/A
Average Rating Per CC Type		2.73	2.73	N/A	2.73	2.73	N/A
Nutrition							
NA1	Limit oils/fats	2	2	N/A	2	2	N/A
NA2	Low fat meat/proteins	3	3	N/A	3	3	N/A
NA3	Low fat milk equivalents	3	3	N/A	3	3	N/A
NA4	Whole milk 1-2 y/o	2	2	N/A	2	2	N/A
NA5	Low fat milk > 2 y/o	2	2	N/A	4	4	N/A
NB1	Whole grains	3	3	N/A	3	3	N/A
NB2	Variety of vegetables	3	3	N/A	3	3	N/A
NB3	Variety of whole fruit	3	3	N/A	3	3	N/A
NC1	100% juice	4	4	N/A	4	4	N/A
NC2	Juice only @ meals	2	2	N/A	2	2	N/A
NC3	Juice 4-6 oz. 1-6 y/o	3	3	N/A	3	3	N/A
NC4	Juice 8-12 oz. 7+ y/o	3	3	N/A	3	3	N/A
ND1	Make water available	4	4	N/A	4	4	N/A
NE1	Teach portion sizes	2	2	N/A	2	2	N/A
NE2	Eat with children	2	2	N/A	2	2	N/A
NF1	Appropriate servings	4	4	N/A	4	4	N/A
NF2	Healthy seconds	3	3	N/A	3	3	N/A
NG1	Limit salt	2	2	N/A	2	2	N/A
NG2	Avoid sugary foods	1	1	N/A	1	1	N/A
NH1	Food no force/bribe	3	3	N/A	3	3	N/A
NH2	Food no reward/punish	3	3	N/A	3	3	N/A
Average Rating Per CC Type		2.71	2.71	N/A	2.81	2.81	N/A
Physical Activity							
PA1	Space for active play	4	3	N/A	4	3	N/A
PA2	Training on activities	2	2	N/A	2	2	N/A
PA3	Write activity policies	2	2	N/A	2	2	N/A
PA4	Play with children	2	2	N/A	2	2	N/A
PA5	Don't withhold play	2	2	N/A	2	2	N/A
PB1	No screen time < 2 yr	3	3	N/A	3	3	N/A
PB2	Screen time 30 min/wk	3	3	N/A	3	3	N/A
PB3	Screen time purpose	2	2	N/A	2	2	N/A
PB4	No TV w/meals	2	2	N/A	2	2	N/A
PC1	Outdoor play occasions	3	3	N/A	3	3	N/A
PC2	Toddler play time	2	2	N/A	2	2	N/A
PC3	Preschool play time	2	2	N/A	2	2	N/A
PD1	Structured play	2	2	N/A	2	2	N/A
PE1	Tummy time often	2	2	N/A	2	2	N/A
PE2	Limit time infant equip.	3	3	N/A	3	3	N/A
Average Rating Per CC Type		2.40	2.33	N/A	2.40	2.33	N/A

What Ratings Mean

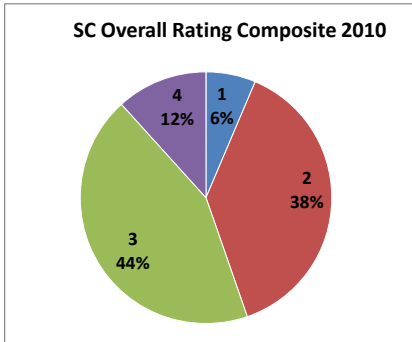
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SC Page 1 of 2

South Carolina

State Overall Ratings

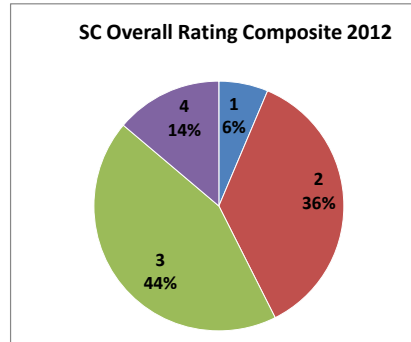
2010



Tally of Each Rating Per Topic Area 2010

Ratings	1	2	3	4
I - Count	4	2	12	4
N-Count	2	14	20	6
P-Count	0	20	9	1

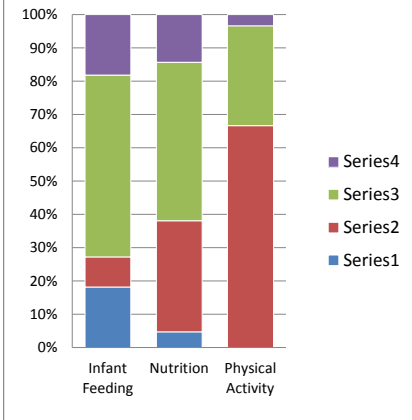
2012



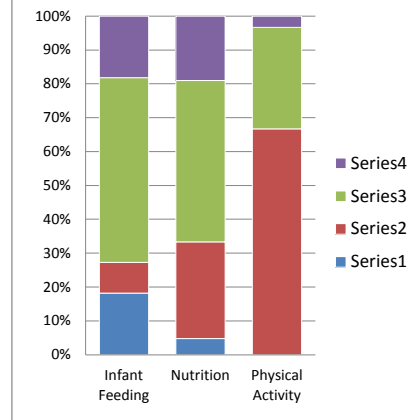
Tally of Each Rating Per Topic Area 2012

Ratings	1	2	3	4
I - Count	4	2	12	4
N-Count	2	12	20	8
P-Count	0	20	9	1

SC Rating Composition Per Topic Area 2010



SC Rating Composition Per Topic Area 2012



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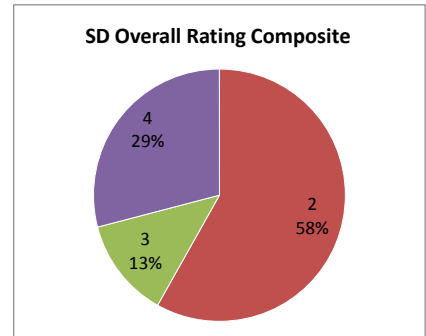
South Dakota

State Overall Ratings

Components by Topic Area		Child Care Center	Large Family Child Care Home	Small Family Child Care Home	Average Rating Per Component
Infant Feeding					
IA1	Appropriate fluids	2	2	2	2.00
IA2		2	2	2	2.00
IB1	How to feed fluids	4	4	4	4.00
IB2		2	2	2	2.00
IB3		4	4	4	4.00
IC1	Introducing solids	2	2	2	2.00
IC2		2	2	2	2.00
IC3		2	2	2	2.00
ID1	Appropriate complementary foods	2	2	2	2.00
ID2		2	2	2	2.00
ID3		2	2	2	2.00
Average Rating Per CC Type		2.36	2.36	2.36	2.36
Nutrition					
NA1	Limit dietary fats	4	4	4	4.00
NA2		4	4	4	4.00
NA3		4	4	4	4.00
NA4		2	2	2	2.00
NA5		4	4	4	4.00
NB1	Serve nutrient-dense whole foods	4	4	4	4.00
NB2		4	4	4	4.00
NB3		4	4	4	4.00
NC1	Wholeness & quantity of juice	4	4	4	4.00
NC2		2	2	2	2.00
NC3		3	3	3	3.00
NC4		3	3	3	3.00
ND1	Water availability	4	4	4	4.00
NE1	Nutrition instruction by word & example	2	2	2	2.00
NE2		2	2	2	2.00
NF1	Age and individual nutritional requirements	4	4	4	4.00
NF2		2	2	2	2.00
NG1	Limit sugar and salt	4	4	4	4.00
NG2		3	3	3	3.00
NH1	Misuse of food	3	3	3	3.00
NH2		3	3	3	3.00
Average Rating Per CC Type		3.29	3.29	3.29	3.29
Physical Activity					
PA1	General promotion of activity	4	4	2	3.33
PA2		2	2	2	2.00
PA3		2	2	2	2.00
PA4		2	2	2	2.00
PA5		2	2	2	2.00
PB1	Screen time	2	2	2	2.00
PB2		2	2	2	2.00
PB3		2	2	2	2.00
PB4		2	2	2	2.00
PC1	Age-specific activity	3	2	2	2.33
PC2		3	2	2	2.33
PC3		3	2	2	2.33
PD1	Caregiver/teacher involvement	2	2	2	2.00
PE1	Infant-specific activity	2	2	2	2.00
PE2		2	2	2	2.00
Average Rating Per CC Type		2.33	2.13	2.00	2.16
Grand Average for Care Types & Components		2.77	2.70	2.66	2.71

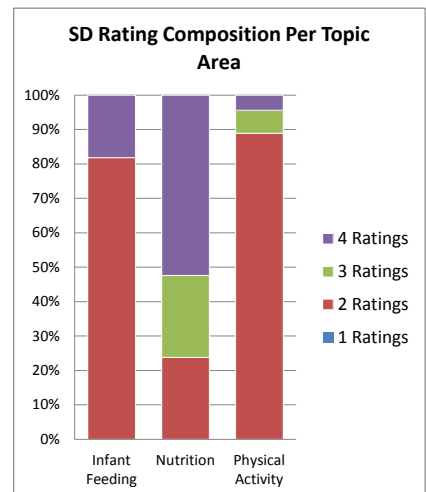
What Ratings Mean

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Tally of Each Rating Per Topic Area

Ratings	1	2	3	4
I - Count	0	27	0	6
N-Count	0	15	15	33
P-Count	0	40	3	2



Tennessee

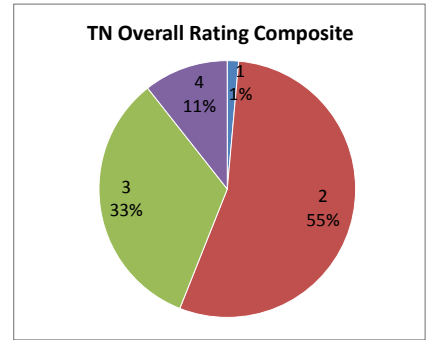
State Overall Ratings

Components by Topic Area		Child Care Center	Large Family Child Care Home	Small Family Child Care Home	Average Rating Per Component
Infant Feeding					
IA1	Appropriate fluids	3	2	2	2.33
IA2*		2	2	2	2.00
IB1	How to feed fluids	4	4	4	4.00
IB2		2	2	2	2.00
IB3		3	2	3	2.67
IC1	Introducing solids	3	3	2	2.67
IC2		2	2	2	2.00
IC3		2	2	2	2.00
ID1	Appropriate complementary foods	2	2	2	2.00
ID2		2	2	2	2.00
ID3		2	2	2	2.00
Average Rating Per CC Type		2.45	2.27	2.27	2.33
Nutrition					
NA1	Limit dietary fats	3	2	2	2.33
NA2		3	3	3	3.00
NA3		2	1	1	1.33
NA4		2	2	2	2.00
NA5		2	2	2	2.00
NB1	Serve nutrient-dense whole foods	2	3	3	2.67
NB2		3	3	3	3.00
NB3		3	4	3	3.33
NC1	Wholeness & quantity of juice	2	4	4	3.33
NC2		2	2	2	2.00
NC3		2	3	3	2.67
NC4		2	3	3	2.67
ND1	Water availability	3	3	3	3.00
NE1	Nutrition instruction by word & example	2	2	2	2.00
NE2		2	2	2	2.00
NF1	Age and individual nutritional requirements	2	4	4	3.33
NF2		2	3	3	2.67
NG1	Limit sugar and salt	2	2	2	2.00
NG2		4	3	3	3.33
NH1	Misuse of food	4	3	3	3.33
NH2		4	3	3	3.33
Average Rating Per CC Type		2.52	2.71	2.67	2.63
Physical Activity					
PA1	General promotion of activity	4	4	3	3.67
PA2		2	2	2	2.00
PA3		2	2	2	2.00
PA4		2	2	2	2.00
PA5		4	2	2	2.67
PB1	Screen time	3	3	3	3.00
PB2		3	3	3	3.00
PB3		3	3	3	3.00
PB4		2	2	2	2.00
PC1	Age-specific activity	3	3	3	3.00
PC2		3	2	2	2.33
PC3		3	2	2	2.33
PD1	Caregiver/teacher involvement	2	2	2	2.00
PE1	Infant-specific activity	2	2	2	2.00
PE2		3	2	2	2.33
Average Rating Per CC Type		2.73	2.40	2.33	2.49
Grand Average for Care Types & Components		2.57	2.51	2.47	2.52

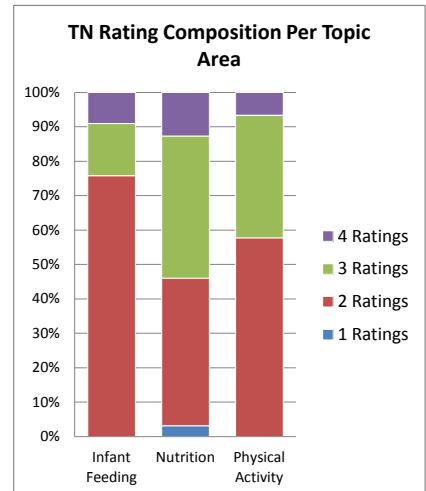
* Rating highlighted blue indicates correction of baseline data.

What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets standard
- 4 Regulation fully meets standard



Ratings	1	2	3	4
I - Count	0	25	5	3
N-Count	2	27	26	8
P-Count	0	26	16	3



Texas

State Overall Ratings

Key to Changes

Improved Rating
Lowered Rating

Components by Topic Area	Assessment Year 2010			Assessment Year 2012			
	Child Care Center	Large Family Child Care Home	Small Family Child Care Home	Child Care Center	Large Family Child Care Home	Small Family Child Care Home	
Infant Feeding							
IA1	Support breastfeeding	2	2	2	4	4	4
IA2	No cow's milk < 1yr	2	2	2	2	2	2
IB1	Feed infants on cue	3	3	3	3	3	3
IB2	Stop feed @ satiety	2	2	2	2	2	2
IB3	Hold infant to feed	3	3	3	3	3	3
IC1	Plan solid introduction	2	2	2	2	2	2
IC2	Intro solids @ 4-6 mo	2	2	2	2	2	2
IC3	Iron-Fort @ 4-6 mo	2	2	2	2	2	2
ID1	Don't mix formula	2	2	2	2	2	2
ID2	Whole fruit 7 m-1 yr	2	2	2	2	2	2
ID3	No juice < 12 mo	2	2	2	2	2	2
Average Rating Per CC Type		2.18	2.18	2.18	2.36	2.36	2.36
Nutrition							
NA1	Limit oils/fats	2	2	2	2	2	2
NA2	Low fat meat/proteins	3	3	3	3	3	3
NA3	Low fat milk equivalents	2	2	2	2	2	2
NA4	Whole milk 1-2 y/o	2	2	2	2	2	2
NA5	Low fat milk > 2 y/o	2	2	2	2	2	2
NB1	Whole grains	3	3	3	3	3	3
NB2	Variety of vegetables	3	3	3	3	3	3
NB3	Variety of whole fruit	3	3	3	3	3	3
NC1	100% juice	4	4	4	4	4	4
NC2	Juice only @ meals	3	3	3	3	3	3
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3	3	3
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3	3	3
ND1	Make water available	4	4	4	4	4	4
NE1	Teach portion sizes	2	2	2	2	2	2
NE2	Eat with children	2	2	2	2	2	2
NF1	Appropriate servings	4	4	4	4	4	4
NF2	Healthy seconds	3	3	3	3	3	3
NG1	Limit salt	2	2	2	2	2	2
NG2	Avoid sugary foods	2	2	2	2	2	2
NH1	Food no force/bribe	3	3	3	3	3	3
NH2	Food no reward/punish	4	4	4	4	4	4
Average Rating Per CC Type		2.81	2.81	2.81	2.81	2.81	2.81
Physical Activity							
PA1	Space for active play	4	4	4	4	4	4
PA2	Training on activities	2	2	2	2	2	2
PA3	Write activity policies	2	2	2	2	2	2
PA4	Play with children	2	2	2	2	2	2
PA5	Don't withhold play	4	4	4	4	4	4
PB1	No screen time < 2 yr	3	3	3	3	3	3
PB2	Screen time 30 min/wk	3	3	3	3	3	3
PB3	Screen time purpose	2	2	2	2	2	2
PB4	No TV w/meals	2	2	2	2	2	2
PC1	Outdoor play occasions	3	3	3	3	3	3
PC2	Toddler play time	3	3	3	3	3	3
PC3	Preschool play time	3	3	3	3	3	3
PD1	Structured play	2	2	2	2	2	2
PE1	Tummy time often	4	4	4	4	4	4
PE2	Limit time infant equip.	3	3	3	3	3	3
Average Rating Per CC Type		2.80	2.80	2.80	2.80	2.80	2.80

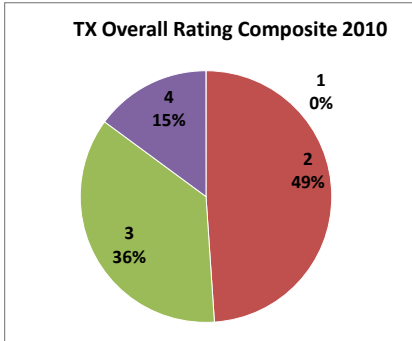
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Texas

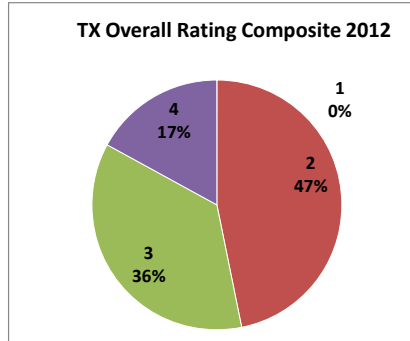
State Overall Ratings

2010

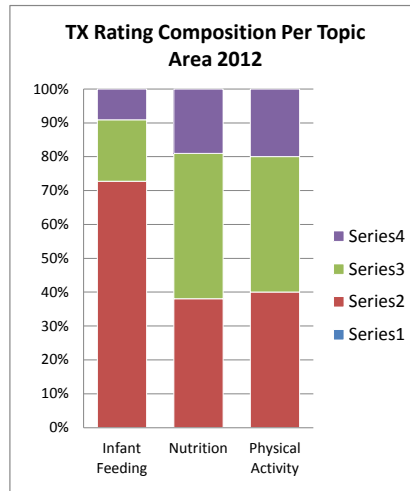
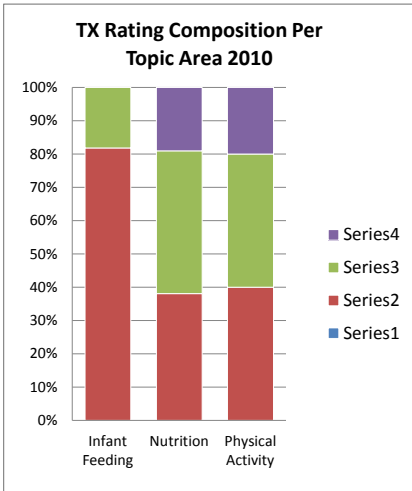


Ratings	1	2	3	4
I - Count	0	27	6	0
N-Count	0	24	27	12
P-Count	0	18	18	9

2012



Ratings	1	2	3	4
I - Count	0	24	6	3
N-Count	0	24	27	12
P-Count	0	18	18	9



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Utah

State Overall Ratings

Key to Changes

Improved Rating
Lowered Rating

		Assessment Year 2010			2012		
		Child Care Center	Large Family Child Care Home	Small Family Child Care Home	Child Care Center	Large Family Child Care Home	Small Family Child Care Home
Components by Topic Area							
Infant Feeding							
IA1	Support breastfeeding	3	3	2	3	3	2
IA2	No cow's milk < 1yr	4	4	3	4	4	3
IB1	Feed infants on cue	4	4	2	4	4	2
IB2	Stop feed @ satiety	3	3	2	3	3	2
IB3	Hold infant to feed	3	3	3	3	3	3
IC1	Plan solid introduction	3	3	2	3	3	2
IC2	Intro solids @ 4-6 mo	3	3	2	3	3	2
IC3	Iron-Fort @ 4-6 mo	3	3	2	3	3	2
ID1	Don't mix formula	2	2	2	2	2	2
ID2	Whole fruit 7 m-1 yr	1	1	2	1	1	2
ID3	No juice < 12 mo	1	1	2	1	1	2
Average Rating Per CC Type		2.73	2.73	2.18	2.73	2.73	2.18
Nutrition							
NA1	Limit oils/fats	2	2	2	2	2	2
NA2	Low fat meat/proteins	3	3	2	3	3	2
NA3	Low fat milk equivalents	3	3	2	3	3	2
NA4	Whole milk 1-2 y/o	2	2	2	2	2	2
NA5	Low fat milk > 2 y/o	2	2	2	4	4	2
NB1	Whole grains	2	2	2	2	2	2
NB2	Variety of vegetables	3	3	2	3	3	2
NB3	Variety of whole fruit	3	3	2	3	3	2
NC1	100% juice	4	4	2	4	4	2
NC2	Juice only @ meals	3	3	2	3	3	2
NC3	Juice 4-6 oz. 1-6 y/o	3	3	2	3	3	2
NC4	Juice 8-12 oz. 7+ y/o	3	3	2	3	3	2
ND1	Make water available	3	3	3	4	4	3
NE1	Teach portion sizes	2	2	2	2	2	2
NE2	Eat with children	2	2	2	2	2	2
NF1	Appropriate servings	4	4	2	4	4	2
NF2	Healthy seconds	3	3	2	3	3	2
NG1	Limit salt	2	2	2	2	2	2
NG2	Avoid sugary foods	1	1	2	1	1	2
NH1	Food no force/bribe	3	3	3	3	3	3
NH2	Food no reward/punish	3	3	3	3	3	3
Average Rating Per CC Type		2.67	2.67	2.14	2.81	2.81	2.14
Physical Activity							
PA1	Space for active play	4	2	2	4	2	2
PA2	Training on activities	2	2	2	2	2	2
PA3	Write activity policies	2	2	2	2	2	2
PA4	Play with children	2	2	2	2	2	2
PA5	Don't withhold play	2	2	2	2	2	2
PB1	No screen time < 2 yr	2	2	2	2	2	2
PB2	Screen time 30 min/wk	2	2	2	2	2	2
PB3	Screen time purpose	2	2	2	2	2	2
PB4	No TV w/meals	2	2	2	2	2	2
PC1	Outdoor play occasions	3	2	2	3	2	2
PC2	Toddler play time	2	2	3	2	2	3
PC3	Preschool play time	2	2	2	2	2	2
PD1	Structured play	2	2	2	2	2	2
PE1	Tummy time often	2	2	2	2	2	2
PE2	Limit time infant equip.	3	2	2	3	2	2
Average Rating Per CC Type		2.27	2.00	2.07	2.27	2.00	2.07

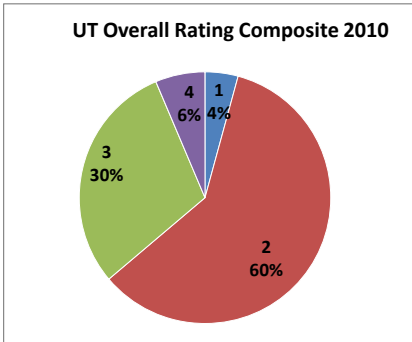
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Utah

State Overall Ratings

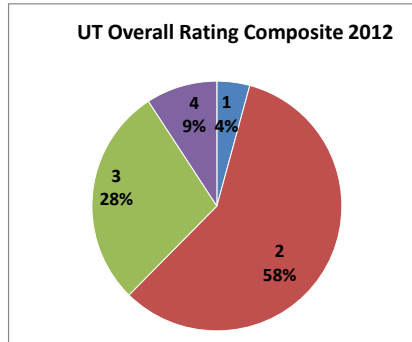
2010



Tally of Each Rating Per Topic Area 2010

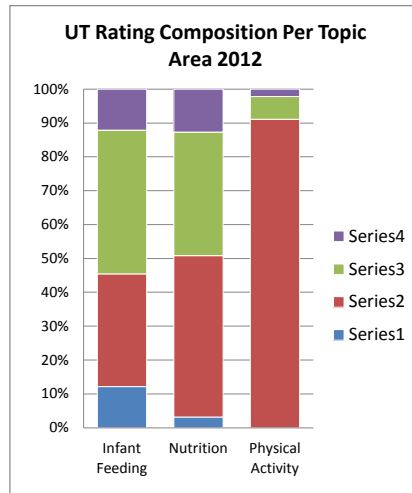
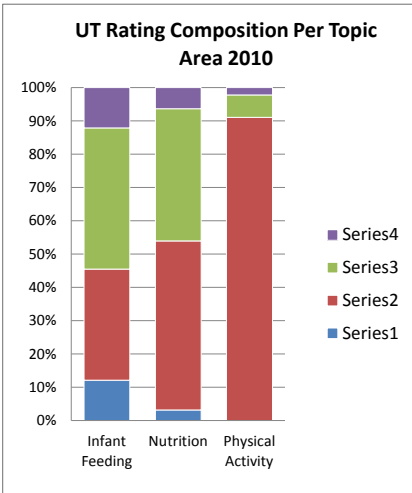
Ratings	1	2	3	4
I - Count	4	11	14	4
N-Count	2	32	25	4
P-Count	0	41	3	1

2012



Tally of Each Rating Per Topic Area 2012

Ratings	1	2	3	4
I - Count	4	11	14	4
N-Count	2	30	23	8
P-Count	0	41	3	1



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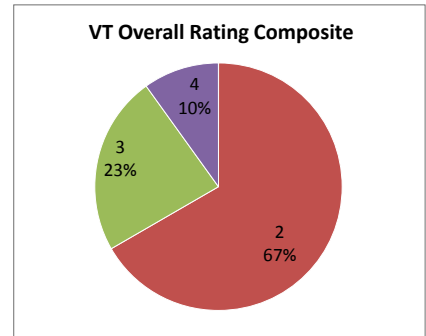
Vermont

State Overall Ratings

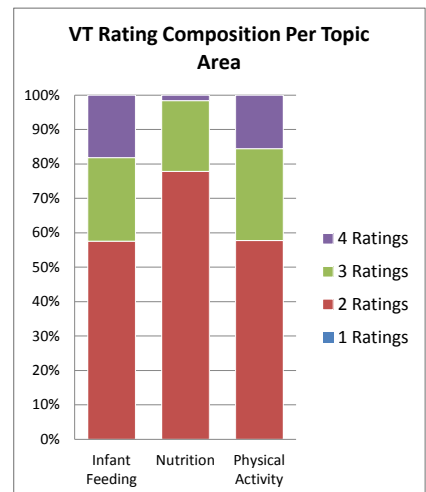
Components by Topic Area		Child Care Center	Large Family Child Care Home	Small Family Child Care Home	Average Rating Per Component
Infant Feeding					
IA1	Appropriate fluids	4	4	4	4.00
IA2		3	3	3	3.00
IB1	How to feed fluids	4	4	4	4.00
IB2		2	2	2	2.00
IB3		3	3	3	3.00
IC1	Introducing solids	2	2	2	2.00
IC2		3	2	2	2.33
IC3		2	2	2	2.00
ID1	Appropriate complementary foods	2	2	2	2.00
ID2		2	2	2	2.00
ID3		3	2	2	2.33
Average Rating Per CC Type		2.73	2.55	2.55	2.61
Nutrition					
NA1	Limit dietary fats	2	2	2	2.00
NA2		2	2	2	2.00
NA3		2	2	2	2.00
NA4		2	2	2	2.00
NA5		2	2	2	2.00
NB1	Serve nutrient-dense whole foods	2	2	2	2.00
NB2		2	2	2	2.00
NB3		3	3	3	3.00
NC1	Wholeness & quantity of juice	2	2	2	2.00
NC2		2	2	2	2.00
NC3		2	2	2	2.00
NC4		2	2	2	2.00
ND1	Water availability	3	3	3	3.00
NE1	Nutrition instruction by word & example	2	2	2	2.00
NE2		2	2	2	2.00
NF1	Age and individual nutritional requirements	2	2	2	2.00
NF2		2	2	2	2.00
NG1	Limit sugar and salt	2	2	4	2.67
NG2		2	2	3	2.33
NH1	Misuse of food	3	3	3	3.00
NH2		3	3	3	3.00
Average Rating Per CC Type		2.19	2.19	2.33	2.24
Physical Activity					
PA1	General promotion of activity	4	2	3	3.00
PA2		2	2	2	2.00
PA3		4	4	4	4.00
PA4		2	2	2	2.00
PA5		2	2	2	2.00
PB1	Screen time	3	3	3	3.00
PB2		3	3	3	3.00
PB3		4	4	4	4.00
PB4		2	2	2	2.00
PC1	Age-specific activity	3	2	3	2.67
PC2		3	2	2	2.33
PC3		3	2	2	2.33
PD1	Caregiver/teacher involvement	2	2	2	2.00
PE1	Infant-specific activity	2	2	2	2.00
PE2		3	2	2	2.33
Average Rating Per CC Type		2.80	2.40	2.53	2.58
Grand Average for Care Types & Components		2.51	2.34	2.45	2.43

What Ratings Mean

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- 4 Regulation fully meets standard



Ratings	1	2	3	4
I - Count	0	19	8	6
N - Count	0	49	13	1
P - Count	0	26	12	7



Virginia

State Overall Ratings

Key to Changes

Improved Rating
Lowered Rating

Components by Topic Area	Assessment Year 2010 (corrected in 2011)*			2012		
	Child Care Center	Large Family Child Care Home	Small Family Child Care Home	Child Care Center	Large Family Child Care Home	Small Family Child Care Home
	Infant Feeding					
IA1 Support breastfeeding	3	3	3	3	3	3
IA2 No cow's milk < 1yr	4	4	4	4	4	4
IB1 Feed infants on cue	4	4	4	4	4	4
IB2 Stop feed @ satiety	2	4	4	2	4	4
IB3 Hold infant to feed	3	3	3	3	3	3
IC1 Plan solid introduction	3	3	3	3	3	3
IC2** Intro solids @ 4-6 mo	3	4	4	3	4	4
IC3 Iron-Fort @ 4-6 mo	3	3	3	3	3	3
ID1 Don't mix formula	2	2	2	2	2	2
ID2 Whole fruit 7 m-1 yr	1	1	1	1	1	1
ID3 No juice < 12 mo	1	1	1	1	1	1
Average Rating Per CC Type	2.64	2.91	2.91	2.64	2.91	2.91
Nutrition						
NA1 Limit oils/fats	2	2	2	2	2	2
NA2 Low fat meat/proteins	3	3	3	3	3	3
NA3 Low fat milk equivalents	3	3	3	3	3	3
NA4 Whole milk 1-2 y/o	2	4	4	2	4	4
NA5 Low fat milk > 2 y/o	2	2	2	4	4	4
NB1 Whole grains	3	3	3	3	3	3
NB2 Variety of vegetables	3	3	3	3	3	3
NB3 Variety of whole fruit	3	3	3	3	3	3
NC1 100% juice	4	4	4	4	4	4
NC2 Juice only @ meals	2	2	2	2	2	2
NC3 Juice 4-6 oz. 1-6 y/o	3	3	3	3	3	3
NC4 Juice 8-12 oz. 7+ y/o	3	3	3	3	3	3
ND1 Make water available	4	3	3	4	4	4
NE1 Teach portion sizes	3	2	2	3	2	2
NE2 Eat with children	2	2	2	2	2	2
NF1 Appropriate servings	4	4	4	4	4	4
NF2 Healthy seconds	3	3	3	3	3	3
NG1 Limit salt	2	2	2	2	2	2
NG2 Avoid sugary foods	1	1	1	1	1	1
NH1 Food no force/bribe	3	3	3	3	3	3
NH2 Food no reward/punish	3	3	3	3	3	3
Average Rating Per CC Type	2.76	2.76	2.76	2.86	2.90	2.90
Physical Activity						
PA1 Space for active play	4	4	4	4	4	4
PA2 Training on activities	2	2	2	2	2	2
PA3 Write activity policies	2	2	2	2	2	2
PA4 Play with children	2	2	2	2	2	2
PA5 Don't withhold play	2	4	4	2	4	4
PB1 No screen time < 2 yr	2	3	3	2	3	3
PB2 Screen time 30 min/wk	2	3	3	2	3	3
PB3 Screen time purpose	2	2	2	2	2	2
PB4 No TV w/meals	2	2	2	2	2	2
PC1 Outdoor play occasions	3	4	4	3	4	4
PC2 Toddler play time	2	3	3	2	3	3
PC3 Preschool play time	2	3	3	2	3	3
PD1 Structured play	2	4	4	2	4	4
PE1 Tummy time often	4	3	3	4	3	3
PE2 Limit time infant equip.	2	3	3	2	3	3
Average Rating Per CC Type	2.33	2.93	2.93	2.33	2.93	2.93

*Virginia's document regulating family child care was rated with the 2011 documents, and those ratings were added to the previous 2010 ratings for centers.

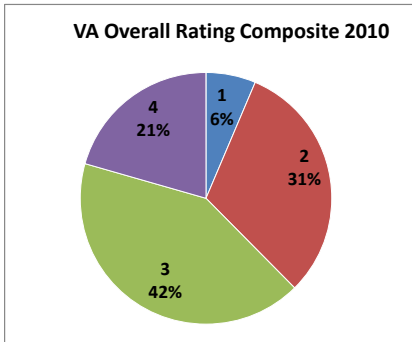
**Ratings highlighted in blue indicate corrected ratings from previous year.

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Virginia

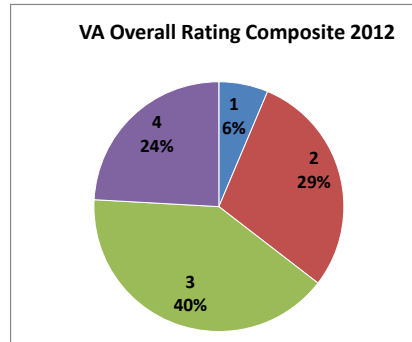
State Overall Ratings

2010

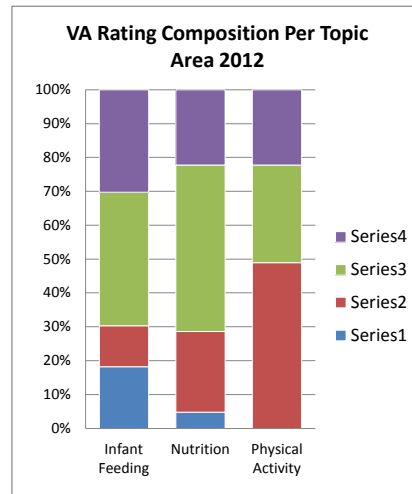
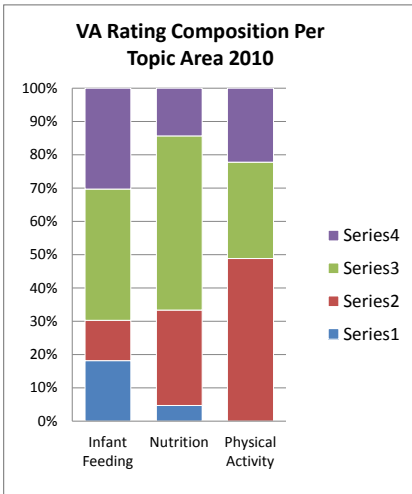


Ratings	1	2	3	4
I - Count	6	4	13	10
N-Count	3	18	33	9
P-Count	0	22	13	10

2012



Ratings	1	2	3	4
I - Count	6	4	13	10
N-Count	3	15	31	14
P-Count	0	22	13	10



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Washington

State Overall Ratings

Key to Changes

Improved Rating
Lowered Rating

Components by Topic Area	Assessment Year 2010			Assessment Year 2012		
	Child Care Center	Large Family	Small Family	Child Care Center	Large Family	Small Family
		Child Care Home	Child Care Home		Child Care Home	Child Care Home
Infant Feeding						
IA1	Support breastfeeding	2	2	2	2	3
IA2	No cow's milk < 1yr	4	4	4	4	4
IB1	Feed infants on cue	4	4	4	4	4
IB2	Stop feed @ satiety	2	3	3	2	4
IB3	Hold infant to feed	4	4	4	4	4
IC1	Plan solid introduction	4	3	3	4	3
IC2	Intro solids @ 4-6 mo	3	3	3	3	3
IC3	Iron-Fort @ 4-6 mo	4	3	3	4	3
ID1	Don't mix formula	2	2	2	2	3
ID2	Whole fruit 7 m-1 yr	1	1	1	1	1
ID3	No juice < 12 mo	1	1	1	1	1
Average Rating Per CC Type		2.82	2.73	2.73	2.82	3.00
Nutrition						
NA1	Limit oils/fats	2	2	2	2	2
NA2	Low fat meat/proteins	3	3	3	3	3
NA3	Low fat milk equivalents	3	3	3	3	3
NA4	Whole milk 1-2 y/o	3	3	3	3	3
NA5	Low fat milk > 2 y/o	2	2	2	1	4
NB1	Whole grains	2	3	3	2	3
NB2	Variety of vegetables	3	3	3	3	3
NB3	Variety of whole fruit	3	3	3	3	3
NC1	100% juice	4	4	4	4	4
NC2	Juice only @ meals	2	2	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	2	3	3	2	3
NC4	Juice 8-12 oz. 7+ y/o	2	3	3	2	3
ND1	Make water available	2	4	4	2	4
NE1	Teach portion sizes	2	2	2	2	2
NE2	Eat with children	2	2	2	2	2
NF1	Appropriate servings	2	4	4	2	4
NF2	Healthy seconds	2	3	3	2	3
NG1	Limit salt	2	2	2	2	2
NG2	Avoid sugary foods	3	1	1	3	1
NH1	Food no force/bribe	2	2	2	2	3
NH2	Food no reward/punish	3	3	3	3	3
Average Rating Per CC Type		2.43	2.71	2.71	2.38	2.86
Physical Activity						
PA1	Space for active play	4	4	4	4	4
PA2	Training on activities	2	2	2	2	2
PA3	Write activity policies	2	2	2	2	2
PA4	Play with children	2	2	2	2	2
PA5	Don't withhold play	2	2	2	2	4
PB1	No screen time < 2 yr	2	3	3	2	3
PB2	Screen time 30 min/wk	2	3	3	2	3
PB3	Screen time purpose	2	4	4	2	4
PB4	No TV w/meals	2	2	2	2	2
PC1	Outdoor play occasions	3	3	3	3	3
PC2	Toddler play time	3	3	3	3	3
PC3	Preschool play time	3	3	3	3	3
PD1	Structured play	2	2	2	2	2
PE1	Tummy time often	4	2	2	4	4
PE2	Limit time infant equip.	3	2	2	3	2
Average Rating Per CC Type		2.53	2.60	2.60	2.53	2.87

* Rating highlighted blue indicates correction of baseline data.

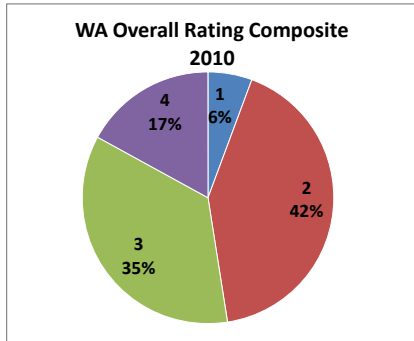
What Ratings Mean

- 1 Regulation contradicts the standard
- 2 Regulation does not mention the content of standard
- 3 Regulation partially meets standard
- 4 Regulation fully meets standard

Washington

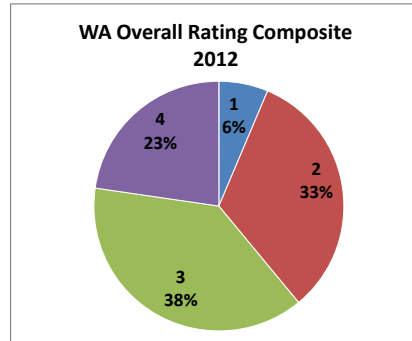
State Overall Ratings

2010

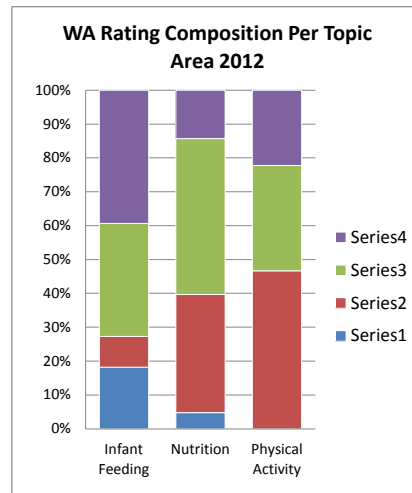
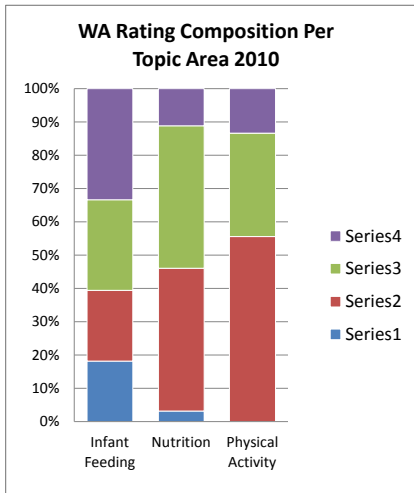


Ratings	1	2	3	4
I - Count	6	7	9	11
N-Count	2	27	27	7
P-Count	0	25	14	6

2012



Ratings	1	2	3	4
I - Count	6	3	11	13
N-Count	3	22	29	9
P-Count	0	21	14	10



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West Virginia

State Overall Ratings

Key to Changes

Improved Rating
Lowered Rating

Components by Topic Area	Assessment Year 2010			Assessment Year 2012		
	Child Care Center	Large Family Child Care Home	Small Family Child Care Home	Child Care Center	Large Family Child Care Home	Small Family Child Care Home
	Infant Feeding					
IA1 Support breastfeeding	2	2	2	2	2	2
IA2 No cow's milk < 1yr	3	3	4	3	3	4
IB1 Feed infants on cue	4	2	4	4	2	4
IB2 Stop feed @ satiety	3	3	3	3	3	3
IB3 Hold infant to feed	3	3	3	3	3	3
IC1 Plan solid introduction	4	3	3	4	3	3
IC2 Intro solids @ 4-6 mo	3	3	3	3	3	3
IC3 Iron-Fort @ 4-6 mo	3	3	3	3	3	3
ID1 Don't mix formula	2	2	2	2	2	2
ID2 Whole fruit 7 m-1 yr	1	1	1	1	1	1
ID3 No juice < 12 mo	1	1	1	1	1	1
Average Rating Per CC Type	2.64	2.36	2.64	2.64	2.36	2.64
Nutrition						
NA1 Limit oils/fats	2	2	2	2	2	2
NA2 Low fat meat/proteins	3	3	3	3	3	3
NA3 Low fat milk equivalents	3	3	3	3	3	3
NA4 Whole milk 1-2 y/o	2	2	2	2	2	2
NA5 Low fat milk > 2 y/o	2	2	2	4	3	4
NB1 Whole grains	3	3	3	3	3	3
NB2 Variety of vegetables	3	3	3	3	3	3
NB3 Variety of whole fruit	3	3	3	3	3	3
NC1 100% juice	4	4	4	4	4	4
NC2 Juice only @ meals	3	3	3	3	3	3
NC3 Juice 4-6 oz. 1-6 y/o	3	3	3	3	3	3
NC4 Juice 8-12 oz. 7+ y/o	3	3	3	3	3	3
ND1 Make water available	4	2	4	4	3	4
NE1 Teach portion sizes	2	2	2	2	2	2
NE2 Eat with children	4	2	2	4	2	2
NF1 Appropriate servings	4	4	4	4	4	4
NF2 Healthy seconds	3	3	3	3	3	3
NG1 Limit salt	2	4	2	2	4	2
NG2 Avoid sugary foods	1	4	1	1	4	1
NH1 Food no force/bribe	3	3	3	3	3	3
NH2 Food no reward/punish	3	3	3	3	3	3
Average Rating Per CC Type	2.86	2.90	2.76	2.95	3.00	2.86
Physical Activity						
PA1 Space for active play	4	4	4	4	4	4
PA2 Training on activities	2	2	2	2	2	2
PA3 Write activity policies	2	2	2	2	2	2
PA4 Play with children	2	2	2	2	2	2
PA5 Don't withhold play	4	4	4	4	4	4
PB1 No screen time < 2 yr	3	3	2	3	3	2
PB2 Screen time 30 min/wk	3	3	2	3	3	2
PB3 Screen time purpose	2	2	2	2	2	2
PB4 No TV w/meals	2	2	2	2	2	2
PC1 Outdoor play occasions	3	3	3	3	3	3
PC2 Toddler play time	3	3	3	3	3	3
PC3 Preschool play time	3	3	3	3	3	3
PD1 Structured play	2	2	2	2	2	2
PE1 Tummy time often	2	2	2	2	2	2
PE2 Limit time infant equip.	2	1	2	2	1	2
Average Rating Per CC Type	2.60	2.53	2.47	2.60	2.53	2.47

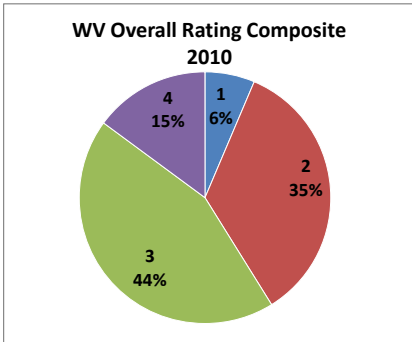
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West Virginia

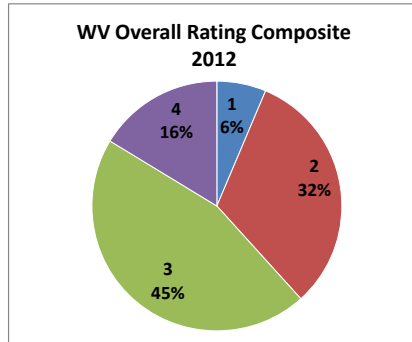
State Overall Ratings

2010

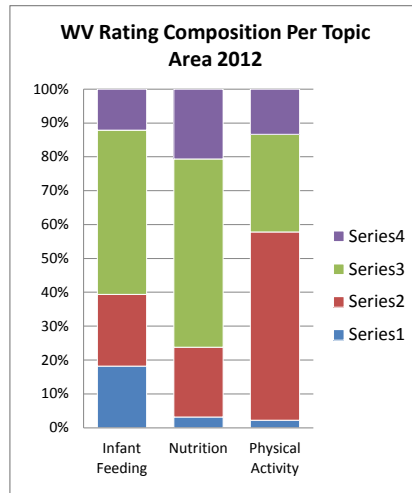
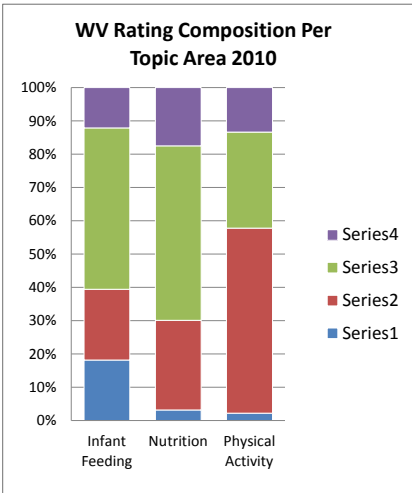


Tally of Each Rating Per Topic Area 2010				
Ratings	1	2	3	4
I - Count	6	7	16	4
N-Count	2	17	33	11
P-Count	1	25	13	6

2012



Tally of Each Rating Per Topic Area 2012				
Ratings	1	2	3	4
I - Count	6	7	16	4
N-Count	2	13	35	13
P-Count	1	25	13	6



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Wisconsin

State Overall Ratings

Key to Changes

Improved Rating
Lowered Rating

		Assessment Year 2010			2012		
		Child Care Center	Large Family Child Care Home	Small Family Child Care Home	Child Care Center	Large Family Child Care Home	Small Family Child Care Home
Components by Topic Area							
Infant Feeding							
IA1	Support breastfeeding	3	3	3	3	3	3
IA2	No cow's milk < 1yr	4	4	4	4	4	4
IB1	Feed infants on cue	4	4	4	4	4	4
IB2	Stop feed @ satiety	3	3	3	3	3	3
IB3	Hold infant to feed	3	3	3	3	3	3
IC1	Plan solid introduction	3	3	3	3	3	3
IC2	Intro solids @ 4-6 mo	3	3	3	3	3	3
IC3	Iron-Fort @ 4-6 mo	3	3	3	3	3	3
ID1	Don't mix formula	2	2	2	2	2	2
ID2	Whole fruit 7 m-1 yr	1	1	1	1	1	1
ID3	No juice < 12 mo	1	1	1	1	1	1
Average Rating Per CC Type		2.73	2.73	2.73	2.73	2.73	2.73
Nutrition							
NA1	Limit oils/fats	2	2	2	2	2	2
NA2	Low fat meat/proteins	3	3	3	3	3	3
NA3	Low fat milk equivalents	3	3	3	3	3	3
NA4	Whole milk 1-2 y/o	2	2	2	2	2	2
NA5	Low fat milk > 2 y/o	2	2	2	2	4	4
NB1	Whole grains	3	3	3	3	3	3
NB2	Variety of vegetables	3	3	3	3	3	3
NB3	Variety of whole fruit	3	3	4	3	3	4
NC1	100% juice	4	4	4	4	4	4
NC2	Juice only @ meals	2	2	2	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	3	3	3	3	3	3
NC4	Juice 8-12 oz. 7+ y/o	3	3	3	3	3	3
ND1	Make water available	4	4	2	4	4	4
NE1	Teach portion sizes	2	2	2	2	2	2
NE2	Eat with children	2	2	2	2	2	2
NF1	Appropriate servings	4	4	4	4	4	4
NF2	Healthy seconds	3	3	3	3	3	3
NG1	Limit salt	2	2	2	2	2	2
NG2	Avoid sugary foods	1	1	1	1	1	1
NH1	Food no force/bribe	3	3	3	3	3	3
NH2	Food no reward/punish	3	3	3	3	3	3
Average Rating Per CC Type		2.71	2.71	2.67	2.71	2.81	2.86
Physical Activity							
PA1	Space for active play	4	4	4	4	4	4
PA2	Training on activities	2	2	2	2	2	2
PA3	Write activity policies	2	2	2	2	2	2
PA4	Play with children	2	2	2	2	2	2
PA5	Don't withhold play	4	4	4	4	4	4
PB1	No screen time < 2 yr	3	3	3	3	3	3
PB2	Screen time 30 min/wk	3	3	3	3	3	3
PB3	Screen time purpose	2	2	2	2	2	2
PB4	No TV w/meals	2	2	2	2	2	2
PC1	Outdoor play occasions	3	3	3	3	3	3
PC2	Toddler play time	3	3	3	3	3	3
PC3	Preschool play time	3	3	3	3	3	3
PD1	Structured play	2	2	2	2	2	2
PE1	Tummy time often	4	4	4	4	4	4
PE2	Limit time infant equip.	2	2	2	2	2	2
Average Rating Per CC Type		2.73	2.73	2.73	2.73	2.73	2.73

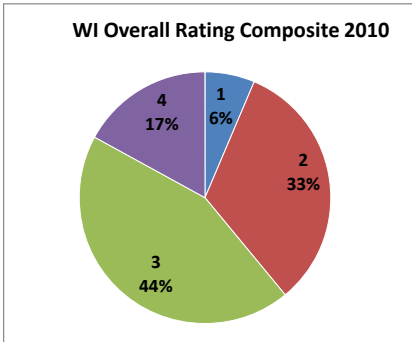
What Ratings Mean

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Wisconsin

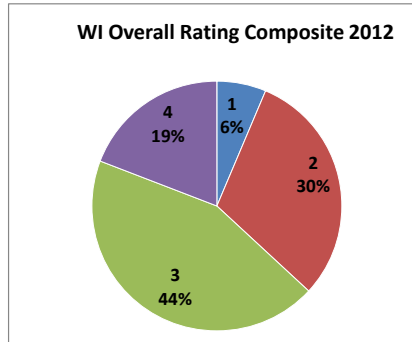
State Overall Ratings

2010

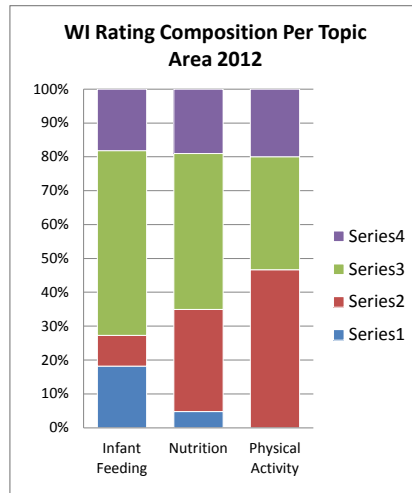
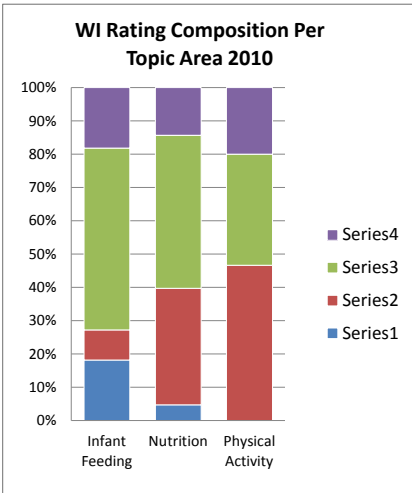


Tally of Each Rating Per Topic Area 2010				
Ratings	1	2	3	4
I - Count	6	3	18	6
N-Count	3	22	29	9
P-Count	0	21	15	9

2012



Tally of Each Rating Per Topic Area 2012				
Ratings	1	2	3	4
I - Count	6	3	18	6
N-Count	3	19	29	12
P-Count	0	21	15	9



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Wyoming

State Overall Ratings

Key to Changes

Improved Rating
Lowered Rating

		Assessment Year			Assessment Year		
		2010			2012		
Components by Topic Area		Child Care	Large Family	Small Family	Child Care	Large Family	Small Family
		Center	Child Care Home	Child Care Home	Center	Child Care Home	Child Care Home
Infant Feeding							
IA1	Support breastfeeding	2	2	2	2	2	2
IA2	No cow's milk < 1yr	2	2	2	2	2	2
IB1	Feed infants on cue	4	4	4	4	4	4
IB2	Stop feed @ satiety	2	2	2	2	2	2
IB3	Hold infant to feed	2	2	2	3	3	3
IC1	Plan solid introduction	3	3	3	3	3	3
IC2	Intro solids @ 4-6 mo	2	2	2	2	2	2
IC3	Iron-Fort @ 4-6 mo	2	2	2	2	2	2
ID1	Don't mix formula	2	2	2	2	2	2
ID2	Whole fruit 7 m-1 yr	2	2	2	2	2	2
ID3	No juice < 12 mo	2	2	2	2	2	2
Average Rating Per CC Type		2.27	2.27	2.27	2.36	2.36	2.36
Nutrition							
NA1	Limit oils/fats	2	2	2	2	2	2
NA2	Low fat meat/proteins	2	2	2	2	2	2
NA3	Low fat milk equivalents	2	2	2	2	2	2
NA4	Whole milk 1-2 y/o	2	2	2	2	2	2
NA5	Low fat milk > 2 y/o	2	2	2	2	2	2
NB1	Whole grains	2	2	2	2	2	2
NB2	Variety of vegetables	2	2	2	2	2	2
NB3	Variety of whole fruit	2	2	2	2	2	2
NC1	100% juice	2	2	2	2	2	2
NC2	Juice only @ meals	2	2	2	2	2	2
NC3	Juice 4-6 oz. 1-6 y/o	2	2	2	2	2	2
NC4	Juice 8-12 oz. 7+ y/o	2	2	2	2	2	2
ND1	Make water available	2	2	2	2	2	2
NE1	Teach portion sizes	2	2	2	3	3	3
NE2	Eat with children	2	2	2	2	2	2
NF1	Appropriate servings	2	2	2	2	2	2
NF2	Healthy seconds	2	2	2	3	3	3
NG1	Limit salt	2	2	2	2	2	2
NG2	Avoid sugary foods	2	2	2	2	2	2
NH1	Food no force/bribe	4	4	4	3	3	3
NH2	Food no reward/punish	3	3	3	3	3	3
Average Rating Per CC Type		2.14	2.14	2.14	2.19	2.19	2.19
Physical Activity							
PA1	Space for active play	4	4	4	4	4	4
PA2	Training on activities	3	3	3	3	3	3
PA3	Write activity policies	2	2	2	2	2	2
PA4	Play with children	2	2	2	2	2	2
PA5	Don't withhold play	3	3	3	3	3	3
PB1	No screen time < 2 yr	2	2	2	2	2	2
PB2	Screen time 30 min/wk	2	2	2	2	2	2
PB3	Screen time purpose	2	2	2	2	2	2
PB4	No TV w/meals	2	2	2	2	2	2
PC1	Outdoor play occasions	2	2	2	3	3	3
PC2	Toddler play time	2	2	2	2	2	2
PC3	Preschool play time	2	2	2	2	2	2
PD1	Structured play	2	2	2	2	2	2
PE1	Tummy time often	2	2	2	2	2	2
PE2	Limit time infant equip.	3	3	3	3	3	3
Average Rating Per CC Type		2.33	2.33	2.33	2.40	2.40	2.40

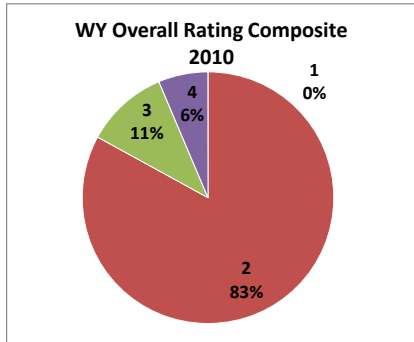
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Wyoming

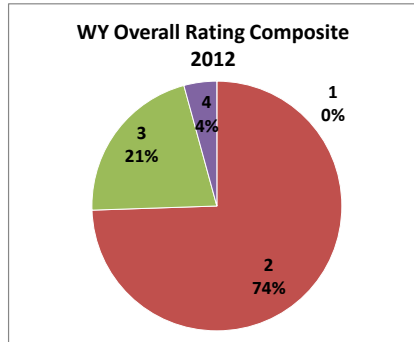
State Overall Ratings

2010

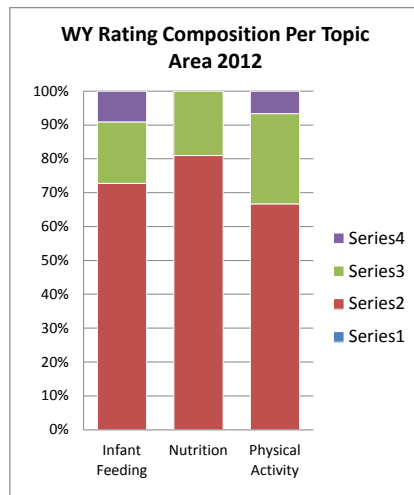
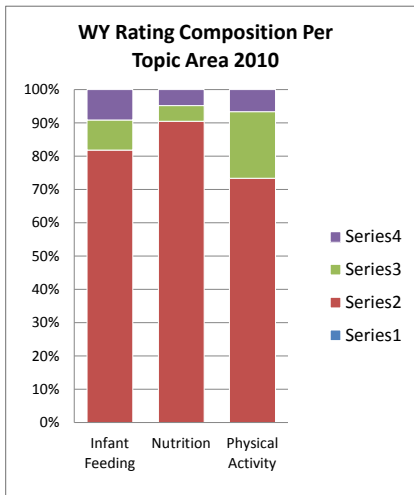


Ratings	1	2	3	4
I - Count	0	27	3	3
N-Count	0	57	3	3
P-Count	0	33	9	3

2012



Ratings	1	2	3	4
I - Count	0	24	6	3
N-Count	0	51	12	0
P-Count	0	30	12	3



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Appendix G. Degree to Which States Address Variables: By State

This table shows the number of variables for which the state's best rating for any child care type was a fully met standard (rating=4), partially meeting standard (rating=3), not addressing standard (rating=2), and contradicting standard (rating=1). (Other types of child care may have scored lower, but at least one child care type earned the score.)

For example, the state of Alaska:

- For 10 of the 47 variables the state met the standard
- For 20 of the 47 variables the standards were partially met
- For 14 of the variables there was no rule content relevant to the standards
- 3 of the 47 variables were contradicted by the state's rules

(The mode is highlighted for each state)

State	# Variables Highest Score = 4 (fully meets standard)	# Variables Highest Score = 3 (partially meets standard)	# Variables Highest Score = 2 (standard not addressed)	# Variables Highest Score = 1 (contradicts standard)
ALABAMA	10	18	16	3
ALASKA	10	20	14	3
ARIZONA	17	19	11	0
ARKANSAS	10	21	13	3
CALIFORNIA	9	17	18	3
COLORADO	11	21	15	0
CONNECTICUT	8	16	23	0
DELAWARE	18	18	9	2
DISTRICT OF COLUMBIA	2	2	43	0
FLORIDA	14	15	16	2
GEORGIA	9	20	18	0
HAWAII	9	17	18	3
IDAHO	1	1	45	0
ILLINOIS	12	19	13	3
INDIANA	8	11	28	0
IOWA	8	19	17	3
KANSAS	5	13	28	1
KENTUCKY	4	12	31	0
LOUISIANA	8	17	17	5
MAINE	7	11	29	0
MARYLAND	10	18	16	3
MASSACHUSETTS	8	21	16	2
MICHIGAN	9	20	15	3
MINNESOTA	7	20	17	3
MISSISSIPPI	15	19	11	2
MISSOURI	5	14	28	0
MONTANA	8	18	18	3
NEBRASKA	6	16	25	0
NEVADA	3	11	31	2
NEW HAMPSHIRE	6	17	22	2
NEW JERSEY	2	19	26	0
NEW MEXICO	9	20	15	3
NEW YORK	5	8	34	0
NORTH CAROLINA	12	18	15	2
NORTH DAKOTA	10	18	16	3
OHIO	9	17	18	3
OKLAHOMA	5	17	25	0
OREGON	7	23	15	2
PENNSYLVANIA	5	8	34	0
RHODE ISLAND	11	20	16	0
SOUTH CAROLINA	7	20	17	3

State	# Variables Highest Score = 4 (fully meets standard)	# Variables Highest Score = 3 (partially meets standard)	# Variables Highest Score = 2 (standard not addressed)	# Variables Highest Score = 1 (contradicts standard)
SOUTH DAKOTA	14	8	25	0
TENNESSEE	9	18	20	0
TEXAS	8	17	22	0
UTAH	7	19	21	0
VERMONT	6	15	26	0
VIRGINIA	14	20	10	3
WASHINGTON	14	21	10	2
WEST VIRGINIA	12	20	13	2
WISCONSIN	10	20	14	3
WYOMING	2	10	35	0

Appendix H. Ranking of All States by All Variables and by Topic Areas

All Variables: 3-4 High Score (n=47 variables)					
State	Number Variables High Rating = 4	Number Variables High Rating = 3	Sum of 3 & 4 Ratings	Rank**	% of Variables at Least Partially Meeting Standards
ARIZONA	17	19	36	1.5	77%
DELAWARE	18	18	36		
WASHINGTON	14	21	35	3	74%
MISSISSIPPI	15	19	34	4.5	72%
VIRGINIA	14	20	34		
COLORADO	11	21	32	6.5	68%
WEST VIRGINIA	12	20	32		
ARKANSAS	10	21	31	9	66%
ILLINOIS	12	19	31		
RHODE ISLAND	11	20	31		
ALASKA	10	20	30	12.5	64%
NORTH CAROLINA	12	18	30		
OREGON	7	23	30		
WISCONSIN	10	20	30		
FLORIDA	14	15	29	17	62%
GEORGIA	9	20	29		
MASSACHUSETTS	8	21	29		
MICHIGAN	9	20	29		
NEW MEXICO	9	20	29	21	60%
ALABAMA	10	18	28		
MARYLAND	10	18	28		
NORTH DAKOTA	10	18	28		
IOWA	8	19	27	24.5	57%
MINNESOTA	7	20	27		
SOUTH CAROLINA	7	20	27		
TENNESSEE	9	18	27		
CALIFORNIA	9	17	26	29	55%
HAWAII	9	17	26		
MONTANA	8	18	26		
OHIO	9	17	26		
UTAH	7	19	26	32.5	53%
LOUISIANA	8	17	25		
TEXAS	8	17	25		
CONNECTICUT	8	16	24		
NEW HAMPSHIRE	6	17	23	34	51%
NEBRASKA	6	16	22	35	49%
OKLAHOMA	5	17	22		
SOUTH DAKOTA	14	8	22		
NEW JERSEY	2	19	21	39.5	45%
VERMONT	6	15	21		
INDIANA	8	11	19	41.5	40%
MISSOURI	5	14	19		
KANSAS	5	13	18	43.5	38%
MAINE	7	11	18		
KENTUCKY	4	12	16	45	34%
NEVADA	3	11	14	46	30%
NEW YORK	5	8	13	47.5	28%
PENNSYLVANIA	5	8	13		
WYOMING	2	10	12	49	26%
DISTRICT OF COLUMBIA	2	2	4	50	9%
IDAHO	1	1	2	51	4%

* Number of variables across child care types in each state receiving highest scores of fully meeting standard (rating = 4) and/or partially meeting standard (rating = 3). The percentages were calculated by dividing the sum of 3 & 4 ratings by 47, the number of variables.

**Where two or more states had the same sum for 3 & 4 ratings (center column), an average rank was computed and assigned to those states.

Infant Feeding Variables: 3-4 High Score for (n=11 variables)							
State	Number Variables High Rating = 4	Number Variables High Rating = 3	Sum of 3 & 4 Ratings	Rank**	% of Variables at Least Partially Meeting Standards		
DELAWARE	6	4	10	1	91%		
ARIZONA	6	3	9	4.5	82%		
COLORADO	4	5	9				
MASSACHUSETTS	3	6	9				
MICHIGAN	4	5	9				
MISSISSIPPI	4	5	9				
WASHINGTON	6	3	9				
ALABAMA	3	5	8			16.5	73%
ALASKA	2	6	8				
CALIFORNIA	3	5	8				
GEORGIA	3	5	8				
HAWAII	3	5	8				
IOWA	3	5	8				
MARYLAND	3	5	8				
MONTANA	2	6	8				
NEW MEXICO	2	6	8				
NORTH CAROLINA	3	5	8				
NORTH DAKOTA	4	4	8				
OHIO	3	5	8				
OREGON	2	6	8				
RHODE ISLAND	2	6	8				
SOUTH CAROLINA	2	6	8				
UTAH	2	6	8				
VIRGINIA	4	4	8				
WISCONSIN	2	6	8				
ARKANSAS	3	4	7	29.5	64%		
CONNECTICUT	3	4	7				
FLORIDA	1	6	7				
LOUISIANA	2	5	7				
MINNESOTA	2	5	7				
NEBRASKA	2	5	7				
NEW HAMPSHIRE	2	5	7				
WEST VIRGINIA	3	4	7				
VERMONT	2	4	6			34	55%
ILLINOIS	2	3	5			35	45%
KENTUCKY	1	3	4	37	36%		
OKLAHOMA	2	2	4				
TENNESSEE	1	3	4				
INDIANA	1	2	3				
MISSOURI	0	3	3	41.5	27%		
NEW JERSEY	0	3	3				
PENNSYLVANIA	0	3	3				
TEXAS	1	2	3				
WYOMING	1	2	3				
KANSAS	0	2	2			47	18%
MAINE	2	0	2				
NEVADA	0	2	2				
NEW YORK	1	1	2				
SOUTH DAKOTA	2	0	2				
DISTRICT OF COLUMBIA	0	0	0	50.5	0%		
IDAHO	0	0	0				

*Where two or more states had the same sum for 3 & 4 ratings (center column), an average rank was computed and assigned to those states.

Nutrition Variables: 3-4 High Score for (n=11 variables)					
State	Number Variables High Rating = 4	Number Variables High Rating = 3	Sum of 3 & 4 Ratings	Rank**	% of Variables at Least Partially Meeting Standards
ARIZONA	8	10	18	1.5	86%
WEST VIRGINIA	7	11	18		
ILLINOIS	8	9	17	3.5	81%
MISSISSIPPI	9	8	17		
COLORADO	6	10	16	8.5	76%
DELAWARE	6	10	16		
FLORIDA	11	5	16		
OREGON	4	12	16		
RHODE ISLAND	7	9	16		
SOUTH DAKOTA	11	5	16		
VIRGINIA	5	11	16		
WASHINGTON	4	12	16		
GEORGIA	5	10	15	15	71%
MARYLAND	5	10	15		
NEW MEXICO	5	10	15		
NORTH DAKOTA	4	11	15		
OHIO	5	10	15		
ALABAMA	5	9	14	22.5	67%
ARKANSAS	3	11	14		
HAWAII	5	9	14		
IOWA	4	10	14		
MASSACHUSETTS	4	10	14		
NORTH CAROLINA	5	9	14		
SOUTH CAROLINA	4	10	14		
TENNESSEE	6	8	14		
UTAH	4	10	14		
WISCONSIN	5	9	14		
ALASKA	4	9	13	31	62%
CALIFORNIA	5	8	13		
MICHIGAN	4	9	13		
MINNESOTA	4	9	13		
MONTANA	5	8	13		
NEBRASKA	3	10	13		
TEXAS	4	9	13		
CONNECTICUT	4	8	12		
LOUISIANA	5	7	12		
NEW HAMPSHIRE	3	9	12		
OKLAHOMA	1	11	12	39.5	48%
MISSOURI	3	7	10		
NEW JERSEY	1	9	10	41.5	43%
KANSAS	3	6	9		
MAINE	2	7	9	43	38%
PENNSYLVANIA	4	4	8		
INDIANA	4	3	7	44.5	33%
NEW YORK	3	4	7		
KENTUCKY	2	4	6	47	29%
NEVADA	2	4	6		
VERMONT	1	5	6		
WYOMING	0	4	4	49	19%
DISTRICT OF COLUMBIA	0	0	0	50.5	0%
IDAHO	0	0	0		

**Where two or more states had the same sum for 3 & 4 ratings (center column), an average rank was computed and assigned to those states.

Physical Activity/Screen Time Variables: 3-4 High Score for (n=15 variables)					
State	Number Variables High Rating = 4	Number Variables High Rating = 3	Sum of 3 & 4 Ratings	Rank**	% of Variables at Least Partially Meeting Standards
ARKANSAS	4	6	10	2.5	67%
DELAWARE	6	4	10		
VIRGINIA	5	5	10		
WASHINGTON	4	6	10		
ALASKA	4	5	9	8	60%
ARIZONA	3	6	9		
ILLINOIS	2	7	9		
INDIANA	3	6	9		
TENNESSEE	2	7	9		
TEXAS	3	6	9		
VERMONT	3	6	9		
MISSISSIPPI	2	6	8		
NEW JERSEY	1	7	8		
NORTH CAROLINA	4	4	8		
WISCONSIN	3	5	8		
COLORADO	1	6	7	19	47%
KANSAS	2	5	7		
MAINE	3	4	7		
MICHIGAN	1	6	7		
MINNESOTA	1	6	7		
RHODE ISLAND	2	5	7		
WEST VIRGINIA	2	5	7		
ALABAMA	2	4	6		
FLORIDA	2	4	6		
GEORGIA	1	5	6		
KENTUCKY	1	5	6		
LOUISIANA	1	5	6		
MASSACHUSETTS	1	5	6		
MISSOURI	2	4	6		
NEVADA	1	5	6		
NEW MEXICO	2	4	6		
OKLAHOMA	2	4	6		
OREGON	1	5	6		
CALIFORNIA	1	4	5	37.5	33%
CONNECTICUT	1	4	5		
IOWA	1	4	5		
MARYLAND	2	3	5		
MONTANA	1	4	5		
NORTH DAKOTA	2	3	5		
SOUTH CAROLINA	1	4	5		
WYOMING	1	4	5		
DISTRICT OF COLUMBIA	2	2	4	44.5	27%
HAWAII	1	3	4		
NEW HAMPSHIRE	1	3	4		
NEW YORK	1	3	4		
SOUTH DAKOTA	1	3	4		
UTAH	1	3	4		
OHIO	1	2	3	48	20%
IDAHO	1	1	2	50.5	13%
NEBRASKA	1	1	2		
PENNSYLVANIA	1	1	2		

*Where two or more states had the same sum for 3 & 4 ratings (center column), an average rank was computed and assigned to those states.

Appendix I. Degree to Which States Address Variables: By Variable

This table shows the number of states for which the variable's best rating for any child care type was a fully met standard (rating=4), partially meeting standard (rating=3), not addressing standard (rating=2), and contradicting standard (rating=1).

For example, the state of IA1, Support breastfeeding:

- 10 of the 51 states fully met the standard
- 22 of the 51 states partially met the standard
- 19 of the 51 states had no regulations relevant to the standard
- 0 of the 51 states contradicted the standard

(The mode is highlighted for each variable)

Number of States With Highest Ratings of Variables Across Child Care Types					
Variable	Description	Best*=4	Best*=3	Best*=2	Best=1
IA1	Support breastfeeding	10	22	19	0
IA2	No cow's milk < 1yr	31	2	16	2
IB1	Feed infants on cue	40	4	6	1
IB2	Stop feed @ satiety	6	28	17	0
IB3	Hold infant to feed	14	34	2	1
IC1	Plan solid introduction	6	37	8	0
IC2	Intro solids @ 4-6 mo	4	33	14	0
IC3	Iron-Fort @ 4-6 mo	1	33	17	0
ID1	Don't mix formula	3	3	45	0
ID2	Whole fruit 7 m-1 yr	0	1	24	26
ID3	No juice < 12 mo	0	3	23	25
NA1	Limit oils/fats	2	4	45	0
NA2	Low fat meat/proteins	3	40	8	0
NA3	Low fat milk equivalents	2	37	12	0
NA4	Whole milk 1-2 y/o	2	11	38	0
NA5	Low fat milk > 2 y/o	34	1	16	0
NB1	Whole grains	4	34	13	0
NB2	Variety of vegetables	7	36	8	0
NB3	Variety of whole fruit	13	32	6	0
NC1	100% juice	39	2	9	1
NC2	Juice only @ meals	3	3	45	0
NC3	Juice 4-6 oz. 1-6 y/o	5	35	11	0
NC4	Juice 8-12 oz. 7+ y/o	4	36	11	0
ND1	Make water available	42	6	3	0
NE1	Teach portion sizes	0	8	43	0
NE2	Eat with children	1	3	47	0
NF1	Appropriate servings	41	5	5	0
NF2	Healthy seconds	2	37	10	2

Variable	Description	Best*=4	Best*=3	Best*=2	Best=1
NG1	Limit salt	5	1	45	0
NG2	Avoid sugary foods	2	14	16	19
NH1	Food no force/bribe	2	31	18	0
NH2	Food no reward/punish	9	36	6	0
PA1	Space for active play	51	0	0	0
PA2	Training on activities	0	2	49	0
PA3	Write activity policies	2	4	45	0
PA4	Play with children	1	2	48	0
PA5	Don't withhold play	13	14	24	0
PB1	No screen time < 2 yr	4	23	24	0
PB2	Screen time 30 min/wk	0	24	27	0
PB3	Screen time purpose	7	2	42	0
PB4	No TV w/meals	0	0	51	0
PC1	Outdoor play occasions	6	44	1	0
PC2	Toddler play time	2	38	11	0
PC3	Preschool play time	0	39	12	0
PD1	Structured play	3	8	40	0
PE1	Tummy time often	8	1	42	0
PE2	Limit time infant equip.	1	24	26	0

*Other types of child care may have scored lower, but at least one child care type earned the score.