

## Mental Health Resources: Undocumented, DACA, and Immigrant Students

The University of Colorado Denver and the Undocumented Student Services want to support you through your educational and career goals! The following are free or low-cost mental health resources available to Colorado's Immigrant Community:

- [CU Denver Counseling](#)
- [CU Denver Psychology Clinic](#)
- [Home | Colorado Crisis Services.](#)
- [If in Crisis - NAMI Denver](#)
- Crisis Text Line | Text HOME to 741741 Free, 24/7 Mental Health Support
- [Crisis hotlines and resources \(apa.org\)](#)
- [Colorado Crisis Services | CDE \(state.co.us\)](#)
- [NAMI HelpLine | NAMI.](#)
- [SAMHSA's National Helpline | SAMHSA.](#)

### General Latinx Mental Health Resources:

- [8 Mental Health Resources for the Latino Community \(verywellmind.com\)](#)
- [Hispanic/Latinx | NAMI](#)
- [BEHAVIORAL HEALTH | Salud \(saludclinic.org\)](#)
- [Latinx Community Resources | Palo Alto University](#)
- [Latinx/Hispanic Communities and Mental Health | Mental Health America \(mhanational.org\)](#)
- [Psychiatry.org - Mental Health Resources for the Latino Community](#)
- [Colorado - Young Invincibles](#)
- [Colorado Mental Wellness Network: Peer Support & Wellness Education \(cmwn.org\)](#)

### Latinx Mental Health Resources in Colorado:

- [About | Colorado Crisis Services](#)
- [Employer Resources | Center for Health, Work & Environment | Colorado School of Public Health \(cuanschutz.edu\)](#)
- [Mental Health in the Workplace \(ucdenver.edu\).](#)
- [Hispanic and Latino Communities | Center for Health, Work & Environment | Colorado School of Public Health \(cuanschutz.edu\)](#)
- [Servicios de la Raza](#)
- [CLLARO.](#)



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- [Denver, Colorado, United States Latinx Mental Health - Find Mental Health Professionals in Denver, Colorado, United States \(therapyforlatinx.com\)](#)
- [La Cocina offers free mental health services for Colorado's Latinx community \(rmpbs.org\)](#)
- [The Latine Guide to Receiving Behavioral Health - AllHealth Network - Mental Health Counseling, Therapy, Psychiatry, Crisis Services](#)
- [Intensive Outpatient Care for Adults | Centennial Peaks Hospital | IOP](#)
- [El Centro de las Familias - WellPower - Bilingual Therapy](#)
- [LatinX Archives - Parents Thrive Colorado](#)
- [Sol Counseling | Spanish & Bilingual Therapy | Denver, CO](#)
- [2-1-1 Colorado \(211colorado.org\)](#)